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PSYCHOSOCIAL PARTICULARITIES FOR ADHERENCE CONCEPT AT CHRONIC SCHIZOPHRENIA PATIENTS

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Background: Concept of therapeutic adherence in schizophrenia describes the level of agreement between patient's medication taking and the psychiatrist expectations. The literature data reveal the facts that therapeutic adherence is low in the case of chronic evolution of schizophrenia. The sociological concept follows the notion of adherence to treatment for the schizophrenic patient in the patient-family-psychiatrist relation.

Methods: To find the level of understanding the concept of therapeutic adherence at the level of schizophrenic patients, their families and psychiatrists, we used a scale with 5 items. This scale was applied to a lot of 30 schizophrenic patients, 30 members of family or caregivers and 30 psychiatrists. The items referred to efficacy of pharmacological therapy, adverse effects of antipsychotics, administration form of antipsychotic (daily or long action), accessibility to medication, the direct relationship between patient and therapeutically team in the moment of taking medication.

Results: For the patients: relationship between patient and psychiatrist, administration form and accessibility to medication.

For the family: accessibility to medication, adverse effects, efficacy of therapy.

For the psychiatrist: adverse effects, efficacy of therapy and accessibility to medication.

Discussion: For the patients the relation with therapeutically team is the most important element of adherence and is significant correlated with the long action antipsychotics therapy. The concept of adherence must be individualized depending to patient, family and psychiatrist. The results of this study can be a prerequisite for further research. Decrease of adherence to antipsychotics treatment suggests the switch to a long action antipsychotic.