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## menopausal distress can be masked...

Appreciating the limited role of sedatives and tranquillizers in what is essentially a metabolic disturbance, physicians are turning increasingly to the treatment that masters the immediate symptoms of depression and irritability and acts at a fundamental level as prophylaxis against the long-term consequences of ovarian-pituitary imbalance.

Today when the average woman can expect to reach her threescore years and ten, it would seem unrealistic to deny hormone treatment, which not only alleviates all the troublesome and antisocial symptoms of the menopausal and postmenopausal phases but is also a prophylactic measure against osteoporosis, senile vaginitis, hypertension, and coronary heart disease, to mention but a few hazards of oestrogen depletion.'1

### or mastered

### Mixogen

The arguments against the use of plain oestrogen therapy – endometrial bleeding and nausea – are countered when Mixogen is used.

Perhaps the best way of avoiding oestrogenic bleeding is to use one of the oestrogen-testosterone combinations, of which the original - Mixogen - is the best.'2

1. Brit. med. J., i, 1249, (1965). 2. Brit. med. J., i, 1496, (1965).

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#### Edited by MICHAEL SHEPHERD

Professor of Epidemiological Psychiatry, Institute of Psychiatry, University of London

#### and D. L. DAVIES

Physician, The Bethlem Royal and Maudsley Hospitals

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R. E. KENDELL

Lecturer, Institute of Psychiatry, University of London

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