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## SOCIAL IMPLICATIONS OF GROUP PSYCHOTHERAPY ON CHRONIC PSYCHOSES

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Introduction: Center for mental health is established in May of year 2005. Center for mental health promotes the mental health care in the community.

Objective: To evaluate the effect of group psychotherapy on chronic psychoses, ambulatory treated in Mental Health Center in Kotor, Montenegro.

Aims: The influence of effect of group psychotherapy on chronic psychoses in the development of optimal socialization.

Method: The group consist of patients who were coming for regular check-ups in our health center during previous 5 years. The group is semi-opened and it is heterogeneous in respect to gender and age. The effect is estimated by observing the behavior of group dynamics.

There were 8 regular members in this group and additional ones who participated occasionally, on suggestion of their psychiatrist.

Results: During the initial group meetings it was noticed that the patients are not familiar with each other, even though they were previously treated in our local psychiatric hospital and are inhabitants of a same, small town. They didn't communicate with each other and didn't even know each others names. They were distrustful toward new group members and couldn't think of the questions to ask when the new members were presented to them. After six months, group members formed friendship relationships.

Conclusions: Evaluation of the effect of group psychotherapy is facilitating the development of optimal socialization as well as optimal interpersonal relationships within group, in respect to the nature and progression of mental disorder.