# BEHAVIOURAL AND COGNITIVE PSYCHOTHERAPY



### Volume 22 Number 3

1994

Journal of the British Association for Behavioural university cognitive Psychotherapies

https://doi.org/10.1017/S1352465800013047 Published online by Cambridge University Press Ognitive TSyci

## BEHAVIOURAL AND COGNITIVE PSYCHOTHERAPY

#### AN INTERNATIONAL MULTIDISCIPLINARY JOURNAL FOR THE HELPING PROFESSIONS

#### **EDITOR**

Paul M Salkovskis Behavioural and Cognitive Psychotherapy Department of Psychiatry University of Oxford Warneford Hospital Oxford OX3 7JX, UK

#### **ASSOCIATE EDITORS**

Janet Carr (London, UK) Eileen Gambrill (Berkeley, California, USA) Kurt Hahlweg (Munich, Germany) Peter Higson (Denbigh, UK) Roger McAuley (Belfast, UK) Lars-Göran Öst (Uppsala, Sweden) Nick Tarrier (Manchester, UK) Adrian Wells (Oxford, UK)

#### **BOOK REVIEW EDITORS**

Max Birchwood (Birmingham, UK) Susan Robinson (Birmingham, UK)

#### EDITORIAL ADVISORY BOARD

Nada Anić (*Croatia*), Eiríkur Örn Arnarson (*Iceland*), Kelly Brownell (*USA*), Isobel Caro (*Spain*), Jean Cottraux (*France*), Edward Craighead (*USA*), Paul Eelen (*Belgium*), Paul Emmelkamp (*Netherlands*), K Gunnar Gotestam (*Norway*), Jeffrey Gray (*UK*), Iver Hand (*Germany*), Ray Hodgson (*UK*), David Horne (*Australia*), Neil Jacobsen (*USA*), Derek Jehu (*UK*), Philip Kendall (*USA*), Maria Kopp (*Hungary*), Peter Lee (*Hong Kong*), Isaac Marks (*UK*), Andrew Mathews (*USA*), Jim Orford (*UK*), José Pinto Gouveia (*Portugal*), A Desmond Poole (*UK*), Jack Rachman (*Canada*), Sten Ronnberg (*Sweden*), Enzio Sanavio (*Italy*),Gudrun Sartory (*Germany*), Fraser Watts (*UK*), Hans-Ulrich Wittchen (*Germany*), G Terry Wilson (*USA*), William Yule (*UK*).

Papers should be submitted, in accordance with the Instructions to Authors on the inside back cover, to the Editor at the Editorial Address. Books, etc, for review should be sent to Max Birchwood or Susan Robinson, Department of Clinical Psychology, All Saints Hospital, Lodge Road, Birningham B18 5SD, UK. All other correspondence concerning the journal to: Wisepress Ltd, The Old Church Hall, 89a Quicks Road, Wimbledon, London SW19 1EX. Correspondence concerning membership of the British Association for Behavioural and Cognitive Psychotherapies should be addressed to: BABCP, The Old Church Hall, 89a Quicks Road, Wimbledon, London SW19 1EX.

BEHAVIOURAL AND COGNITIVE PSYCHOTHERAPY ISSN 1352-4658. Volume 22, 1994, published quarterly by Wisepress Ltd at The Old Church Hall, 89a Quicks Road, Wimbledon. London SW19 IEX. Annual subscription price including postage: \$62.00 Europe and US\$125.00 elsewhere. Subscription orders should be sent to Wisepress Ltd (Tel: 081-715 1812 Fax: 081-715 1727). Send notices of changes of address to the publisher at least 6-8 weeks in advance, including both old and new address.

#### © 1994 British Association for Behavioural and Cognitive Psychotherapies

Copyright reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the copyright owner. https://doi.org/10.1017/S1352465800013047 Published online by Cambridge University Press