

Article: 0620

Topic: EPW03 - e-Poster Walk Session 03: Cultural Psychiatry, Promotion of Mental Health, Migration and Mental Health of Immigrants, Prevention and Mental Disorders

Nurses Attitude Toward People with Mental Illness

A. Alshowkan¹

¹Colleg of Nursing, University of Dammam, Dammam, Saudi Arabia

Introduction: Stigmatization towards people with mental illness was found to be the greatest barrier to treatment and recovery. Nurses were found facing several challenges in nursing people with mental illness, such as patients are more acute, demanding, and aggressive. These challenges may impact their role and practice. There is a little known about the attitude of nurses toward people with mental illness.

Aim: This study aims at investigating the nurses' attitude towards people with mental illness and the socio-demographic factors associated with attitude.

Method: The data were collected from 225 registered nurses using the Community Attitude towards Mental Illness (CAMI) scale. The data were analysed by SPSS 20 software.

Results: The results revealed that nurses' attitude towards people with mental illness were generally positive. Nurses' positive attitudes were associated with age, gender, years of experience, previous contact with people with mental illness and position.

Conclusion: Positive nurses' attitude toward people with mental illness is an important outcome indicator for the prospect to improvement with treatment and prospect of recovery. The understanding of such a phenomenon may also result in an increased possibility of provided care as well as recovery and a better life for people with mental illness. Several suggestions for mental health practice, nursing education and future research were discussed.