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BJPsych International
(Print)
ISSN 2056-4740

BJPsych International
(Online)
ISSN 2058-6264

Cover artwork: 'Space Truck' by Mr X

Mr X has been making cardboard and mix media vehicles, at first in his room and now in Bethlem Gallery.

These vehicles, repeatedly modified, document the endless process of adjustment that occurs as Mr X recalculates and recalibrates his relationship to the institution.

The vehicles are simultaneously a form of escape, a sanctuary, a filter, a second-skin - an alternative way of inhabiting the institution but also a reflection and a critique of its spaces and rules.

These vehicles have a specific use-value for Mr X.

Survival in any institution requires a series of recalibrations, moments when you conform and others when you resist. Making these vehicles is a response to the question: "How do I make this space adapt to me when I am constantly being asked to adapt to it?"