

P-569 - PSYCHOTHERAPEUTIC HELP IN EMERGENCY SITUATIONS

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During the last 8 years in the city of Minsk is a series of disasters and terrorist attacks, which were accompanied by lesions of large groups of people. This Nemiga (2002), (Krasnopolle 2005), 2008 Independence Avenue, Subway Oktyabrskaya 2011).

Emerging from the victim psycho-emotional disorders met criteria for post-stress disorder. The existing psychiatric symptoms among patients proceeded differently. In some cases, there was no awareness of stress factors and awareness of the danger came later, as well as a manifestation of severe psychopathology (2008 Independence Avenue, Metro Oktyabrskaya 2011). In other cases, a sense of threat to the life of the injured was happening at once and this was manifested against the background of an acute stress reaction (Nemiga 2002, Krasnopolle 2005).

Therefore, the provision of psychological tactics were different. In the first case study was carried out painful memories causing fear in the second psychotherapeutic work the first two days focused on the reduction of tension, reduce anxiety, and only then the perceived risk.

Patients with psychiatric disorders expressed admissions to hospital. In hospitals with working psychotherapists and psychologists. Patients who do not need treatment in hospital, received medical care as outpatients.

In the lesion focus and the city spread information about where victims can receive psychotherapy and psychological help. After discharge from hospital for patients to monitor throughout the year.