

## UMBILICAL SUBMANIFOLDS AND MORSE FUNCTIONS

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Let  $M^n$  be a differentiable manifold (of class  $C^\infty$ ). By a Morse function on  $M^n$  we mean a differentiable function whose critical points are all non-degenerate. If  $f$  is an immersion of  $M^n$  into a Euclidean space  $R^m$ , we may obtain Morse functions on  $M^n$  in the following way. Let  $p$  be a point of  $R^m$  and define a differentiable function  $L_p$  on  $M^n$  by

$$L_p(x) = d(p, f(x))^2, \quad x \in M^n$$

where  $d$  denotes the Euclidean distance in  $R^m$ . Then, for almost all  $p \in R^m$ ,  $L_p$  is a Morse function on  $M^n$  (see [2], p. 36).

It is a well-known theorem of Reeb that if a compact differentiable manifold  $M^n$  admits a Morse function with exactly two critical points, then  $M^n$  is a topological sphere (see [2], p. 25). In the present note we shall prove the following results of a geometric nature (in contrast to a topological nature).

**THEOREM A.** *Let  $M^n$  be a connected compact differentiable manifold ( $n \geq 2$ ) immersed in a Euclidean space  $R^m$ . If every Morse function on  $M^n$  of the form  $L_p, p \in R^m$ , has exactly two critical points, then  $M^n$  is imbedded as a Euclidean  $n$ -sphere.*

Of course, a Euclidean  $n$ -sphere in  $R^m$  means a hypersphere in a Euclidean  $(n + 1)$ -subspace  $R^{n+1}$  of  $R^m$ . As a matter of fact, Theorem A follows from the following more general result.

**THEOREM B.** *Let  $M^n, n \geq 2$ , be a connected, complete Riemannian manifold isometrically immersed in a Euclidean space  $R^m$ . If every Morse function on  $M^n$  of the form  $L_p, p \in R^m$ , has index 0 or  $n$  at any of its critical points, then  $M^n$  is imbedded as a Euclidean  $n$ -subspace or a Euclidean  $n$ -sphere in  $R^m$ .*

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As another corollary, we obtain

**THEOREM C.** *Under the assumptions of Theorem B, if the index is always 0, then  $M^n$  is imbedded as a Euclidean  $n$ -subspace of  $R^m$ .*

### 1. Preliminaries.

It is necessary to recall certain concepts and results on focal points, which can be found in [2, pp. 32–38]. Although this reference treats submanifolds imbedded in a Euclidean space, the same results hold for immersed submanifolds.

Let  $f$  be an immersion of a differentiable manifold  $M^n$  into a Euclidean space  $R^m$ . A point of the normal bundle  $N$  of  $M^n$  is denoted by  $(x, \xi)$ , where  $x$  is a point of  $M^n$  and  $\xi$  is a vector normal to  $f(M^n)$  at  $f(x)$ . Let  $F$  be a differentiable mapping of  $N$  into  $R^m$  given by  $F(x, \xi) = f(x) + \xi$ . A point  $p \in R^m$  is called a focal point of  $M$  if  $p = F(x, \xi)$ , where  $(x, \xi)$  is a point of  $N$  where the Jacobian  $F_*$  of  $F$  is degenerate. In this case, we also say that  $p$  is a focal point of  $(M, x)$ . By virtue of Sard's theorem, the set of focal points of  $M$  has measure 0.

It is known that a point  $p = F(x, \xi)$ , where  $(x, \xi) \in N$ , is a focal point of  $(M, x)$  if and only if the endomorphism  $I - A_\xi$  on the tangent space  $T_x(M^n)$  is degenerate. Here  $I$  is the identity transformation of  $T_x(M^n)$  and  $A_\xi$  is the symmetric endomorphism corresponding to the second fundamental form of  $M$  at  $x$  in the direction of  $\xi$ .

On the other hand, let  $p \in R^m$  and consider the function  $L_p(x) = d(f(x), p)^2$  on  $M^n$ . A point  $x \in M^n$  is a critical point of  $L_p$  if and only if the vector  $\xi$  from  $f(x)$  to  $p$  is normal to  $f(M^n)$ . In this case, the Hessian  $H$  of  $L_p$  at  $x$ , which is a bilinear symmetric function on  $T_x(M) \times T_x(M)$ , is given by

$$H(X, Y) = 2\langle I - A_\xi(X), Y \rangle, \quad X, Y \in T_x(M^n),$$

where  $\langle, \rangle$  is the inner product on  $T_x(M)$  induced from the Euclidean metric in  $R^m$  through the immersion  $f$ . Thus  $H$  is degenerate at  $x$  (i.e.,  $x$  is a degenerate critical point of  $L_p$ ) if and only if  $I - A_\xi$  is degenerate (i.e.,  $p$  is a focal point of  $(M, x)$ ). If  $x$  is a nondegenerate critical point of  $L_p$ , the index at  $x$  is equal to the number of negative eigenvalues of  $I - A_\xi$ , counting multiplicities, in other words, the number of eigenvalues of  $A_\xi$  that are larger than 1, counting multiplicities.

Finally, let  $(x, \xi) \in N$ , where  $\xi$  is a *unit* vector. For  $t > 0$ , let  $p = F(x, t\xi)$ . Then  $p$  is a focal point of  $(M, x)$  if and only if  $1/t$  is an eigenvalue of  $A_\xi$ . Suppose  $1/t$  is not an eigenvalue of  $A_\xi$ . Then the function  $L_p$  has  $x$  as a nondegenerate critical point and the index at  $x$  is equal to the number of positive eigenvalues (counting multiplicities) that are greater than  $1/t$ .

We now prove a lemma which is crucial in the proof of our results.

LEMMA. *Let  $p \in R^m$  and assume that the function  $L_p$  has a nondegenerate critical point  $x \in M^n$  of index  $k$ . Then there exists a point  $q \in R^m$  such that  $L_q$  is a Morse function which has a critical point  $z$  of index  $k$ . ( $q$  and  $z$  may be chosen as close to  $p$  and  $x$ , respectively, as we want.)*

*Proof.* Let  $p = F(x, \xi)$ , where  $\xi$  is a normal vector at  $f(x)$ . By assumption,  $p$  is not a focal point of  $(M, x)$ , that is, the Jacobian  $F_*$  is nondegenerate at  $(x, \xi)$ . Thus there exists a neighborhood  $U$  of  $(x, \xi)$  in the normal bundle  $N$  such that  $F$  gives a diffeomorphism of  $U$  onto a neighborhood  $V = F(U)$  of  $p$  in  $R^m$ . (Of course,  $U$  and  $V$  may be chosen as small as we like.) Now  $V$  has a point  $q$  such that  $L_q$  is a Morse function (i.e.,  $q$  is not a focal point of  $M$ ), because the set of focal points of  $M$  has measure 0. We have  $q = F(z, \zeta)$  for some  $(z, \zeta) \in U$ . We show that the index of  $L_q$  at  $z$  is equal to  $k$ .

Consider a differentiable family of symmetric endomorphisms  $I - A_\gamma$  on  $T_\gamma(M^n)$ , where  $(\gamma, \eta)$  runs over  $U$ . If we denote the eigenvalues by

$$\lambda_1(\gamma, \eta) \geq \lambda_2(\gamma, \eta) \geq \dots \geq \lambda_n(\gamma, \eta) ,$$

then it can be shown that each  $\lambda_i$  is a continuous function on  $U$ . Since  $F_*$  is nondegenerate at each point of  $U$ , none of these functions takes value 1 on  $U$ . The index of  $L_p$  at  $x$  being  $k$  by assumption, we have that  $\lambda_1, \dots, \lambda_k$  are greater than 1 at  $(x, \xi)$  and  $\lambda_{k+1}, \dots, \lambda_n$  are less than 1 at  $(x, \xi)$ . It follows that the same arrangement holds at  $(z, \zeta)$ . This means that the index of  $L_q$  at  $z$  is equal to  $k$ . We have thus proved the lemma.

**2. Proof of Theorem B.**

Under the assumptions of Theorem B, we shall show the following fact. If  $x \in M^n$  and if  $\xi$  is a unit vector normal to  $f(M^n)$  at  $f(x)$ , then

$A_\xi = cI$  for some constant  $c$ , that is,  $A_\xi$  has only one eigenvalue (of multiplicity  $n$ ). Suppose  $A_\xi$  has a non-zero eigenvalue, say,  $a$ . We may assume that  $a > 0$ , because if  $a < 0$ , then  $A_{-\xi}$  has  $-a > 0$  as eigenvalue; if we can show that  $A_{-\xi} = (-a)I$ , then we know that  $A_\xi = -A_{-\xi} = aI$ .

Assuming thus that  $a$  is the largest positive eigenvalue of  $A_\xi$ , take  $t > 0$  such that  $1/a < t < 1/b$ , where  $b$  is the next largest positive eigenvalue if any (if  $a$  is the only positive eigenvalue, just consider  $1/a < t$ ). Then  $p = F(x, t\xi)$  is not a focal point of  $(M, x)$  and the function  $L_p$  has  $x$  as a nondegenerate critical point. The index at  $x$  is equal to the multiplicity, say,  $k$ , of the eigenvalue  $a$ . If  $L_p$  is a Morse function, the assumption in Theorem B implies  $k = n$ , since  $k$  cannot be 0. Now  $L_p$  may not be a Morse function (it can have a degenerate critical point elsewhere). By the lemma in Section 1, however, we know that there must exist a Morse function of the form  $L_q$ ,  $q \in R^m$ , which has a critical point  $z$  of index  $k$ . Thus we may conclude that  $k = n$ . This means that  $a$  is an eigenvalue of  $A_\xi$  with multiplicity  $n$  so that  $A_\xi = aI$ .

What we have just shown implies that  $M^n$  is umbilical, that is, if  $\eta$  denotes the mean curvature vector field, then for any normal vector  $\xi$  at  $x$  we have

$$A_\xi = \langle \xi, \eta \rangle I.$$

Equivalently, every  $X \in T_x(M^n)$  is a principal vector in the sense that there exists a 1-form  $\omega$  on the normal space  $N_x$  such that

$$A_\xi(X) = \omega(\xi)X \quad \text{for all } \xi \in N_x \quad \text{and } X \in T_x(M).$$

It is known (see [1, p. 231]) that a complete Riemannian manifold isometrically and umbilically immersed in  $R^m$  is actually imbedded as a Euclidean  $n$ -subspace or a Euclidean  $n$ -sphere. This completes the proof of Theorem B.

It is quite easy to derive Theorem A from Theorem B. If a Morse function  $L_p$  has exactly two critical points, then one is where  $L_p$  has a maximum (hence of index  $n$ ) and the other is where  $L_p$  has a minimum (hence of index 0). Thus every Morse function  $L_p$  has index  $n$  or 0 at a critical point.

Suppose  $S^n$  is a Euclidean  $n$ -sphere in  $R^m$  and assume we have taken a rectangular coordinate system  $x_1, \dots, x_m$  in  $R^m$  so that

$$S^n = \left\{ (x_1, \dots, x_{n+1}, 0, \dots, 0); \sum_{k=1}^{n+1} x_k^2 = r^2 \right\}.$$

Then we can see that the set of focal points of  $S^n$  is the Euclidean  $(m - (n + 1))$ -subspace defined by  $x_1 = \dots = x_{n+1} = 0$ . If  $p$  is not a focal point, the Morse function  $L_p$  has exactly two critical points, one of index  $n$  and the other of index 0.

What we have just said is sufficient to derive Theorem C from Theorem B.

### 3. Remarks.

Our main results may be formulated without explicitly involving the notion of Morse functions and, indeed, under a weaker assumption. Let  $D$  be a dense subset of  $R^m$ . In Theorems A, B and C, we may replace "every Morse function on  $M^n$  of the form  $L_p, p \in R^m$ " by "every function on  $M^n$  of the form  $L_p, p \in D$ ".

The proof of Theorem B under this weaker assumption remains almost the same as before except for a corresponding change in the lemma, namely, the conclusion of the lemma should be modified as follows: "Then there exists a point  $q \in D$  such that  $L_q$  has a critical point  $z$  of index  $k$ ."

Finally, we note that if  $M^2$  immersed in  $R^m$  is topologically a 2-sphere, then our original assumption in Theorem A is equivalent to the spherical two-piece property studied by T. F. Banchoff: *The spherical two-piece property and tight surfaces in spheres*, J. Differential Geometry 4(1970), 193-205 (see, in particular, Theorem 3).

### REFERENCES

- [ 1 ] É. Cartan, *Leçons sur la géométrie des espaces de Riemann*, deuxième édition, Gauthier-Villars, Paris, 1946.
- [ 2 ] J. Milnor, *Morse Theory*, Ann. of Math. Studies, No. 51, Princeton University Press, 1963.

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