Corrigendum

A randomized controlled comparison of integrative cognitive-affective therapy (ICAT) and enhanced cognitive-behavioral therapy (CBT-E) for bulimia nervosa – CORRIGENDUM

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In the above publication by Wonderlich *et al.* a measure in the study has been scored incorrectly. This has resulted in a small difference in the values given for the rows corresponding to DERS Totals in tables 3 and 4.

Below are the corrected versions of table 3 and table 4.

Table 3. *Treatment Outcome by Treatment Group*

	Pretreatment		End of Treatment		4-Month Follow-up	
Primary Outcomes	ICAT (n=40)	CBT-E (n=40)	ICAT (n=40)	CBT-E (n=40)	ICAT (n=40)	CBT-E (n=40)
OBE episodes (mean, SD)	23.2 (19.6)	22.4 (21.0)	6.1 (14.8)	5.3 (9.1)	5.6 (9.2)	8.5 (13.7)
% reduction in OBE (%)			73.7%	76.3%	75.9%	62.1%
Purging episodes (mean, SD)	30.6 (27.0)	30.5 (32.6)	8.3 (20.8)	7.4 (11.5)	8.6 (15.9)	10.1 (16.3)
% reduction in purging (%)			72.9%	75.7%	71.9%	66.9%
EDE Global (mean, SD)	3.3 (1.1)	3.2 (1.1)	1.7 (0.9)	1.8 (0.9)	1.6 (1.1)	1.8 (1.0)
Binge-Purge Abstinence (n, %)	1 (2.5%)	0 (0.0%)	15 (37.5%)	9 (22.5%)	13 (32.5%)	9 (22.5%)
Global EDE within 1 SD of community mean (n, %)	3 (7.5%)	6 (15.0%)	19 (47.5%)	15 (37.5%)	22 (55.0%)	20 (50.0%)
Primary Mechanisms						
Ideal Self-discrepancy (mean, SD)	−0.5 (2.7)	−0.3 (2.4)	−1.7 (2.2)	−1.6 (2.4)	−1.8 (2.2)	−2.1 (1.7)
Ought Self-discrepancy (mean, SD)	−0.5 (2.2)	−0.8 (1.7)	−2.1 (1.7)	−1.7 (1.5)	−2.3 (2.0)	−1.7 (1.5)
DERS Total (mean, SD)	99.8 (27.7)	96.3 (25.0)	73.7 (24.9)	76.7 (21.5)	74.3 (28.4)	76.9 (22.1)
Other outcomes						
SBE episodes (mean, SD)	14.0 (18.7)	11.5 (13.6)	3.3 (4.4)	5.1 (7.8)	3.0 (6.5)	4.6 (7.1)
EDE Restraint (mean, SD)	3.0 (1.7)	2.7 (1.4)	1.3 (1.3)	1.2 (1.1)	1.2 (1.2)	1.2 (1.2)
EDE Eating Concerns (mean, SD)	2.6 (1.2)	2.5 (1.4)	0.9 (0.7)	1.0 (0.7)	0.9 (1.0)	1.1 (1.1)
EDE Shape Concerns (mean, SD)	3.9 (1.2)	3.9 (1.1)	2.3 (1.2)	2.6 (1.2)	2.1 (1.4)	2.5 (1.2)
EDE Weight Concerns (mean, SD)	3.8 (1.3)	3.7 (1.3)	2.3 (1.1)	2.4 (1.3)	2.1 (1.4)	2.2 (1.3)
Undesired Self-discrepancy (mean, SD)	1.2 (2.3)	0.4 (1.5)	2.2 (2.3)	1.7 (2.1)	2.1 (2.3)	1.7 (2.1)
BDI Total (mean, SD)	19.5 (11.5)	17.9 (11.7)	8.6 (8.0)	9.3 (9.8)	10.4 (11.5)	8.9 (9.3)
RSE Total (mean, SD)	2.8 (1.8)	3.3 (1.6)	4.4 (1.8)	4.3 (1.5)	3.9 (2.0)	4.4 (1.4)
SSAI Total (mean, SD)	46.9 (13.3)	45.1 (12.5)	35.3 (12.5)	35.2 (10.1)	35.9 (13.7)	37.5 (10.8)
STAI Total (mean, SD)	52.4 (13.6)	50.9 (11.3)	38.2 (13.2)	39.5 (10.0)	39.5 (14.2)	41.5 (11.4)

Abbreviations: ICAT=Integrated Cognitive Affective Therapy; CBT-E=Cognitive Behavioral Therapy-Enhanced; OBE=objective binge eating; EDE=Eating.

Table 4. *Differences on primary and secondary outcomes and 95% confidence intervals (CI) between treatments*

Primary Outcomes	EOT[a]	4-Month follow-up[a]
OBE episodes	0.30 (−2.15 to 2.75)	−1.88 (−4.53 to 0.78)
Purging episodes	−0.30 (−3.74 to 3.15)	0.30 (−3.86 to 4.44)
EDE Global	−0.15 (−0.53 to 0.24)	−0.25 (−0.69 to 0.19)
Primary Mechanisms		
Ideal Self-iscrepancy[b]	−0.08 (−1.08 to 0.93)	0.30 (−0.57 to 1.18)
Ought Self-discrepancy[b]	−0.47 (−1.41 to 0.47)	−0.55 (−1.34 to 0.23)
DERS Total	−4.97 (−13.15 to 3.21)	−4.22 (−14.07 to 5.63)
Secondary Outcomes		
SBE episodes	−1.22 (−3.18 to 0.75)	−1.00 (−2.73 to 0.73)
EDE Restraint	0.07 (−0.41 to 0.56)	−0.15 (−0.64 to 0.35)
EDE Eating Concerns	−0.11 (−0.42 to 0.20)	−0.27 (−0.71 to 0.18)
EDE Shape Concerns	−0.29 (−0.77 to 0.20)	−0.37 (−0.89 to 0.16)
EDE Weight Concerns	−0.16 (−0.69 to 0.37)	−0.17 (−0.74 to 0.40)
BDI Total	−1.17 (−4.75 to 2.41)	0.91 (−3.19 to 5.01)
RSES Total	0.31 (−0.37 to 1.00)	−0.20 (−0.88 to 0.49)
SSAI Total	−0.40 (−5.22 to 4.44)	−2.37 (−7.23 to 2.50)
STAI Total	−2.12 (−6.73 to 2.50)	−2.77 (−7.68 to 2.14)

Abbreviations: EOT=End of treatment; ICAT=Integrated Cognitive Affective Therapy; CBT-E=Cognitive Behavioral Therapy-Enhanced; OBE=objective binge eating; EDE=Eating.

[a] Covariate-adjusted estimate (95% CIs) of difference between ICAT and CBT-E; positive values indicate the estimate for ICAT is higher than the estimate for CBT-E; negative values indicate the estimate for CBT-E is higher than the estimate for ICAT.

[b] From the Selves Interview.

Reference

Wonderlich SA, Peterson CB, Crosby RD, Smith TL, Klein MH, Mitchell JE and Crow SJ. A randomized controlled comparison of integrative cognitive-affective therapy (ICAT) and enhanced cognitive-behavioral therapy (CBT-E) for bulimia nervosa. *Psychological Medicine*, Published online 23 May 2013, doi:10.1017/S0033291713001098.