## NORMALITY AND THE HIGHER NUMERICAL RANGE

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1. Introduction. Let $M_{n}(\mathbf{C})$ be the vector space of all $n$-square complex matrices. Denote by $(\cdot, \cdot)$ the standard inner product in the space $\mathbf{C}^{n}$ of complex $n$-tuples. For a matrix $A \in M_{n}(\mathbf{C})$ and an $n$-tuple $c=\left(c_{1}, \ldots, c_{n}\right) \in \mathbf{C}^{n}$, define the $c$-numerical runge of $A$ to be the set
(1) $W_{c}(A)=\left\{\sum_{k=1}^{n} c_{k}\left(A x_{k}, x_{k}\right) \mid\left\{x_{1}, \ldots, x_{n}\right\}\right.$ is an orthonormal basis of $\left.\mathrm{C}^{n}\right\}$
in the complex plane. Denote the eigenvalues of $A$ by $\lambda_{1}, \ldots, \lambda_{n}$, and define the $c$-eigenpolygon of $A$ to be the convex hull
(2) $P_{c}(A)=\mathscr{H}\left(\left\{\sum_{k=1}^{n} c_{k} \lambda_{\sigma(k)} \mid \sigma \in S_{n}\right\}\right)$,
where $S_{n}$ is the symmetric group of degree $n$. The matrix $A$ is said to be $c$-convex if $W_{c}(A)=P_{c}(A)$.

If

$$
m \in\{1, \ldots, n\} \quad \text { and } \quad c=\overbrace{(1, \ldots, 1}^{m}, \overbrace{0, \ldots, 0}^{n-m},
$$

then $W_{c}(A)$ and $P_{c}(A)$ are called the $m$-th numerical range of $A$ and the $m$-th cigenpolygon of $A$ respectively, and are denoted by $W_{m}(A)$ and $P_{m}(A)$. Thus
(3) $W_{m}(A)=\left\{\sum_{k=1}^{m}\left(A x_{k}, x_{k}\right) \mid x_{1}, \ldots, x_{m}\right.$ are $m$ orthonormal vectors in $\left.\mathrm{C}^{n}\right\}$;
evidently $W_{1}(A)$ is the classical numerical range

$$
W(A)=\left\{(A x, x) \mid x \in \mathbf{C}^{n},\|x\|=1\right\} .
$$

Designating by $Q_{m, n}$ the set of all strictly increasing sequences of $m$ integers chosen from $\{1, \ldots, n\}$, we have

$$
\begin{equation*}
P_{m}(A)=\mathscr{H}\left(\left\{\sum_{k=1}^{m} \lambda_{\omega(k)} \mid \omega \in Q_{m, n}\right\}\right) \tag{4}
\end{equation*}
$$

It was shown by C. A. Berger $[\mathbf{2}, \S 167]$ that the sets $W_{m}(A)$ are convex. Since $\sum_{k=1}^{m} \lambda_{\omega(k)} \in W_{m}(A)$ for all $\omega \in Q_{m, n}[1]$, it follows that
(5) $\quad W_{m}(A) \supset P_{m}(A)$.

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The matrix $A$ is said to be $m$-convex if $W_{m}(A)=P_{m}(A)$ (in case $m=1, A$ is simply said to be convex).

It is known that if $A \in M_{n}(\mathbf{C})$ is normal, then $A$ is $m$-convex for $1 \leqq m \leqq n$ [1]. In the present paper, we obtain this result as a corollary of a theorem concerning the $c$-convexity of a matrix. Our main purpose is to discuss the question of a converse: does $m$-convexity for certain values of $m$ imply normality? Initial results in this direction were previously obtained by two of the authors [6], who proved that convexity guarantees normality when $n \leqq 4$ but not when $n \geqq$ ).

## 2. Statement of results.

Theorem 1. Let $A \in M_{n}(\mathbf{C})$ be a normalmatrix, and let $c=\left(c_{1}, \ldots, c_{n}\right) \in \mathbf{C}^{n}$. Then

$$
\begin{aligned}
& \qquad W_{c}(A) \subset P_{c}(A) . \\
& \text { Moreover, if } c=\left(c_{1}, \ldots, c_{n}\right) \in \mathbf{R}^{n}, \text { then } \\
& W_{c}(A)=P_{c}(A) \\
& \text { (i.e., } A \text { is } c \text {-convex). }
\end{aligned}
$$

An immediate corollary of this theorem is that if $A \in M_{n}(\mathbf{C})$ is normal, then $A$ is $m$-convex for $1 \leqq m \leqq n$.

The following useful result contains the key idea in the proof of Theorem 3.
Theorem 2. Let $A \in M_{n}(\mathbf{C})$, and for any $\theta \in[0,2 \pi)$ set $A_{\theta}=e^{i \theta} A$. Let $m \in\{1, \ldots, n\}$. Then $A$ is $m$-convex if and only if

$$
\begin{equation*}
\sum_{k=1}^{m} \lambda_{k}\left(\frac{A_{\theta}+A_{\theta}^{*}}{2}\right)=\sum_{k=1}^{m} r_{k}\left(A_{\theta}\right) \tag{6}
\end{equation*}
$$

for all $\theta \in\lfloor 0,2 \pi)$, where

$$
\lambda_{1}\left(\frac{A_{\theta}+A_{\theta}{ }^{*}}{2}\right) \geqq \ldots \geqq \lambda_{n}\left(\frac{A_{\theta}+A_{\theta}{ }^{*}}{2}\right)
$$

are the eigenvalues of the hermitian matrix $\left(A_{\theta}+A_{\theta}{ }^{*}\right) / 2$ and

$$
r_{1}\left(A_{\theta}\right) \geqq \ldots \geqq r_{n}\left(A_{\theta}\right)
$$

are the real parts of the eigenvalues of $A_{\theta}$.
The principal result of this paper is the
Theorem 3. Let $A$ C $M_{n}(\mathbf{C})$. Then $A$ is normal if and only if $A$ is m-convex for $1 \leqq m \leqq\lfloor n / 2\rfloor$, where $\mid\rfloor$ desiษnates the greatest integer function.

We conclude with a class of examples showing that Theorem 3 is, in general, the best possible.

Theorem 4. Let $m$ be a fixed positive integer. For a given complex number $\epsilon$, let $A$ be the $(2 m+3)$-square complex matrix

$$
A=\operatorname{diag}\left(e^{k \omega i}: k=0, \ldots, 2 m\right)+\left[\begin{array}{cc}
0 & \epsilon \\
0 & 0
\end{array}\right],
$$

where $\omega=2 \pi /(2 m+1)$. Then
(i) $A$ is m-convex if and only if $|\epsilon| \leqq 2 \cos (m \pi /(2 m+1))$;
(ii) if $A$ is m-convex, then $A$ is $j$-convex for $j=1, \ldots, m$;
(iii) $A$ is $(m+1)$-convex if and only if $A$ is normal (i.e., $\epsilon=0$ ).

Thus for appropriate $\epsilon \neq 0$, the $(2 m+3)$-square matrix $A$ is $j$-convex for $1 \leqq j \leqq m=[(2 m+3) / 2]-1$ without being normal.

The methods employed in the proof of Theorem 4 illustrate the power of Theorem 2 as a computable criterion.
3. Preliminaries. This section contains information which will be used in the proofs in Section 4.

Recall that a matrix $S \in M_{n}(\mathbf{C})$ is doubly stochastic if $S$ is a nonnegative matrix (i.e., $S_{i j} \geqq 0, i, j,=1, \ldots, n$ ) all of whose row and column sums are 1 . Recall also that a matrix $S \in M_{n}(\mathbf{C})$ is orthostochastic if there exists a unitary matrix $U \in M_{n}(\mathbf{C})$ such that $S_{i j}=\left|U_{i j}\right|^{2}, i, j=1, \ldots, n$. Although it is clear that every orthostochastic matrix is doubly stochastic, the converse is false [4, II.1.4.4].

Of central importance is
Birkhoff's Theorem [4, II.1.7]. The set $\Omega_{n}$ of all $n$-square doubly stochastic matrices is a convex polyhedron in $M_{n}(\mathbf{R})$ whose vertices are the $n$-square permutation matrices.

A characterization is available of main diagonals of normal matrices with prescribed eigenvalues:

Lemma 1 [4, II.4.1.3]. Let $A \in M_{n}(\mathbf{C})$ be a normal matrix with eigenvalues $\lambda_{1}, \ldots, \lambda_{n}$, and set $\lambda=\left(\lambda_{1}, \ldots, \lambda_{n}\right) \in \mathbf{C}^{n}$. Let

$$
E_{1}=\left\{\mu=\left(\left(A x_{1}, x_{1}\right), \ldots,\left(A x_{n}, x_{n}\right)\right) \in \mathbf{C}^{n} \mid x_{1}, \ldots, x_{n} \text { o.n. }\right\}
$$

and

$$
E_{2}=\left\{\mu=S \lambda \in \mathbf{C}^{n} \mid S \in M_{n}(\mathbf{C}) \text { orthostochastic }\right\}
$$

Then $E_{1}=E_{2}$.
Here and in what follows, "o.n." abbreviates the word "orthonormal".
A considerably more difficult result, due primarily to A. Horn [3], provides a characterization of main diagonals of hermitian matrices with prescribed eigenvalues (see also MI. Marcus, B. N. Moyls, and R. Westwick [5]):

Lemma 2. Let $C \in M_{n}(\mathbf{C})$ be a hermitian matrix with eigenvalues $c_{1}, \ldots, c_{n}$, and set $c=\left(c_{1}, \ldots, c_{n}\right) \in \mathbf{R}^{n}$. Let

$$
E_{1}=\left\{\mu=\left(\left(C x_{1}, x_{1}\right), \ldots,\left(C x_{n}, x_{n}\right)\right) \in \mathbf{R}^{n} \mid x_{1}, \ldots, x_{n} \text { o.n. }\right\}
$$

and

$$
E_{2}=\left\{\mu=S c \in \mathbf{R}^{n} \mid S \in \Omega_{n}\right\} .
$$

Then $E_{1}=E_{2}$.
We will have occasion to use the well-known Elliptical Range Theorem [7]. This states that if

$$
A=\left[\begin{array}{ll}
a & c \\
0 & b
\end{array}\right]
$$

is a 2 -square upper triangular complex matrix, then the numerical range $W(A)$ is the region bounded by an ellipse with foci at a and $b$, minor axis of length $|c|$, and major axis of length $\sqrt{|a-b|^{2}+|c|^{2}}$.

Finally, we remark that if $A \in M_{n}(\mathbf{C})$ and $m \in\{1, \ldots, n\}$, then

$$
W_{n-m}(A)=\operatorname{tr}(A)-W_{m}(A)
$$

and

$$
P_{n-m}(A)=\operatorname{tr}(A)-P_{m}(A),
$$

so that $A$ is $(n-m)$-convex if and only if $A$ is $m$-convex.

## 4. Proofs.

Proof of Theorem 1. Denote the eigenvalues of $A$ by $\lambda_{1}, \ldots, \lambda_{n}$ and set

$$
\lambda=\left(\lambda_{1}, \ldots, \lambda_{n}\right) \in \mathbf{C}^{n} .
$$

Let $\left\{x_{1}, \ldots, x_{n}\right\}$ be any o.n. basis of $\mathbf{C}^{n}$, and set

$$
\mu=\left(\left(A x_{1}, x_{1}\right), \ldots,\left(A x_{n}, x_{n}\right)\right) \in \mathbf{C}^{n} .
$$

By Lemma 1, there exists an $n$-square doubly stochastic matrix $S$ such that $\mu=S \lambda$. By Birkhoff's Theorem, $S$ is a convex combination of the $n$-square permutation matrices; say

$$
S=\sum_{\sigma \in S_{n}} \alpha_{\sigma} P_{\sigma}
$$

where $\alpha_{\sigma} \geqq 0$ for all $\sigma \in S_{n}, \sum_{\sigma \in S_{n}} \alpha_{\sigma}=1$, and $P_{\sigma}=\left\{\delta_{i \sigma(j)}\right], \sigma \in S_{n}$. Then letting $\bar{c}=\left(\bar{c}_{1}, \ldots, \bar{c}_{n}\right)$, we have

$$
\begin{aligned}
\sum_{k=1}^{n} c_{k}\left(A x_{k}, x_{k}\right) & =(\mu, \bar{c}) \\
& =(S \lambda, \bar{c}) \\
& =\left(\sum_{\sigma \in S_{n}} \alpha_{\sigma} P_{\sigma} \lambda, \bar{c}\right) \\
& =\sum_{\sigma \in S_{n}} \alpha_{\sigma}\left(P_{\sigma} \lambda, \bar{c}\right) \\
& =\sum_{\sigma \in S_{n}} \alpha_{\sigma}\left(\sum_{k=1}^{n} \lambda_{\sigma-1}(k) c_{k}\right) \\
& =\sum_{\sigma \in S_{n}} \alpha_{\sigma-1}\left(\sum_{k=1}^{n} c_{k} \lambda_{\sigma(k)}\right) \quad \in P_{c}(A)
\end{aligned}
$$

We conclude that $W_{c}(A) \subset P_{c}(A)$.
Now assume that $c=\left(c_{1}, \ldots, c_{n}\right) \in \mathbf{R}^{n}$. Since $A \in M_{n}(\mathbf{C})$ is a normal matrix, there exists an o.n. basis $\left\{u_{1}, \ldots, u_{n}\right\}$ of $\mathbf{C}^{n}$ such that

$$
A u_{k}=\lambda_{k} u_{k}, \quad k=1, \ldots, n .
$$

Let $C \in M_{n}(\mathbf{C})$ be a hermitian matrix with eigenvalues $c_{1}, \ldots, c_{n}$; there exists an o.n. basis $\left\{y_{1}, \ldots, y_{n}\right\}$ of $\mathbf{C}^{n}$ such that

$$
C y_{k}=c_{k} y_{k}, \quad k=1, \ldots, n .
$$

Denote by $U_{n}(\mathbf{C})$ the group of $n$-square unitary matrices. We compute that

$$
\begin{aligned}
W_{c}(A) & =\left\{\sum_{k=1}^{n} c_{k}\left(A x_{k}, x_{k}\right) \mid x_{1}, \ldots, x_{n} \text { o.n. }\right\} \\
& =\left\{\sum_{k=1}^{n} c_{k}\left(A U y_{k}, U y_{k}\right) \mid U \in U_{n}(\mathbf{C})\right\} \\
& =\left\{\sum_{k=1}^{n}\left(A U C y_{k}, U y_{k}\right) \mid U \in U_{n}(\mathbf{C})\right\} \\
& =\left\{\sum_{k=1}^{n}\left(U^{*} A U C y_{k}, y_{k}\right) \mid U \in U_{n}(\mathbf{C})\right\} \\
& =\left\{\operatorname{tr}\left(U^{*} A U C\right) \mid U \in U_{n}(\mathbf{C})\right\} \\
& =\left\{\operatorname{tr}\left(U C U^{*} A\right) \mid U \in U_{n}(\mathbf{C})\right\} \\
& =\left\{\sum_{k=1}^{n}\left(U C U^{*} A u_{k}, u_{k}\right) \mid U \in U_{n}(\mathbf{C})\right\} \\
& =\left\{\sum_{k=1}^{n} \lambda_{k}\left(U C U^{*} u_{k}, u_{k}\right) \mid U \in U_{n}(\mathbf{C})\right\} \\
& =\left\{\sum_{k=1}^{n} \lambda_{k}\left(C x_{k}, x_{k}\right) \mid x_{1}, \ldots, x_{n} \text { o.n. }\right\} \\
& =\left\{(\lambda, S c) \mid S \in \Omega_{n}\right\} \quad(\text { by Lemma } 2) \\
& =\left\{\left(\lambda, \sum_{\sigma \in S_{n}} \alpha_{\sigma} P_{\sigma} c\right) \mid \alpha_{\sigma} \geqq 0 \text { for all } \sigma \in S_{n}, \sum_{\sigma \in S_{n}} \alpha_{\sigma}=1\right\}
\end{aligned}
$$

(by Birkhoff's Theorem)

$$
=\mathscr{H}\left(\left\{\sum_{k=1}^{n} c_{k} \lambda_{\sigma(k)} \mid \sigma \in S_{n}\right\}\right)
$$

$$
=P_{c}(A)
$$

This completes the proof.
Proof of Theorem 2. We begin by making some general observations. If $\theta \in[0,2 \pi)$ and $z \in W_{m}\left(A_{\theta}\right)$, say $z=\sum_{k=1}^{m}\left(A_{\theta} x_{k}, x_{k}\right)$ where $x_{1}, \ldots, x_{m}$ are
o.n. vectors in $\mathbf{C}^{n}$, then

$$
\begin{align*}
\operatorname{Re} z & =\operatorname{Re} \sum_{k=1}^{m}\left(A_{\theta} x_{k}, x_{k}\right) \\
& =\sum_{k=1}^{m}\left(\frac{A_{\theta}+A_{\theta}{ }^{*}}{2} x_{k}, x_{k}\right)  \tag{7}\\
& \in W_{m}\left(\frac{A_{\theta}+A_{\theta}{ }^{*}}{2}\right) .
\end{align*}
$$

Since $\left(A_{\theta}+A_{\theta}{ }^{*}\right) / 2$ is a hermitian matrix,
(9) $W_{m}\left(\frac{A_{\theta}+A_{\theta}{ }^{*}}{2}\right)=P_{m}\left(\frac{A_{\theta}+A_{\theta}{ }^{*}}{2}\right)$
is a closed real interval with right endpoint $\sum_{k=1}^{m} \lambda_{k}\left(\left(A_{\theta}+A_{\theta}{ }^{*}\right) / 2\right)$. We conclude from (8) and (9) that for all $z \in W_{m}\left(A_{\theta}\right)$,
(10) $\operatorname{Re} z \leqq \sum_{k=1}^{m} \lambda_{k}\left(\frac{A_{\theta}+A_{\theta}{ }^{*}}{2}\right)$.

In particular, by choosing o.n. vectors $x_{1}, \ldots, x_{m} \in \mathrm{C}^{n}$ such that

$$
r_{k}\left(A_{\theta}\right)=\operatorname{Re}\left(A_{\theta} x_{k}, x_{k}\right), \quad k=1, \ldots, m,
$$

we obtain

$$
\begin{equation*}
\sum_{k=1}^{m} r_{k}\left(A_{\theta}\right)=\operatorname{Re} \sum_{k=1}^{m}\left(A_{\theta} x_{k}, x_{k}\right) \leqq \sum_{k=1}^{m} \lambda_{k}\left(\frac{A_{\theta}+A_{\theta}{ }^{*}}{2}\right) . \tag{11}
\end{equation*}
$$

Now assume that $A$ is $m$-convex, i.e., that $W_{m}(A)=P_{m}(A)$. Fix $\theta \in[0,2 \pi)$ and note that

$$
\begin{aligned}
W_{m}\left(A_{\theta}\right) & =W_{m}\left(e^{i \theta} A\right) \\
& =e^{i \theta} W_{m}(A) \\
& =e^{i \theta} P_{m}(A) \\
& =P_{m}\left(e^{i \theta} A\right)=P_{m}\left(A_{\theta}\right) .
\end{aligned}
$$

The vertices of the convex polygon $P_{m}\left(A_{\theta}\right)$ are sums of $m$ eigenvalues of $A_{\theta}$, and if $z \in P_{m}\left(A_{\theta}\right)$ then $\operatorname{Re} z$ is at most the largest real part of these vertices. Hence $z \in W_{m}\left(A_{\theta}\right)=P_{m}\left(A_{\theta}\right)$ implies
(12) $\operatorname{Re} z \leqq \sum_{k=1}^{m} r_{k}\left(A_{\theta}\right)$.

If $x_{1}, \ldots, x_{m}$ are any $m$ o.n. vectors in $\mathbf{C}^{n}$, it follows from (7) and (12) that

$$
\begin{equation*}
\sum_{k=1}^{m}\left(\frac{A_{\theta}+A_{\theta}^{*}}{2} x_{k}, x_{k}\right)=\operatorname{Re} \sum_{k=1}^{m}\left(A_{\theta} x_{k}, x_{k}\right) \leqq \sum_{k=1}^{m} r_{k}\left(A_{\theta}\right) . \tag{13}
\end{equation*}
$$

In view of (11), the equality (6) is obtained from (13) by choosing an o.n. basis of eigenvectors of the hermitian matrix $\left(A_{\theta}+A_{\theta}{ }^{*}\right) / 2$.

To prove sufficiency, assume the equality ( 6 ) holds for all $\theta \in[0,2 \pi$ ). Let $l$ denote a fixed side of the convex polygon $P_{m}(A)$. It is easy to see that $\theta$ may be chosen so that (i) the side $e^{i \theta} l=l_{\theta}$ of $e^{i \theta} P_{m}(A)=P_{m}\left(A_{\theta}\right)$ is oriented vertically in the complex plane, and (ii) $P_{m}\left(A_{\theta}\right)$ is contained in the closed left half-plane determined by $l_{\theta}$. Notice that the real part of a point on $l_{\theta}$ is precisely $\sum_{k=1}^{m} r_{k}\left(A_{\theta}\right)$. Then for any $z \in W_{m}\left(A_{\theta}\right)$, we have

$$
\begin{aligned}
\operatorname{Re} z & \leqq \sum_{k=1}^{m} \lambda_{k}\left(\frac{A_{\theta}+A_{\theta}^{*}}{2}\right) \quad(\mathrm{by}(10)) \\
& =\sum_{k=1}^{m} r_{k}\left(A_{\theta}\right) \quad(\mathrm{by}(6))
\end{aligned}
$$

Thus $W_{m}\left(A_{\theta}\right)=e^{i \theta} W_{m}(A)$ is contained in the closed left half-plane determined by $l_{\theta}=e^{i \theta} l$, so that $W_{m}(A)$ is contained in the closed left half-plane determined by $l$. Since $l$ was a fixed but otherwise unspecified side of $P_{m}(A)$, it follows that $W_{m}(A)$ is contained in the intersection of the closed left half-planes determined by the sides of $P_{m}(A)$. Of course, this intersection is simply $P_{m}(A)$. Thus

$$
W_{m}(A) \subset P_{m}(A)
$$

By (5) we have

$$
W_{m}(A) \supset P_{m}(A)
$$

and the proof is complete.
Proof of Theorem 3. As has already been observed, the necessity of the conditions is an immediate consequence of Theorem 1.

Assume that $A$ is $m$-convex for $1 \leqq m \leqq[n / 2]$. It follows from a remark in Section 1 that $A$ is $m$-convex for $1 \leqq m \leqq n$. Note that the $m$-th numerical range, the $m$-th eigenpolygon, and the status of normality of a complex matrix are invariant under transformation of the matrix by a unitary similarity. We may therefore assume (by the Schur triangularization theorem) that the given matrix $A$ is upper triangular, with eigenvalues $\lambda_{1}, \ldots, \lambda_{n}$ arranged down the main diagonal to satisfy $\operatorname{Re} \lambda_{i} \leqq \operatorname{Re} \lambda_{j}$ for $1 \leqq i \leqq j \leqq n$. The proof will be completed by showing that $A$ is in fact diagonal.

Suppose $A$ has a nonzero off-diagonal element $\epsilon=A_{i j}(i<j)$. Set

$$
B=A-\lambda_{j} I \quad \in M_{n}(\mathbf{C})
$$

( $I$ is the $n$-square identity matrix). It is clear that
(i) $B$ has eigenvalues

$$
\mu_{k}=\lambda_{k}-\lambda_{j}, \quad k=1, \ldots, n
$$

with

$$
\operatorname{Re} \mu_{i} \leqq 0 \quad \text { and } \quad \mu_{j}=0 ;
$$

(ii) $B$ is upper triangular with $B_{i j}=\epsilon \neq 0$; and
(iii) $B$ is $m$-convex for $1 \leqq m \leqq n$.

Now let $m_{0}$ be the number of eigenvalues of $B$ having positive real part: obviously $0 \leqq m_{0} \leqq n-2$. Choose $\omega \in Q_{m_{0}, n}$ so that $\mu_{\omega(1)}, \ldots, \mu_{\omega\left(m_{0}\right)}$ are these eigenvalues (if $m_{0}=0$, then $\omega$ is the "empty sequence" which assumes no values). Set

$$
x_{k}=e_{\omega(k)}, \quad k=1, \ldots, m_{0}
$$

where $e_{t}$ denotes the $t$-th standard basis vector in $\mathbf{C}^{n}$ ( 1 in position $t, 0$ 's elsewhere). We have
(14) $\left(B x_{k}, x_{k}\right)=\mu_{\omega(k)}, \quad k=1, \ldots, m_{0}$.

By the Elliptical Range Theorem,

$$
W\left(\left[\begin{array}{cc}
\mu_{i} & \epsilon \\
0 & \mu_{j}
\end{array}\right]\right)
$$

is the region bounded by an ellipse with foci at $\mu_{i}$ and $\mu_{j}=0$ whose minor axis has length $|\epsilon|$. Since $|\epsilon|>0$, it follows that there exists $z \in W\left(\left[\begin{array}{cc}\mu_{i} & \epsilon \\ 0 & \mu_{j}\end{array}\right]\right)$ for which $\operatorname{Re} z>0$. Hence there exists a unit vector $x_{m_{0+1}} \in \mathbf{C}^{n}$, having nonzero components only in positions $i$ and $j$, such that
(15) $\operatorname{Re}\left(B x_{m_{0}+1}, x_{m_{0}+1}\right)<0$.

Observe that since $\omega(k) \neq i, j$ for $k=1, \ldots, m_{0}$, the vectors $x_{1}, \ldots, x_{m 0}$, $x_{m 0+1}$ in $\mathbf{C}^{n}$ are o.n.

By virtue of the fact that $B$ has precisely $m_{0}$ eigenvalues with positive real part $\left(\mu_{\omega(1)}, \ldots, \mu_{\omega\left(m_{0}\right)}\right)$ and at least one eigenvalue with zero real part ( $\mu_{j}=0$ ), in the notation of Theorem 2 we compute

$$
\begin{align*}
\sum_{k=1}^{m_{0}+1} r_{k}(B) & =\sum_{k=1}^{m_{0}} \operatorname{Re} \mu_{\omega(k)} \\
& =\sum_{k=1}^{m_{0}} \operatorname{Re}\left(B x_{k}, x_{k}\right) \quad(\mathrm{by}(14)) \\
& <\sum_{k=1}^{m_{n+1}} \operatorname{Re}\left(B x_{k}, x_{k}\right) \quad(\mathrm{by}(15)) \\
& =\sum_{k=1}^{m_{0}+1}\left(\frac{B \pm}{2} B^{*} x_{k}, x_{k}\right) \\
& \in W_{m_{0}+1}\left(\frac{B \pm B^{*}}{2}\right) . \tag{16}
\end{align*}
$$

Since $\left(B+B^{*}\right) / 2$ is a hermitian matrix,

$$
\begin{equation*}
W_{m_{0}+1}\left(\frac{B+B^{*}}{2}\right)=P_{m_{0}+1}\left(\frac{B+B^{*}}{2}\right) \tag{17}
\end{equation*}
$$

is a closed real interval with right endpoint $\sum_{k=1}^{m}+1 \lambda_{k}\left(\left(B+B^{*}\right) / 2\right)$. Hence from (16) and (17),

$$
\sum_{k=1}^{m_{0}+1} r_{k}(B)<\sum_{k=1}^{m_{0}+1}\left(\frac{B+B^{*}}{2} x_{k}, x_{k}\right) \leqq \sum_{k=1}^{m_{0}+1} \lambda_{k}\left(\frac{B+B^{*}}{2}\right) .
$$

In view of (iii) above, this contradicts Theorem 2 . We conclude that the upper triangular matrix $A$ can have no nonzero off-diagonal element $\epsilon$, completing the proof.

Proof of Theorem 4 . For a given $\theta \in[0,2 \pi)$ we have

$$
A_{\theta}=e^{i \theta} A=\operatorname{diag}\left(e^{(\theta+k \omega) i}: k=0, \ldots, 2 m\right)+\left[\begin{array}{cc}
0 & e^{i \theta} \epsilon \\
0 & 0
\end{array}\right]
$$

and

$$
\frac{A_{\theta}+A_{\theta}^{*}}{2}=\operatorname{diag}(\cos (\theta+k \omega): k=0, \ldots, 2 m)+\frac{1}{2}\left[\begin{array}{cc}
0 & e^{i \theta} \epsilon \\
e^{-i \theta_{\bar{\epsilon}}} & 0
\end{array}\right]
$$

Let $\mathscr{L}_{\theta}$ denote the set of eigenvalues of $\left(A_{\theta}+A_{\theta}{ }^{*}\right) / 2$, and let $\mathscr{R}_{\theta}$ denote the set of real parts of the eigenvalues of $A_{\theta}$. Then

$$
\mathscr{L}_{\theta}=\{\cos (\theta+k \omega) \mid k=0, \ldots, 2 m\} \cup\left\{\frac{|\epsilon|}{2},-\frac{|\epsilon|}{2}\right\}
$$

and

$$
\mathscr{R}_{\theta}=\{\cos (\theta+k \omega) \mid k=0, \ldots, 2 m\} \cup\{0,0\} .
$$

Now assume that $A$ is $m$-convex. If $m$ is even, set $\theta=0$, while if $m$ is odd, set $\theta=\pi$. In either situation the regular odd-order convex polygon $P_{1}\left(A_{\theta}\right)$ has precisely $m+1$ vertices with positive real part, and these are symmetrically positioned with respect to the real axis. When $m$ is even, a minimal positive real part occurs for $k=m / 2$ and has the value

$$
\begin{aligned}
\cos (\theta+k \omega) & =\cos \left(0+\frac{m}{2} \frac{2 \pi}{2 m+1}\right) \\
& =\cos \left(\frac{m \pi}{2 m+1}\right) .
\end{aligned}
$$

When $m$ is odd, a minimal positive real part occurs for $k=(m+1) / 2$ and again has the value

$$
\begin{aligned}
\cos (\theta+k \omega) & =\cos \left(\pi+\frac{m+1}{2} \frac{2 \pi}{2 m+1}\right) \\
& =\cos \left(\frac{(2 m+1) \pi+(m+1) \pi}{2 m+1}\right) \\
& =\cos \left(\frac{(3 m+2) \pi}{2 m+1}\right) \\
& =\cos \left(2 \pi-\frac{m \pi}{2 m+1}\right) \\
& =\cos \left(-\frac{m \pi}{2 m+1}\right) \\
& =\cos \left(\frac{m \pi}{2 m+1}\right)
\end{aligned}
$$

Let $k_{0}, \ldots, k_{2 m}$ be a permutation of the integers $0, \ldots, 2 m$ such that

$$
\begin{aligned}
\cos \left(\theta+k_{0} \omega\right) \geqq \ldots & \geqq \cos \left(\theta+k_{m-1} \omega\right) \\
& =\cos \left(\theta+k_{m} \omega\right) \\
& =\cos \left(\frac{m \pi}{2 m+1}\right) .
\end{aligned}
$$

If $|\epsilon|>2 \cos (m \pi /(2 m+1))$, then the largest sum of $m$ elements of $\mathscr{L}_{\theta}$ is

$$
\sum_{i=0}^{m-2} \cos \left(\theta+k_{i} \omega\right)+\frac{|\epsilon|}{2},
$$

while the largest sum of $m$ elements of $\mathscr{R}_{\theta}$ is only

$$
\sum_{i=0}^{m-2} \cos \left(\theta+k_{i} \omega\right)+\cos \left(\frac{m \pi}{2 m+1}\right) .
$$

In view of Theorem 2 , this contradicts our assumption that $A$ is $m$-convex and establishes the "necessity" portion of (i).

Next, assume that $|\epsilon| \leqq 2 \cos (m \pi /(2 m+1))$. It is not hard to observe that for any $\theta \in[0,2 \pi), P_{1}\left(A_{\theta}\right)$ has either $m$ or $m+1$ vertices with real part at least $\cos (m \pi /(2 m+1))$. (Rotation through successive angles $\theta$ of $P_{1}(A)$ for $m=2$ may prove illuminating.)


I pon inspection of the sets $\mathscr{L}_{\theta}$ and $\mathscr{R}_{\theta}$ subject to the indicated bound on $|\epsilon|$, we conclude that for any integer $j \in\{1, \ldots, m\}$, the largest sum of $j$ elements of $\mathscr{L}_{\theta}$ equals the largest sum of $j$ elements of $\mathscr{R}_{\theta}$. It follows from Theorem 2 that $A$ is $j$-convex for $j=1, \ldots, m$. This proves the "sufficiency" portion of (i) and, combined with the "necessity" portion of (i), estallishes (ii).

To prove (iii), we first remark trivially that if $A$ is normal, then $A$ is ( $m+1$ )-convex by Theorem 3 . Conversely, assume that $A$ is $(m+1)$ convex. If $m$ is even, set $\theta=\pi$, while if $m$ is odd, set $\theta=0$. In either situation the regular odd-order convex polygon $P_{1}\left(A_{\theta}\right)$ has precisely $m$ vertices with positive real part: let $0 \leqq k_{1}<\ldots<k_{m} \leqq 2 m$ be the integers $k$ for which $\cos (\theta+k \omega)>0$. Then the largest sum of $m+1$ elements of $\mathscr{L}_{\theta}$ is
(18) $\sum_{i=1}^{m} \cos \left(\theta+k_{i} \omega\right)+\frac{|\epsilon|}{2}$,
while the largest sum of $m+1$ elements of $\mathscr{R}_{\theta}$ is

$$
\begin{equation*}
\sum_{i=1}^{m} \cos \left(\theta+k_{i} \omega\right) \quad(+0) \tag{19}
\end{equation*}
$$

By Theorem 2, the sum (18) must not exceed the sum (19). Hence $\epsilon=0$ and $A$ is normal.
5. Examples. Our first example indicates that for a normal matrix $A \in M_{n}(\mathbf{C})$ and a nonreal $n$-tuple $c=\left(c_{1}, \ldots, c_{n}\right) \in \mathbf{C}^{n}$, the proper inclusion

$$
W_{c}(A) \subsetneq P_{c}(A)
$$

may obtain (see Theorem 1).

## I. Let

$$
A=\operatorname{diag}(i, 1,0) \in M_{3}(\mathbf{C})
$$

and

$$
c=(1, i, 0) \in \mathbf{C}^{3}
$$

Then

$$
P_{c}(A)=\mathscr{H}(2 i,-1,1,0, i),
$$

and Lemma 1 may be used to compute that no point on the line segment joining $2 i$ and -1 (other than the two endpoints) belongs to $W_{c}(A)$.

We conclude with two concrete illustrations of the content of Theorem 4.
II. Let $m=1$, so that $2 m+1=3$ and $2 m+3=5$. Then $\omega=2 \pi / 3$ and

$$
A=\operatorname{diag}\left(1, e^{2 \pi i / 3}, e^{4 \pi i / 3}\right)+\left[\begin{array}{cc}
0 & \epsilon \\
0 & 0
\end{array}\right]
$$

From Theorem 4 we see that $A$ is convex if and only if $|\epsilon| \leqq 2 \cos \pi / 3=1$, and $A$ is 2 -convex if and only if $A$ is normal ( $\epsilon=0$ ).
III. Let $m=2$, so that $2 m+1=5$ and $2 m+3=7$. Then $\omega=2 \pi / 5$ and

$$
A=\operatorname{diag}\left(1, e^{2 \pi i / 5}, e^{4 \pi i / 5}, e^{6 \pi i / 5}, e^{8 \pi i / 5}\right)+\left[\begin{array}{cc}
0 & \epsilon \\
0 & 0
\end{array}\right]
$$

From Theorem 4 we see that $A$ is 2 -convex if and only if $|\epsilon| \leqq 2 \cos 2 \pi / 5 \doteq$ .618; if $A$ is 2 -convex then it is convex; and $A$ is 3 -convex if and only if $A$ is normal $(\epsilon=0)$. This particular example was the point of departure for our investigation.

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