INSTRUCTIONS TO CONTRIBUTORS

Behaviour Change is a quarterly journal devoted to the publication of research involving the application of behavioural and cognitive-behavioural principles and techniques to the assessment and treatment of health, social, organisational, community and educational problems. It publishes original empirical studies using either single subject or group comparison methodologies, review articles, case studies, brief technical and clinical notes, invited book reviews, and special issues dealing with particular topics in depth.

MANUSCRIPTS SHOULD BE SUBMITTED TO:

Professor Alan Hudson, Department of Psychology and Intellectual Disability Studies, RMIT, PO Box 71, Bundoora VIC 3083, Australia.

Preparation of manuscripts

Four copies of each manuscript, prepared according to the Publication Manual of the American Psychological Association, 4th edition (1994) should be sent to the editor with a cover letter requesting review of the manuscript. Spelling should conform to the Macquarie Dictionary. The cover letter should contain a statement indicating that the manuscript has not been published elsewhere nor is it currently under editorial review.

1. Cover page

The manuscript must have a cover page with the title of the article, author(s) names and affiliation, a running head, and at the bottom of the paper the name and postal address, as well as a contact phone and fax number and email address if available, of the person to whom correspondence, proofs and reprint requests should be sent. To facilitate anonymous review the second page should include the title of the article without author identification.

2. Abstract

Articles should be accompanied by an abstract which should not exceed 200 words. The abstract should follow the title page on a separate page. It should provide a brief overview of the aims, method and major findings and should not refer to the body of the text in the abstract.

3. Typing

Manuscripts should be typed on A4, double spaced, with 4cm wide margins. If a manuscript is accepted for publication authors who have prepared the manuscript on an IBM-compatible PC or Macintosh computer should submit a copy of the paper on disk in addition to the final hard copy version. Acceptable word processing formats are: Word Perfect (up to version 5.1), Microsoft Word (up to version 6), Multimate (up to version 4), Macwrite, and RTF (Rich Text Format). Disks may be supplied in either 3.5 inch or 5.25 inch formats. The word processing program used and version number are to be specified in writing on the title page of the final accepted manuscript.

4. Tables and Figures

Tables require consecutive numbering and should be referenced by number in the text. Tables should be typed on separate sheets. Indicate in the text the approximate location of tables and figures. Figures should *not* be supplied on disk.

5. Proofs and Reprints

Page proofs will be sent to the corresponding author for correction. Excessive alteration of the manuscript, as distinct from correction of errors in reproduction are not permitted and will be charged to the author(s). Authors will receive 25 copies of their paper free of charge. Additional reprints may be ordered when the proofs are returned.

CONTENTS

Volume 14, Number 1, 1997

SPECIAL ISSUE: EMPIRICALLY VALIDATED TREATMENTS	
Introduction to Special Issue on Empirically Validated Treatments	1
Alan Hudson	
Empirically Validated Treatments and AACBT	2
Neville J. King	
Empirically Validated Treatments: Health Psychology Interventions	6
Jack E. James	
Empirically Validated Psychological Treatment:	
What Does It Mean in the Domain of Relationship Problems?	9
W. Kim Halford	
Commentary: Empirically Validated Treatments and Child Clinical Interventions	15
Matthew R. Sanders	
Empirically Validated Interventions for Adult Disorders	18
David J. Kavanagh	
Empirically Validated Learning Environments	21
Jay S. Birnbrauer	
Empirically Validated Interventions in Education: A Comment on King	25
Alan Hudson	
Out of the Rut: A Cognitive Behavioural Treatment Program	
for Driving-while-disqualified Offenders	29
Leon Bakker, Tony Ward, Marilyn Cryer and Stephen M. Hudson	
The Assessment of Rapists	39
Tony Ward, Stephen M. Hudson, and Julie McCormack	
Book Reviews	55
AACBT 20th National Conference	57