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On The Limits Of Limits

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In these days of the digital universe, discussion of resolution is mostly couched in pixels per inch, but it is useful to revisit the analog universe occasionally. Most of us retain in the attic a memory about the resolution limit of the microscope, which for an optical microscope is in the neighborhood of a quarter micron. But, most of us too have seen light micrographs where objects much smaller than that are shown in all their glory. Has the digital revolution superceded the old analog limits? What is going on?

Those with physics backgrounds may remember a formula for the resolution limit, d , typically given in the form of:

$$d = a\lambda/NA \quad (1)$$

where NA is the numerical aperture of the lens, λ is the wavelength of light, and a is a constant, typically taken around 0.5. For the canonical green light and the highest available NA (1.4), this gives a resolution of limit of 0.2 microns. Physicists will know that equation 1 is an approximation, but the various more exact solutions still produce about the same value. Anyone who has spent time looking down the tubes of a light microscope is certain to have seen things smaller than that, without aid of any digital intermediary. Among many examples, centrioles were drawn by cytologists

more than 100 years ago, and I have seen microtubules by eye in dark field. These structures are all smaller than 0.2 micron. How can this be?

The answer comes in understanding what ' d ' in equation 1 really means. The choice of the letter ' d ' puts one in mind of 'diameter' and so it is natural to think that the 0.2 microns calculated equals the diameter of the smallest resolvable object. Natural this may be, but it is entirely wrong. In fact, the term ' d ' stands for 'distance'. The resolution limit formula gives the smallest distance that two objects can be separated and still be seen as two; if they come any closer, they are seen as a single object. This minimum distance arises because images are in essence diffraction patterns, and is given by the greatest overlap of diffraction patterns that allows them to be seen as two separate patterns—rather than one single pattern. That explains why equation 1 is an approximation, because the exact size of the diffraction pattern depends on the geometry of the lens set up and the character of the illumination.

Once the resolution limit is understood to involve spacing between objects, then it comes as no surprise that a single object can be seen even though smaller than the resolution limit. Any object will produce a diffraction pattern and the question is only whether that pattern can be detected. That is an issue of contrast, not of resolution. There is no theoretical limit to the smallness of a pinhole that could be imaged, provided enough light could be driven through it to reach the detector. But interestingly, if one were to image a series of pinholes of decreasing diameter, and measure the size of the pinhole in each image, as soon as the relevant diffraction limit were reached, the measured size would stabilize and would not decrease further, even though size of the actual pinholes continued to decrease. For the best performing optical microscope, as soon as the pinholes dropped below about 0.2 microns, they could still be imaged, but the measured size of the pinhole in the images would stay at 0.2 microns.

Thus, the paradox is resolved: Classical resolution limits are spacings, not sizes.



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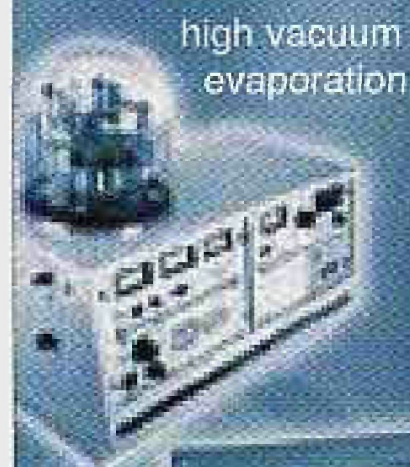
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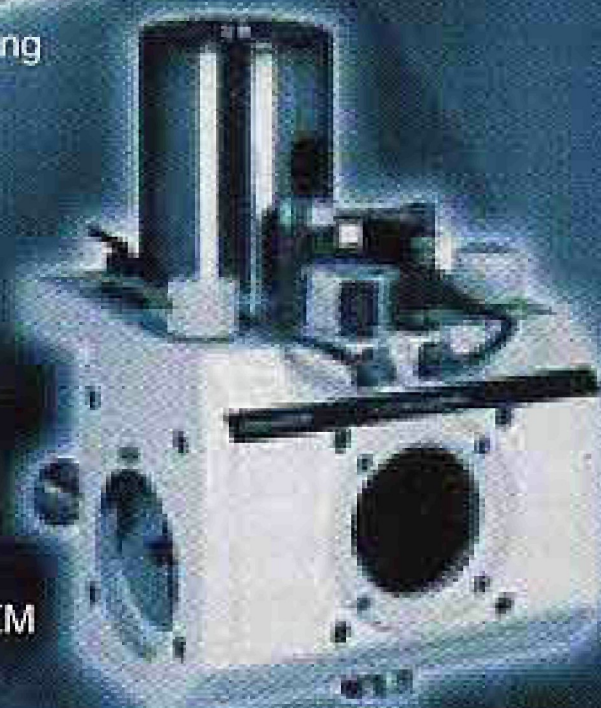
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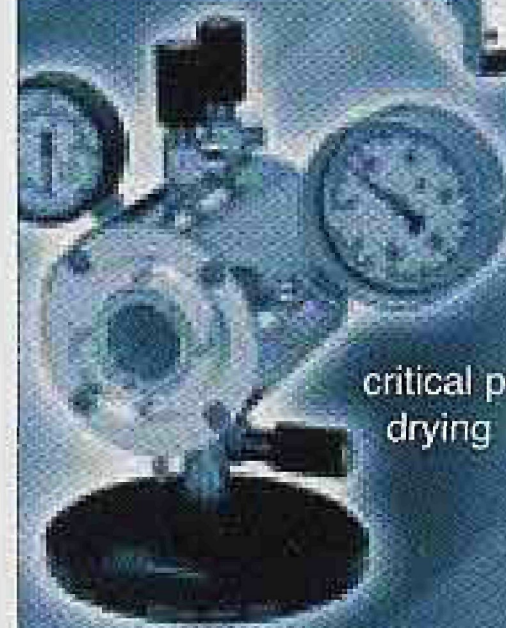
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