

# B.A.B.P. BULLETIN

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Quarterly Bulletin of the  
British Association for Behavioural Psychotherapy.

# BRITISH ASSOCIATION FOR BEHAVIOURAL PSYCHOTHERAPY

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The British Association for Behavioural Psychotherapy was founded in 1972. It is a multidisciplinary organisation and full membership is restricted to members of the helping professions - psychiatrists, psychologists, social workers, nurses, probation officers, teachers, etc.

## Objects of the Association

- (a) To promote the advancement of the theory and practice of behavioural psychotherapy, in particular the application of experimental methodology and learning techniques to the assessment and modification of maladaptive behaviour in a wide variety of settings.
- (b) To provide a forum for discussion of matters relevant to behavioural psychotherapy.
- (c) To disseminate information about and provide training for behavioural psychotherapy, by organising conferences, courses, and workshops or by other means.
- (d) To print, publish and circulate newsletters, reports and other publications containing articles, information and news relating to behavioural psychotherapy.
- (e) To make representation to, and to establish and maintain liaison with, public and professional bodies.
- (f) To foster and promote research into behavioural psychotherapy, and related matters.
- (g) To establish and organise, regional or specialist branches in order to promote the objects of the Association and to provide a service to members.
- (h) To encourage and assist in training in behavioural psychotherapy.
- (i) To study matters of concern to behaviour therapists and to take such action as is consistent with the objects of the Association and in the public interest.

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**EDITORIAL**

If you believe that your great thoughts and words of wisdom are wasted on your wife or colleagues and you would like your ideas to be discussed in Palo Alto and Hamburg then write an article for the B.A.B.P. Bulletin. The American Psychological Association publication "Psychological Abstracts" have reviewed past issues of the Bulletin and have decided to abstract appropriate articles to be included in their machine readable file. Approximately 2,500 abstracts with full citation are published each month making Psychological Abstracts a major source of information and providing wide exposure throughout the world.

Occasionally we intend to give over a whole issue of the Bulletin to a particular topic and as a start would like to solicit articles in the following areas:

Behavioural Approaches to Education - Addictive Behaviours - Psychology and Medicine - and Learning Theories.