

Intestinal distribution and absorption of biotin in the chicken

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The initial distribution and absorption of biotin in chickens was studied *in vivo* from either changes in the composition of intestinal contents or analysis of blood draining the gut. The progressive decline in biotin concentration and flow along the small intestine demonstrated absorption throughout this organ. Quantitatively the duodenum was the most significant site of biotin absorption when crystalline biotin was included in the diet and when dietary ingredients contained highly available biotin. In contrast, when diets of low biotin availability were given the distal segments of the small intestine contributed a relatively greater amount to biotin absorption. During passage of digesta from the ileum to the caecum there was a tenfold increase in biotin concentration. About half the amount was of ileal origin with the remainder presumably resulting from microbial synthesis. About 20% of caecal biotin was in a 'free' form but the degree of absorption from the caeca was not determined. The amount of biotin disappearing from the gut of birds given maize-based diets was similar to the quantity appearing in portal blood. Biotin absorption was not detected from wheat-based diets using arteriovenous differences.

Biotin absorption: Biotin digestion: Chicken

Just a few years ago most nutritionists would have considered a biotin deficiency most unlikely. It was generally accepted that as biotin is widely distributed in feedstuffs and abundantly produced by the intestinal microflora, supply of the vitamin was sufficient to meet requirements. However, the demonstration in this laboratory (Payne *et al.* 1974) and in Scotland (Whitehead *et al.* 1976) of the central role of biotin in the aetiology of the fatty liver and kidney syndrome (FLKS) of young chickens was ample evidence that the supply of biotin is not always adequate. In many instances biotin supplementation of commercial feeds is necessary.

Despite the widespread use of supplementary biotin, deaths from FLKS still occur (Steele *et al.* 1980) and there is much evidence that the incidence of the condition is influenced by maternal biotin status, the major dietary constituents (fat and protein) and the environment (see Whitehead, 1977; Pearce & Balnave, 1978; Bannister, 1979). In all these studies little attention has been paid to the metabolism of the vitamin. The first steps in determining the relation between biotin status and supply are digestion and absorption. However, there is no information on biotin absorption in the fowl and what is known in other species is fragmentary (Rose, 1980).

In the present investigation, biotin digestion and absorption were determined in growing chickens from changes in the composition of gut contents relative to an indigestible marker and by analysing blood draining the gut. The influence of different diets on these processes was examined as the availability of biotin from different feedstuffs varies widely (Frigg, 1976; Whitehead *et al.* 1982; Buenrostro & Kratzer, 1984).

The opportunity was also taken to determine whether biotin in caecal contents is in a form that can be absorbed. This was considered important as high concentrations of biotin have been recorded in the caeca (Coates *et al.* 1968; Bauer & Griminger, 1980); presumably the result of microbial synthesis.

A preliminary account of the work has been given (Bryden, 1985).

MATERIALS AND METHODS

Husbandry

Chickens (1-d-old) were obtained from a commercial hatchery and placed in brooder cages. At 3 weeks of age chicks were transferred to tiered carry-on cages. The brooders and carry-on cages were situated in an air-conditioned (24°) and continuously illuminated room. Food and water were provided *ad lib.* and, when not on experiment, birds were given proprietary rations. The compositions of the basal diets used in the experiments are given in Table 1.

Experiments

In both experiments birds were ranked according to live weight and then randomly allotted to experimental groups so that each group contained birds with similar mean and range of live weights.

Expt 1. The experiment was designed to determine the distribution of biotin along the gut and its partition between liquid and solid phases of digesta. Male broilers, 6 weeks old, were allocated to three groups of eight and fed on diet 1. The diet, which was given for 14 d before experimentation, was supplemented with biotin (75 µg/kg) and celite (20 g/kg). Celite, a diatomaceous silica product (Johns-Manville Sales Corp., Lomco, California), was added to ensure adequate levels of the dietary marker, acid insoluble ash (AIA). During the last 5 d of the feeding period CrEDTA, prepared by the method of Binnerts *et al.* (1968), was added to the diet (200 mg Cr/kg diet).

Birds were killed by an intracardiac injection of sodium pentobarbitone. The gastrointestinal tract was divided into sections by metal clips and removed. The commencement of the jejunum was taken as the entry of the bile and pancreatic ducts at the caudal end of the ascending limb of the duodenum, and the vitelline diverticulum (formerly Meckel's diverticulum; McLelland, 1979) indicated the boundary between the jejunum and ileum. Some segments were further divided into upper and lower portions (or anterior and posterior portions respectively) of equal length. The contents of each segment were expressed rapidly by gentle manipulation, pooled with the contents of the other seven birds from the same group, and a portion was centrifuged at 3500 g for 20 min. The supernatant and solid fractions were stored at -20°.

Pooled caecal samples were diluted with saline (9.0 g sodium chloride/l; 1:5, w/v) to obtain a homogenous mixture. The mixture was divided into five portions and biotin was determined in each portion after the following treatments. (1) Total biotin: acid-hydrolysis followed by biotin determination (Hood, 1975); (2) free biotin: centrifugation at 3500 g for 20 min and measurement of biotin in the supernatant fraction without prior hydrolysis; (3) free, unbound biotin: as for treatment 2, but precipitation of protein from the supernatant with zinc sulphate (20 g/l) and sodium hydroxide (10 g/l) before analysis; (4) free and bacterially-contained free biotin: boiled for 20 min before centrifugation and then determination of biotin in the supernatant fraction without previous hydrolysis; (5) free, unbound biotin and free, unbound biotin from bacterial cells: as for treatment 4, but precipitation of proteins from the supernatant fraction with zinc sulphate (20 g/l) and NaOH (10 g/l) before analysis.

Expt 2. This experiment was undertaken to measure the quantity of biotin simultaneously disappearing from the small intestine and appearing in the portal vein of birds fed on diets differing in biotin availability. Crossbred layer strain males, 10 weeks old, were placed into individual cages and ten birds were fed on either diet 2, diet 3 or diet 4 for 3 weeks. Diet 4 was diet 3 supplemented with calcium (as calcium carbonate in lieu of maize) to the same level as diet 2. During the final 3 d of this period food intake and excreta output were recorded. Excreta were collected in 1 M-hydrochloric acid and after neutralization with

Table 1. *Compositions (g/kg) of basal diets*

Ingredient	Diet		
	1	2	3
Wheat	748	792	—
Maize	—	—	792
Wheat starch	66	—	—
Meat meal	120	200	—
Soya-bean meal	—	—	200
Sodium caseinate	60	—	—
DL-Methionine	1	1.5	2
L-Lysine	1	2.5	2
Vitamin-mineral premix*	4	4	4
Chemical analysis, determined			
Crude protein (nitrogen \times 6.25)	198	186	189
Calcium	13	24	10
Biotin (μ g/kg)	74	101	151

* The premix supplied (/kg diet): retinol 3 mg, cholecalciferol 50 μ g, α -tocopherol 4 mg, menaphthone 5 mg, riboflavin 4 mg, pyridoxine 5 mg, nicotinic acid 20 mg, calcium pantothenate 15 mg, pteroylglutamic acid 2 mg, choline chloride 300 mg, cyanocobalamin 10 μ g, ethoxyquin 125 mg, manganese 100 mg, zinc 70 mg, iron 20 mg, copper 4 mg, iodine 1 mg, cobalt 300 μ g, selenium 100 μ g, sodium chloride 2 g.

NaOH were dried in a forced-draught oven at 80°. Celite was added to the diets (20 g/kg) at the expense of wheat or maize.

Five birds from each dietary group were sampled under anaesthesia, and in order to minimize possible effects of diurnal variation of biotin concentrations, samples were collected between 09:00 and 14:00 hours. A mask was placed over the beak and nostrils of the bird and anaesthesia was induced by a mixture of oxygen, nitrous oxide and halothane (Fluothane; ICI Australia Ltd). When the respiratory pattern became regular, intubation was easy to perform by opening the beak and passing a McGill tube into the larynx by direct vision. Once the endotracheal tube was in place anaesthesia was maintained with halothane administered via an Ayre's 'T' piece using a Fluotech Mk II vapourizer (Cyprane, Keighley, Yorkshire UK). After removal of feathers, the peritoneal cavity was opened as described by Noyan (1968) and the portal vein was carefully exposed by blunt dissection to minimize bleeding and injury to surrounding tissues. Up to 2 ml blood was removed slowly through a fine needle inserted against the blood flow of the portal vein and then a 2 ml sample was taken from the left ventricle. Immediately after collection of blood samples packed cell volume (PCV) was determined by a capillary microhaematocrit method using a Hawksley haematocrit centrifuge. Plasma was recovered following centrifuging at 2500 g for 10 min. After collection of the intestinal contents each bird was killed by an overdose of anaesthetic and portions of liver were then taken. All samples were stored at -20° and before analysis the digesta samples from the birds on each diet were pooled because of the small quantities collected from some birds.

Chemical analyses

Biotin. The radiochemical method of Hood (1975, 1977) was used for the determination of biotin in samples of diet, liver, excreta, digesta and plasma. Digesta samples were lyophilized, and dietary, digesta and excreta samples comminuted and all samples hydrolysed before analysis.

Dietary markers. Cr was determined in feed samples, total digesta and in the liquid phase

of digesta using an atomic absorption spectrophotometer (Varian-Techtron, Melbourne). Feed and total digesta samples were ashed and diluted in 0.5 M-HCl before analysis. Cr was determined directly in liquid-phase samples after an appropriate dilution with 0.5 M-HCl.

Acid-insoluble ash (AIA) determinations were performed by slight modification of the method described by McCarthy *et al.* (1974) and Vogtmann *et al.* (1975). A sample containing about 100 mg AIA was placed in a weighed sintered glass crucible, dried at 104° for 16 h and reweighed. The sample was then combusted at 500° for 6 h, boiled with 4 M-HCl and then thoroughly washed with water. The processes of drying (4 h), combustion, boiling and washing were repeated, usually twice, until the sample appeared white (Mollah, 1982). The second ashing was found necessary to remove completely all traces of carbon from the ash. The other benefit of the procedure adopted was that it did not involve the quantitative transfer of samples.

Calculations

Net absorption of a nutrient can be calculated in any section of the gut provided values for nutrient: indigestible marker ratios in both the diet and gut section are known. If food intake is recorded, flow rate and retention times of digesta can also be determined for different sections of the gut. Once equilibrium is achieved after the continuous administration of a marker (see Faichney, 1975):

$$\text{flow rate (g/min)} = \frac{\text{rate of administration of marker (g/min)}}{\text{concentration of marker in digesta (g/g)'}}$$

and a reduction in the amount of a nutrient flowing through two successive segments of the gut can be regarded as absorption.

The retention time of digesta in segments of the intestine can then be calculated (Weston & Hogan, 1967; Hecker & Grovum, 1971):

$$\text{retention time (min)} = \frac{\text{weight of digesta (g)}}{\text{flow of digesta (g/min)'}}$$

where flow of digesta is obtained from the marker concentration in each segment.

Estimates of the net uptake or absorption of a nutrient can also be calculated from differences in concentration of the nutrient between blood supplied to the gut (arterial, A) and blood draining the gut (venous or portal, P) (Bergman, 1975; Linzell & Annison, 1975). In the calculation of the daily uptake of biotin by the portal vein (or portal appearance) it was assumed that the concentration of the vitamin in erythrocytes was the same in arterial and portal samples; thus, uptake was calculated as (plasma P-A difference) × (plasma flow), where plasma flow in the portal vein was estimated as (blood flow) × (100 - PCV)/100. Differences in PCV were used to correct the P-A difference for possible haemodilution as blood passed through the gut (Chalmers *et al.* 1977). However, in most instances applying the correction made little or no difference to the result. Portal blood flow rates based on the results of Sturkie & Abati (1975) and Purton (1975) were used, i.e. 15 and 32 ml/min per kg body-weight respectively.

It is accepted that estimates of absorption determined as described are net figures but this terminology does introduce a difficulty because bacterial uptake and production of biotin are hidden within the term 'net'. The significance of microbial metabolism of biotin and other nutrients in the avian small intestine has not been quantified but it should not be overlooked. It has been established that dietary composition has a profound effect on the colonization by bacteria of the intestinal surfaces of chickens (Salanitro *et al.* 1978).

RESULTS

Expt 1. It was hoped that the use of both solid (AIA)-phase and liquid (CrEDTA)-phase markers would allow a comparison of the flow and absorption of biotin from the different digesta phases. Unfortunately, this was not possible because Cr was not distributed uniformly between the phases in the small intestine. Nevertheless, the ratio, CrEDTA:AIA in total digesta from segments of the small intestine and rectum, when divided by the marker ratio in the feed, differed only slightly from unity (range 0.94–1.05). Thus, retention time of both markers was similar throughout these segments of the gastrointestinal tract which suggests that results are equally valid when calculated from either marker. However, it is worth noting that the digesta: feed marker values in the gizzard and caeca differed markedly from unity. In the gizzard the ratio was less than 0.88, indicating a greater retention of AIA in this segment, but the increase in the ratio above 2.17 in the caeca indicated a greater retention of CrEDTA.

The mean concentration and flow of biotin, calculated using AIA, in different segments of the gastrointestinal tract are shown in Table 2. The difference between the daily intake of biotin and the flow of the vitamin in the duodenum indicated rapid absorption and presumably reflected the rapid uptake of the supplementary dietary biotin. The decrease in absorption between the distal portions of the small intestine appears to result from lower digestibility of unabsorbed biotin in these segments as the digesta retention times or time available for absorption were similar. In fact, the proportion of biotin in the liquid phase of digesta decreased distally and presumably the amount of biotin in this phase reflects the extent of digestion. The pattern of decreasing biotin flow along the small intestine indicated a net absorption of 11.8 $\mu\text{g}/\text{d}$.

The increased concentration and flow of biotin in the rectum resulted from a net input of biotin into this segment of the gut. The source of the additional biotin is most likely the caeca where there was a tenfold increase in the concentration of the vitamin during the passage of digesta from the ileum to the caeca. Concomitant with the increase in caecal content of biotin was a fivefold increase in the concentration of CrEDTA in this organ.

The distribution of biotin in the different fractions of digesta collected from the caeca is given in Table 3. Of the total, 40% was found in the supernatant fraction and of this 'free' biotin approximately half was bound to protein. Boiling the caecal contents released a further 80 ng biotin/g into the supernatant fraction and this amount was most likely of microbial origin as boiling is known to release the 'free' biotin contained within bacterial cells (Piffeteau *et al.* 1982). The remaining 46% of total biotin was firmly bound either to food residues or within bacterial cells.

Expt 2. Daily biotin intake, intestinal disappearance, P–A difference, portal appearance, daily excretion and liver biotin concentrations are shown in Table 4. Birds ingesting the maize-based diet 3 absorbed all the biotin they consumed, in contrast to only 20% intestinal disappearance of biotin intake in birds fed on the wheat-based diet 2. The addition of Ca to the maize diet substantially reduced intestinal disappearance of the vitamin (see also Fig. 1). Interestingly, the birds fed on both maize-based diets excreted much greater quantities of biotin than they consumed, whereas the birds fed on the wheat diet consumed and excreted the same amount.

The difference due to diet in plasma biotin concentrations reflected the amount of biotin disappearing from the gut and the portal uptake of the vitamin. However, probably due to the small amount of biotin absorbed in birds fed on the wheat diet 2, it was not possible to detect the amount by using P–A differences. Moreover, the effect of assuming different portal blood flows on the magnitude of portal uptake of biotin is demonstrated in this experiment. Obviously, uptake is proportional to blood flow and it does appear from the

Table 2. *Expt 1. Distribution and absorption of biotin from the gastrointestinal tract of chickens and retention time of digesta in gut segments*

(Mean values with their standard errors; determinations on three pooled samples)

	Duodenum		Jejunum		Upper ileum		Lower ileum		Rectum		Caecum	
	Mean	SE	Mean	SE	Mean	SE	Mean	SE	Mean	SE	Mean	SE
Biotin (ng/g DM)	575	58	420	14	352	19	187	32	377	96	2110	72
Biotin flow (μ g/d)	14.23	4.5	11.26	0.2	9.33	2.8	7.79	3.2	10.09	4.0	—	—
Biotin absorption (μ g/d)	5.36*	0.78	2.97	0.11	1.93	0.09	1.54	0.09	-2.30	0.36	—	—
Partition of biotin in digesta†	1.05	0.07	0.38	0.04	0.18	0.06	0.11	0.03	0.43	0.06	0.66	0.05
Retention time (min)	8.5	1.1	42.1	3.8	46.0	1.4	45.0	1.4	51.6	5.4	—	—

DM, dry matter.

* Mean daily intake of biotin 19.59 μ g/d.

† Ratio of biotin in liquid: solid phase of digesta.

Table 3. *Expt 1. Biotin distribution in caecal contents of chickens*

(Mean values with their standard errors; determinations on three pooled samples)

Fraction*	Biotin† (ng/g)	
	Mean	SE
Total	591	79
Free	237	98
Free and unbound	111	68
Free and liberated from bacteria	317	133
Free and liberated from bacteria and unbound	171	101

* For details of treatments, see p. 390.

† Calculated on a wet weight basis (i.e. 28 g dry matter/kg).

values that a portal flow of 15 ml/min per kg body-weight (Sturkie & Abati, 1975) is the better estimate for the present experiment.

Despite the large differences in circulating levels of the vitamin in birds fed on the three diets no difference in hepatic concentration of biotin was found.

DISCUSSION

The technique of calculating apparent appearance or disappearance of digesta components using the concentration of a continuously administered indigestible marker is well established (Faichney, 1975; Hurwitz, 1976). However, no marker presently available satisfies all the criteria desired in an ideal marker and this was evident in the present study (Expt 1) where CrEDTA did not associate exclusively with the liquid phase. This aspect of the behaviour of CrEDTA has been demonstrated previously (Warner, 1969). Nevertheless,

Table 4. *Expt 2. Amounts of biotin disappearing from the small intestine, appearing in portal blood and being excreted in birds fed on three different diets*

(Mean values with their standard errors; five birds per group)

	Wheat and meat meal		Maize and soya-bean		Maize and soya- bean + calcium	
	Mean	SE	Mean	SE	Mean	SE
Biotin intake ($\mu\text{g}/\text{d}$)	9.80	1.37	15.25	2.49	14.04	1.83
Intestinal disappearance* ($\mu\text{g}/\text{d}$)	2.01		16.92		8.99	
Excreta output ($\mu\text{g}/\text{d}$)	10.01	3.61	27.30	6.90	18.94	8.16
Plasma biotin (ng/ml)						
Portal	1.69	0.16	7.01	1.01	3.75	0.92
Arterial	1.72	0.09	6.14	0.77	3.21	0.87
Difference	-0.03	0.11	0.87	0.29	0.54	0.20
Portal appearance† ($\mu\text{g}/\text{d}$)						
15	—		20.04		10.76	
32	—		42.75		22.96	
Liver biotin ($\mu\text{g}/\text{g}$ liver)	0.71	0.06	0.88	0.12	0.76	0.08

* Estimated after pooling samples from all birds.

† Calculated assuming portal blood flow of either 15 (Sturkie & Abati, 1975) or 32 (Purton, 1975) ml/min per kg body-weight.

Faichney (1980) has shown that imperfect markers may still be used providing conditions in the gut approximate a steady-state. The administration of the marker with the feed for at least 4 d before sampling, continuous feeding and lighting conditions, removal of food only at the time of sampling and the pooling of samples should have ensured that this condition was met.

The progressive decline of biotin flow throughout the small intestine observed in the present study demonstrated unequivocally that biotin is absorbed throughout the small intestine. The variations in the cumulative net absorption from the small intestine observed in both experiments are shown in Fig. 1. Quantitatively the duodenum was the most significant site of biotin absorption when crystalline biotin was included in the diet (Expt 1) and when dietary ingredients (maize and soya-bean) contained highly available biotin. In contrast, when diets (wheat and meat meal) of low biotin availability were given the distal segments of the small intestine contributed a relatively greater amount to biotin absorption. These results are similar to those published recently from this laboratory for pyridoxine absorption in the chicken (Heard & Annison, 1986).

It was not possible to determine the extent of biotin absorption from the hind-gut because of the net inflow of biotin into both the caecum and rectum. The accumulation of the liquid-phase marker, CrEDTA, in the caeca suggests that perhaps half of the biotin in this organ is of ileal origin. Much of this biotin may come from undigested dietary components as the more soluble fractions of the diet are known to accumulate in the caecum (McNab, 1973). Moreover as there is a back flow of urine into this organ (Barnes, 1972) it is possible that some of the biotin in the caecum is of urinary origin. Fractionation of the caecal contents did show that approximately 20% of biotin in the caecum is unbound and in the liquid phase, and presumably in a form that can be absorbed. However, it may be concluded from the germ-free chick studies of Coates *et al.* (1968) that caecal biotin is not absorbed in the chicken, although recent studies with pigs (Barth *et al.* 1986) and rats (Bowman & Rosenberg, 1987) have demonstrated biotin absorption from the mammalian

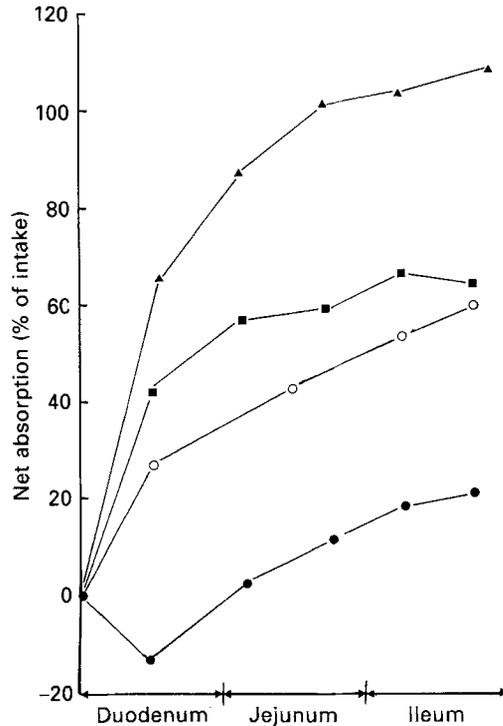


Fig. 1. Cumulative net biotin absorption by chickens from diets given in Expt 1: (○), wheat and meat meal + 75 µg biotin/kg and Expt 2: (●), wheat and meat meal; (■), maize and soya-bean + calcium; (▲), maize and soya-bean.

hind-gut. Nevertheless, caecal biotin may become available to the bird if coprophagia occurs. Indeed, Whitehead & Bannister (1980) have estimated that broiler chickens can meet approximately 10% of their biotin requirement by ingestion of biotin in excreta. Alternatively, biotin in the caeca may move into the small intestine by retrograde movements of the intestinal tract (Nechay *et al.* 1968; Sklan *et al.* 1978) and be subsequently absorbed.

Microbial synthesis also contributes to the biotin concentration in the caecum and this would be reflected in the quantities of biotin excreted. The amount of vitamin excreted varied when different diets were given. This could result from different substrates being available for microbial metabolism or be a function of the amount of biotin remaining in undigested food residues. Biotin concentration in the growth medium controls microbial biosynthesis of biotin (McCormick, 1975; Campbell *et al.* 1978) and the incomplete digestion of biotin in wheat-based diets may result in the repression of biotin synthesis in the hind-gut with a corresponding decrease in the excretion of the vitamin when compared with the quantities excreted by birds fed on maize-based diets.

The failure to detect biotin absorption from the wheat and meat meal diet using arteriovenous differences is most likely the consequence of the small amounts of the vitamin being absorbed from this diet and the limitations of the method. In the present study birds were anaesthetized and, although anaesthesia is likely to affect blood flow, Bloxham (1971) found that halothane is the anaesthetic of choice in this kind of study. Accurate blood-flow measurement is necessary for the estimate of the rates of addition of a nutrient to the portal circulation. In the present study extrapolations have been made from published values for

portal blood flow (Purton, 1975; Sturkie & Abati, 1975), so the results derived should be treated with caution. A difficulty of deriving portal blood flow in birds is the variable contribution of the coccygeomesenteric vein to total portal flow. The validity of small P-A differences also depends on the procedure of blood sampling, and ideally arterial and venous blood should be obtained simultaneously. This was impracticable in the present study. However, as the P-A difference was about 15% of the arterial concentration in birds fed on the maize-based diets, this would indicate the values obtained are reliable (Barry, 1964). Using this technique it was possible to show that the amount of biotin disappearing from the gut of birds fed on the maize-based diets was similar to the amount consumed and the quantity appearing in portal blood. This agrees with the very high availability of biotin from these dietary ingredients (Frigg, 1976). Addition of Ca to the diet reduced the relative amounts and suggests a possible role for this mineral in the intestinal metabolism of biotin.

The results of the present study show that biotin is absorbed throughout the small intestine of the chicken and the pattern of digestion and absorption is significantly influenced by dietary composition. Moreover, further studies are required to determine the mechanism and kinetics of biotin absorption in the fowl and the extent of absorption of biotin analogues. The contribution of enterohepatic circulation and caecal biotin metabolism to the biotin economy of the bird awaits quantification.

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