

THE ROYAL COLLEGE OF PSYCHIATRISTS
Clinical Tutors Sub-Committee
READING LIST IN PSYCHIATRY
(Third Edition)

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INTRODUCTION

This Reading List is the third to be produced under the aegis of the Clinical Tutors' Sub-Committee of the College. The first two, published in February 1970 and July 1972, were both edited by B. M. Barraclough and B. E. Heine, and the demand for them was testimony to the widespread need, felt both by trainees and by tutors themselves, for a comprehensive and reasonably authoritative list covering the broad field of clinical psychiatry.

This third edition owes much to its predecessors. It was designed from the beginning as a revision of the widely used second edition, rather than as a new and independent production, and its aims, layout and content are all recognizably similar. However, the new editors have tried to introduce a number of changes in emphasis besides simply replacing old references by more recent ones. We have attempted to reduce the overall length of the list, and that of most of its constituent sections, in the belief that trainees are more likely to use, and less likely to be daunted by, a list of ten references than one of thirty. We have been less successful in this regard than we had hoped, but the total number of references has been reduced by well over a hundred. We have also endeavoured to produce a reading list suited to the needs of registrars in area mental hospitals, most of whom are intending to become general psychiatrists and have only limited library facilities available to them. For this reason we have shown a preference for review articles over reports of original research, and a preference for articles in widely available journals and modestly priced books over those in unfamiliar journals or expensive tomes. As a result many of the references given are to the *British Journal of Psychiatry* or the *British Journal of Hospital Medicine*. This should not be interpreted as chauvinism; simply as recognition of the fact that an adequate article which is readily available is of more use than one which has to be borrowed from a central library. However, we have given both first and last pages of all journal references, to enable those contemplating ordering

photo copies to estimate the cost involved, and have tried to indicate the important chapters when giving references to large books. We have also made a note of the fact whenever a paper has been reprinted in a more accessible book or journal, or where the author has published a similar and more readily available paper elsewhere. As in the earlier editions, we have not included any standard textbooks.

We are deeply indebted to several of our colleagues for their expert advice on the content of several of the specialist sections. The Child and Adolescent Psychiatry and Mental Retardation sections are largely the work of Professor Michael Rutter and Dr. J. A. Corbett respectively. Dr. W. A. Lishman advised us on the content of the various organic sections, and Dr. John Steiner, Dr. D. Bannister and Dr. Sidney Crown all helped us with the difficult task of producing a Psychotherapy section acceptable both to specialist psychotherapists and to the general psychiatry trainees for whom the list is primarily intended. We are also grateful to Dr. P. K. Bridges, Miss E. Foggo, Dr. J. H. Willis, Dr. H. G. Egdell, and Dr. G. K. Shaw for several helpful suggestions. But, as always, we as editors are responsible for the final choice. Doubtless there are many articles which do not figure in this list with as good a claim to inclusion, or better, than some that are included. In self-defence we can only say that we have read the great majority not only of the new references we are including for the first time but also of those in the previous edition which we have omitted.

There are two further points which perhaps we should stress. Although we hope this list will be found useful by candidates for the M.R.C.Psych. examination, it is not intended as a formal reading list for that examination; still less does its content reflect the considered views of the College as a whole, or carry with it the imprimatur of the College. Responsibility lies only with us as editors, and with the Clinical Tutors' Sub-committee for entrusting the task to us.

R. E. KENDALL.
ANDREW C. SMITH.

INDEX

Abortion—see Marriage, Pregnancy and Abortion
 Addiction—see Alcoholism and Drug Abuse
 Administration—see Hospitals and Policy, Planning and Services
 Adolescence—see Child Psychiatry
 Affective Disorders
 Alcoholism
 Anorexia Nervosa
 Anxiety and Phobias
 Behaviour Therapy
 Child Psychiatry
 Chromosomal Abnormalities
 Classification—see Diagnosis and Classification
 Community Psychiatry—see Policy, Planning and Services
 Concept and Role of Mental Illness
 Crisis Intervention—see Psychotherapy
 Dementia—see Psychiatry of Old Age and Presenile Dementia
 Depression—see Affective Disorders
 Diagnosis and Classification
 Drug Abuse
 Epilepsy
 Family Therapy—see Psychotherapy
 Forensic Psychiatry
 General
 General Practice Studies
 Grief—see Affective Disorders
 Group Psychotherapy—see Psychotherapy
 Head Injuries
 History of Psychiatry
 Hospitals
 Hypochondriasis
 Hysteria
 Mania—see Affective Disorders
 Marriage, Pregnancy and Abortion
 Memory Impairment
 Mental Retardation
 Miscellaneous Clinical Studies
 Miscellaneous Clinical Syndromes
 Obsessional Illness
 Personality Disorder
 Phobias—see Anxiety and Phobias
 Policy, Planning and Services
 Pregnancy—see Marriage, Pregnancy and Abortion
 Presenile Dementia
 Psychiatric Aspects of Neurological Disease
 Psychiatric Aspects of Systemic Disease
 Psychiatry of Old Age
 Psychoanalysis—see Psychotherapy
 Psychogeriatrics—see Psychiatry of Old Age
 Psychosomatic Disorders
 Psychosurgery
 Psychotherapy and Psychoanalysis
 Puerperal Psychiatric Disorder
 Role—see Concept and Role of Mental Illness
 Schizophrenia
 Sexual Disorders
 Subnormality of Intelligence—see Mental Retardation
 Suicide—see Affective Disorders
 Transcultural Psychiatry

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