

twenty-eight. Important and varied as the qualifications for a post charged with such responsibilities must be, Dr. Urquhart possessed these in a measure seldom met with. In Dr. Mercier's words, "He was the very model and exemplar of the highest class of physician." He was a master of his profession, and he showed his interest in his medical work by returning to a London hospital for the purpose of refreshing his knowledge several years after graduation. He was particularly interested in the problems connected with heredity, and this was the subject of the course of lectures he delivered as Morison Lecturer of the Royal College of Physicians of Edinburgh in the year 1907. It had also been the subject of his Presidential Address to the Association in 1898. He was recognised as an authority on the Lunacy Laws of Scotland, on which subject he contributed articles and was frequently consulted by his medical brethren. It is understood that he had laboriously compiled a complete manuscript index of these laws, which it is hoped will be carefully preserved. Finally, with regard to administration, he introduced many reforms on coming to Perth, and it need only be said of him, to indicate his interest in this subject, that he was one of that enterprising quartette of Scottish superintendents who compiled the first edition of the *Handbook for Attendants on the Insane* for the Scottish Division, which was afterwards adopted by the Medico-Psychological Association. Dr. Urquhart was the last survivor of these four collaborators, the others who pre-deceased him being Dr. Campbell Clark, Dr. McIvor Campbell, and Dr. Turnbull. Now that they have all passed away it is to be hoped that the Association may soon decide to perpetuate their memory in some fitting manner, and record a sense of the obligation it owes them for their useful pioneer work. Dr. Urquhart was among the first to recognise the desirability of the matron of a medical institution like a modern mental hospital being fully trained as a hospital nurse, although he had been anticipated by Dr. Campbell Clark at Bothwell and Dr. Maclaren at Larbert in appointments they had made. His insistence on this point has met with success, and the principle he advocated has been universally accepted in Scotland. In conclusion, it is scarcely too much to say of Dr. Urquhart's knowledge of asylum affairs, medical, legal, and administrative, that it was encyclopædic in character.

Dr. Urquhart's industry, keenness, and multifarious activities, including that of an Editor of this Journal, imposed a severe strain on his constitution. Everything he put his hand to he did well, but to effect this he required to labour from 9 a.m. till the small hours of the morning in order to overtake his work—much of it a self-imposed task. Little wonder, then, that at a comparatively early age this continuous overwork told upon him.

On account of ill-health he retired in 1913 from the post he had held with honour for thirty-four years. He was then appointed Consulting Physician, and was presented by his many friends with his portrait in oils by Mr. Fiddes Watt, A.R.S.A. His *Alma Mater* conferred upon him the degree of LL.D. He was succeeded by Dr. Dods Brown, Senior Assistant Physician of the Royal Edinburgh Asylum at Morningside.

As already recorded he died on July 31st, 1917, at the age of sixty-five years, and he is survived by his widow, two sons, and three daughters. Both of the sons are in the Army, the elder being a captain in the R.A.M.C.

GEORGE M. ROBERTSON.

#### DR. ARTHUR EDWARD PATTERSON.

DR. ARTHUR EDWARD PATTERSON, Senior Assistant Medical Officer, City of London Mental Hospital, passed away after a short illness on August 26th. He was the son of the late Major D. A. Patterson, and received his early education in Aberdeen, subsequently proceeding to Aberdeen University, where he qualified M.B., C.M. in 1885. He obtained the M.D. in 1896. After a short period of general practice, he entered upon what was to become his life work as Assistant Medical Officer to the Derby Borough Asylum. He was appointed Senior Assistant Medical Officer of the City of London Mental Hospital on January 1st, 1892. A conscientious, painstaking officer he proved himself to be, and his cheery manner and true kindness of heart ensured his popularity with the staff and endeared him to his patients, who were devoted to him.

He was a member of the British Medical and Medico-Psychological Associations, and published several articles in the medical papers, one of which, "An Analysis of 1,000 Admissions into the City of London Asylum," appeared in the *Journal of Mental Science*.

At one time he took a keen interest in Masonry, and was Past Master of the Adelphi Lodge No. 1,670.

The first part of the funeral service took place in the Asylum Chapel on August 30th. The Visiting Committee was represented by Sir George Wyatt Truscott, Bart. (Chairman) and several other members.

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#### ROLL OF HONOUR.

We greatly regret to hear of the death of Lieut. A. N. Oakshott, only son of Dr. James Oakshott, Medical Superintendent of the Waterford Asylum, at the Front in France. Lieut. Oakshott's career in the Army was but short, but short as it was he had endeared himself by his winning ways to every man in his company and to his brother officers, from many of whom his father has received touching letters of regret and sympathy. His Major wrote: "He died very gallantly on the early morning of September 17th while leading his platoon in an attack on the German lines. Death must have been instantaneous, but before he met it he had shown an example of courage and determination which was most inspiring to his men. He was exceedingly popular in the battalion both among officers and men, and his death has been a great loss to us all."

We offer Dr. and Mrs. Oakshott our sincerest sympathy in their sore bereavement.

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#### THE LIBRARY.

The Committee have to thank Dr. E. F. Ballard for presenting to the Library his book *Epitome of Mental Disorders*.

The following books have been purchased: *Spiritualism and Sir Oliver Lodge*, by Dr. Mercier; *Shell Shock and its Lessons*, by G. Elliot Smith, M.D. and T. H. Pear, B.Sc.

R. H. STEEN,  
Hon. Sec., Library Committee.

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#### NOTICE.

##### OLD NUMBERS OF THE JOURNAL OF MENTAL SCIENCE.

The Association has in its possession a number of old copies of the *Journal of Mental Science*. It has been decided to offer these to Asylum authorities for Asylum Libraries. Application is to be made to Mr. Bethell, 11, Chandos Street, Cavendish Square, London, W.1, and applications will be dealt with in the order of receipt. All expenses of carriage must be prepaid.

R. H. STEEN,  
Acting Hon. General Secretary

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#### APPOINTMENTS.

Marman, John, B.A., M.B., B.Ch., N.U.I., Medical Superintendent, Count Asylum, Gloucester.

McDowall, Colin F. F., M.D., B.S.Durh., Medical Superintendent of Ticehurst House.

Costello, Christopher, M.B., B.Ch., N.U.I., Assistant Medical Officer, Richmond District Asylum, Dublin.

Ellis, V. C., M.B., B.Ch., N.U.I., Assistant Medical Officer, Richmond District Asylum, Dublin.