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MAKING RATIONAL
MENTAL HEALTH SERVICES

An increasing amount of research-based data is available, at the *individual level*, to provide the basis for a rational treatment of those suffering from mental disorders. However, more information is urgently needed to inform clinical, managerial and policy decisions at the *service level*.

The present book provides answers to the following questions:

- How to organize efficient and effective mental health services?
- How these services should be monitored and evaluated, using accurate, reliable and useful methods and procedures?

The volume contains 22 chapters, written by leading experts in the field from all over Europe. The contributions cover the following themes: Assessing Needs for Mental Health Services; From Service Description to Service Evaluation; The Costs of Mental Health Services and Developing a Public Health Perspective in European Mental Health Services.

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