Hints On Removing Epon Specimen Blocks From Glass Slides

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Depending on the quality of the glass slide (not all brands seem to be the same quality and therefore display variable physical properties), postpolymerized specimen blocks can be separated from object slides. These can be of varying area size, and can include a selected area of your former semi-thin section or the whole area (as used in re-embedding techniques).

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If the concern is:

Re-embedding of (immuno-) histochemical reacted light microscopy sections from, for example, thick paraffin sections (10 to 40 μ m), then after several steps of processing such as incubations, washing, osmication, dehydration, infiltration and embedding:

1) Flush and infiltrate the specimen area repeatedly with fresh resin (complete with hardener/accelerator), after an intermediate/solvent (e.g., propylene oxide-PO, PO:resin, etc...) step to get rid of any trace of solvent.

This repeated exchange of resin should be done only by dropping fresh resin into the middle of the section area to be re-embedded. The former resin would be transferred to the outer margins of the area to be re-embedded.

2) Place a polymerized resin block over the selected specimen area (e.g., also re-embeddings of bigger light microscopy or histological sections).

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3) Polymerize the resin block (with a clean and plane-smooth block-face) on your section to be re-embedded for correlative LM/TEM for at least 1.5 hours at only 37° C, then for, say, one hour at 80 to 90° C.

Let the "combo" of resin block-intercalated section-glass surface cool down to room temperature.

Prescore the four sides of the resin block with a scalpel blade. Be careful! Try to cut through resin remnant "walls" down to the glass slide surface. Next, there are two choices:

1) (faster) A flat container made from styrene foam is filled about 1 cm high with LN_2 (liquid nitrogen).

- Dip ONLY the object slide in the LN₂, until evaporation and bubbling of N₂ gas has stopped. If the surface of the object slide gets a little bit of LN₂, it won't matter.

- Pull the "combo" out of the $\rm LN_2$ and either let warm up (resin block in between your fingers) until the blocks gives a "popping click", or try to apply a "shearing force" to the block to separate the resin block from the object slide.

2) Needs longer for warming up your "combo in an oven - warm up the "combo" to e.g., 80° C for about 10 to 15 minutes, then proceed as above.

Note: Depending on the quality of glass slides (physical properties) and (individual) technique used, the separation process may not be not uniform, *i.e.*, sometimes some glass particles are left on the block surface after separation, or there is no separation at all. Elegant separation normally takes a few tests or trials. So don't use important or valuable tissue/section preparations for your first or second attempt.

If nothing changes and separation is not performed, try using a separation media such as Teflon spray or silicone pasting before mounting your sections to be reembedded.

Another *important* point is that if the whole "combo" (resin block - at least at its end connected to the glass slide) is being dipped into the LN_2 to cool it down, there might be problems due to cracking of the resin block. This may interfere with cutting the whole areas selected to be sectioned.

The effect of separation ("pop-off-technique") is explained by the difference of the coefficients of expansion of glass versus resin. Since glass has a different coefficient compared to resin formulations, glass contracts on low temperature and expands on warming differently than the resin used.

I have done "re-embeddings for TEM" of 2 µm to 40 µm thick immunohistochemically reacted tissue cryosections pre-embedding labeling techniques up to section areas of 5 X 5 mm, and most of my attempts worked. It is, however, very, very tricky and good results seem to depend on the time of day, or at least on how you got up in the morning (you know, one foot at a time).





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