Project Gallery



Grinding-stone features from the Pastoral Neolithic at Luxmanda, Tanzania

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The initial spread of food production in eastern Africa is associated with livestock herding during the Pastoral Neolithic. Recent excavation at Luxmanda, Tanzania, a site dating to c. 3000 BP, revealed circular installations of lower grinding stones and numerous handstones. This discovery, unprecedented for this era, challenges previous ideas about pastoralist mobility and subsistence.

Keywords: Tanzania, Neolithic, pastoralism, mobility, subsistence

Introduction

The spread of livestock herding through sub-Saharan Africa marked a sea change from longstanding foraging lifeways and is thought to pre-date farming by millennia in parts of the continent (Marshall & Hildebrand 2002). In Kenya and Tanzania, sites dating to the Pastoral Neolithic attest to early herding by 5000 BP and specialised pastoralism by 3000 BP (Figure 1). Luxmanda is the southernmost known Pastoral Neolithic site, and like other habitation sites of this era, it is characterised by middens with abundant pottery, lithics and the remains of livestock; a series of radiocarbon dates places initial occupation at *c.* 3000 cal BP (Prendergast *et al.* 2013; Grillo *et al.* 2018). Luxmanda's size (approximately 3ha) and good preservation allow reconstruction of the settlement through traditional and geophysical survey along with targeted excavation. Results from the 2018 season enable new interrogations of previous assumptions about Pastoral Neolithic communities, including that they were highly mobile, largely archaeologically invisible and almost exclusively reliant on livestock for food.

Identification and excavation of stone features

During geophysical survey in 2015, areas of high thermoremanent anomaly were detected and flagged for future investigation (Figure 2). In 2018, two such areas were identified as

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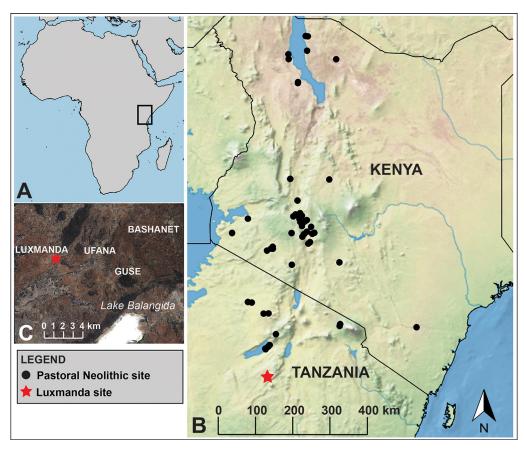


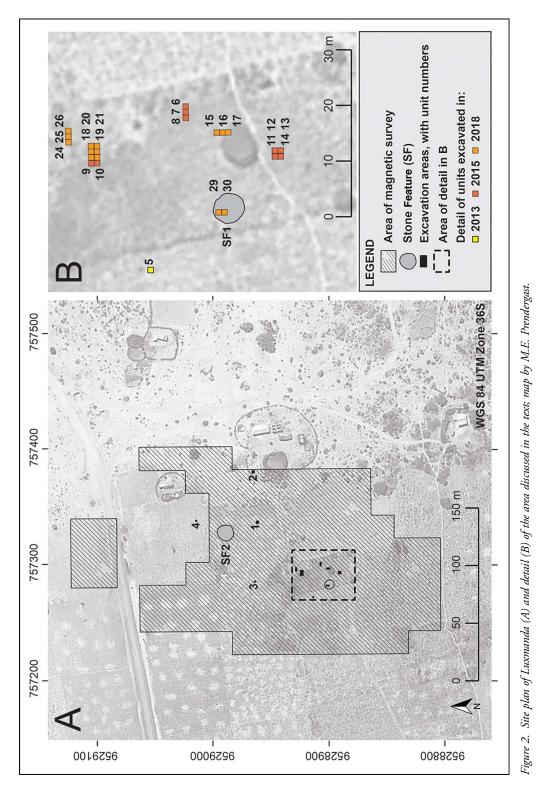
Figure 1. Map of Africa (A), showing the study region with Pastoral Neolithic sites indicated by black dots (B) and detail of the Luxmanda area (C). Basemap in (B) produced with Natural Earth; basemap in (C) is SPOT 1.5 resolution imagery licensed to M.E. Prendergast courtesy of the Harvard University Center for Geographic Analysis; map by M.E. Prendergast.

roughly circular concentrations of large, partially buried stones, mostly invisible under vegetation. These were cleared, mapped and named Stone Feature One (SF1; approximately $18m^2$) and Stone Feature Two (SF2; approximately $90m^2$) (Figure 3).

Prior to test excavations, we interviewed the landowners and several older residents of Luxmanda village about the stones. These informants had no prior knowledge of these features and did not view them as meaningful to the community within living memory. As cairns are a known feature of Pastoral Neolithic mortuary traditions, we proceeded with caution in a limited section of SF1 and placed a $4m^2$ trench. Given time constraints, the volume of cultural material found and the difficulty of excavation amongst stones, this area was reduced to $2m^2$ (units $29{-}30$) and then $1m^2$ (unit 30).

Excavation results

Units 29–30, representing around 12.5 per cent of SF1, revealed a denser, deeper feature than expected from the surface, with no indication of burials (Figure 4). Twelve large lower



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Figure 3. Stone Feature One prior to excavation (A) and the unexcavated Stone Feature Two (B); photographs by M.E. Prendergast.

grinding stones in this feature extend to the base of the excavation (Figure 5). They exhibit varied use-wear: they have been pounded, ground and pecked. One has a deep, cup-like depression. Some measure approximately 0.60m at their greatest dimension, although around 0.40m is more common. A grey, dung-derived deposit with an ashy appearance (designated PU 2-B) was found above and between the grinding stones. This deposit is similar to others found elsewhere across the site, and contained domestic refuse including pottery

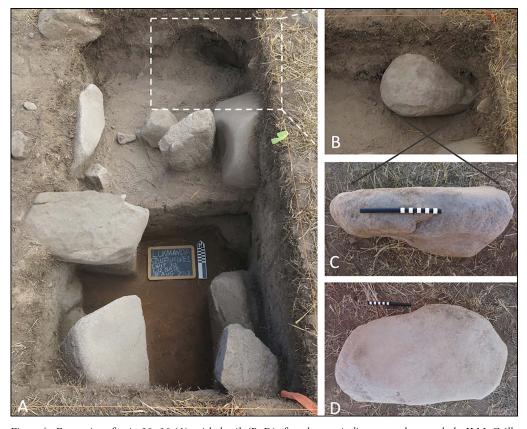


Figure 4. Excavation of units 29–30 (A), with details (B–D) of one lower grinding stone; photographs by K.M. Grillo.

attributable to the Pastoral Neolithic 'Narosura' tradition, lithic debris and livestock remains. Additional finds include an ostrich eggshell bead and 12 definitive (and 3 possible) handstones.

Additional groundstone artefacts

Groundstone artefacts were identified *in situ* during excavations elsewhere across the site and, much more commonly, on the surface, possibly brought up by tillage. All 46 *in situ* groundstone artefacts were measured and photographed (Figure 6), and 20 of these were dry- and wet-brushed under sterile conditions to sample for microbotanical remains. These samples are now being analysed; a technological analysis of the assemblage is also pending.

Discussion and future research

Grinding stones are well documented ethnographically in many parts of Africa, including eastern Africa (e.g. Arthur 2014; Shoemaker *et al.* 2017), but are archaeologically understudied, except in north-eastern Africa and the Horn, where they are associated with intensive wild plant processing and/or agriculture (e.g. Nixon-Darcus & D'Andrea 2017;

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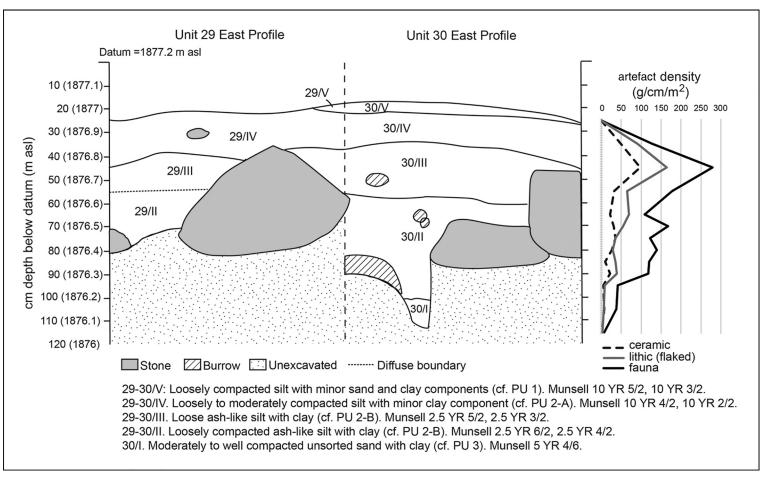


Figure 5. East profile of units 29-30, with artefact density by depth; PU refers to pedostratigraphic units; illustrations by M.E. Prendergast.

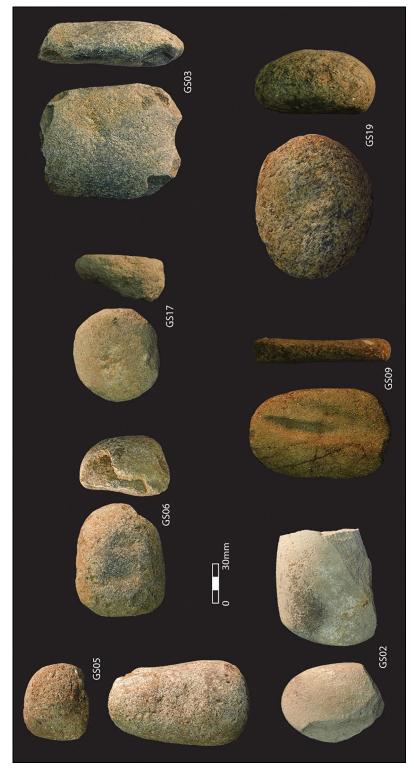


Figure 6. Examples of Luxmanda groundstone artefacts with two views of each; photographs by K.M. Grillo.

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Lucarini & Radini 2019). Shoemaker and Davies's (2019) comprehensive review of Pastoral Neolithic grinding stones in eastern Africa demonstrates their potential to illuminate culinary, crafting and mortuary traditions. At least ten Pastoral Neolithic sites (six of them funerary) report lower grinding stones. In many cases these are marked by ochre stains, whereas no obvious traces were seen at Luxmanda. The Luxmanda artefacts also tend to be larger and thicker than many of those reported as slabs (Shoemaker & Davies 2019: tab. 2), are spatially concentrated in a way not previously reported from habitation sites, and are not—based on testing thus far—associated with burials. In these senses, the Luxmanda stone features appear to be unique for the Pastoral Neolithic. Many of the excavated lower grinding stones are too large to be easily transportable—prompting us to question narratives that Pastoral Neolithic herders were always highly mobile.

The size of the assemblage and morphology of the lower grinding stones seem to suggest intensive processing of plant foods. Linguistic evidence, site locations, the presence of axes and ethnographic analogies have been cited to suggest Pastoral Neolithic cereal cultivation (Robertshaw & Collett 1983). This has long been contested on the grounds of a lack of direct evidence (Bower 1991; Crowther *et al.* 2018); archaeobotanical sampling has generally been limited, however. Other uses of some of the Luxmanda groundstone artefacts are possible: anvils, for example, may have been used to pound bone for marrow and grease extraction, a scenario consistent with zooarchaeological evidence (Grillo *et al.* 2018) and lipid residues (Grillo *et al.* 2020). We do not yet know why or how the grinding stones were aggregated into these circular features, but we suggest they were intentionally deposited, before the end of their potential use-lives, with dung and domestic refuse discarded on top. Although additional research is needed and is underway, we suggest Luxmanda's grinding-stone features have the potential to transform understandings of Pastoral Neolithic mobility patterns, food systems and communal social behaviours.

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