# Reviews in Clinical Gerontology

# **Editor**

Raymond Tallis (Manchester)

# **Section editors**

Biological gerontology
Sebastian Fairweather (Oxford)
Clinical geriatrics
Peter Overstall (Hereford)
Psychiatry of old age
Robert Baldwin (Manchester)
Rehabilitation
Graham Mulley (Leeds)
Social and psychological gerontology
Peter Coleman (Southampton)

Reviews in Clinical Gerontology (ISSN 0959-2598) is published quarterly in February, May, August and November. Four parts form a volume.

# 1993 subscription rates One-year subscription:

UK\*

£95 institutional, £54.50 individual.

Inclusive of surface mail.

USA and Canada\*\*

US \$175 institutional. US \$95 individual. Inclusive of air freight service to New York.

Rest of world (excluding UK, USA and Canada)\*

£105 institutional. £59.50 individual.

Inclusive of air-speeded mail.

# Three-year subscription:

UK\*

£245 institutional. £145 individual.

USA and Canada\*\*

US \$425 institutional. US \$225 individual.

Rest of world (excluding UK, USA and Canada)\*

£265 institutional. £155 individual.

Single parts cost £30 (USA and Canada, US \$52.50; Rest of world, £32).

- \* Cheques/orders should be made payable to Turpin Distribution Services Limited and sent to Turpin Distribution Services Limited, Blackhorse Road, Letchworth, Hertfordshire SG6 1HN, UK.
- \*\* For the USA and Canada, cheques/orders should be made payable to Cambridge University Press and sent to the journal's North American distributors, Cambridge University Press, 40 West 20th Street, New York, NY 10011. Second class postage is pending at New York, NY and at additional mailing offices.

Postmaster: send address changes in USA and Canada to Cambridge

University Press, 40 West 20th Street, New York, NY 10011.

Back issues prior to last year's volume are available from Dawson UK Ltd, Cannon House, Folkestone, Kent CT19 5EE, UK. Tel: +44 393 850101.

Copyright © 1993

Edward Arnold, Mill Road, Dunton Green, Sevenoaks, Kent TN13 2YA, UK.

All rights reserved. No part of the publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, photocopying, recording or otherwise, without the prior permission of Edward Arnold.

Apart from any fair dealing for the purposes of research or private study, or criticism or review, as permitted under the Copyright Designs & Patents Act 1988, this publication may only be reproduced, stored or transmitted, in any form or by any means with the prior permission in writing of the publishers or in the case of reprographic reproduction in accordance with the terms of licences issued by the Copyright Licensing Agency.

# USA

Authorization to photocopy items for internal or personal use, or the internal or personal use of specific clients, is granted by Edward Arnold, provided that the base fee of \$2.00 per copy, plus .05 cents per page is paid directly to the Copyright Clearance Center, Inc., 27 Congress Street, Salem, MA 01970. For those organizations that have been granted a photocopy licence by CCC, a separate system of payment has been arranged. The fee code for users of the Transactional Reporting Service is: [0959-2598/93 \$2.00 + .05 cents].

For all other use, permission should be sought from the Dunton Green office of Edward Arnold.

Reviews in Clinical Gerontology is abstracted/listed in Abstracts in Social Gerontology: Current Literature on Aging and Excerpta Medica database: EMBASE.

Printed in Great Britain for Edward Arnold, the educational, academic and medical publishing division of Hodder & Stoughton Ltd, at the Alden Press, Oxford.

# Reviews in Clinical Gerontology

# Contents

<b>Editorial</b> Effects of OBRA regulations in the USA	1
DA Smith	1
Biological gerontology	3
Protein synthesis and aging  LB Johansen and SIS Rattan	3
The epidemiology of osteoporosis  J Grimley Evans	13
Clinical geriatrics	31
Polymyalgia rheumatica HA Bird	31
Diabetes in the elderly  PV Knight	39
Psychiatry of old age	55
Ethical and legal issues in the care of demented people  RG Jones	55
Rehabilitation	69
Rehabilitation of the elderly lower limb amputee  P Buttenshaw	69
Social and psychological gerontology	85
Sociological aspects of health, dependency and disability  K Caldock and GC Wenger	85
The effectiveness of community care  D Challis	97

# Information for authors and advertisers

# Copyright

Authors must obtain permission to reproduce copyright material. Acceptance of submitted material is on the understanding that it will not be reproduced in part or in full without the permission of the publishers.

# **Offprints**

The author will receive 25 offprints of his or her article. Additional offprints can be purchased if ordered at proof stage.

# Advertising

Advertising orders and enquiries may be sent to: Journals Department, Edward Arnold, Mill Road, Dunton Green, Sevenoaks, Kent TN13 2YA, UK.

# Editorial policy

The majority of the articles are commissioned from recognized authorities. However, proffered papers will be considered for publication; these will be submitted for peer review.

# Correspondence

Correspondence is welcome, particularly concerning published reviews. Priority will be given to letters that are less than 250 words long and typed with double spacing. All authors should sign the letter.

Address for correspondence: Professor RC Tallis, Editor, Reviews in Clinical Gerontology, University Department of Geriatric Medicine, Hope Hospital, Eccles Old Road, Manchester M6 8HD, UK.