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SUCCESSFUL AGEING FOR THOSE WITH MAJOR PSYCHOTIC DISORDERS

Y.-J. Yang^{1,2}

¹*Section of Geriatric Psychiatry, Department of Adult Psychiatry, Tsao-Tun Psychiatric Center, Nan-Tou County,* ²*Taiwanese Society of Geriatric Psychiatry, Taipei, Taiwan R.O.C.*

So far, successful ageing is usually a dream or presumed as an unreachable goal for those people with major psychotic disorders, especially the schizophrenia and bipolar I disorder. Thanks to the improvement of general health, better treatment, and decreased discriminations, there are more and more people with major psychotic disorders live into later age. Due to the persistent and active psychotic symptoms, the impaired cognitive performance and malfunctioned supportive system, most of our patients appeared less prepared for their later life. Unfortunately, how and what will they live through the jeopardy has been neglected and under discussed as there are few literatures in this topic.

The author will search the articles and theses relevant to this issue from the literature through evidence-based approaches and discuss it in three major parts. The first part of the presentation will be the review of the past condition and the facts of current situation of the people with major psychotic disorder in later life. Epidemiological study profiles with the frame of traditional bio-psycho-social construct will be reported. The second part will be the possible ways these people may adopt to achieve successful aging with their efforts in a self-management model. In the third part, the author will propose possible and feasible programs that promote active living for the people with major psychotic disorders, aiming at the goal of successful ageing.

In conclusion, the author hopes that this presentation could become the morning bells and arouse the attention in this field.