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**Environmental Stresses, Gender Stresses and Academic Stress in Schools**

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Educational anxiety relates to the imminent danger from the environment of the educational institutions . Academic anxiety is a common issue that students cannot ignore if they want to achieve academic success in school. If academic anxiety is not properly addressed, it can have many serious, severe and long lasting consequences such as causing a student to start hating a subject , procrastinate, tell lies to parents, perform poorly on school work, absent classes to pursue activities that interest him and withdraw from socializing with peers or friends and may recoil into his own cocoon or drop school. For the students of the first grade ,the stress of being under the supervision of a teacher has become around which exacerbate their academic stress. Upon the introduction of Islamic doctrine for men teachers for boys and women teachers for girls in different levels of education , the gender stress was considered to be the most important concern for parents. This study was carried out on 160 first graders of elementary schools 1393-94 to compare the adaptation of boys students with their men and women teachers in Hamedan. The students were assessed based on direct observatin. The results showed that boys with women teachers had less gender stresses and could get along with their courses better than their peers with men teachers while the socio-economic factors influenced the boys` adaptability greatly. The adaptability of first grader boys with women teachers forces all schools to adopt women for the first year classes in boys` schools.