

P01-196

## IDENTIFY OF FAMILY CAREGIVER NEEDS OF PATIENTS WITH BIPOLAR DISORDER

F. Cheraghi<sup>1</sup>, F. Shamsaei<sup>2</sup>

<sup>1</sup>Nursing, <sup>2</sup>Behavioral Disorders & Substances Abuse Reserch Center, Hamadan University of Medical Sciences, Hamedan, Iran

**Introduction:** Today's, families of individuals with bipolar disorders are actively participating in the care of their relative. Successful management of bipolar disorder in the community relies significantly on family caregivers. The need and experiences of such caregivers have been little studies with respect to bipolar disorder.

**Objective:** The aim of the study was to identify of family caregivers needs of patients with bipolar disorder.

**Methods:** In a qualitative research of phenomenological methodology, the family member's caregivers of bipolar disorder in farshian psychiatric hospital in Hamedanl were selected by purposive sampling in the year 2010. By reaching data saturation the number of participant was 12. Data were gathered through in-depth interviews and analyzed by "Van manen" method.

**Results:** Five main themes were identified in this study analysis: educational needs, consult needs, economical needs, care and nursing needs and supports needs.

**Conclusion:** Identified the need of family member caregiver with bipolar disorder patient for mental health services to be helped and to identify the specific caring interventions that are effective in helping to sustain family caregiving.