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#### Cover picture

*Pain is a Thing with Feathers* (2015). Sophia Platts-Palmer (b.1991)

Sophia Platts-Palmer is a London-born illustrator living and working in Glasgow. Her work draws on her degree background in English literature and history of art, and is a hybrid of pictorial references to classicism and postmodern narrative themes. Much of her work addresses her own significant experiences with her mental health, womanhood and



generational identity with a focus on the plurality of self, fluidity of gender, fractured identities and the comparisons between the female form and processes and phenomena of the natural world. Sophia has recently graduated with a masters in Curatorial Practice and Contemporary Art form the Glasgow School of Art.

*Pain is a Thing with Feathers* takes its name from Emily Dickinson's poem "Hope" is the Thing with Feathers' and is a monstrous representation of the artist's experience with fibromyalgia and the daily battle against pain and fatigue that the condition brings.

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We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or bjp@rcpsych.ac.uk.

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