

P02-99 - CAN EMOTIONAL INTELLIGENCE PREDICTS ADDICTION TO INTERNET IN UNIVERSITY STUDENTS?

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Objective: Positive influence of emotional intelligence (EI) on psychological functions originally indicated and entered by Golman (1995) in scientific literature. Now it is fast growing use in academic settings organizations and showed that higher levels of it can be important in positive behavior of humans. So the aim of this study was measuring the relationship of emotional intelligence and addiction to internet.

Method: 100 university students randomly selected and Schutte's Self- Report E / I Test (SSREIT) and Addiction to Internet Inventory (AII) administered on participants. It was hypothesized that higher levels of emotional intelligence would be associated with lower levels of addiction to internet.

Results: Findings showed that there is negative significant correlation between components of emotional intelligence including appraisal of emotion, utilization of emotion and general score of emotional intelligence. It confirmed that higher levels of emotional intelligence related to lower levels of addiction to internet.

Conclusion: For decreasing of addiction to internet it is advised to apply plans to foster and increase of emotional intelligence components and decrease addiction to internet.