European Psychiatry

www.cambridge.org/epa

Abstract

Cite this article: (2023). State of the Art. *European Psychiatry* **66**(S1), S2–S3.

State of the Art

SOA0001

Trauma, mind and brain: the impact of war on mental health

A. Maercker

Dept. of Psychology, University of Zurich, Zurich, Switzerland doi: 10.1192/j.eurpsy.2023.27

Abstract: The PTSD diagnosis was in 1980 largely facilitated by consequences of the Vietnam War. Since then, there have been hundreds of other war-related conflicts in the world. My presentation will distinguish between war-related trauma effects on military personnel (where most research has been done) and on civilians, distinguishing effects on children/adolescents, adults and older people. I will answer the question, how do war-related trauma sequelae differ from other man-made or accidental traumas? Further, I will address the issue of whether "moral injury" research in military personnel after wartime operations is also relevant to similar phenomena in civilian populations traumatised by war? Which of the brain-related research approaches (localisation, network connectivity, altered RDoC functions) are particularly relevant in this context? Finally, emerging research priorities related to the current war of invasion against Ukraine will be addressed.

Disclosure of Interest: None Declared

SOA0002

Gambling disorder and other behavioral addictions: mechanisms, recognition and treatment

A. Goudriaan^{1,2}

¹Psychiatry, Amsterdam University Medical Centers and ²Amsterdam Institute for Addiction Research, Jellinek, Arkin, Amsterdam, Netherlands doi: 10.1192/j.eurpsy.2023.28

Abstract: Gambling disorder was reclassified as a first behavioral addiction in the DSM-5 in 2013. In 2018, gaming disorder was included in the ICD-11. In this presentation, research findings regarding the psychological and neurobiological mechanisms in gambling disorder and other behavioral addictions are highlighted. Specifically, neural and behavioral responses regarding reward expectation, reward outcomes, and the role of specific mechanisms in gambling like near wins, and in gaming, like lootboxes are highlighted. Besides the recognition of gambling disorder, the broader perspective of gambling harms is highlighted and related to psychosocial, financial, and health consequences. The perspective of interaction between human design factors (e.g. psychological and neurobiological mechanisms, such as decision making, reward processing) and gambling design factors (e.g. near wins, multiline betting) is reviewed. Evidence with regard to psychological and pharmacological interventions are discussed and future directions for research perspectives are discussed.

Disclosure of Interest: A. Goudriaan Grant / Research support from: Anna Goudriaan received grants from the Dutch Foundation for Scientific Research (NWO and ZonMw) and from VCVGZ Foundation

SOA0003

Beyond State of the Art: Digital psychiatry is coming of age!

H. Riper^{1,2}

¹Clinical Psychology, VU University and ²Psychiatry, A-UMC, Amsterdam, Netherlands doi: 10.1192/j.eurpsy.2023.29

© The Author(s), 2023. Published by Cambridge University Press on behalf of the European Psychiatric Association. This is an Open Access article, distributed under the terms of the Creative Commons Attribution licence (https://creativecommons.org/licenses/by/4.0/), which permits unrestricted re-use, distribution, and reproduction in any medium, provided the original work is properly cited.

