

P02-224 - TELEPSYCHIATRIC CONSULTATION AND TREATMENT FOR MOBBING VICTIMS

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Aims: In this paper, we showed the experience, application and effect of various treatment models, including telepsychiatric consultation use for MOBBING VICTIMS. *Telepsychiatry, as a branch of telemedicine, may be defined as the delivery of psychiatric treatment remotely, using live two-way video-conferencing equipment.*

Methods: Total sample data is 165 examinees, in the age of 18-65 years. They have been treated in Center for telepsychiatry in virtual psychiatry Ambulance for various psychiatric syndromes, all having the same denominator-mobbing, as etiopathogenetic factor.

In the research, the following instruments were used: Questionnaire of socio-demographical, Telepsychiatric interview (with teleconsultation), Beck's scale for self-esteem of depression, Hamilton's scale for depression (HAM-D) and Hamilton's scale for anxiety (HAM-A).

Results: Upon evaluation, it was identified that major proportion of examinees shows

Mental health and psychiatric diagnosis 105 (63,64%)

And other Different somatic diagnosis 57 (34,55%)

And only 3 (1,81%) without any diagnosis.

From 105 (63,64%) Mental health and psychiatric diagnosis 83 (79,04%) is with symptoms of depression ($p < 0,01$).

With treatment by telepsychiatry with teleconsultation 105 (63,64%) patients with psychiatric diagnosis after mobbing, result is 75 (71,42%) reduces consequences to mental health.

Conclusions: With treatment by telepsychiatry result is significantly reduces consequences to mental health for mobbing victims. These facts are best confirmed by measurement instruments used during this research. Analysis of results of research according to socio-demographical characteristics, time interval of mobbing exposure, used measurement instruments, diagnostic categories and applied therapy measures, confirms the need for further research and treatment of mobbing victims.