

Psychology Books and Journals from Cambridge University Press

Cambridge University Press is a leading publisher in the psychological and brain sciences.

From undergraduate course resources, our prestigious Cambridge Handbooks in Psychology series, our leading journals including *Behavioral* and Brain Sciences and Development, Journal of the International Neuropsychological Society and Psychopathology, and our extensive collection of scholarly monographs,

Cambridge supports learning and research across all of psychology and related fields. .

For further details visit: cambridge.org/core-psychology

Cambridge **Core**



Behavioural and Cognitive **Psychotherapy**

Contents

MAIN ARTICLES Cognitive change before sudden gains in cognitive behavioural therapy for panic disorder Rachel Lee, Dean McMillan, Jaime Delgadillo, Rachael Alexander & Mike Lucock	107	What's in the mind's eye of individuals with bipolar disorders: an exploration of the content and characteristics of mental images in different thymic phases K. M'Bailara, F. Echegaray & M. Di Simplicio
Feasibility, acceptability and clinical benefit of a trauma-focused stabilisation group for post-traumatic stress disorder patients with complex presentations on primary care waitlists Michelle Wells, Anke Karl & Rachel Handley	119	BRIEF CLINICAL REPORTS Cognitive behavioural therapy for depression and anxiety in a carer for two family members with dementia: a single case experimental design study Lawson Falshaw & Leah Clatworthy
Building resilience in the Improving Access to Psychological Therapy (IAPT) Psychological Wellbeing Practitioner (PWP) role: a qualitative grounded theory study Marco Vivolo, Joel Owen & Paul Fisher	135	 Development of a training programme in individual case formulation skills and a scale for assessing its effectiveness Richard Hallam, Gary Brown, Liza Turner, Elizabeth Blomfield, Sharif El Leithy & Ines Mendes Psychometric properties of the Interpersonal Emotion Regulation Questionnaire in a community sample of the Portuguese population Bruno Faustino & Patricia M. Pascoal
An investigation of treatment return after psychological therapy for depression and anxiety Ben Lorimer, Stephen Kellett, Julia Giesemann, Wolfgang Lutz & Jaime Delgadillo	149	
Measuring dissociation across adolescence and adulthood: developing the short-form Černis Felt Sense of Anomaly scale (ČEFSA-14) Emma Černis, Bao S. Loe, Katie Lofthouse,	163	

Cambridge Core For further information about this journal please go to the journal website at: cambridge.org/bcp

Polly Waite, Andrew Molodynski, Anke Ehlers

& Daniel Freeman





178

194

200

204

https://doi.org/10.1017/S1352465824000134 Published online by Cambridge University Press