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METHYLPHENIDATE TREATMENT IN ADHD/BORDERLINE PERSONALITY DISORDER ADOLESCENT GIRLS AND SMOKING BEHAVIOR

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Background: Cigarette smoking and nicotine dependence is prevalent among the attention deficit/hyperactivity disorder (ADHD) pediatric population. We assessed the influence of methylphenidate treatment on the smoking behavior of adolescent girls with ADHD/ borderline personality disorder (BPD).

Method: Twelve ADHD/BPD female adolescent smokers aged 14-19 years were treated with MPH for an 8 week period. The severity of ADHD was assessed by the ADHD Rating Scale (ADHD-RS) and the smoking behavior was rated by Fagerstorm Test for Nicotine Dependence (FTND).

Results: Significant improvement was detected in ADHD symptomathology,

(Baseline vs. endpoint: ADHD-RS: 33.1±6.8 vs. 19.9±6.8, t=6.875, df=11, p=0.0001). A decline in the severity of nicotine dependence, as assessed by FTND (baseline vs. endpoint: 4.1±2.6 vs. 2.0±1.9, t = 4.056, df=11, p= 0.0019), was observed. No significant correlation was found between changes in the ADHD-RS and the FTND following methylphenidate treatment (r=0.09935, p=0.7587).

Conclusion: Methylphenidate may attenuate smoking behavior in ADHD/BPD female adolescent smokers.