



EPIDEMIOLOGIA E PSICHIATRIA SOCIALE

An International Journal for
Epidemiology and Psychiatric Sciences

EDITOR MICHELE TANSELLA

Editorials

85

Psychiatric Units in general hospitals.

Problems and perspectives in Europe

G. de Girolamo Guest Editor, M. Tansella Editor

91

Acute inpatient psychiatry in England: an old problem and a new priority

P. Lelliott

95

Coming in from the cold. From psychiatric to general hospital. The Irish experience

D. Walsh

99

Current issues in Scandinavian acute psychiatric wards

T. Ruud, N. Lindefors, A. Lindhardt

Special Articles

104

How should financial support for research be distributed to Universities? The Research Assessment Exercise (RAE) in England and Wales

Sir D. Goldberg, A. Mann



Il Pensiero Scientifico Editore

Con il cuore...
con la testa



INNOVA PHARMA

Il nuovo modo di essere Azienda

EPIDEMIOLOGIA E PSICHIATRIA SOCIALE

*An International Journal for
Epidemiology and Psychiatric Sciences*

Editor
Michele Tansella

Editorial Board

F. Amaddeo (Verona)
F. Asioli (Bologna)
M. Balestrieri (Udine)
C. Barbui (Verona)
C. Bellantuono (Verona)
A. Berardi (Bologna)
A. Biggeri (Firenze)
P. Brambilla (Udine)

M. Casacchia (L'Aquila)
G. de Girolamo (Bologna)
C. Faravelli (Firenze)
G. Ferrari (Bologna)
A. Fioritti (Rimini)
A. Lasalvia (Verona)
T. Losavio (Roma)
L. Magliano (Napoli)

M. Maj (Napoli)
A. Marinoni (Pavia)
P. Morosini (Roma)
G. Muscettola (Napoli)
M. Percudani (Milano)
M. Ruggeri (Verona)
F. Starace (Napoli)
Ch. Zimmermann (Verona)

International Advisory Board

T. Becker (Ulm)
B. Cooper (London)
P. Dazzan (London)
J. Geddes (Oxford)
Sir D. Goldberg (London)
A. Jablensky (Perth)
M. Knapp (London)
M. Leese (London)
A. Lesage (Montreal)
A. Lobo (Zaragoza)
P. Munk-Jørgensen (Aalborg)
C. Pariante (London)

E. S. Paykel (Cambridge)
S. Priebe (London)
D. A. Regier (Rockville)
B. Saraceno (Geneva)
N. Sartorius (Geneva)
A. Schene (Amsterdam)
S. Sytema (Groningen)
G. Thornicroft (London)
P. Tyrer (London)
J. L. Vazquez-Barquero (Santander)
M. M. Weissman (New York)
H. U. Wittchen (Dresden)

Editorial Assistant
R. Fianco (Verona)

Publishing & Business Staff
General Manager: Luca De Fiore
Publishing Director: Francesco De Fiore; Production: Roberto Bonini
Advertising Sales: Maria Nardoianni; Subscription Service: Carlo Di Tullio
Online Publishing: Liviu Stoica (Think2it); Print: Tipolitografia Quattroventi (Roma)
Auth. of the Tribunal of Roma n. 62/92. Printed: June 2006

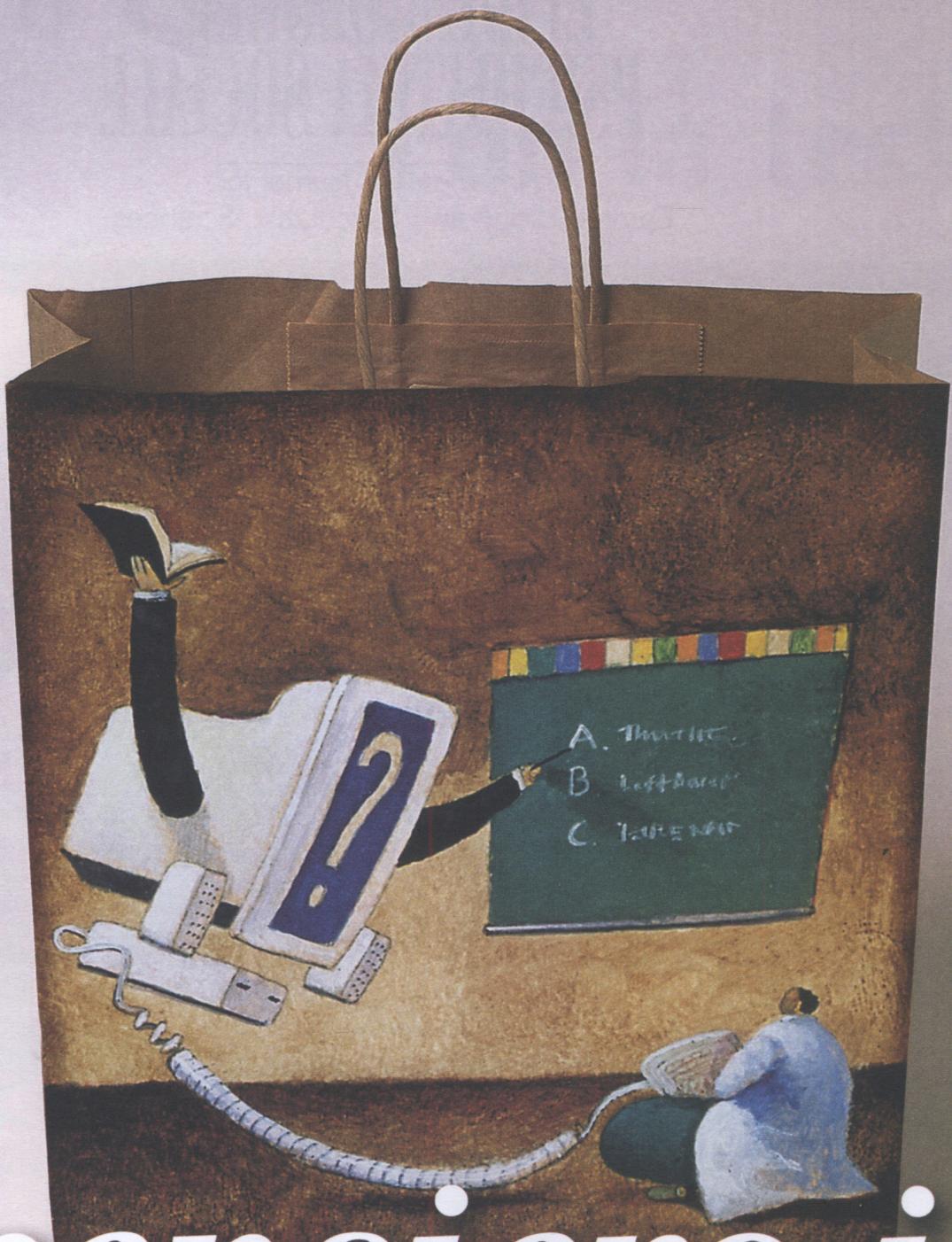
This Journal is indexed in:
Current Contents/Social and Behavioural Sciences; Excerpta Medica/Embase
Faxon Finder; Faxon XPRESS
Index Medicus/MEDLINE; Lettera (Ist. Mario Negri)
Mental Health Abstracts; Psychological Abstracts
APA/PsycINFO; Sociological Abstracts
Social Sciences Citation Index; Social Scisearch

EPS is online:
<http://www.eps-journal.com>
info@eps-journal.com



Il Pensiero Scientifico Editore

Un sacco di novità



pensiero.it

È online. Rinnovato, aggiornato, arricchito.

Il Pensiero Scientifico Editore
www.pensiero.it

EPIDEMIOLOGIA E PSICHIATRIA SOCIALE

An International Journal for
Epidemiology and Psychiatric Sciences

Volume 15 • Number 2 • April-June 2006

CONTENTS

Editorials

- Psychiatric Units in general hospitals. Problems and perspectives in Europe,
G. de Girolamo, Guest Editor, *M. Tansella*, Editor 85
- Acute inpatient psychiatry in England: an old problem and a new priority,
P. Lelliott 91
- Coming in from the cold. From psychiatric to general hospital. The Irish experience,
D. Walsh 95
- Current issues in Scandinavian acute psychiatric wards,
T. Ruud, N. Lindefors, A. Lindhardt 99

Special Articles

- How should financial support for research be distributed to Universities?
The Research Assessment Exercise (RAE) in England and Wales,
Sir D. Goldberg, A. Mann 104
- Developing and implementing clinical guidelines: lessons from the NICE Schizophrenia Guideline,
S. Pilling, K. Price 109
- Meeting the challenge of funding and allocating resources to mental health across Europe:
developing the Mental health Economics European Network,
D. McDaid, M. Knapp, C. Curran, The MHEEN Group 117

Original Articles

- A. Fagiolini, D.J. Kupfer, J. Scott, H.A. Swartz, D. Cook, D.M. Novick, E. Frank,*
Hypothyroidism in patients with Bipolar I. Disorder treated primarily with lithium 123
- M. Paccaloni, T. Pozzan, M. Rimondini, C. Zimmermann,*
Knowledge and informative needs of patients with the diagnosis of schizophrenia,
explored with focus group methods (in Italian) 128
- L. Allevi, G. Salvi, M. Ruggeri,*
Quality of mental health services: a self audit in the South Verona mental health service (in Italian) 138

Letters to the Editor

- M. Galzigna,*
An epistemological approach to psychiatry (in Italian) 148
- M. Cerzani, C. Barbu, L. Garattini*
Pharmacoeconomic evaluations on anti psychotics in schizophrenia: a review of the Italian studies (in Italian) 153

© Copyright. Il Pensiero Scientifico Editore. All rights reserved. No parts of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopyng, recording or otherwise without the prior permission of the copyright owner.

EPIDEMIOLOGIA E PSICHIATRIA SOCIALE

An International Journal for
Epidemiology and Psychiatric Sciences

INSTRUCTIONS FOR AUTHORS

Epidemiologia e Psichiatria Sociale (EPS), established in 1992 by Michele Tansella, is an international, peer-reviewed journal for Epidemiology and Psychiatric Sciences intended to provide updated data and scientific information to epidemiologists, psychiatrists, psychologists, statisticians and other research and mental health workers primarily concerned with public health and epidemiological and social psychiatry.

Priority is given to original research and systematic reviews about mental health service research, aimed to improve the quality of everyday practice.

EPS in 2005 has been selected for coverage in Social Science Citation Index and Current Contents/Social and Behavioural Sciences.

EPS is published every three months (in March, June, September and December).

Besides **Original Articles** (no more than 4000 words, excluding structured summary, references, tables and figures; no more than a combined total of 7 tables and/or figures) and **Short Articles** (no more than 3000 words, excluding summary, references, tables and figures; no more than a combined total of 3 tables and/or figures) which report empirical findings, EPS publishes invited **Editorials** (no more than 3000 words, excluding references, tables and figures. A non-structured summary is required for Editorials) and invited **Special Articles** (no more than 4000 words, excluding structured summary, references, tables and figures; no more than a combined total of 7 tables and/or figures). Both invited Editorials and Special Articles are intended to keep-up with the changing world of epidemiological psychiatry and consider new perspectives.

The Editor will also consider **Methodological Contributions, Systematic Reviews and Meta-analyses** (no more than 4000 words, excluding structured summary, references, tables and figures; no more than a combined total of 7 tables and/or figures). Finally the Section named **Instruments** (edited by Professor Mirella Ruggeri) focuses upon scales, questionnaires and other assessment measurements, relevant to epidemiological psychiatric research.

Letters. This is not a Section for correspondence. Papers originally submitted as *Original Articles* may be revised by the Editor and external Assessors and accepted as letters (no more than 2500 words, excluding references; no more than a combined total of 3 tables and/or figures and no more than 20 references. A summary is not required).

Papers for publication should be addressed to the Editor:

Professor Michele Tansella, Department of Medicine and Public Health, Section of Psychiatry and Clinical Psychology, University of Verona, Policlinico G.B. Rossi, Piazzale L.A. Scuro 10, 37134 Verona, Italy
michele.tansella@univr.it

Submissions by email attachments are preferred. Alternatively contributors who wish may send one hard copy of the text, tables and figures, plus an identical copy on computer disk, giving details of format used (e.g. MS Word etc.).

A covering letter should give full mailing, fax and email contact details of the author who will handle correspondence. Submission of a paper will be held to imply that it contains original work that has not been previously

published and that it is not being submitted for publication elsewhere. This should be confirmed in the letter of submission. When an article has been accepted for publication, the authors should email their final version or send a copy on computer disk (indicating format used, e.g. Mac/PC, MS Word/Word Perfect, etc.) together with one hard copy of the typescript and good quality copies of all tables, figures, etc. However, the publisher reserves the right to typeset the material by conventional means if an author's disk proves unsatisfactory. The papers published in EPS are protected by copyright and cannot be published elsewhere without written permission given by the Editor and the Publisher.

All contributions (excluding invited Editorials) are accepted for publication after external peer review.

■ MANUSCRIPTS

Submitted manuscripts must be either in English or Italian. Manuscripts must be typewritten on one side of the paper in double-spacing with wide margins throughout, including references and notes, and all pages consecutively numbered.

Manuscripts in English

The following information must be given on the first page (title sheet): (1) title and short title for running head: (2) authors' names, (3) department(s) in which the work was done, (4) the name of an author to whom correspondence should be sent must be indicated and a full postal address (including phone and fax number, with an international code, as well as e-mail address) given in the footnote. Any acknowledgements should be placed at the end of the text. The second page of all manuscripts should contain a structured summary of the paper, (no longer than 250 words), subdivided into the following sections: *Aim* (main objectives of the work); *Methods* (data sources, criteria of inclusion/exclusion of reviewed papers, etc.), *Results* (most important findings obtained), *Conclusions* (that is directly supported by data). A non-structured summary (no longer than 250 words) is required for Editorials and no summary is required for manuscripts published in section *Instruments*. After the summary, please provide 4 *Key Words* (selected from those included in Thesaurus, PubMed) and a *Declaration of Interest*, in which Authors must declare:

- i. any grants and financial support received for the study;
- ii. any forms of financing (including pharmaceutical company support and any *honoraria* for consultancies or interventions received by each author in the last two years)
- iii. any other involvement that might be considered a conflict of interest in connection with the submitted article.

Manuscripts in Italian

The following information must be given on the first page (title sheet): (1) title and short title for running head (both in English and Italian): (2) authors' names, (3) department(s) in which the work was done, (4) the name of an author to whom correspondence should be sent must be indicated and a full postal address (including phone and fax number, with an international code, as well as e-mail address) given in the footnote. Any acknowledgements should be placed at the end of the text. The second page of all manuscripts should contain a structured summary of the paper (no longer than 250 words) (both in English and Italian), subdivided into the following sections: *Aim/Scopo* (summarise aims and objectives of the work);

Methods/Metodi (data sources, criteria of inclusion/exclusion of reviewed papers, etc.), *Results/Risultati* (most important findings obtained), *Conclusions/Conclusioni* (that is directly supported by data). A non-structured summary (no longer than 250 words) is required for Editorials and no summary is required for manuscripts published in section *Instruments*. After the summary, please provide 4 *Key Words* (in English, selected from those included in Thesaurus, PubMed) and a *Declaration of Interest/Dichiarazione di Conflitto di Interessi*, in which Authors must declare:

- i. any grants and financial support received for the study;
- ii. any forms of financing (included pharmaceutical company support and any *honoraria* for consultancies or interventions received by each author in the last two years)
- iii. any other involvements that might be considered a conflict of interest in connection with the submitted article.

All Manuscripts (in English and Italian)

Authors should follow carefully the following instructions:

- divide the manuscript into headings (e.g. for experimental studies: Introduction, Method, Results, Discussion);
- underline in the text words and phrases which should be printed in italics;
- use before decimals a dot rather than a comma (English style) both in the text and in tables and figures (e.g. 0.08);
- cite in the text only the references that are included in the reference list. For articles by a single author, provide the surname and year of publication (e.g.: Reissland, 2000). For the articles published by two authors, provide both surnames, with the symbol '&' between them and the year of publication (e.g.: Evans & Huxley, 2001). For articles by more than two authors, provide only the first name followed by *et al.* and the year of publication (e.g. Atkinson *et al.*, 1997).

If there is more than one reference by the same author(s) in the same year of publication, indicate this with letters a, b, c after year of publication both in the text and in the reference list (e.g.: Jones, 1999a; Jones, 1999b; etc.).

■ REFERENCES

At the end of the paper, all references should be listed according the Harvard style. Please follow the instructions below:

Journal articles and publications in press. All the authors must be listed. Indicate the surname(s) followed by the initials of each author, year of publication (in parenthesis), title of article (capital initial letter only for the first word of title), Journal name (not abbreviated and underlined), volume number, first and last pages.

Bridges K., Goldberg D., Evans B. & Sharpe T. (1991). Determinants of somatization in primary care. *Psychological Medicine* 21, 473-483.
Journal Supplement articles. After the author(s), year of publication and title (see above), indicate title of supplement (underlined, capital first letters for all the title's words), editors' initials, journal name (not abbreviated), supplement number, volume number, first and last pages (with symbol pp.).

Martini P., Cecchini M., Corlito G., D'Arco A. & Nascimbeni P. (1985). A model of a single comprehensive mental health service for a catchment area: a community alternative to hospitalisation. In *Focus on the Italian Psychiatric Reform* (eds. C. Perris and D. Kemali), Acta Psychiatrica Scandinavica, Suppl. 316, vol. 71, pp. 95-120.

Chapters from Books. After the author(s), year of publication and title

(see above), indicate the title of the book (underlined, capital first letters for all the title's words), authors' and editors' initials, first and last pages (see above), publishers and place of publication (with colon).

Klerman G. & Weissman M. (1989). Continuities and discontinuities in anxiety disorders. In *The Scope of Epidemiological Psychiatry* (ed. P. Williams, G. Wilkinson and K. Rawnsley), pp. 181-195. Routledge: London.

Articles from Conference proceedings, Workshops, etc.

Balestrieri M., Arreghini E., Marino S. & Bellantuono C. (1989). I disturbi emotivi nella medicina di base: una rassegna degli studi epidemiologici nell'area di Verona. In *Atti del 37 Congresso Nazionale della Società Italiana di Psichiatria*, pp. 41-46. CIC Edizioni Internazionali: Roma.

Books and Monographs.

Individual Author(s):

Shepherd M., Cooper B., Brown A. C. & Kalton G. (1966). *Psychiatric Illness in General Practice*. Oxford University Press: Oxford.

Editor(s) :

Cooper B. (ed.) (1987). *Psychiatric Epidemiology. Progress and Prospects*. Croom Helm: London.

Institutional Author:

American Psychiatric Association (1987). *Diagnostic and Statistical*

Manual of Mental Disorders (3rd. edition revised). American Psychiatric Association: Washington DC.

E-Journal

Fredrickson B.L. (2000). Cultivating positive emotions to optimise health and well-being. *Prevention & Treatment* [online] 3. Retrieved November 20, 2000, from <http://journals.apa.org/prevention/volume3/pre0030001a.html>

CD-ROMs

Hawking, S.W. (1994). *A Brief History of Time: An Interactive Adventure* [CD-ROM]. Crunch Media: New York..

Web site

GVU's 8th WWW user survey (2000). Retrieved August 8, 2000, from <http://www.cc.gatech.edu/gvu/usersurveys/survey1997-10/>

■ TABLES AND FIGURES

Only essential figures and tables should be included. Tables should be numbered consecutively in the text in Roman numerals and each typed on a separate sheet after the References section. Titles should be typed above the table. In the text, tables must be cited without abbreviations (e.g. Table I). Figures should be numbered consecutively in the text in Arabic numerals and each typed on a separate sheet after the References section. Each figure should be followed by a legend (title). In the text, tables must be cited without abbreviations (e.g. Figure 1).

■ GUIDELINES FOR AUTHORSHIP

(International Committee of Medical Journal Editors. *Uniform requirements for manuscripts submitted to biomedical journals*. Philadelphia, PA: ICMJE, 1993)

"All persons designated as authors should qualify for authorship. Each author should have participated sufficiently in the work to take public responsibility for the content."

Authorship credit should be based only on substantial contributions to 1) conception and design, or analysis and interpretation of data; and to 2) drafting the article or revising it critically for important intellectual content; and on 3) final approval of the version to be published. Conditions 1, 2, and 3 must all be met. Participation solely in the acquisition of funding or the collection of data does not justify authorship. General supervision of the research group is not sufficient for authorship. Any part of an article critical to its main conclusions must be the responsibility of at least one author. Editors may ask authors to describe what each contributed; this information may be published.

Increasingly, multicentre trials are attributed to a corporate author. All members of the group who are named as authors, either in the authorship position below or in a footnote, should fully meet the above criteria for authorship. Group members who do not meet these criteria should be listed, with their permission, in the Acknowledgements or in an appendix.

The order of authorship should be a joint decision of the co-authors. Because the order is assigned in different ways, its meaning cannot be inferred accurately unless it is stated by the authors. Authors may wish to explain the order of authorship in a footnote. In deciding on the order, authors should be aware that many journals limit the number of authors listed in the table of contents and that the U.S. National Library of Medicine (NLM) lists in MEDLINE only the first 24 plus the last author when there are more than 25 authors."

■ FURTHER INFORMATION CONCERNING PAPERS ACCEPTED FOR PUBLICATION

Accepted papers will be sent back to the corresponding author by e-mail for corrections and answers to editorial queries. The manuscript should be revised and the final version sent by email to Dr. R. Fianco, Editorial Assistant.

The Publishers will send a final proof copy to the corresponding author. Off prints can be ordered when the final proof copy is returned.

Please refer any questions to:

Dr. Renato Fianco,
Editorial Assistant
Telephone: +39 - 045-8076415
Fax: +39 - 045-585871
renato.fianco@univr.it

EPIDEMIOLOGIA E PSICHIATRIA SOCIALE

*An International Journal for
Epidemiology and Psychiatric Sciences*

■ SUBSCRIPTIONS FOR 2006

Italy: individual, Euro 55; institutions, libraries, hospitals, USL: Euro 100. All other countries: Euro 140. A single issue: Euro 25.

Subscriptions are effective from January to December. Change of address notification must be received at least on a month before publication of the next issue. A subscription cancellation must be notified to the Publisher in advance. In the event that an issue is not received, please notify the Publisher; if the request is timely, the duplicate issue will be provided free; otherwise the issue and the postal charges must be paid.

Payment: current prices are in effect for back subscriptions and back issues. Subscription request and payment should be sent to: Il Pensiero Scientifico Editore - Ufficio Abbonamenti - via Bradano 3/C - 00199 Roma. Phone 0039-06862821 - Fax 0039-0686282250. Payment may be made by personal check, bank check, money-order (for Italy only; c/c postale No. 902015). Invoices must be requested with the subscription order. Subscription will begin after payment has been received. Receipts for payment and invoices requested after the subscription order cannot be fulfilled. The price of subscription is inclusive of VAT (item 74/C DPR 633/72).

■ ADVERTISING SALES

Advertising should be sent to:
Il Pensiero Scientifico Editore
Servizi di Comunicazione Integrata
via Bradano 3/C - 00199 Roma.
Phone 0039-06862821
Fax 0039-0686282250
E-mail: pensiero@pensiero.it
Website: <http://www.pensiero.it>

■ ABBONAMENTI PER IL 2006

Italia: individuale, Euro 55; istituti, enti, biblioteche, USL: Euro 100, Esteri: Euro 140. Un fascicolo singolo: Euro 25.

L'abbonamento decorre da gennaio a dicembre. In caso di disdetta dell'abbonamento è gradita una tempestiva comunicazione scritta. Per i fascicoli eventualmente non ricevuti l'abbonato potrà fare richiesta all'Editore. Se la richiesta sarà tempestiva, il fascicolo duplicato sarà fornito gratuitamente; altrimenti verrà addebitato in controsigillo (prezzo del fascicolo separato più spese postali).

Pagamento: per abbonamenti arretrati e fascicoli arretrati sono validi i prezzi dell'anno corrente. Le richieste ed i versamenti debbono essere effettuati a: Il Pensiero Scientifico Editore - Ufficio Abbonamenti - via Bradano 3/C - 00199 Roma. Tel. 06862821 - Fax 0686282250. La quota di abbonamento può essere versata a mezzo assegno circolare, assegno di conto corrente, vaglia postale. Può anche essere versata sul c/c postale No. 902015. Se si desidera la fattura, si dovrà farne richiesta al momento dell'ordine di abbonamento. Questo sarà attivato dopo il saldo della fattura. Non saranno evase richieste di ricevute o fatture successive al momento dell'ordinativo. L'IVA è compresa nel prezzo di abbonamento (art. 74/C DPR 633/72).

■ INSERZIONI PUBBLICITARIE

Le richieste vanno indirizzate a:
Il Pensiero Scientifico Editore
Servizi di Comunicazione Integrata
via Bradano 3/C - 00199 Roma.
Tel 06862821
Fax 0686282250
E-mail: pensiero@pensiero.it
Website: <http://www.pensiero.it>



USPI Associated.
Questa rivista è iscritta all'USPI
Unione Stampa Periodica Italiana