



Proceedings of the Nutrition Society

Volume 80, 2021 ISSN: 0029-6651

Publishing, Production, Marketing, and Subscription Sales Office:

Cambridge University Press
Journals Fulfillment Department,
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Cambridge CB2 8BS,
UK.

For Customers in North America:

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Proceedings of the Nutrition Society is an international journal published by Cambridge University Press on behalf of The Nutrition Society as four issues per year. Symposium papers are published in February, May, August and November; Original Communications are published online (only).

Annual subscription rates:

Volume 80, 2021 (4 issues):
Internet/print package: £833/\$1625 Americas only
Internet only: £593/\$1154 Americas only

Japanese Agent: Maruzen Company Ltd, PO Box 5050, Tokyo International, 100-31, Japan.

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2. Jenkins DJ, Kendall CW, Marchie A *et al.* (2003) The effect of combining plant sterols, soy protein, viscous fibres, and almonds in treating hypercholesterolemia. *Metabolism* **52**, 1478–1483.
3. Brandtzaeg P (2003) Role of local immunity and breast-feeding in mucosal homeostasis and defence against infections. In *Nutrition and Immune Function*, pp. 273–320 [PC Calder, CJ Field and HS Gill, editors]. Wallingford, Oxon: CAB International.
4. Stock M & Rothwell NJ (1982) *Obesity and Leanness: Basic Aspects*. London: John Libbey.

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*Spring Conference 2021, 29 – 30
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