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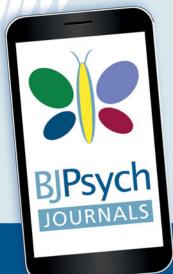
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# BJPsych Bulletin

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Navigating Panic Attacks: Understand Your Fear and Reclaim Your Life

Healing: Our Path from Mental Illness to Mental Health

The Busy Caregiver's Guide to Advanced Alzheimer's Disease



### Cover image

Despite there being a wealth of evidence for interventions at a service and population-level that can address the widespread inequalities in mental health, and the moral, ethical and economic reasons for doing so being well established, psychiatry has failed to effectively overcome these stark facts. In this issue, Dr Monk-Cunliffe addresses what needs to change (pp. 228–230).

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