CS05-04

CORE SYMPOSIUM: SUICIDE ACROSS EUROPE: THE EUROPEAN ALLIANCE AGAINST DEPRESSION (EAAD): EVIDENCE BASE FOR COST-EFFICIENCY

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The European Alliance Against Depression (EAAD) is a 4-level, community-based intervention programme to improve the care of depressed patients and prevent suicidality in Europe (1). Effects of this intervention concept have been evaluated in the intervention regions concerning the number of suicidal acts as primary outcome (2) but also concerning several other aspects, such as changes in attitudes towards depression in the general population, prescription rates of antidepressants or media coverage. Results provide first evidence that this intervention concept is highly cost-efficient. The European Commission listed EAAD as a 'best practice' model in its Green Paper (European Commission 2005).

- 1) HEGERL et al 2008; World J Biol Psychiatry 9: 51-58.
- 2) HEGERL et al 2006; Psychol Med 36: 1225-1234.