

## P02-140 - THE REF SCALE: A GOOD INDICATOR TO DIFFERENTIATE THE TWO SUBTYPES OF PARANOIA "BAD ME" AND "POOR ME"?

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Previously (Rodríguez-Testal *et al.*, 2001) we analysed the multidimensionality of Referential Thinking Scale, obtaining similar results to original research of Lenzenweger *et al.* (1997) but warning about the construction of subscales.

**Objectives:** In this study we intended to analyse if the REF Scale is a good indicator to differentiate the two subtypes of paranoia "Bad Me" and "Poor Me" (Trower & Chadwick, 1995).

### **Methods:**

*Participants:* We analyzed data from a different sample of previous studies with 326 participants (64.11% women, mean age 30.8,  $SD = 10.84$ ), of whom 212 were patients.

*Design, materials and procedure:* We used the REF-scale (Lenzenweger *et al.*, 1997) adapted to Spanish language, of which we deleted two items because of psychometric criteria, resulting 32 dichotomic items. We used SPSS 15.0 to conduct a principal-components factor analysis with a varimax and oblimin rotation, retaining two factors.

**Results:** Two factors explained 31.32% of the variance (rotated solution). We interpreted factor through factor loadings higher than .42. Factor 1 accounted for 18.28% of the variance and it's associated with referential laughter, commentaries and guilt. Factor 2 accounted for 13.05% of the variance and it's associated with referential concerns related to the media.

**Conclusions:** Since the inter-factor correlation is moderate (.44) and there are no relevant clinical differences about the content between the two factors, the REF scale is a one-dimensional measure. Therefore, two big factors don't emerge from the REF scale related to referential concerns about *laughter-commentaries* and *guilt* that correspond to "Poor Me" and "Bad Me", respectively.