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### Cover picture

*Safe Place* (2013) by Sally Fox (b.1961)

This picture was produced by Sally Fox in a session as part of a 6-month block of art psychotherapy. It was created in a Scottish voluntary sector LGBT (lesbian, gay, bisexual, transgender) organisation, LGBT Health & Wellbeing ([www.lgbthealth.org.uk](http://www.lgbthealth.org.uk)). Sally describes this as a piece about visually creating a safe space to respond to feelings of vulnerability. Copies of photographs from her childhood were used to feel secure when dealing with trauma. This image was completed early on in the sessions and was referred back to throughout, particularly when exploring past traumas. Safety was also an especially important topic for her as an LGBT person. However, as the art psychotherapy was in a specialist LGBT affirmative setting, she didn't feel she had to explain any of her labels, and she knew she was free to explore her experiences of sexual trauma knowing that any labels she used for her sexuality were not being pathologised as symptoms of a mental health condition.



Text by Alison Wren.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).