# A note on monotonicity and Bochner formulas in Carnot groups 

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#### Abstract

In this note, we prove two monotonicity formulas for solutions of $\Delta_{H} f=c$ and $\Delta_{H} f-\partial_{t} f=c$ in Carnot groups. Such formulas involve the right-invariant carré du champ of a function and they are false for the left-invariant one. The main results, theorems 1.1 and 1.2 , display a resemblance with two deep monotonicity formulas respectively due to Alt-Caffarelli-Friedman for the standard Laplacian, and to Caffarelli for the heat equation. In connection with this aspect we ask the question whether an 'almost monotonicity' formula be possible. In the last section, we discuss the failure of the nondecreasing monotonicity of an Almgren type functional.


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## 1. Introduction and statement of the results

Monotonicity formulas play a prominent role in analysis and geometry. They are often employed in the blowup analysis of a given problem to derive information on the regularity of the solutions, or on their global configurations. In this note we prove two monotonicity formulas, theorems 1.1 and 1.2 , in the geometric set-up of Carnot groups. While these Lie groups display some superficial similarities with the Euclidean framework, they are intrinsically non-Riemannian (see Cartan's seminal address [14]), and the counterpart of many classical results simply fails to be true. Our monotonicity results fall within this category. They are false, in general, if in their statements one replaces the right-invariant carré du champ with the 'more natural' left-invariant one.

Our interest in monotonicity formulas stems from our previous joint works $[19,21]$ on some nonholonomic free boundary problems suggested to us by people in mechanical engineering and robotics at the Johns Hopkins University. In [21] the optimal interior regularity $\Gamma_{l o c}^{1,1}$ of the solution of a certain obstacle problem was established. While such result guarantees the boundedness of the second horizontal derivatives $X_{i} X_{j} f$ of the solution, it falls short of implying their continuity. This critical information was subsequently established in [19] in the framework of Carnot groups of step $k=2$, where it was also proved that, under a suitable

[^0]thickness assumption, the free boundary is remarkably a $C^{1, \alpha}$ non-characteristic hypersurface, suggesting a connection with the sub-Riemannian Bernstein problem, see $[\mathbf{1 8}]$. The key idea in [19] was the systematic use of the right-invariant derivatives in the study of a left-invariant free boundary problem ${ }^{1}$. This leads us to the main theme of this note.

Given a Carnot group ( $\mathbb{G}, \circ$ ), we denote the left-translation operator by $L_{g}\left(g^{\prime}\right)=g \circ g^{\prime}$ and with $\mathrm{d} L_{g}$ its differential. The right-translation will be denoted by $R_{g}\left(g^{\prime}\right)=g^{\prime} \circ g$, and its differential by $\mathrm{d} R_{g}$. If we fix an orthonormal basis $\left\{e_{1}, \ldots, e_{m}\right\}$ of the horizontal layer $\mathfrak{g}_{1}$, then we can define respectively left- and right-invariant vector fields by the formulas

$$
X_{i}(g)=\mathrm{d} L_{g}\left(e_{i}\right), \quad \tilde{X}_{i}(g)=\mathrm{d} R_{g}\left(e_{i}\right)
$$

More in general, for any $\zeta \in \mathfrak{g}$ we respectively indicate with $Z$, and $\tilde{Z}$ the left- and right-invariant vector fields on $\mathbb{G}$ defined by the Lie formulas

$$
\begin{equation*}
Z f(g)=\left.\frac{\mathrm{d}}{\mathrm{~d} t} f(g \circ \exp (t \zeta))\right|_{t=0}, \quad \tilde{Z} f(g)=\left.\frac{\mathrm{d}}{\mathrm{~d} t} f(\exp (t \zeta) \circ g)\right|_{t=0} \tag{1.1}
\end{equation*}
$$

For any $\eta, \zeta \in \mathfrak{g}$, for the corresponding vector fields on $\mathbb{G}$ we have the following simple, yet basic, commutation identities

$$
\begin{equation*}
[Y, \tilde{Z}]=[\tilde{Y}, Z]=0 \tag{1.2}
\end{equation*}
$$

Such identities can be easily verified using (1.1) and the Baker-Campbell-Hausdorff formula. From (1.2) we have in particular $\left[X_{i}, \tilde{X}_{j}\right]=0$, for $i, j=1, \ldots, m$. Given a function $f \in C^{1}(\mathbb{G})$ we will respectively denote by

$$
\begin{equation*}
\left|\nabla_{H} f\right|^{2}=\sum_{i=1}^{m}\left(X_{i} f\right)^{2}, \quad\left|\tilde{\nabla}_{H} f\right|^{2}=\sum_{i=1}^{m}\left(\tilde{X}_{i} f\right)^{2} \tag{1.3}
\end{equation*}
$$

the left- and right-invariant carré du champ of $f$. If we indicate with $e \in \mathbb{G}$ the group identity, since $X_{i}(e)=\tilde{X}_{i}(e)$ for $i=1, \ldots, m$, we have

$$
\begin{equation*}
\left|\nabla_{H} f(e)\right|^{2}=\left|\tilde{\nabla}_{H} f(e)\right|^{2} . \tag{1.4}
\end{equation*}
$$

But the two objects in (1.3) are substantially different, except in the trivial situation in which the function $f$ depends exclusively on the horizontal variables, see for instance (3.9).

The left-invariant horizontal Laplacian relative to $\left\{e_{1}, \ldots, e_{m}\right\}$ is defined on a function $f \in C^{2}(\mathbb{G})$ by the formula

$$
\begin{equation*}
\Delta_{H} f=\sum_{i=1}^{m} X_{i}^{2} f \tag{1.5}
\end{equation*}
$$

This operator is hypoelliptic thanks to the result in [38]. When the step of the stratification of $\mathfrak{g}$ is $k=1$, then the group is Abelian and $\Delta_{H}=\Delta$ is the standard

[^1]Laplacian. However, in the genuinely sub-Riemannian situation $k>1$, the differential operator $\Delta_{H}$ fails to be elliptic at every point of the ambient space $\mathbb{G}$. We say that a function $f \in C^{2}(\mathbb{G})$ is subharmonic (superharmonic) if $\Delta_{H} f \geqslant 0(\leqslant 0)$. We say that $f$ is harmonic if it is both sub- and superharmonic. These notions can be extended in the weak variational sense in a standard fashion.

Let now $\rho$ be the pseudo-gauge, centred at $e$, defined in (2.7) of [34]. Let $B_{r}=$ $\{g \in \mathbb{G} \mid \rho(g)<r\}$ and $S_{r}=\partial B_{r}$. Let $Q>N$ indicate the homogeneous dimension of $\mathbb{G}$ associated with the natural anisotropic dilations $(Q=N$ only in the Abelian case $k=1$ ). Given a function $f \in C\left(B_{1}\right)$, and a number $0<\alpha<Q$, we consider the functional

$$
\begin{equation*}
\mathscr{M}_{\alpha}(f, r)=\frac{1}{r^{\alpha}} \int_{B_{r}} \frac{f(g)}{\rho(g)^{Q-\alpha}}\left|\nabla_{H} \rho(g)\right|^{2} \mathrm{~d} g . \tag{1.6}
\end{equation*}
$$

It is easy to verify (see the opening of § 3) that there exists a universal number $\omega_{\alpha}>0$ such that for every $r>0$ one has

$$
\begin{equation*}
\frac{1}{r^{\alpha}} \int_{B_{r}} \frac{1}{\rho^{Q-\alpha}}\left|\nabla_{H} \rho(g)\right|^{2} \mathrm{~d} g=\omega_{\alpha} . \tag{1.7}
\end{equation*}
$$

As a consequence, one has

$$
\begin{equation*}
\lim _{r \rightarrow 0^{+}} \mathscr{M}_{\alpha}(f, r)=\omega_{\alpha} f(e) . \tag{1.8}
\end{equation*}
$$

We have the following.
Theorem 1.1 (Monotonicity formula). Let $f$ be a solution of $\Delta_{H} f=c$ in $B_{1}$, for some $c \in \mathbb{R}$. Then for any $0<\alpha<Q$ the functional

$$
\begin{equation*}
\mathscr{D}_{\alpha}(f, r)=\frac{1}{r^{\alpha}} \int_{B_{r}} \frac{\left|\tilde{\nabla}_{H} f(g)\right|^{2}}{\rho(g)^{Q-\alpha}}\left|\nabla_{H} \rho(g)\right|^{2} \mathrm{~d} g \tag{1.9}
\end{equation*}
$$

is nondecreasing in $(0,1)$. Moreover, we have for every $r \in(0,1)$

$$
\begin{equation*}
\omega_{\alpha}\left|\nabla_{H} f(e)\right|^{2} \leqslant \mathscr{D}_{\alpha}(f, r) . \tag{1.10}
\end{equation*}
$$

As we have mentioned, theorem 1.1 ceases to be true, and in the worse possible way, if in the definition (1.9) of the functional $\mathscr{D}_{\alpha}(f, r)$ we replace the right-invariant carré du champ $\left|\tilde{\nabla}_{H} f\right|^{2}$ with the left-invariant one $\left|\nabla_{H} f\right|^{2}$.

Our next result, theorem 1.2 , should be seen as a parabolic companion of theorem 1.1. Denote by $p\left(g, g^{\prime}, t\right)=p\left(g^{\prime}, g, t\right)$ the smooth, symmetric, strictly positive heat kernel constructed by Folland in [26]. Given a reasonable function $\varphi$, the solution of the Cauchy problem $\partial_{t} f-\Delta_{H} f=0$ in $\mathbb{G} \times(0, \infty), f(g, 0)=\varphi(g)$, is given by

$$
f(g, t)=P_{t} \varphi(g)=\int_{\mathbb{G}} p\left(g, g^{\prime}, t\right) \varphi\left(g^{\prime}\right) \mathrm{d} g^{\prime} .
$$

Theorem 1.2 (Heat monotonicity formula). Let $f$ be a solution of $\partial_{t} f-\Delta_{H} f=c$ in $\mathbb{G} \times(-1,0]$, for some $c \in \mathbb{R}$, and suppose that there exist $A, \alpha>0$ such that
such that for every $g \in \mathbb{G}$ and $t \in[-1,0]$ one has

$$
\begin{equation*}
|f(g, t)| \leqslant A \mathrm{e}^{\alpha d(g, e)^{2}} \tag{1.11}
\end{equation*}
$$

where we have denoted by $d\left(g, g^{\prime}\right)$ the control distance in $\mathbb{G}$ associated with the horizontal layer $\mathfrak{g}_{1}$ of the Lie algebra. Then, there exists $T=T(\alpha)>0$ such that the functional

$$
\begin{equation*}
\mathscr{I}(f, t)=\frac{1}{t} \int_{-t}^{0} \int_{\mathbb{G}}\left|\tilde{\nabla}_{H} f(g, s)\right|^{2} p(g, e,-s) \mathrm{d} g \mathrm{~d} s \tag{1.12}
\end{equation*}
$$

is nondecreasing in $t \in(0, T)$. Furthermore, we have for every $t \in(0, T)$

$$
\begin{equation*}
\left|\nabla_{H} f(e, 0)\right|^{2} \leqslant \mathscr{I}(f, t) \tag{1.13}
\end{equation*}
$$

Similarly to theorem 1.1, also theorem 1.2 fails in general if in the definition of $\mathscr{I}(f, t)$ we replace $\left|\tilde{\nabla}_{H} f\right|^{2}$ with $\left|\nabla_{H} f\right|^{2}$. This failure is caused in both cases by the fact that in sub-Riemannian geometry it is not true in general that if $\Delta_{H} f=c$, then $\left|\nabla_{H} f\right|^{2}$ is subharmonic! There exist harmonic functions $f$ such that $\left|\nabla_{H} f\right|^{2}$ is superharmonic on large regions of $\mathbb{G}!$ For instance, consider in the Heisenberg group $\mathbb{H}^{1}$ (for this Lie group see the discussion following corollary 3.6) the harmonic function ${ }^{2}$

$$
\begin{equation*}
f(x, y, \sigma)=x^{3}+x y^{2}-8 y \sigma-x \tag{1.14}
\end{equation*}
$$

A calculation shows that

$$
\begin{equation*}
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right)(x, y, \sigma)=176 x^{2}+432 y^{2}-32 \leqslant 432|z|^{2}-32 \leqslant 0 \tag{1.15}
\end{equation*}
$$

provided that the point $g=(x, y, \sigma)$ belongs to the infinite cylinder $|z|^{2} \leqslant \frac{2}{27}$ in $\mathbb{H}^{1}$. Another example is provided by the harmonic function (1.21). In contrast to (1.15), as a consequence of our right-invariant Bochner identity in proposition 3.4, we show the crucial fact that in any Carnot group $\mathbb{G}$ a solution of $\Delta_{H} f=c$ always satisfies globally

$$
\Delta_{H}\left(\left|\tilde{\nabla}_{H} f\right|^{2}\right) \geqslant 0
$$

The reader who is versed in free boundary problems will recognize in theorems 1.1 and 1.2 a resemblance with two deep monotonicity formulas respectively due to Alt-Caffarelli-Friedman (ACF henceforth) for the standard Laplacian [2, lemma 5.1], and to Caffarelli for the classical heat equation [8, theorem 1]. The former states that if one is given in the Euclidean ball $B_{1} \subset \mathbb{R}^{n}$ two continuous functions

[^2]$f_{ \pm}$satisfying
$$
f_{ \pm} \geqslant 0, \quad \Delta f_{ \pm} \geqslant 0, f_{+} \cdot f_{-}=0, f_{+}(0)=f_{-}(0)=0,
$$
then the ACF functional
\[

$$
\begin{equation*}
\Phi\left(f_{+}, f_{-}, r\right)=\frac{1}{r^{4}} \int_{B_{r}} \frac{\left|\nabla f_{+}\right|^{2}}{|x|^{n-2}} \mathrm{~d} x \int_{B_{r}} \frac{\left|\nabla f_{-}\right|^{2}}{|x|^{n-2}} \mathrm{~d} x \tag{1.16}
\end{equation*}
$$

\]

is nondecreasing for $0<r<1$. This monotonicity formula plays a critical role in free boundary problems with a double phase, see e.g. [12] and [42], where it is used to show that: (a) $\lim _{r \rightarrow 0^{+}} \Phi\left(f_{+}, f_{-}, r\right)$ exists, and (b) such limit is less than $\Phi\left(f_{+}, f_{-}, 1\right)$. When $f_{ \pm}$are smooth and their supports intersect along a hypersurface $\Sigma$ through the origin, then the $\lim _{r \rightarrow 0^{+}} \Phi\left(f_{+}, f_{-}, r\right)$ is the product of the normal derivatives to $\Sigma$ of $f_{ \pm}$in $x=0$. Specialized to the case $\mathbb{G}=\mathbb{R}^{n}$ and $\alpha=2$ the functional (1.9) in our theorem 1.1 is precisely half of the ACF functional in (1.16). Similarly, the functional (1.12) in our theorem 1.2 is half of the Caffarelli functional for the heat equation in [8].

In light of theorems 1.1 and 1.2 , and with potential applications to nonholonomic free boundary problems with two phases in mind, it is tempting to propose the following conjecture:
(1)Let $\mathbb{G}$ be a Carnot group and suppose that in $B_{1} \subset \mathbb{G}$ we have two continuous functions $f_{ \pm}$satisfying

$$
f_{ \pm} \geqslant 0, \quad \Delta_{H} f_{ \pm}=-1, f_{+} \cdot f_{-}=0 \quad f_{+}(e)=f_{-}(e)=0 .
$$

Prove (or disprove?) that the functional

$$
\begin{equation*}
\mathscr{D}_{2}\left(f_{+}, f_{-}, r\right)=\frac{1}{r^{4}} \mathscr{D}_{2}\left(f_{+}, r\right) \mathscr{D}_{2}\left(f_{-}, r\right) \tag{1.17}
\end{equation*}
$$

satisfies the following bound for $0<r<1$

$$
\begin{equation*}
\mathscr{D}_{2}\left(f_{+}, f_{-}, r\right) \leqslant C\left\{1+\mathscr{D}_{2}\left(f_{+}, 1\right)+\mathscr{D}_{2}\left(f_{-}, 1\right)\right\} . \tag{1.18}
\end{equation*}
$$

(2)Let $\mathbb{G}$ be a Carnot group and suppose that we have two continuous functions $f_{ \pm}$ satisfying in $\mathbb{G} \times(-1,0]$

$$
f_{ \pm} \geqslant 0, \quad\left(\Delta_{H}-\partial_{t}\right) f_{ \pm}=-1, f_{+} \cdot f_{-}=0, \quad f_{+}(e, 0)=f_{-}(e, 0)=0
$$

and with moderate growth at infinity. Prove (or disprove?) that the functional

$$
\mathscr{I}\left(f_{+}, f_{-}, t\right)=\frac{1}{t^{2}} \mathscr{I}\left(f_{+}, t\right) \mathscr{I}\left(f_{-}, t\right)
$$

satisfies the following bound for $0<t<1$

$$
\begin{equation*}
\mathscr{I}\left(f_{+}, f_{-}, t\right) \leqslant C\left\{1+\mathscr{I}\left(f_{+}, 1\right)+\mathscr{I}\left(f_{-}, 1\right)\right\} . \tag{1.19}
\end{equation*}
$$

Besides the circumstantial evidence provided by theorems 1.1 and 1.2 , this conjecture is inspired by the Caffarelli, Jerison and Kenig powerful modification of the

ACF monotonicity formula in which the assumption $\Delta f_{ \pm} \geqslant 0$ is replaced by the weaker $\Delta f_{ \pm} \geqslant-1$, and which does not have any 'monotonicity' left in its statement, see $\left[\mathbf{1 0}\right.$, theorem1.3]. While when $\mathbb{G}=\mathbb{R}^{n}$ a uniform bound such as (1.18) appears only remotely connected to the ACF monotonicity (1.16), it does nonetheless lead to the Lipschitz continuity of the solutions, and once this is known than one can go full circle and restore monotonicity, as shown in [10]. We also cite [43] for various applications of the Caffarelli-Jerison-Kenig result to the $C^{1,1}$ regularity in free boundary problems, and $[\mathbf{1 1}, \mathbf{4 0}]$ for some remarkable parabolic versions of the monotonicity formula (1.16) and the 'almost monotonicity' formulas (1.18) and (1.19).

We reiterate that all the functionals in the above conjectured (1.18) and (1.19) involve the right-invariant carré du champ $\left|\tilde{\nabla}_{H} f_{ \pm}\right|^{2}$. In this respect, we mention that in the recent papers $[\mathbf{2 3}, \mathbf{2 4}]$ the authors have proposed in the Heisenberg group $\mathbb{H}^{n}$ a nondecreasing monotonicity formula in which the ACF functional is substituted by the following one containing the left-invariant carré du champ of the functions $f_{+}$and $f_{-}$

$$
\begin{equation*}
\Im\left(f_{+}, f_{-}, r\right)=\frac{1}{r^{4}} \int_{B_{r}} \frac{\left|\nabla_{H} f_{+}(g)\right|^{2}}{\rho(g)^{Q-2}} \mathrm{~d} g \int_{B_{r}} \frac{\left|\nabla_{H} f_{-}(g)\right|^{2}}{\rho(g)^{Q-2}} \mathrm{~d} g . \tag{1.20}
\end{equation*}
$$

The same authors have quite recently recognized in [25, theorem 1.1] that their conjecture cannot be possibly true. In $\mathbb{H}^{1}$ with coordinates $g=(x, y, \sigma)$ they consider the following harmonic function (see the footnote to (1.14))

$$
\begin{equation*}
f(x, y, \sigma)=x+6 y \sigma-x^{3}, \tag{1.21}
\end{equation*}
$$

and with rather long calculations they show that

$$
r \longrightarrow \frac{1}{r^{2}} \int_{B_{r}} \frac{\left|\nabla_{H} f(g)\right|^{2}}{\rho(g)^{Q-2}} \mathrm{~d} g
$$

is nonincreasing as $r \in\left(0, r_{0}\right)$ for a sufficiently small $r_{0}>0$. Since on the function (1.21) (but (1.14) would equally work) each half of (1.20) is invariant with respect to the change of variable $(x, y, \sigma) \rightarrow(-x,-y, \sigma)$ (see (3.23)), they infer that

$$
\frac{1}{r^{2}} \int_{B_{r}} \frac{\left|\nabla_{H} f_{+}(g)\right|^{2}}{\rho(g)^{Q-2}} \mathrm{~d} g=\frac{1}{r^{2}} \int_{B_{r}} \frac{\left|\nabla_{H} f_{-}(g)\right|^{2}}{\rho(g)^{Q-2}} \mathrm{~d} g
$$

which shows that

$$
r \rightarrow \Im\left(f_{+}, f_{-}, r\right)=\left(\frac{1}{r^{2}} \int_{B_{r}} \frac{\left|\nabla_{H} f_{+}(g)\right|^{2}}{\rho(g)^{Q-2}} \mathrm{~d} g\right)^{2}=\frac{1}{4}\left(\frac{1}{r^{2}} \int_{B_{r}} \frac{\left|\nabla_{H} f(g)\right|^{2}}{\rho(g)^{Q-2}} \mathrm{~d} g\right)^{2}
$$

is nonincreasing (instead of nondecreasing) on ( $0, r_{0}$ ), thus disproving their own conjecture. We emphasize that, instead, neither of the functions (1.14), (1.21) produces a counterexample to our conjecture above. The next result gives a perspective on the negative example (1.21) which is somewhat different from that in [25].

Proposition 1.3. For the harmonic function (1.21) one has

$$
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right)(x, y, \sigma) \leqslant 0,
$$

for every $(x, y, \sigma) \in \mathbb{H}^{1}$ such that $x^{2}+y^{2} \leqslant \frac{1}{9}$. As a consequence, the left-invariant functional (3.20) is nonincreasing for $r \in\left(0, \frac{1}{3}\right)$ for any $0<\alpha<Q$. Instead, the right-invariant functional in (1.17),

$$
r \longrightarrow \mathscr{D}_{2}\left(f_{+}, f_{-}, r\right)=\frac{1}{r^{4}} \mathscr{D}_{2}\left(f_{+}, r\right) \mathscr{D}_{2}\left(f_{-}, r\right),
$$

is nondecreasing on $(0, \infty)$.
This note contains four sections. Besides the present one, in § 2 we collect some background material that is needed in the rest of the paper. In $\S 3$ we prove theorems 1.1, 1.2 and proposition 1.3, and discuss the role that Bochner formulas plays in these results. In $\S 4$ we discuss another famous monotonicity formula, that of Almgren [1], and we show that, in accordance with the results in [30, 34], its sub-Riemannian counterpart generically fails. However, the fundamental question of whether or not the frequency (4.1) be locally bounded, remains open at the moment.

In closing, we hope that the present note helps to clarify some of the critical aspects connected to monotonicity in non-Riemannian ambients and at the same time provides an incentive for further understanding.

## 2. Background material

In this section, we collect some background material that is needed in the rest of the paper. To keep the preliminaries at a minimum and avoid pointless repetitions, we routinely use from now on the definitions and notations from the paper [34], where some Almgren type monotonicity formulas in Carnot groups and for Baouendi-Grushin operators were obtained (for the latter, see also the first papers on the subject $[\mathbf{2 7}, \mathbf{3 0}]$ ). A Carnot group of step $k \geqslant 1$ is a simply connected real Lie group $(\mathbb{G}, \circ)$ whose Lie algebra $\mathfrak{g}$ is stratified and $k$-nilpotent. This means that there exist vector spaces $\mathfrak{g}_{1}, \ldots, \mathfrak{g}_{k}$ such that:
(i) $\mathfrak{g}=\mathfrak{g}_{1} \oplus \cdots \oplus \mathfrak{g}_{k}$;
(ii) $\left[\mathfrak{g}_{1}, \mathfrak{g}_{j}\right]=\mathfrak{g}_{j+1}, j=1, \ldots, k-1,\left[\mathfrak{g}_{1}, \mathfrak{g}_{k}\right]=\{0\}$.

We assume that $\mathfrak{g}$ is endowed with a scalar product $\langle\cdot, \cdot\rangle$ with respect to which the layers $\mathfrak{g}_{j}^{\prime} s, j=1, \ldots, r$, are mutually orthogonal. We let $m_{j}=\operatorname{dim} \mathfrak{g}_{j}, j=$ $1, \ldots, k$, and denote by $N=m_{1}+\cdots+m_{k}$ the topological dimension of $\mathbb{G}$. From the assumption (ii) on the Lie algebra it is clear that any basis of the first layer $\mathfrak{g}_{1}$ bracket generates the whole of $\mathfrak{g}$. Because of such special role $\mathfrak{g}_{1}$ is usually called the horizontal layer of the stratification. For ease of notation we henceforth write $m=m_{1}$. In the case in which $k=1$ one has $\mathfrak{g}=\mathfrak{g}_{1}$, and thus $\mathbb{G}$ is isomorphic to $\mathbb{R}^{m}$. There is no sub-Riemannian geometry involved and everything is classical. We are primarily interested in the genuinely non-Riemannian setting $k>1$.

Henceforth, given a horizontal Laplacian $\Delta_{H}$ as in (1.5), we indicate with $\Gamma\left(g, g^{\prime}\right)=\Gamma\left(g^{\prime}, g\right)$ the unique positive fundamental solution of $-\Delta_{H}$ which goes to zero at infinity. Such distribution is left-translation invariant, i.e. one has

$$
\Gamma\left(g, g^{\prime}\right)=\tilde{\Gamma}\left(g^{-1} \circ g^{\prime}\right)
$$

for some function $\tilde{\Gamma} \in C^{\infty}(\mathbb{G} \backslash\{e\})$, where $e \in \mathbb{G}$ is the group identity. For every $r>0$, let

$$
\begin{equation*}
B_{r}=\left\{g \in \mathbb{G} \left\lvert\, \Gamma(g, e)>\frac{1}{r^{Q-2}}\right.\right\} \tag{2.1}
\end{equation*}
$$

It was proved by Folland in [26] that the distribution $\tilde{\Gamma}(g)$ is homogeneous of degree $2-Q$ with respect to the non-isotropic dilations in $\mathbb{G}$ associated with the stratification of its Lie algebra $\mathfrak{g}$. This implies that, if we define

$$
\begin{equation*}
\rho(g)=\tilde{\Gamma}(g)^{-1 /(Q-2)}, \tag{2.2}
\end{equation*}
$$

then the function $\rho$ is homogeneous of degree one. Notice that $\rho \in C^{\infty}(\mathbb{G} \backslash\{e\}) \cap$ $C(\mathbb{G})$. We obviously have from (2.1)

$$
\begin{equation*}
B_{r}=\{g \in \mathbb{G} \mid \rho(g)<r\} \tag{2.3}
\end{equation*}
$$

Henceforth, we will use the notation $S_{r}=\partial B_{r}$.
Next, denote by $p\left(g, g^{\prime}, t\right)$ the positive and symmetric heat kernel for $\Delta_{H}-$ $\partial_{t}$ constructed by Folland in [26]. We recall the following result, which combines [44, theorems IV.4.2 and IV.4.3]. In what follows, if $\ell \in \mathbb{N} \cup\{0\}$, we consider multiindices $\left(j_{1}, \ldots, j_{\ell}\right)$, with $j_{1}, \ldots, j_{\ell} \in\{1, \ldots, m\}$.

Theorem 2.1. There exists $C, C^{\prime}>0$ such that for all $g, g^{\prime} \in \mathbb{G}$ and $t>0$ one has

$$
p\left(g, g^{\prime}, t\right) \geqslant \frac{C}{t^{Q / 2}} \mathrm{e}^{-C^{\prime}\left(\left(d\left(g, g^{\prime}\right)^{2}\right) / t\right)}
$$

Furthermore, for every $s, \ell \in \mathbb{N} \cup\{0\}$ and $\varepsilon>0$, there exists $C>0$ such that for all $g, g^{\prime} \in \mathbb{G}$ and $t>0$ one has

$$
\left|\partial_{t}^{s} X_{j_{1}} X_{j_{2}} \ldots X_{j_{\ell}} p\left(g, g^{\prime}, t\right)\right| \leqslant \frac{C}{t^{Q / 2+s+\ell / 2}} \mathrm{e}^{-\left(\left(d\left(g, g^{\prime}\right)^{2}\right) /(4(1+\varepsilon) t)\right)}
$$

The heat semigroup $P_{t}=\mathrm{e}^{-t \Delta_{H}}$ is defined on a reasonable function $f: \mathbb{G} \rightarrow \mathbb{R}$ by the formula

$$
P_{t} f(g)=\int_{\mathbb{G}} p\left(g, g^{\prime}, t\right) f\left(g^{\prime}\right) \mathrm{d} g^{\prime}
$$

Similarly to the classical case, the function $u(g, t)=P_{t} f(g)$ is smooth in $\mathbb{G} \times(0, \infty)$ and solves the Cauchy problem

$$
\Delta_{H} u-p_{t} u=0 \text { in } \mathbb{G} \times(0, \infty), \quad u(g, 0)=f(g), g \in \mathbb{G}
$$

If we assume that there exist $A, \alpha>0$ such that for every $g \in \mathbb{G}$ one has

$$
\begin{equation*}
|f(g)| \leqslant A \mathrm{e}^{\alpha d(g, e)^{2}} \tag{2.4}
\end{equation*}
$$

where we have denoted by $d\left(g, g^{\prime}\right)$ the control distance in $\mathbb{G}$ associated with the horizontal layer $\mathfrak{g}_{1}$ of the Lie algebra, then the semigroup $P_{t} f(g)$ is well-defined, at least for $0<t<T$, where $T=T(\alpha)>0$ is sufficiently small. For this it suffices to observe that, if $T<1 /(4(1+\varepsilon) \alpha)$, then for $0<t<T$ one has for any $g \in \mathbb{G}$

$$
\left|P_{t} f(g)\right| \leqslant \int_{\mathbb{G}}\left|f\left(g^{\prime}\right)\right| p\left(g, g^{\prime}, t\right) \mathrm{d} g^{\prime} \leqslant C A \mathrm{e}^{2 \alpha d(g, e)^{2}} \int_{\mathbb{G}} \mathrm{e}^{-d\left(g^{\prime}, g\right)^{2}[1 /(4(1+\varepsilon) T)-\alpha]} \mathrm{d} g^{\prime}<\infty .
$$

For $r>0$ consider now the parabolic cylinders

$$
Q_{r}=B_{r} \times\left(-r^{2}, 0\right)
$$

As a special case of $[\mathbf{1 7}$, theorem 1.1] we obtain the following.
Theorem 2.2. Suppose that $f$ solves $\Delta_{H} f-\partial_{t} f=c$ in $\mathbb{G} \times \mathbb{R}$, for some $c \in \mathbb{R}$. For every $s, \ell \in \mathbb{N} \cup\{0\}$ and $r>0$, one has

$$
\sup _{Q_{r / 2}}\left|\partial_{t}^{s} X_{j_{1}} X_{j_{2}} \ldots X_{j_{\ell}} f\right| \leqslant \frac{C}{r^{2 s+\ell}} \frac{1}{\left|Q_{2 r}\right|} \int_{Q_{2 r}}|f| \mathrm{d} g^{\prime} \mathrm{d} \tau
$$

for some constant $C=C(c, s, \ell)>0$.

## 3. Proof of theorems 1.1, 1.2 and proposition 1.3

In this section, we prove theorems 1.1 and 1.2, as well as proposition 1.3. With these preliminaries in place, we now return to the functional (1.6) and observe that, since the function $g \rightarrow \rho(g)$ is homogeneous of degree one with respect to the nonisotropic group dilations $\left\{\delta_{\lambda}\right\}_{\lambda>0}$, while $g \rightarrow\left|\nabla_{H} \rho(g)\right|^{2}$ is homogeneous of degree zero with respect to the same, the change of variable $g^{\prime}=\delta_{r}(g)$, for which $\mathrm{d} g^{\prime}=r^{Q} \mathrm{~d} g$, immediately gives

$$
\frac{1}{r^{\alpha}} \int_{B_{r}} \frac{1}{\rho^{Q-\alpha}}\left|\nabla_{H} \rho(g)\right|^{2} \mathrm{~d} g=\int_{B_{1}} \frac{1}{\rho^{Q-\alpha}}\left|\nabla_{H} \rho(g)\right|^{2} \mathrm{~d} g=\omega_{\alpha}>0
$$

This proves (1.7). The statement (1.8) immediately follows from the continuity of $f$ and from (1.7).

Next, we record the following equation (see [34, formula (3.12)] or also the earlier work [15] for a more general result), valid for any function $\psi \in C^{2}(\mathbb{G})$,

$$
\begin{equation*}
\psi(e)=\frac{Q-2}{r^{Q-1}} \int_{S_{r}} \psi(g) \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} H_{N-1}(g)-\int_{B_{r}} \Delta_{H} \psi(g)\left[\frac{1}{\rho^{Q-2}}-\frac{1}{r^{Q-2}}\right] \mathrm{d} g . \tag{3.1}
\end{equation*}
$$

Equation (3.1) represents a generalization of Gaveau's mean value formula in [35] for harmonic functions in the Heisenberg group $\mathbb{H}^{n}$. Differentiating with respect to $r$ in (3.1) we obtain

$$
\begin{equation*}
\frac{\mathrm{d}}{\mathrm{~d} r} \frac{1}{r^{Q-1}} \int_{S_{r}} \psi(g) \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} H_{N-1}(g)=\frac{1}{r^{Q-1}} \int_{B_{r}} \Delta_{H} \psi(g) \mathrm{d} g \tag{3.2}
\end{equation*}
$$

From (3.2) we immediately infer the following result.

Lemma 3.1. Suppose that $\psi \in C^{2}\left(B_{1}\right)$. If $\Delta_{H} \psi \geqslant 0(\leqslant 0)$ in $B_{1}$ then the averages

$$
r \rightarrow \frac{1}{r^{Q-1}} \int_{S_{r}} \psi(g) \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} H_{N-1}(g)
$$

are nondecreasing (nonincreasing) in $r \in(0,1)$.
Returning to the functional $\mathscr{D}_{\alpha}(f, r)$, we have the following simple, yet important, fact.

Proposition 3.2. Suppose that the surface averages of $f$,

$$
\begin{equation*}
r \rightarrow \frac{1}{r^{Q-1}} \int_{S_{r}} f(g) \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} H_{N-1}(g), \tag{3.3}
\end{equation*}
$$

are nondecreasing (nonincreasing) in $r \in(0,1)$. Then $r \rightarrow \mathscr{D}_{\alpha}(f, r)$ is nondecreasing (nonincreasing) in $(0,1)$ and we have for every $r \in(0,1)$

$$
\begin{equation*}
\omega_{\alpha} f(e) \leqslant \mathscr{D}_{\alpha}(f, r), \tag{3.4}
\end{equation*}
$$

where $\omega_{\alpha}>0$ is the universal constant in (1.7).
Proof. Using Federer's coarea formula to differentiate (1.6) one has

$$
\mathscr{D}_{\alpha}^{\prime}(f, r)=-\frac{\alpha}{r^{\alpha+1}} \int_{B_{r}} \frac{f(g)}{\rho^{Q-\alpha}}\left|\nabla_{H} \rho(g)\right|^{2} \mathrm{~d} g+\frac{1}{r^{Q}} \int_{S_{r}} f(g) \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} \sigma .
$$

Assume that (3.3) are nondecreasing in $r \in(0,1)$. Again the coarea formula gives

$$
\begin{aligned}
& \frac{\alpha}{r^{\alpha+1}} \int_{B_{r}} \frac{f(g)}{\rho^{Q-\alpha}}\left|\nabla_{H} \rho(g)\right|^{2} \mathrm{~d} g=\frac{\alpha}{r^{\alpha+1}} \int_{0}^{r} \int_{S_{t}} \frac{f(g)}{\rho^{Q-\alpha}} \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} \sigma \mathrm{~d} t \\
& \quad=\frac{\alpha}{r^{\alpha+1}} \int_{0}^{r} t^{\alpha-1} \frac{1}{t^{Q-1}} \int_{S_{t}} f(g) \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} \sigma \mathrm{~d} t \\
& \quad \leqslant \frac{\alpha}{r^{\alpha+1}} \frac{1}{r^{Q-1}} \int_{S_{r}} f(g) \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} \sigma \int_{0}^{r} t^{\alpha-1} \mathrm{~d} t \\
& \quad=\frac{1}{r^{Q}} \int_{S_{r}} f(g) \frac{\left|\nabla_{H} \rho(g)\right|^{2}}{|\nabla \rho(g)|} \mathrm{d} \sigma .
\end{aligned}
$$

This proves that $\mathscr{D}_{\alpha}^{\prime}(r) \geqslant 0$ for $r \in(0,1)$. Similarly, one proves that $\mathscr{D}_{\alpha}^{\prime}(r) \leqslant 0$ if (3.3) are nonincreasing. The second part of proposition 3.2 is a direct consequence of the first, and of (1.8).

Remark 3.3. Since in view of lemma 3.1 the monotonicity of (3.3) characterizes sub- and superharmonicity, a similar monotonicity holds true for $r \rightarrow \mathscr{D}_{\alpha}(f, r)$ if $f$ is sub- or superharmonic in $B_{1}$.

We next recall that the celebrated identity of Bochner states that on a Riemannian manifold $M$ one has for $f \in C^{3}(M)$

$$
\begin{equation*}
\Delta\left(|\nabla f|^{2}\right)=2\left\|\nabla^{2} f\right\|^{2}+2\langle\nabla(\Delta f), \nabla f\rangle+2 \operatorname{Ric}(\nabla f, \nabla f), \tag{3.5}
\end{equation*}
$$

where $\operatorname{Ric}(\cdot, \cdot)$ indicates the Ricci tensor on $M$, see e.g. [16, §4.3 on p. 18]. This implies in particular that if $\Delta f=c$ for some $c \in \mathbb{R}$, and $\operatorname{Ric}(\cdot, \cdot) \geqslant 0$, then

$$
\begin{equation*}
\Delta\left(|\nabla f|^{2}\right) \geqslant 2\left\|\nabla^{2} f\right\|^{2} \geqslant 0 \tag{3.6}
\end{equation*}
$$

As we will see next, in sub-Riemannian geometry the fundamental subharmonicity property (3.6) fails miserably. This negative situation can be remedied by bringing the right-invariant vector fields $\tilde{X}_{i}$ to centre stage. As we have mentioned, in free boundary problems the idea of working with right-invariant derivatives was first systematically developed in $[\mathbf{1 9}]$ to establish the $C^{1, \alpha}$ regularity of the free boundary in the non-holonomic obstacle problem. A related perspective was further exploited in $[\mathbf{2 9}]$ to prove $C^{1, \alpha}$ regularity via maximum principles, and subsequently in the study of fully nonlinear equations in [39], and of sub-Riemannian mean curvature flow in [13].

Proposition 3.4 (Right Bochner type identity). Let $\mathbb{G}$ be a Carnot group, $f \in$ $C^{3}(\mathbb{G})$, then one has

$$
\begin{equation*}
\Delta_{H}\left(\left|\tilde{\nabla}_{H} f\right|^{2}\right)=2\left\langle\tilde{\nabla}_{H} f, \tilde{\nabla}_{H}\left(\Delta_{H} f\right)\right\rangle+2 \sum_{i=1}^{m}\left|\tilde{\nabla}_{H}\left(X_{i} f\right)\right|^{2} . \tag{3.7}
\end{equation*}
$$

If in particular $\Delta_{H} f=c$, for some $c \in \mathbb{R}$, then we have

$$
\begin{equation*}
\Delta_{H}\left(\left|\tilde{\nabla}_{H} f\right|^{2}\right)=2 \sum_{i=1}^{m}\left|\tilde{\nabla}_{H}\left(X_{i} f\right)\right|^{2} \geqslant 0 \tag{3.8}
\end{equation*}
$$

Proof. The proof is a straightforward calculation that uses the commutation identities $\left[X_{i}, \tilde{X}_{j}\right]=0, i, j=1, \ldots, m$. We leave the details to the interested reader.

We emphasize that the two objects $\left|\tilde{\nabla}_{H} f\right|^{2}$ and $\left|\nabla_{H} f\right|^{2}$ differ substantially. For instance, in the special case in which $\mathbb{G}$ is a group of step $k=2$, with group constants $b_{i j}^{\ell}$, and (logarithmic) coordinates $g=\left(z_{1}, \ldots, z_{m}, \sigma_{1}, \ldots, \sigma_{m_{2}}\right)$, one has

$$
\begin{equation*}
\left|\nabla_{H} f\right|^{2}-\left|\tilde{\nabla}_{H} f\right|^{2}=2 \sum_{\ell=1}^{m_{2}}\left(\sum_{1 \leqslant i<j \leqslant m} b_{i j}^{\ell}\left(z_{i} \partial_{z_{j}} f-z_{j} \partial_{z_{i}} f\right)\right) \partial_{\sigma_{\ell}} f \tag{3.9}
\end{equation*}
$$

see [29, lemma 2.3].
We can now present the
Proof of theorem 1.1. Suppose $\Delta_{H} f=c$ in $B_{1}$. By hypoellipticity, we know that $f \in C^{\infty}\left(B_{1}\right)$. At this point the desired conclusion is an immediate consequence of proposition 3.4, lemma 3.1 and proposition 3.2.

Next we present the

Proof of theorem 1.2. Let $f$ be a solution of $\partial_{t} f-\Delta_{H} f=c$ in the infinite slab $\mathbb{G} \times$ $(-1,0)$. By the hypoellipticity result in $[38]$, we know that $f \in C^{\infty}(\mathbb{G} \times(-1,0))$. However, now we cannot proceed as in the proof of theorem 1.1 since the set of integration is not a relatively compact set (the pseudoballs $B_{r}$ ). To make sense of the integral in (1.12) on a sufficiently small interval $t \in(0, T)$ and be able to differentiate it with respect to the parameter $t \in(-1,0)$, we use the assumption (1.11). Note that we can write (1.12) as follows

$$
\begin{equation*}
\mathscr{I}\left(\left|\tilde{\nabla}_{H} f\right|^{2}, t\right)=\frac{1}{t} \int_{0}^{t} P_{\tau}\left(\left|\tilde{\nabla}_{H} f(\cdot,-\tau)\right|^{2}\right)(e) \mathrm{d} \tau, \tag{3.10}
\end{equation*}
$$

provided that the function $\left.u(g, t)=\left|\tilde{\nabla}_{H} f(g,-t)\right|^{2}\right)$ is such that the integral defining

$$
P_{t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)(e)=\int_{\mathbb{G}} p(g, e, t)\left|\tilde{\nabla}_{H} f(g,-t)\right|^{2} \mathrm{~d} g
$$

be finite. From theorem 2.2 we now have for every $\ell \in \mathbb{N}$ and $r>0$
$\sup _{Q_{r / 2}}\left|X_{j_{1}} X_{j_{2}} \ldots X_{j_{\ell}} f\right| \leqslant \frac{C}{r^{\ell}} \frac{1}{\left|Q_{2 r}\right|} \int_{Q_{2 r}}\left|f\left(g^{\prime}, \tau\right)\right| \mathrm{d} g^{\prime} \mathrm{d} \tau \leqslant \frac{A C}{r^{\ell}} \frac{1}{\left|B_{2 r}\right|} \int_{B_{2 r}} \mathrm{e}^{\alpha d\left(g^{\prime}, e\right)^{2}} \mathrm{~d} g^{\prime}$,
where in the last inequality we have used (1.11) and the fact that $\left|Q_{2 r}\right|=4 r^{2}\left|B_{2 r}\right|$. From (3.11) it is easy to show that $X_{j_{1}} X_{j_{2}} \ldots X_{j_{\ell}} f$ satisfies the same uniform estimate in (1.11) as $f$. Since any right-invariant derivative $\tilde{X}_{j} f$ can be expressed in terms of the vector fields $X_{j}$ and a certain number of combinations, with polynomial coefficients, of terms $X_{j_{1}} X_{j_{2}} \ldots X_{j_{\ell}} f$, by (3.11) we obtain a similar a priori estimate for $\left|\tilde{\nabla}_{H} f\right|^{2}$, possibly with a larger coefficient $\alpha>0$ in the exponential. This implies that $P_{\tau}\left(\left|\tilde{\nabla}_{H} f(\cdot,-\tau)\right|^{2}\right)(e)$ is well-defined for $0<\tau<T$, for some $T=T(\alpha)>0$ (see the discussion prior to theorem 2.2). Differentiating (3.10) we thus find for every $t \in(0, T)$

$$
\frac{\mathrm{d}}{\mathrm{~d} t} \mathscr{I}\left(\left|\tilde{\nabla}_{H} f\right|^{2}, t\right)=-\frac{1}{t} \mathscr{I}\left(\left|\tilde{\nabla}_{H} f\right|^{2}, t\right)+\frac{1}{t} P_{t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)(e) .
$$

We infer that $t \longrightarrow \mathscr{I}\left(\left|\tilde{\nabla}_{H} f\right|^{2}, t\right)$ is nondecreasing (nonincreasing) in $(0, T)$ if and only if we have for every $t \in(0, T)$

$$
\begin{equation*}
\mathscr{I}\left(\left|\tilde{\nabla}_{H} f\right|^{2}, t\right) \leqslant(\geqslant) P_{t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)(e) . \tag{3.12}
\end{equation*}
$$

We next differentiate the functional in the right-hand side of (3.12) obtaining by the chain rule

$$
\begin{align*}
\frac{\mathrm{d}}{\mathrm{~d} t} & \left\{P_{t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}(e)\right)\right\}=P_{t}\left(\frac{\mathrm{~d}}{\mathrm{~d} t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)\right)(e)+\frac{\mathrm{d} P_{t}}{\mathrm{~d} t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)(e) \\
& =-2 P_{t}\left(\left\langle\tilde{\nabla}_{H} f(\cdot, t), \tilde{\nabla}_{H}\left(\partial_{t} f(\cdot,-t)\right)\right\rangle\right)(e)+\Delta_{H} P_{t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)(e) \\
& =-2 P_{t}\left(\left\langle\tilde{\nabla}_{H} f(\cdot,-t), \tilde{\nabla}_{H}\left(\partial_{t} f(\cdot,-t)\right)\right\rangle\right)(e)+P_{t}\left(\Delta_{H}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)\right)(e) \\
& \left.=2 P_{t}\left(\left\langle\tilde{\nabla}_{H} f(\cdot,-t), \tilde{\nabla}_{H}\left(\Delta_{H} f-\partial_{t} f\right)\right)(\cdot,-t)\right\rangle\right)(e) \\
& +2 \sum_{i=1}^{m} P_{t}\left(\left|\tilde{\nabla}_{H}\left(X_{i} f\right)(\cdot,-t)\right|^{2}\right)(e), \tag{3.13}
\end{align*}
$$

where in the last equality in (3.13) we have used (3.7) in proposition 3.4. Since we are assuming that $\Delta_{H} f-\partial_{t} f=c$ in $\mathbb{G} \times(-1,0)$, we infer from (3.13)

$$
\begin{equation*}
\frac{\mathrm{d}}{\mathrm{~d} t}\left\{P_{t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}(e)\right)\right\}=2 \sum_{i=1}^{m} P_{t}\left(\left|\tilde{\nabla}_{H}\left(X_{i} f\right)(\cdot,-t)\right|^{2}\right)(e) \geqslant 0 \tag{3.14}
\end{equation*}
$$

therefore the functional $t \longrightarrow P_{t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)(e)$ is nondecreasing. This implies

$$
\mathscr{I}\left(\left|\tilde{\nabla}_{H} f\right|^{2}, t\right)=\frac{1}{t} \int_{0}^{t} P_{\tau}\left(\left|\tilde{\nabla}_{H} f(\cdot,-\tau)\right|^{2}\right)(e) \mathrm{d} \tau \leqslant P_{t}\left(\left|\tilde{\nabla}_{H} f(\cdot,-t)\right|^{2}\right)(e),
$$

which finally proves (3.12), and therefore the nondecreasing monotonicity of $t \longrightarrow$ $\mathscr{I}\left(\left|\tilde{\nabla}_{H} f\right|^{2}, t\right)$.

Having established the positive results, we next discuss the typically nonRiemannian phenomenon for which theorems 1.1 and 1.2 fail if in their statement one replaces the right-invariant carré du champ with the left-invariant one $\left|\nabla_{H} f\right|^{2}$. We recall the following result which is [28, proposition 3.3].

Proposition 3.5 (Left Bochner type identity). Let $\mathbb{G}$ be a Carnot group, $f \in$ $C^{3}(\mathbb{G})$, then one has

$$
\begin{align*}
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right)= & 2\left\|\nabla_{H}^{2} f\right\|^{2}+2\left\langle\nabla_{H} f, \nabla_{H}\left(\Delta_{H} f\right)\right\rangle+\frac{1}{2} \sum_{i, j=1}^{m}\left(\left[X_{i}, X_{j}\right] f\right)^{2} \\
& +4 \sum_{i, j=1}^{m} X_{j} f\left[X_{i}, X_{j}\right] X_{i} f+2 \sum_{i, j=1}^{m} X_{j} f\left[X_{i},\left[X_{i}, X_{j}\right]\right] f \tag{3.15}
\end{align*}
$$

In (3.16) we have denoted by $\nabla_{H}^{2} f=\left[f_{i j}\right]$ the symmetrized horizontal Hessian of $f$ with entries

$$
f_{i j}=\frac{X_{i} X_{j} f+X_{j} X_{i} f}{2}
$$

When $\mathbb{G}$ is of step 2 , then $\left[X_{i},\left[X_{i}, X_{j}\right]\right]=0$ and we obtain from proposition 3.5.

Corollary 3.6. Let $\mathbb{G}$ be a Carnot group of step $k=2, f \in C^{3}(\mathbb{G})$, then one has

$$
\begin{align*}
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right)= & 2\left\|\nabla_{H}^{2} f\right\|^{2}+2\left\langle\nabla_{H} f, \nabla_{H}\left(\Delta_{H} u\right)\right\rangle+\frac{1}{2} \sum_{i, j=1}^{m}\left(\left[X_{i}, X_{j}\right] f\right)^{2} \\
& +4 \sum_{i, j=1}^{m} X_{j} f\left[X_{i}, X_{j}\right] X_{i} f . \tag{3.16}
\end{align*}
$$

The problem with (3.16) is that, even if $\Delta_{H} f=0$, the term $4 \sum_{i, j=1}^{m} X_{j} f\left[X_{i}, X_{j}\right]$ $X_{i} f$ can prevail so badly on the positive terms, to reverse the sign of the sum in the right-hand side. We have already hinted to this phenomenon with the example (1.14), see (1.15). For the reader's understanding, we next discuss this aspect in more detail. Consider the Heisenberg group $\mathbb{G}=\mathbb{H}^{n}$ with the left-invariant basis of the Lie algebra given by

$$
\begin{equation*}
X_{i}=\partial_{x_{i}}-\frac{y_{i}}{2} \partial_{\sigma}, \quad X_{n+i}=\partial_{y_{i}}+\frac{x_{i}}{2} \partial_{\sigma}, \quad i=1, \ldots, n . \tag{3.17}
\end{equation*}
$$

If we let $T=\partial_{\sigma}$, then the only nontrivial commutators are $\left[X_{i}, X_{n+j}\right]=T \delta_{i j}$, and we find

$$
\sum_{i, j=1}^{m}\left(\left[X_{i}, X_{j}\right] u\right)^{2}=\sum_{i, j=1}^{2 n}\left(\left[X_{i}, X_{j}\right] u\right)^{2}=2 \sum_{i<j}\left(\left[X_{i}, X_{j}\right] u\right)^{2}=2 n(T u)^{2} .
$$

Similarly, we have

$$
\begin{aligned}
\sum_{i, j=1}^{m} X_{j} u\left[X_{i}, X_{j}\right] X_{i} u & =\sum_{i<j} X_{j} u\left[X_{i}, X_{j}\right] X_{i} u-\sum_{i<j} X_{i} u\left[X_{i}, X_{j}\right] X_{j} u \\
& =\left\langle\nabla_{H}(T u), \nabla_{H}^{\perp} u\right\rangle
\end{aligned}
$$

where we have denoted by $\nabla \frac{1}{H} u=\left(X_{n+1} u, \ldots, X_{2 n} u,-X_{1} u, \ldots,-X_{n} u\right)$. Substituting the latter two equations in (3.16) we obtain

$$
\begin{align*}
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right)= & 2\left\|\nabla_{H}^{2} f\right\|^{2}+2\left\langle\nabla_{H} f, \nabla_{H}\left(\Delta_{H} f\right)\right\rangle+n(T f)^{2} \\
& +4\left\langle\nabla_{H}(T f), \nabla_{H}^{\perp} f\right\rangle . \tag{3.18}
\end{align*}
$$

Now, if $\Delta_{H} f=c$, with $c \in \mathbb{R}$, then one has from (3.18)

$$
\begin{equation*}
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right)=2\left\|\nabla_{H}^{2} f\right\|^{2}+n(T f)^{2}+4\left\langle\nabla_{H}(T f), \nabla_{H}^{\perp} f\right\rangle \tag{3.19}
\end{equation*}
$$

The following discussion shows that the term $4\left\langle\nabla_{H}(T f), \nabla \frac{\perp}{H} f\right\rangle$ can destroy the subharmonicity of $\left|\nabla_{H} f\right|^{2}$. Consider the harmonic function (1.21) from the work $[\mathbf{2 5}, \S 5]$, but (1.14) would work equally well. Such function is the sum of two solid harmonics of degree one and three. Greiner first computed such solid harmonics in $\mathbb{H}^{1}$, see [36, p. 387], and Dunkl subsequently generalized his results to $\mathbb{H}^{n}$ in [22]. The subject has since somewhat languished for lack of a complete understanding of some fundamental orthogonality and completeness issues, see the unpublished preprint [37, p. 29], but also the discussion in § 4.

Proof of proposition 1.3. Instead of the lengthy calculations based on spherical harmonics in $[\mathbf{2 5}, \S 4,5]$, we disprove the nondecreasing monotonicity of the left-invariant functional

$$
\begin{equation*}
r \longrightarrow \frac{1}{r^{\alpha}} \int_{B_{r}} \frac{\left|\nabla_{H} f(g)\right|^{2}}{\rho(g)^{Q-\alpha}}\left|\nabla_{H} \rho(g)\right|^{2} \mathrm{~d} g \tag{3.20}
\end{equation*}
$$

by simply observing that, on the function (1.21), we have $\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right) \leqslant 0$ in an infinite cylinder in $\mathbb{H}^{1}$. We then use lemma 3.1 and proposition 3.2 to deduce the nonincreasing monotonicity of (3.20). From (1.21) and (3.17) simple computations give

$$
\begin{equation*}
X_{1} f=1-3|z|^{2}, \quad X_{2} f=6 \sigma+3 x y, \tag{3.21}
\end{equation*}
$$

and furthermore

$$
\begin{equation*}
X_{1}^{2} f=-6 x, \quad X_{2}^{2} f=6 x . \tag{3.22}
\end{equation*}
$$

In particular $\Delta_{H} f=0$ in $\mathbb{H}^{1}$ (this conclusion is also obvious from the fact that $f$ is the sum of two harmonic polynomials). Using (3.21) we now find

$$
\begin{equation*}
\left|\nabla_{H} f\right|^{2}=1+9|z|^{4}-6|z|^{2}+36 \sigma^{2}+9 x^{2} y^{2}+36 x y \sigma . \tag{3.23}
\end{equation*}
$$

We next prove that, contrarily to the Riemannian case (3.5), the function $\left|\nabla_{H} f\right|^{2}$ badly fails to be subharmonic. We compute from (3.23)

$$
\begin{aligned}
X_{1}\left(\left|\nabla_{H} f\right|^{2}\right) & =36 x|z|^{2}-12 x+18 x y^{2}+36 y \sigma-36 y \sigma-18 x y^{2} \\
& =36 x|z|^{2}-12 x,
\end{aligned}
$$

and

$$
\begin{aligned}
X_{2}\left(\left|\nabla_{H} f\right|^{2}\right) & =36 y|z|^{2}-12 y+18 x^{2} y+36 x \sigma+36 x \sigma+18 x^{2} y \\
& =36 y|z|^{2}-12 y+36 x^{2} y+72 x \sigma .
\end{aligned}
$$

Next,

$$
X_{1}^{2}\left(\left|\nabla_{H} f\right|^{2}\right)=36|z|^{2}+72 x^{2}-12
$$

and

$$
\begin{aligned}
X_{2}^{2}\left(\left|\nabla_{H} f\right|^{2}\right) & =36|z|^{2}+72 y^{2}-12+72 x^{2} \\
& =108|z|^{2}-12 .
\end{aligned}
$$

Combining the latter two equations we find

$$
\begin{equation*}
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right)=216 x^{2}+144 y^{2}-24 . \tag{3.24}
\end{equation*}
$$

It is now clear from (3.24) that

$$
\begin{equation*}
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}\right) \leqslant 216|z|^{2}-24 \leqslant 0 \tag{3.25}
\end{equation*}
$$

provided that $|z|^{2} \leqslant \frac{1}{9}$. From lemma 3.1 and proposition 3.2 we conclude that for the harmonic function $f$ in (1.21) the functional

$$
r \longrightarrow \mathscr{D}_{2}\left(\left|\nabla_{H} f\right|^{2}, r\right)
$$

is nonincreasing for $r \in(0,1 / 3)$ !

For the second part of the proposition we need to compute $\left|\tilde{\nabla}_{H} f\right|^{2}$. We have

$$
\tilde{X}_{1} f=f_{x}+\frac{y}{2} f_{\sigma}=1-3 x^{2}+3 y^{2}, \quad \tilde{X}_{2} f=f_{y}-\frac{x}{2} f_{\sigma}=6 \sigma-3 x y
$$

and therefore

$$
\begin{equation*}
\left|\tilde{\nabla}_{H} f\right|^{2}=\left(1-3 x^{2}+3 y^{2}\right)^{2}+(6 \sigma-3 x y)^{2} . \tag{3.26}
\end{equation*}
$$

By (3.26), the fact that $\left|\nabla_{H} \rho\right|^{2}=|z|^{2} / \rho^{2}$, and the change of variable $(x, y, \sigma) \rightarrow$ $(-x,-y, \sigma)$ (see $[\mathbf{2 5}$, formula (6.2)]), we easily recognize that

$$
\mathscr{D}_{\alpha}\left(f_{+}, r\right)=\mathscr{D}_{\alpha}\left(f_{-}, r\right) .
$$

Therefore, thanks to (3.8) in proposition 3.4 and our theorem 1.1, we know that

$$
r \longrightarrow \mathscr{D}_{\alpha}\left(f_{+}, r\right)=\frac{1}{2} \mathscr{D}_{\alpha}(f, r) \text { is nondecreasing for } r \in(0, \infty)
$$

As a consequence, we infer that $r \longrightarrow \mathscr{D}_{2}\left(f_{+}, f_{-}, r\right)=\frac{1}{4} \mathscr{D}_{2}(f, r)^{2}$ is nondecreasing on $(0, \infty)$.

REmARK 3.7. It is interesting to observe that with $f$ as in (1.21) we have instead in the entire space $\mathbb{H}^{1}$

$$
\Delta_{H}\left(\left|\nabla_{H} f\right|^{2}+\frac{1}{3}(T f)^{2}\right)=216 x^{2}+144 y^{2}-24+24 \geqslant 0 .
$$

As a consequence, the functional $r \longrightarrow \mathscr{D}_{2}\left(\left|\nabla_{H} f\right|^{2}+\frac{1}{3}(T f)^{2}, r\right)$ is globally nondecreasing.

## 4. Failure of Almgren monotonicity formula in sub-Riemannian geometry

In this final section, we discuss the sub-Riemannian counterpart of another celebrated monotonicity formula from geometric PDEs. We recall that, in its simplest form, Almgren monotonicity formula states that if $\Delta f=0$ in $B_{1} \subset \mathbb{R}^{n}$, then its frequency

$$
N(f, r)=\frac{r \int_{B_{r}}|\nabla f|^{2} \mathrm{~d} x}{\int_{S_{r}} f^{2} \mathrm{~d} \sigma}
$$

is nondecreasing, see [1]. This result plays a fundamental role in several areas of analysis and geometry, ranging from minimal surfaces, to unique continuation for elliptic and parabolic PDEs, and more recently free boundaries in which the obstacle is confined to a lower-dimensional manifold. We refer in particular to the papers $[31,32]$, and to the more recent works $[3,5,6,9,20,33]$.
In sub-Riemannian geometry the horizontal Laplacian (1.5) is not real-analytic hypoelliptic in general, and a fundamental open question is whether harmonic functions have the unique continuation property (ucp). An initial very interesting study of what can go wrong for smooth, even compactly supported, perturbations of (1.5) was done by Bahouri in [4]. However, Bahouri's work does not provide any evidence,
in favour or to the contrary, about the ucp for harmonic functions in a Carnot group. The reader is referred to [34] for a detailed discussion. In the same paper, the authors have shown that, in a Carnot group $\mathbb{G}$, given a harmonic function $f$ in a ball $B_{1} \subset \mathbb{G}$, the following sub-Riemannian analogue of Almgren frequency

$$
\begin{equation*}
N(f, r)=\frac{r \int_{B_{r}}\left|\nabla_{H} f\right|^{2} \mathrm{~d} g}{\int_{S_{r}} f^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}} \tag{4.1}
\end{equation*}
$$

is nondecreasing in $r \in(0,1)$ provided that $f$ has vanishing discrepancy, see also [30] for the first result in this direction in $\mathbb{H}^{n}$. In the surface integral in (4.1) the symbol $\mathrm{d} \sigma_{H}$ denotes the horizontal perimeter measure. It is obvious that if the frequency is nondecreasing on an interval $\left(0, r_{0}\right)$, then one has in particular $N(f, \cdot) \in L^{\infty}\left(0, r_{0}\right)$. In [34, theorem 4.3] it was shown that, in fact, the local boundedness of $N(f, \cdot)$ is necessary and sufficient for the following doubling condition

$$
\begin{equation*}
\int_{B_{2 r}} f^{2} \mathrm{~d} g \leqslant C \int_{B_{r}} f^{2} \mathrm{~d} g, \quad 0<r<r_{0} . \tag{4.2}
\end{equation*}
$$

It is well-known by now (see [31]) that (4.2) implies the strong unique continuation property for $f$.

In a Carnot group $\mathbb{G}$ the local boundedness of the frequency of a harmonic function $f$ is a fundamental open problem (to be proved, or disproved). In [34, theorem 8.1] it was shown that (4.2) is true for harmonic functions in a Metivier group, and therefore in such Lie groups (which include those of Heisenberg type) the frequency (4.1) is locally bounded. The following discussion shows that not even in $\mathbb{H}^{n}$ one should expect the frequency to be generically nondecreasing. We emphasize that this phenomenon of monotonicity versus boundedness is connected to the 'almost monotonicity' character of the conjecture in § 3 .

We recall that in [34, proposition. 3.6] it was shown that if $f$ is harmonic in a Carnot group, then

$$
\begin{equation*}
\int_{B_{r}}\left|\nabla_{H} f\right|^{2} \mathrm{~d} g=\frac{1}{r} \int_{S_{r}} f Z f\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}, \tag{4.3}
\end{equation*}
$$

where $Z$ denotes the generator of the group dilations in $\mathbb{G}$. Combining (4.1) with (4.3) we see that we can express the frequency in the useful alternative fashion

$$
\begin{equation*}
N(f, r)=\frac{\int_{S_{r}} f Z f\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}}{\int_{S_{r}} f^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}} . \tag{4.4}
\end{equation*}
$$

We emphasize that (4.4) does immediately imply that if $f$ is a harmonic function homogeneous of degree $\kappa$, then $N(f, r) \equiv \kappa$. We do not know whether the opposite implication holds in general! The main reason is that, even when $\mathbb{G}=\mathbb{R}^{n}$, the only known proof of such implication seem to crucially rest on the full-strength of Almgren monotonicity formula.

Suppose now that $P_{h}$ and $P_{k}$ are two harmonic functions in $\mathbb{G}$, respectively of homogeneous degree $h \neq 0$ and $k \neq 0$, and suppose to fix the ideas that $h<k$. If
$f=P_{h}+P_{k}$, we have

$$
f Z f=f\left(Z P_{h}+Z P_{k}\right)=f\left(h P_{h}+k P_{k}\right)=h f^{2}+(k-h) f P_{k} .
$$

Inserting this information in (4.4) we find

$$
\begin{equation*}
N(f, r)=h+(k-h) \frac{\int_{S_{r}} f P_{k}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}}{\int_{S_{r}} f^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}} . \tag{4.5}
\end{equation*}
$$

It is clear from (4.5) that on a harmonic function of the type $f=P_{h}+P_{k}$ the frequency is nondecreasing if and only if such is the quantity

$$
\mathscr{E}(r)=\frac{\int_{S_{r}} f P_{k}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}}{\int_{S_{r}} f^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}} .
$$

Suppose that, similarly to the case $\mathbb{G}=\mathbb{R}^{n}$, we knew

$$
\int_{S_{1}} P_{h} P_{k}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}=\left\{\begin{array}{l}
0, \text { if } h \neq k,  \tag{4.6}\\
a_{h}>0 \text { if } h=k
\end{array}\right.
$$

From (4.6) we would immediately infer by rescaling ( $\mathrm{d} \sigma_{H} \circ \delta_{r}=r^{Q-1} \mathrm{~d} \sigma_{H}$ ) that

$$
\mathscr{E}(r)=\frac{a_{k} r^{k-h}}{a_{h}+a_{k} r^{k-h}},
$$

and this would easily imply $\mathscr{E}^{\prime}(r) \geqslant 0$. But in sub-Riemannian geometry the 'Euclidean' looking identity (4.6) fails to be true in general. This negative phenomenon was already brought to light in the context of $\mathbb{H}^{n}$ in [30, theorem 1.1], and this is why that result contained the additional assumption (1.19), and in [34, definition 5.1] the notion of discrepancy was introduced. What is true, instead, in any Carnot group, is the following formula

$$
\begin{equation*}
\int_{S_{r}} P_{h} \frac{\left\langle\nabla_{H} P_{k}, \nabla_{H} \rho\right\rangle}{|\nabla \rho|} \mathrm{d} H_{N-1}=\int_{S_{r}} P_{k} \frac{\left\langle\nabla_{H} P_{h}, \nabla_{H} \rho\right\rangle}{|\nabla \rho|} \mathrm{d} H_{N-1}, \tag{4.7}
\end{equation*}
$$

but, as we next show, (4.7) is a far cry from its Euclidean counterpart containing the Euler vector field and the Euclidean norm. To understand this comment we recall $[\mathbf{3 4}$, lemma 6.8$]$ (see also [30, formula (2.22)] for $\mathbb{H}^{n}$ ), that states that when $\mathbb{G}$ is a group of Heisenberg type, with logarithmic coordinates $g=(z, \sigma)$, then for $f \in C^{1}(\mathbb{G})$ one has

$$
\begin{equation*}
\left\langle\nabla_{H} f, \nabla_{H} \rho\right\rangle=\frac{Z f}{\rho}\left|\nabla_{H} \rho\right|^{2}+\frac{4}{\rho^{3}} \sum_{\ell=1}^{m_{2}} \sigma_{\ell} \Theta_{\ell}(f) \tag{4.8}
\end{equation*}
$$

where

$$
\Theta_{\ell}=\sum_{i<j} b_{i j}^{\ell}\left(z_{i} \partial_{z_{j}}-z_{j} \partial_{z_{i}}\right)
$$

The vector fields $\Theta_{\ell}$, which come from the complex structure of $\mathbb{G}$, are the reason for the failure of (4.6), and in view of (3.9) also of the failure of the nondecreasing
character of theorems 1.1 and 1.2 if we change $\left|\tilde{\nabla}_{H} f\right|^{2}$ into $\left|\nabla_{H} f\right|^{2}$. In view of (4.8), when $\mathbb{G}$ is of Heisenberg type we obtain from (4.7)

$$
\begin{equation*}
(k-h) \int_{S_{1}} P_{h} P_{k}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}=4 \sum_{\ell=1}^{m_{2}} \int_{S_{1}} \sigma_{\ell}\left\{P_{h} \Theta_{\ell}\left(P_{k}\right)-P_{k} \Theta_{\ell}\left(P_{h}\right)\right\} \frac{\mathrm{d} H_{N-1}}{|\nabla \rho|} \tag{4.9}
\end{equation*}
$$

but it is not true that the right-hand side of (4.9) generically vanishes when $h \neq k$. This lack of orthogonality of the spherical harmonics causes the nondecreasing monotonicity of the frequency (4.1) to fail for a harmonic function of the type $f=P_{h}+P_{k}$. As a consequence, one cannot expect an Almgren type monotonicity formula on a generic harmonic function $f$, unless additional assumptions are imposed on $f$ itself.

We close by illustrating this claim. Suppose that $\mathbb{G}=\mathbb{H}^{1}$ and consider either one of the harmonic functions in $\mathbb{H}^{1}$ given in (1.14) or (1.21). If to fix the ideas we consider (1.21), since $f=P_{1}+P_{3}$, where $P_{1}(x, y, \sigma)=x$ and $P_{3}(x, y, \sigma)=$ $6 y \sigma-x^{3}$, with $Z=x \partial_{x}+y \partial_{y}+2 \sigma \partial_{\sigma}$ we presently have $Z P_{1}=P_{1}, Z P_{3}=3 P_{3}$. As a consequence, (4.5) gives

$$
N(f, r)=1+2 \frac{\int_{S_{r}} f P_{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}}{\int_{S_{r}} f^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}}=1+2 \mathscr{E}(r),
$$

where we have let

$$
\begin{equation*}
\mathscr{E}(r)=\frac{\int_{S_{r}} f P_{3}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}}{\int_{S_{r}} f^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}}=\frac{\int_{S_{1}} f\left(\delta_{r} g\right) P_{3}\left(\delta_{r} g\right)\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}}{\int_{S_{1}} f\left(\delta_{r} g\right)^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}} . \tag{4.10}
\end{equation*}
$$

Observe now that

$$
f\left(\delta_{r} g\right) P_{3}\left(\delta_{r} g\right)=\left(r P_{1}(g)+r^{3} P_{3}(g)\right) r^{3} P_{3}(g)=r^{4} P_{1}(g) P_{3}(g)+r^{6} P_{3}(g)^{2}
$$

and

$$
f\left(\delta_{r} g\right)^{2}=\left(r P_{1}(g)+r^{3} P_{3}(g)\right)^{2}=r^{2} P_{1}(g)^{2}+2 r^{4} P_{1}(g) P_{3}(g)+r^{6} P_{3}(g)^{2}
$$

Now notice that $P_{1} P_{3}=6 x y \sigma-x^{4}$. Since $x y \sigma$ is odd, if we set

$$
a=\int_{S_{1}} P_{1}^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}, \quad b=\int_{S_{1}} x^{4}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H}, \quad c=\int_{S_{1}} P_{3}^{2}\left|\nabla_{H} \rho\right| \mathrm{d} \sigma_{H},
$$

then $a, b, c>0$, and we have from (4.10)

$$
\mathscr{E}(r)=\frac{-b r^{4}+c r^{6}}{a r^{2}-2 b r^{4}+c r^{6}}=\frac{-b r^{2}+c r^{4}}{a-2 b r^{2}+c r^{4}}
$$

A simple calculation gives

$$
\mathscr{E}^{\prime}(r)=-2 r \frac{a b+2 a c r^{2}-b c r^{4}}{\left(a-2 b r^{2}+c r^{4}\right)^{2}} \leqslant 0
$$

provided that $0 \leqslant r \leqslant r_{0}$, for some $r_{0}>0$ sufficiently small. Therefore, $r \rightarrow N(f, r)$ is nonincreasing on ( $0, r_{0}$ ), instead on nondecreasing!

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[^1]:    ${ }^{1}$ In harmonic analysis and PDEs the use of right-invariant derivatives in left-invariant problems had already appeared in the works [7, 41].

[^2]:    ${ }^{2}$ For the reader's understanding, we mention that $f=P_{3}-P_{1}$ where $P_{3}(x, y, \sigma)=x^{3}+x y^{2}-$ $8 y \sigma$ is a solid harmonic of degree three in $\mathbb{H}^{1}$, and $P_{1}(x, y, \sigma)=x$ is a solid harmonic of degree one. Such solid harmonics were constructed by Greiner, see [36, p. 387].

