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CHARACTERISTIC OF SUICIDAL BEHAVIOR PEOPLES IN MINSK CITY

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Minsk city is the capital of the Republic of Belarus, in which 1 770 000 people live. Minsk had a heavy figures of suicidal activity (2003 -19,7 cases per 100 000, 2004 - 15,7 cases per 100 000 population).

To prevent suicide in Minsk a suicidal activity monitoring is conducted since 2005; it includes registration of all cases of suicide and suicide attempts. The monitoring aimed to identify main forms of suicidal behavior, gender and age-specific characteristics of suicide. It was revealed that among suicides prevailed men, aged 40-59 year. Most common type of suicide are hanging, 85% of all cases. Among suicides 62.3% have one or another concentration of alcohol in the blood, often a concentration of from 1.5 to 2.5%.

Only 16.6% of the total committed suicides get to medical help as a result of addiction problems. About 30% of the total committed suicides seek medical help to a general practitioner, but no signs of suicidal behavior did not. 65% of the total committed suicides never worked and has not studied. This group do not seek psychological help (request it mostly women - 85%, aged 35-45 years).

As shown by 3-year observation, only 0.5% persons who commit suicide attempts committed suicide later.

As a result of this work a strategy for prevention of suicidal behavior has been elaborated, including: implemented control of psychoactive drugs use; organized collaboration with mass media; educational seminars for general practitioners and social workers.