
FACTORS ASSOCIATED WITH BURNOUT IN GENERAL MEDICINE: THE EFFECT OF THE TYPE OF PRACTICE. A BRUSSELS STUDY

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The risk factors associated with burnout in general medicine remain poorly understood. Therefore, the aim of the present study was to identify the risk factors involved.

General physicians (GPs) (n=84) responded to a three-part questionnaire focusing on personal and professional data, and the Maslach Burnout Inventory.

The results indicated that the type of practice was not a risk factor for burnout. However, emotional isolation, but not isolation in the workplace, constituted a risk factor.

Particular attention should be paid to the individual characteristics of GPs.