

Is contributing to your RRSP the right strategy for 2020?

This year has been different, and your ideal financial planning strategy could look very different too.

It's more important than ever that you get the right advice — advice that considers your career in medicine, your personal circumstances and the current environment. Ditch the same old generic financial planning advice meant for just anyone, and let's shine some light on the best financial planning strategies for you.

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* MD Advisor refers to an MD Management Limited Financial Consultant or Investment Advisor (in Quebec).

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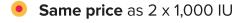
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Consider Luxa-D for your patients living with multiple sclerosis (MS)

People living with MS are at increased risk for osteoporosis, falls, and bone fractures³



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Indications and clinical use:

- LUXA-D 2000 IU is indicated for the:
- treatment and prevention of vitamin D deficiency;
 management and prevention of primary and
 corticosteroid-induced osteoporosis, in conjunction
- with calcium;
 treatment of refractory rickets (vitamin D
- resistant rickets);treatment of familial hypophosphatemia;
- treatment of hypoparathyroidism.

Contraindications:

- LUXA-D 2000 IU should not be used in patients with: • hypercalcemia and/or hypercalciuria:
- nephrolithiasis (renal calculi);
- severe renal impairment;
- malabsorption syndrome;
 abnormal sensitivity to the toxic effects of Vitamin D;
- hypervitaminosis D.

Relevant warnings and precautions:

- Administration of excessive doses may lead to hypervitaminosis D
- to hypervitaminosis D • Interindividual variation in dose may lead to chronic toxicity
- Periodic monitoring of serum calcium, phosphate, magnesium, and alkaline phosphatase is recommended
- Avoid use in excess of recommended dietary allowance in pregnant and nursing women

For more information:

Please consult the Prescribing Information at https://pdf.hres.ca/dpd_pm/00051659.PDF for important information relating to adverse reactions, drug interactions, and dosing information which have not been discussed in this piece.

References

- 1. Régie de l'assurance maladie du Québec (RAMQ). List of Medications. July 10, 2019. Accessed on January 4, 2019.
- 2. Non-Insured Health Benefits: Drug benefit list. October 2019. Accessed on January 4, 2019.
- MS Society of Canada. MS Society of Canada Recommendations on Vitamin D in MS. November 2018. Accessed on February 2, 2020.





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