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## SHORT INTENSIVE INDIVIDUAL PSYCHOTHERAPY (SIIP) OF THE FORENSIC PATIENTS AT THE ACUTE FORENSIC WARD, WITHIN THE FIRST FEW DAYS/WEEKS OF THE STAY

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Some forensic patients during their staying at the forensic acute ward about observation and exploration due to the forensic expertise, need and ask for therapy encounter and talk.

The forensic patients, after the coming to the ward, live the general condition of various experiences: tension, anxiety, the reaction of aggression and/or withdrawal, shooting in the unknown, potentially dangerous surrounding, need to adaptation, adoption, some sort of activity and communication; also, the tragic experience of the commitment makes the varied psychosomatic/social/existential facts: the time - nearness of the commitment, nonacceptance and/or rejection of doing it, confusion, dilemma, intensive and/or conflicting feelings of guilty, sorrow; trauma.

Criteria for the SIIP:

- the need and asking of the patient; the complete psychiatric/psychological observation and exploration, some work in the social group;

- the forms of addiction (alcohol, drugs), family violence, abigous and/proved homicides:

- the structural neurosis, character disorders, psychotic reaction, addiction disorders, are the entities suitable for work;

SIIP could be planned and realized within a week to a few weeks of sessions, a session or a few per week.

The goals of therapy work are traced and evaluated in the changes of behaviour and inner experience of patient, also the protocol of therapy and "homework" of the patient are registered;

The efficiency and quality of SIIP have been proved in the goals of tension reduction, better adaptation, selfacceptance, mood, communication and activities, the first period of SIIP work at the forensic ward of Psychiatric clinic in Sokolac, Bosnia and Herzegovina.