

THE CANADIAN JOURNAL OF

# Neurological Sciences

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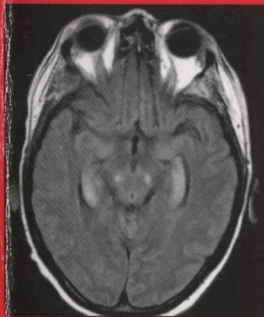
# Sciences Neurologiques

**30<sup>th</sup>**  
**ANNIVERSARY**

1974 • 2004



West Nile Virus



West Nile Virus

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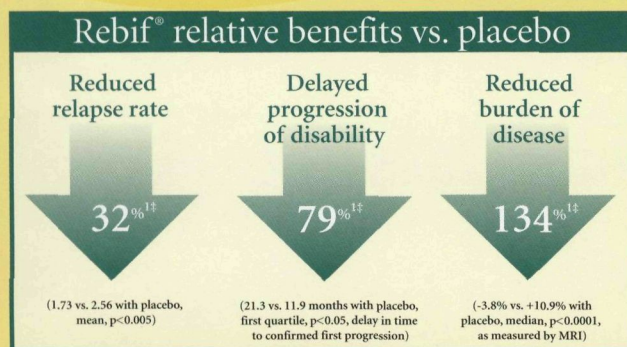
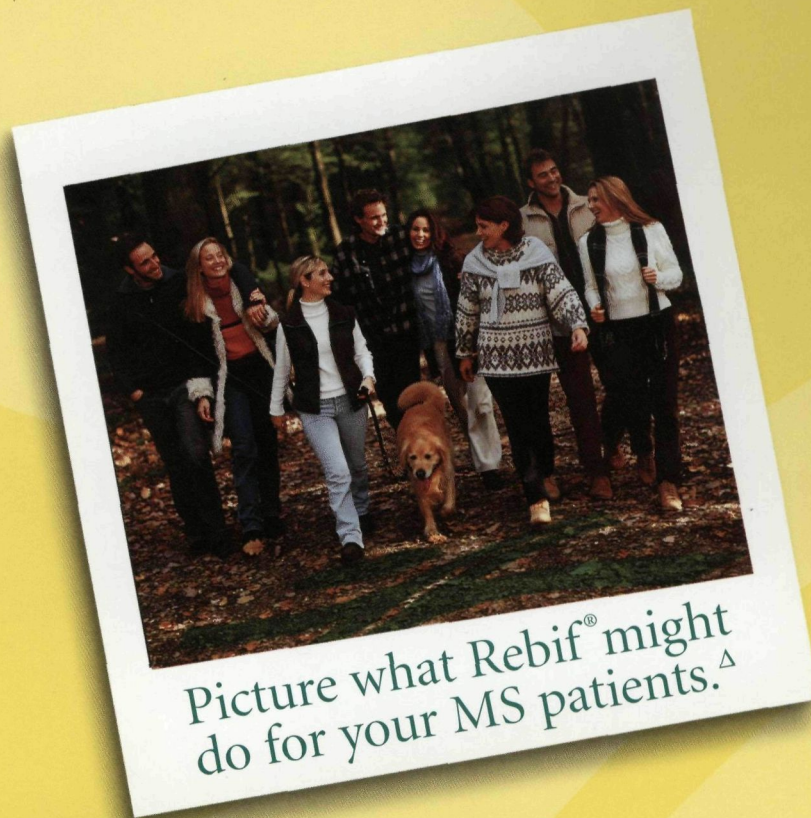
## SUPPLEMENT 1

- S-1 Abstracts of 39th Meeting of the Canadian Congress of Neurological Sciences

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SCIENCES**

June 8–12, 2004  
Calgary, Alberta



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† The most common adverse events reported are injection-site disorders (all) (92.4% vs. 38.5% placebo), upper respiratory tract infections (74.5% vs. 85.6% placebo), headache (70.1% vs. 62.6% placebo), flu-like symptoms (58.7% vs. 51.3% placebo), fatigue (41.3% vs. 35.8% placebo) and fever (27.7% vs. 15.5% placebo). Evidence of safety and efficacy derived from 2-year data only. Please see product monograph for full prescribing information.<sup>2</sup>

‡ Randomized, double-blind, placebo-controlled trial. Rebif 44 mcg TIW group (n=184), Rebif 22 mcg TIW group (n=189), placebo group (n=187).<sup>1</sup>

Δ Fictitious case may not be representative of results for the general population.



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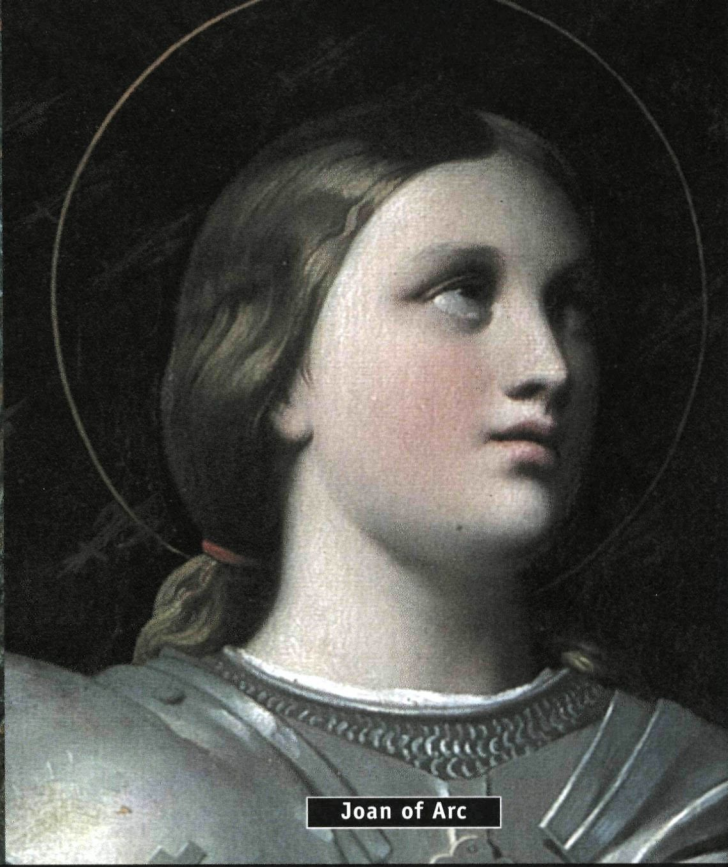


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Vincent Van Gogh

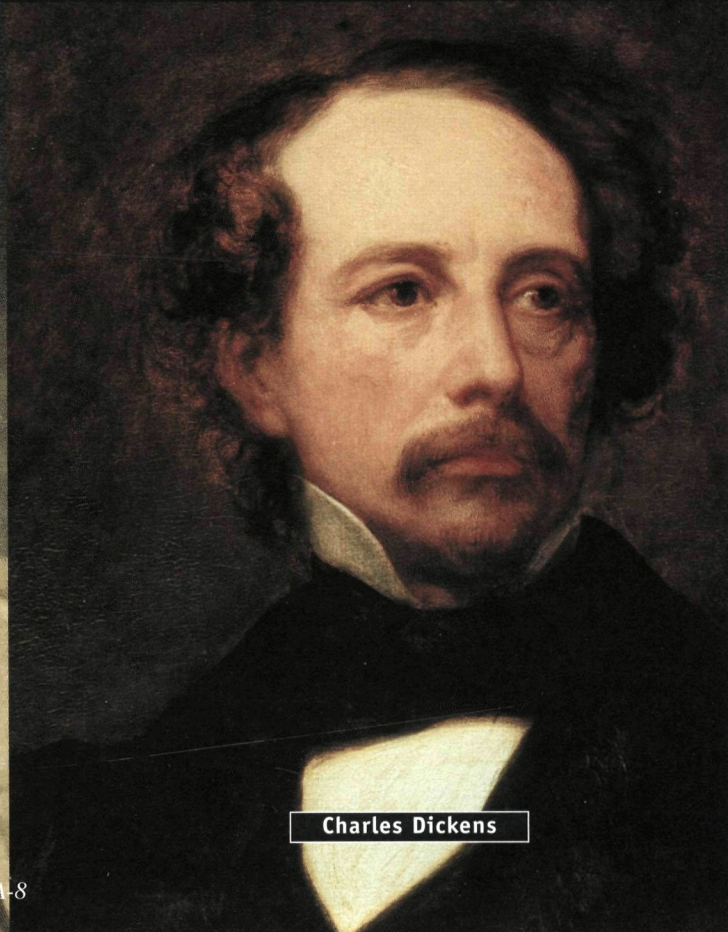


Joan of Arc

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Sir Isaac Newton



Charles Dickens

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# NO EVIDENCE OF LIFE-THREATENING SIDE EFFECTS.

- Like most antiepileptics, the most common side effects are CNS related, usually mild to moderate and transient<sup>§1</sup>

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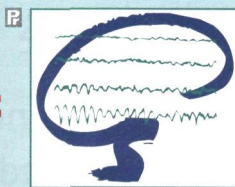
- 73% of patients (n=52) showed a mean weight decrease of 5.97 lb (Interim analysis. Average duration 60 days)<sup>4</sup>
- 96% of children in clinical trials (≥ one year) who lost weight showed resumption of weight gain in test period<sup>\*\*</sup>

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<sup>†</sup> Open label, 20 week trial (n=450 Adults). Optimal dosing was 300-350 mg/day (Average 288 mg/day).

<sup>‡</sup> Open label trial for children (n=72) treated for ≥ 3 months. Average dose of 10 mg/kg/day.

<sup>§</sup> CNS adverse events: Somnolence (30.1%), dizziness (28.3%), ataxia (21.2%), speech disorders (16.8%), psychomotor slowing (16.8%), nystagmus (15.0%), paresthesia (15.0%), nervousness (15.9%), difficulty with concentration/attention (8.0%), confusion (9.7%), depression (8.0%), anorexia (5.3%), language problems (6.2%) and mood problems (3.5%). In an audit of 1446 adults and 303 children, there appeared to be a similar pattern of adverse events.

<sup>\*\*</sup> The long-term effects of weight loss in pediatric patients are not known.

<sup>††</sup> Limited use benefit: Ontario, Nova Scotia, New Brunswick, PEI. Full benefit: Quebec, Saskatchewan, British Columbia, Alberta, Manitoba.

Please refer to the TOPAMAX Prescribing Information for complete prescribing details.

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BETASERON® is a registered trademark of Berlex Canada Inc.



NEW REFRIGERATION-FREE  
STORAGE

# BETASERON BETTER THAN EVER

Same proven therapy

- Reduces relapse FREQUENCY and SEVERITY in RRMS<sup>1-3</sup>
- Backed by MS Pathways™ of Canada patient management support with toll-free hotline access to MS-specialized registered nurses

BETASERON® (interferon beta-1b) is indicated for the reduction of the frequency of clinical exacerbations in ambulatory patients with relapsing-remitting multiple sclerosis and for the slowing of progression in disability and the reduction of the frequency of clinical exacerbations in patients with secondary-progressive multiple sclerosis.

The safety and efficacy of BETASERON® in primary progressive MS have not been evaluated. Efficacy of treatment for longer than 2 years has not been substantially demonstrated in relapsing-remitting multiple sclerosis (RRMS).

The most common side effects related to BETASERON® in patients with RRMS are: flu-like syndrome (76%), fever (59%), chills (46%), injection-site reactions (85%), myalgia (44%), asthenia (49%) and malaise (15%).<sup>2</sup> Flu-like symptoms and injection-site reactions are manageable and lessen with time.<sup>2</sup>

FOR COMPLETE WARNINGS AND PRECAUTIONS, PLEASE REFER TO THE PRODUCT MONOGRAPH, AVAILABLE TO HEALTH CARE PROFESSIONALS UPON REQUEST.



HELP WANTED

FAST MIGRAINE RELIEF

THAT LASTS

*Fast onset.*

Significant migraine pain relief attained as early as 30 minutes after treatment<sup>1†</sup>

*Lasting relief.*

Demonstrated low incidence of migraine recurrence within 24 hours<sup>2‡</sup>

**No recurrence seen in 4 out of 5 patients.**

After a single 12.5 mg dose, 82% of responders had no recurrence of their migraine attack within 24 hours, in a clinical trial<sup>2‡</sup>

AXERT\* (almotriptan malate) tablets are indicated for the acute treatment of migraine with or without aura in adults. AXERT\* is not indicated for the prophylactic therapy of migraine or for use in the management of hemiplegic, ophthalmoplegic or basilar migraine. Safety and effectiveness of AXERT\* have not been established for cluster headache, which presents in older, predominately male population.

Overall, in controlled clinical trials, only three side effects occurred in more than 1% of AXERT\* patients and more frequently than in patients taking placebo: nausea (2%), dry mouth (1%) and paresthesia (1%).<sup>1</sup>

As with other triptans, AXERT\* is contraindicated in patients with history, symptoms or signs of ischemic cardiac, cerebrovascular or peripheral vascular syndromes, valvular heart disease, cardiac arrhythmias, uncontrolled hypertension, or in patients with other significant underlying cardiovascular disease. AXERT\* should not be administered within 24 hours of treatment with another 5-HT<sub>1</sub> agonist or an ergotamine-containing or ergot-type medication.

<sup>1</sup> AXERT 12.5 mg (n=164) compared to placebo (n=80) at 30 minutes, p=0.0485.


<sup>2</sup> Randomized, single-dose, double-blind, parallel-group multicentre study of 668 patients with acute migraine; response (n=104/183) was defined as a reduction to mild or no pain at 2 hours post-medication.

References



1. AXERT\* Product Monograph, Janssen-Ortho Inc., October 2003.

2. Dawson AJ, Massiou H, Lainez JM, et al. Almotriptan is an effective and well-tolerated treatment for migraine pain: results of a randomized, double-blind, placebo-controlled clinical trial. *Cephalalgia* 2002;22(6):453-61.

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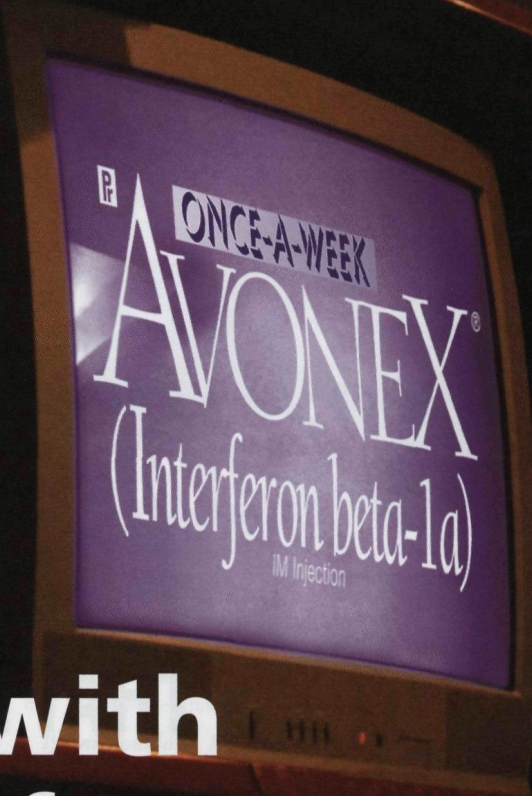
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**NEW**  
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almotriptan malate tablets

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**The  
First and Only  
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Now Indicated for People after  
the First Demyelinating Event



# Interferon with Less Interference

## Neutralizing antibodies (NABs) may significantly impact IFN $\beta$ 's ability to bind to receptors and initiate an immunomodulatory process.

**AVONEX<sup>®</sup> has demonstrated the lowest incidence of NABs.** <sup>£,1,2,3,4</sup>

- ▶ AVONEX<sup>®</sup> (interferon beta-1a) treated patients had the lowest risk of becoming persistent NAB-positive; 2% of patients versus 15% and 31% for Rebif<sup>®</sup> (IFN $\beta$ -1a 22  $\mu$ g) and Betaseron<sup>®</sup> (IFN $\beta$ -1b) respectively.<sup>2</sup> (Betaseron<sup>®</sup> vs AVONEX<sup>®</sup> p=0.001, Betaseron<sup>®</sup> vs Rebif<sup>®</sup> p=0.19, Rebif<sup>®</sup> vs AVONEX<sup>®</sup> p=0.04, n=125)
- ▶ The majority of NABs usually appear during the first 12 months after initiation of IFN $\beta$  therapy (ranging from 3 to 18 months).<sup>2,5</sup>

### Once-a-week AVONEX<sup>®</sup> – Efficacy that Lasts:

- ▶ 37% reduction in the probability of disability progression at 2 years (21.9% vs. 34.9%; p=0.02).<sup>¶,5</sup>
- ▶ 32% reduction in annual exacerbation rate over 2 years (0.61 vs. 0.90; p=0.002).<sup>\*,5</sup>
- ▶ Significant reduction in the number (0.8 vs. 1.6; p $\leq$ 0.05) and volume (p=0.03) of Gd-enhanced lesions at 2 years<sup>Ω,¶,5</sup>, and in the number of new and enlarging T2 lesions over 2 years (2.0 vs. 3.0; p=0.002).<sup>#,\*\*,5</sup>
- ▶ Delayed worsening in brain atrophy during the second year (p=0.03).<sup>+,Δ,5</sup>
- ▶ Delayed worsening in cognitive function demonstrated on 2 neuropsychological parameters (Information Processing/Memory<sup>†</sup>, p=0.011 and PASAT<sup>‡</sup> p=0.023).<sup>Δ,Ω,5</sup>

AVONEX<sup>®</sup> (Interferon beta-1a) is indicated for the treatment of relapsing forms of MS and for the treatment of people who have experienced a single demyelinating event, accompanied by abnormal Magnetic Resonance Imaging (MRI) scans with lesions typical of MS, to delay the onset of clinically definite multiple sclerosis (as determined by a second demyelinating event), and to decrease the number and volume of active brain lesions and overall disease burden (as identified by MRI scans). Before initiating treatment with AVONEX<sup>®</sup>, alternate diagnoses should first be excluded.

AVONEX<sup>®</sup> is generally well tolerated. The most common side effects associated with treatment are flu-like symptoms, muscle ache, fever, chills, and asthenia. AVONEX<sup>®</sup> should be used with caution in patients with depression and in patients with seizure disorders. Patients with cardiac disease should be closely monitored. Routine periodic blood chemistry and hematologic tests are recommended during treatment with AVONEX<sup>®</sup>.<sup>5</sup>

£ Comparative clinical significance has not been established. ¶ Kaplan-Meier methodology, AVONEX<sup>®</sup> n=158, placebo n=143. \* AVONEX<sup>®</sup> n=85, placebo n=87. Ω Using the Mann-Whitney rank-sum test. AVONEX<sup>®</sup> n=83, placebo n=82. # The exact relationship between MRI findings and clinical status is unknown. \*\* Analyzed by Wilcoxon rank-sum test. AVONEX<sup>®</sup> n=78, placebo n=80. + As measured by brain parenchymal fraction in a retrospective analysis, n=140, AVONEX<sup>®</sup>: 68, placebo: 72. Δ The clinical correlation and significance of these findings require further assessment. † AVONEX<sup>®</sup> 67, placebo 70; n=137. ‡ AVONEX<sup>®</sup> 77, placebo 71, n=148. ◊ As demonstrated in the second year of the Phase III pivotal trial.

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**AVONEX<sup>®</sup>**  
(Interferon beta-1a)  
IM Injection

**EFFICACY THAT LASTS**  
As demonstrated in 3 years of clinical trials

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# 25 Years Ago in the Canadian Journal of Neurological Sciences

## QUEBEC COOPERATIVE STUDY OF FRIEDREICH'S ATAXIA PHASE TWO: ETIOLOGICAL INVESTIGATIONS

### COOPERATIVE STUDY, PHASE TWO: STATEMENT OF THE PROBLEMS

A. Barbeau

**SUMMARY:** A short summary of the state of our knowledge at the start of Phase Two of the Quebec Cooperative Study of Friedreich's ataxia is presented. The main questions raised by the discoveries made in the Phase One Survey are listed and the plan of our current investigations is outlined.

Can. J. Neurol. Sci. 1978;5: 57

### AUTOSOMAL RECESSIVE SPASTIC ATAXIA OF CHARLEVOIX-SAGUENAY

J.P. Bouchard, A. Barbeau, R. Bouchard and  
R.W. Bouchard

**SUMMARY:** A new syndrome of autosomal recessive spastic ataxia has been isolated in the Charlevoix-Saguenay region of Quebec. This syndrome is remarkably homogeneous and includes: spasticity, dysarthria, distal muscle wasting, foot deformities, truncal ataxia, absence of sensory evoked potentials in the lower limbs, retinal striation reminiscent of early Leber's atrophy and the frequent presence (57%) of a prolapse of the mitral valve. Biochemically, many cases show impaired pyruvate oxidation, others have hyperbilirubinaemia and some have low serum  $\beta$ -lipoproteins and HDL apoproteins. These features are similar to those found in typical Friedreich's ataxia.

Can. J. Neurol. Sci. 1978;5: 61

### CLINICAL AND ELECTRONYSTAGMOGRAPHIC FINDINGS IN FRIEDREICH'S ATAXIA

L. A. Monday, B. Lemieux, H. St-Vincent and  
A. Barbeau

**SUMMARY:** A thorough investigation of vestibular function has been carried out in 16 patients with typical

Friedreich's ataxia. Electronystagmography and caloric tests revealed a number of inconstant abnormalities. Most abnormal findings were related to ocular dysmetria, disorganized pursuit and square waves.

Can. J. Neurol. Sci. 1978;5: 71

### HLA AND COMPLEMENT TYPING IN OLIVO- PONTO-CEREBELLAR ATROPHY

J.P. Wastiaux, G. Lamoureux, J.P. Bouchard,  
A. Durivage, C. Barbeau and A. Barbeau

**SUMMARY:** HLA antigen typing was carried out in a family with an autosomal dominant form of spinocerebellar degeneration [possibly olivoponto cerebellar atrophy (O.P.C.A.)—Type 1]. Eleven ataxic patients, three possibly ataxic subjects, two unrelated spouses and 13 clinically normal at risk siblings were typed for ABO and Rh blood groups, HLA-A and HLA-B antigens, C4 component of the complement and a number of other serum proteins ( $Cl_q$ ,  $\beta$ -I A,  $\beta$ -I C, C5,  $\beta$ -lipoproteins). No solid evidence for linkage between the ataxia gene and the HLA or C4 loci could be demonstrated in this family. Certain serum proteins, and particularly  $\beta$ -lipoproteins were found to be significantly reduced in some sub-groups subjects.

Can. J. Neurol. Sci. 1978;5: 75

### CARDIAC PHARMACOLOGY AND CARDIOMYOPATHY IN FRIEDREICH'S ATAXIA

Ryan J. Huxtable

**SUMMARY:** Friedreich's ataxia is almost always associated with a cardiomyopathy. The cardiomyopathy and its attendant cardiopulmonary sequelae is the usual cause of death in this disease. The author reviews the known pharmacology of the heart, particularly as it applies to hypertrophic cardiomyopathy. The important role played by calcium and the possible role of taurine is stressed. Therapeutic possibilities are mentioned.

Can. J. Neurol. Sci. 1978;5: 83

# 39<sup>th</sup>

meeting of the  
**Canadian Congress  
of Neurological  
Sciences**



CCNS • CCSN  
June 8-12 juin 2004



## Tuesday June 8, 2004

### Pre-Congress Courses

- 08:00-17:30 Neurobiology Review Course
- 09:00-16:00 ALS-Strategies for Quality Life/Quality Care
- 18:00-21:00 Movement Disorders Video Session
- 18:00-21:00 Headache Case Studies

## Wednesday, June 9, 2004

- 08:00-17:30 Complex Spinal Neurosurgery Course
- 08:00-12:00 Brain Tumour Course – Advances in Neuro-Oncology
- 08:00-12:00 Epilepsy Course
- 08:00-12:00 EMG – Update on Electromyography and its Clinical Applications
- 13:30-17:30 Alzheimer's Disease Course
- 13:30-17:30 Radiosurgery Course – Current Role in Neurosurgical Practice
- 13:30-17:30 Movement Disorders Course – Cognitive and Behavioral Aspects of Parkinson's Disease
- 13:30-17:30 EEG Course
- 18:00-20:00 Welcome Reception

## Thursday, June 10, 2004

- 08:30-10:30 Plenary Session I: Neurology and Neurosurgery in the Developing World
- 11:00-13:00 Platform Session
- 13:00-14:30 Poster Session
- 14:30-16:00 Platform Session
- 16:00-17:30 Grand Rounds
- 17:30-19:00 Poster Tours

## Friday, June 11, 2004

- 08:30-10:30 Plenary Session II: New Directions in the Neurosciences
- 11:00-13:00 Platform Session
- 13:00-14:30 Poster Session
- 14:30-16:30 Plenary Session III: Risk Reduction in the Clinical Neurosciences
- 18:00 Social Night

## Saturday, June 12, 2004

- 08:00-10:00 Neurocritical Care Mini-Symposium – Traumatic Brain Injury
- 08:00-10:00 What's New in Neurology? Mini-symposium
- 08:00-10:00 How I do it ... Neurosurgery. Mini-symposium
- 08:00-17:30 Child Neurology Day: Pediatric Brain Injury
- 10:30-17:00 Stroke Symposium
- 10:30-17:30 Multiple Sclerosis

**PHARMACOLOGICAL CLASSIFICATION:**  
Angiotensin Converting Enzyme Inhibitor

**ACTION AND CLINICAL PHARMACOLOGY**  
ALTACE (ramipril) is an angiotensin converting enzyme (ACE) inhibitor.

Following oral administration, ALTACE is rapidly hydrolyzed to ramipril, its principal active metabolite.

**INDICATIONS AND CLINICAL USE: Essential Hypertension.** ALTACE (ramipril) is indicated in the treatment of essential hypertension. It may be used alone or in association with thiazide diuretics. ALTACE should normally be used in patients in whom treatment with a diuretic or a beta-blocker was found ineffective or has been associated with unacceptable adverse effects. ALTACE can also be used as an initial agent in those patients in whom use of diuretics and/or beta-blockers are contraindicated or in patients with medical conditions in which these drugs frequently cause serious adverse effects. The safety and efficacy of ALTACE in renovascular hypertension have not been established and therefore, its use in this condition is not recommended. The safety and efficacy of concurrent use of ALTACE with antihypertensive agents other than thiazide diuretics have not been established.

**Treatment Following Acute Myocardial Infarction**  
ALTACE is indicated following acute myocardial infarction in clinically stable patients with signs of left ventricular dysfunction to improve survival and reduce hospitalizations for heart failure. Sufficient experience in the treatment of patients with severe (NYHA class IV) heart failure immediately after myocardial infarction is not yet available. (See WARNINGS - Hypotension.)

**MANAGEMENT OF PATIENTS AT INCREASED RISK OF CARDIOVASCULAR EVENTS:** ALTACE may be used to reduce the risk of myocardial infarction, stroke or cardiovascular death in patients over 55 years of age who are at high risk of cardiovascular events because of a history of coronary artery disease, stroke, peripheral artery disease, or diabetes that is accompanied by at least one other cardiovascular risk factor such as hypertension, elevated total cholesterol levels, low high density lipoprotein levels, cigarette smoking, or documented microalbuminuria. The incidence of the primary outcome (composite of myocardial infarction, stroke and death from cardiovascular causes) was reduced from 17.8% in the placebo-treated group to 14.0% in the ramipril-treated group.

**GENERAL:** In using ALTACE consideration should be given to the risk of angioedema (see WARNINGS). When used in pregnancy during the second and third trimesters, ACE inhibitors can cause injury or even death of the developing fetus. When pregnancy is detected ALTACE should be discontinued as soon as possible (see WARNINGS - Use in Pregnancy, and INFORMATION FOR THE PATIENT).

**CONTRAINDICATIONS:** ALTACE (ramipril) is contraindicated in patients who are hypersensitive to this drug, or to any ingredient in the formulation, or in those patients who have a history of angioedema.

**WARNINGS: Angioedema.** Angioedema has been reported in patients with ACE inhibitors, including ALTACE (ramipril). Angioedema associated with laryngeal involvement may be fatal. If laryngeal stridor or angioedema of the face, tongue, or glottis occurs, ALTACE should be discontinued immediately, the patient treated appropriately in accordance with accepted medical care, and carefully observed until the swelling disappears. In instances where swelling is confined to the face and lips, the condition generally resolves without treatment, although antihistamines may be useful in relieving symptoms. Where there is involvement of tongue, glottis, or larynx, likely to cause airway obstruction, appropriate therapy (including, but not limited to 0.3 to 0.5 mL of subcutaneous epinephrine solution 1:1000) should be administered promptly (see ADVERSE REACTIONS).

The incidence of angioedema during ACE inhibitor therapy has been reported to be higher in black than in non-black patients. Patients with a history of angioedema unrelated to ACE inhibitor therapy may be at increased risk of angioedema while receiving an ACE inhibitor (see CONTRAINDICATIONS).

**Hypotension:** Symptomatic hypotension has occurred after administration of ALTACE, usually after the first or second dose or when the dose was increased. It is more likely to occur in patients who are volume depleted by diuretic therapy, dietary salt restriction, dialysis, diarrhea, or vomiting. In patients with ischemic heart disease or cerebrovascular disease, an excessive fall in blood pressure could result in a myocardial infarction or cerebrovascular accident (see ADVERSE REACTIONS). Because of the potential fall in blood pressure in these patients, therapy with ALTACE should be started under close medical supervision. Such patients should be followed closely for the first weeks of treatment and whenever the dose of ALTACE is increased. In patients with severe congestive heart failure, with or without associated renal insufficiency, ACE inhibitor therapy may cause excessive hypotension and has been associated with oliguria, and/or progressive azotemia, and rarely, with acute renal failure and/or death.

If hypotension occurs, the patient should be placed in a supine position and, if necessary, receive an intravenous infusion of 0.9% sodium chloride. A transient hypotensive response may not be a contraindication to further doses which usually can be given without difficulty once the blood pressure has increased after volume expansion in hypertensive patients. However, lower doses of ALTACE and/or reduced concomitant diuretic therapy should be considered. In patients receiving treatment following acute myocardial infarction, consideration should be given to discontinuation of ALTACE (see ADVERSE REACTIONS - Treatment Following Acute Myocardial Infarction, DOSAGE AND ADMINISTRATION - Treatment Following Acute Myocardial Infarction).

**Neutropenia/Agranulocytosis:** Agranulocytosis and bone marrow depression have been caused by ACE inhibitors. Several cases of agranulocytosis, neutropenia or leukopenia have been reported in which a causal relationship to ALTACE cannot be excluded. Current experience with the drug shows the incidence to be rare. Periodic monitoring of white blood cell counts should be considered, especially in patients with collagen vascular disease and/or renal disease. Use in Pregnancy: ACE inhibitors can cause fetal and neonatal morbidity and mortality when administered to pregnant women. Several dozen cases have been reported in the world literature. When pregnancy is detected, ALTACE should be discontinued as soon as possible.

**PRECAUTIONS: Renal Impairment:** As a consequence of inhibiting the renin-angiotensin-aldosterone system, changes in renal function have been seen in susceptible individuals. In patients whose renal function may depend on the activity of the renin-angiotensin-aldosterone system, such as patients with bilateral renal artery stenosis, unilateral renal artery stenosis to a solitary kidney, or severe congestive heart failure, treatment with agents that inhibit this system has been associated with oliguria, progressive azotemia, and rarely, acute renal failure and/or death. In susceptible patients, concomitant diuretic use may further increase risk. Use of ALTACE should include appropriate assessment of renal function. ALTACE should be used with caution in patients with renal insufficiency as they may require reduced or less frequent doses (see DOSAGE AND ADMINISTRATION). Close monitoring of renal function during therapy should be performed as deemed appropriate in patients with renal insufficiency.

**Anaphylactoid Reactions during Membrane Exposure:** Anaphylactoid reactions have been reported in patients dialyzed with high-flux membranes (e.g. polyacrylonitrile [PAN]) and treated concomitantly with an ACE inhibitor. Dialysis should be stopped immediately if symptoms such as nausea, abdominal cramps, burning, angioedema, shortness of breath and severe hypotension occur. Symptoms are not relieved by antihistamines. In these patients consideration should be given to using a different type of dialysis membrane or a different class of antihypertensive agents.

**Anaphylactoid Reactions during Desensitization:** There have been isolated reports of

patients experiencing sustained life threatening anaphylactoid reactions while receiving ACE inhibitors during desensitization treatment with hymenoptera (bees, wasps) venom. In the same patients, these reactions have been avoided when ACE inhibitors were temporarily withheld for at least 24 hours, but they have reappeared upon inadvertent rechallenge.

**Hyperkalemia and Potassium-Sparing Diuretics:** Elevated serum potassium (greater than 5.7 mEq/L) was observed in approximately 1% of hypertensive patients in clinical trials treated with ALTACE. In most cases these were isolated values which resolved despite continued therapy. Hyperkalemia was not a cause of discontinuation of therapy in any hypertensive patient. Risk factors for the development of hyperkalemia may include renal insufficiency, diabetes mellitus, and the concomitant use of agents to treat hypokalemia or other drugs associated with increases in serum potassium (see PRECAUTIONS - Drug Interactions).

**Surgery/Anesthesia:** In patients undergoing surgery or anesthesia with agents producing hypotension, ALTACE may block angiotensin II formation secondary to compensatory renin release. If hypotension occurs and is considered to be due to this mechanism, it may be corrected by volume repletion.

**Aortic Stenosis:** There is concern, on theoretical grounds, that patients with aortic stenosis might be at particular risk of decreased coronary perfusion when treated with vasodilators because they do not develop as much afterload reduction.

**Patients with Impaired Liver Function:** Hepatitis (hepatocellular and/or cholestatic), elevations of liver enzymes and/or serum bilirubin have occurred during therapy with ACE inhibitors in patients with or without pre-existing liver abnormalities. In most cases the changes were reversed on discontinuation of the drug.

Elevations of liver enzymes and/or serum bilirubin have been reported with ALTACE (see ADVERSE REACTIONS). Should the patient receiving ALTACE experience any unexplained symptoms particularly during the first weeks or months of treatment, it is recommended that a full set of liver function tests and any other necessary investigations be carried out. Discontinuation of ALTACE should be considered when appropriate. There are no adequate studies in patients with cirrhosis and/or liver dysfunction. ALTACE should be used with particular caution in patients with pre-existing liver abnormalities. In such patients baseline liver function tests should be obtained before administration of the drug and close monitoring of response and metabolic effects should apply.

**Nursing Mothers:** Ingestion of a single 10 mg oral dose of ALTACE resulted in undetectable amounts of ramipril and its metabolites in breast milk. However, because multiple doses may produce low milk concentrations that are not predictable from single doses, ALTACE should not be administered to nursing mothers.

**Pediatric Use:** The safety and effectiveness of ALTACE in children have not been established; therefore use in this age group is not recommended.

**Use in Elderly:** Although clinical experience has not identified differences in response between the elderly (>65 years) and younger patients, greater sensitivity of some older individuals cannot be ruled out.

**Patient Alertness:** ALTACE may lower the state of patient alertness and/or reactivity, particularly at the start of treatment (see ADVERSE REACTIONS).

**Cough:** A dry, persistent cough, which usually disappears only after withdrawal or lowering of the dose of ALTACE, has been reported. Such possibility should be considered as part of the differential diagnosis of cough.

**Drug Interactions: Concomitant Diuretic Therapy:** Hypotension may result but can be minimized by discontinuing diuretic or increasing salt intake prior to ramipril treatment and/or reducing initial dose. **Agents increasing serum potassium:** Use potassium sparing diuretics with caution and monitor frequently. **Agents causing renin release:** ALTACE antihypertensive effect increased. **Lithium:** Lithium levels may be increased. Administer lithium with caution and monitor levels frequently. **Antacids:** The bioavailability of ALTACE and the pharmacokinetics of ramipril were not affected. **Diuretics:** No change in ramipril, ramipril or dipoxin serum levels. **Warfarin:** The co-administration of ALTACE with warfarin did not alter the anticoagulant effects. **Acetaminophen:** No significant changes. **Non-steroidal anti-inflammatory agents (NSAIDs):** The antihypertensive effects of ACE inhibitors may be reduced with concomitant administration of NSAIDs (e.g. indomethacin).

**ADVERSE REACTIONS: Essential Hypertension.** Serious adverse events occurring in North American placebo-controlled clinical trials with ramipril monotherapy in hypertension (n=972) were: hypotension (0.1%); myocardial infarction (0.3%); cerebrovascular accident (0.1%); edema (0.2%); syncope (0.1%). Among all North American ramipril patients (n=1,244), angioedema occurred in patients treated with ramipril and a diuretic (0.1%). The most frequent adverse events occurring in these trials with ALTACE monotherapy in hypertensive patients (n=651) were: headache (15.1%); dizziness (3.7%); asthenia (3.7%); chest pain (2.0%); nausea (1.8%); peripheral edema (1.8%); somnolence (1.7%); impotence (1.5%); rash (1.4%); arthritis (1.1%); dyspnea (1.1%). Discontinuation of therapy due to clinical adverse events was required in 5 patients (0.8%). In placebo-controlled trials, an excess of upper respiratory infection and flu syndrome was seen in the ramipril group. As these studies were carried out before the relationship of cough to ACE inhibitors was recognized, some of these events may represent ramipril-induced cough. In a later 1-year study, increased cough was seen in almost 12% of ALTACE patients, with about 4% of these patients requiring discontinuation of treatment. Approximately 1% of patients treated with ALTACE monotherapy in North American controlled clinical trials (n=972) have required discontinuation because of cough.

**Treatment Following Acute Myocardial Infarction**  
Adverse events (except laboratory abnormalities) in a controlled clinical trial of post-AMI patients with clinical signs of heart failure considered possibly/probably related to ALTACE and occurring in more than 1% of stabilized patients (n=1,004) were: hypotension (10.7%); increased cough (7.6%); dizziness/vertigo (5.6%); nausea/vomiting (3.8%); angina pectoris (2.9%); postural hypotension (2.2%); syncope (2.1%); heart failure (2.0%); severe/resistant heart failure (2.0%); myocardial infarction (1.7%); vomiting (1.6%); headache (1.2%); abnormal kidney function (1.2%); abnormal chest pain (1.1%); diarrhea (1.1%). Isolated cases of death have been reported with the use of ramipril that appear to be related to hypotension (including first dose effects), but many of these are difficult to differentiate from progression of underlying disease (see WARNINGS - Hypotension). Discontinuation of therapy due to adverse reactions was required in 368/1,004 post-AMI patients taking ramipril (36.7%), compared to 401/982 patients receiving placebo (40.8%).

**Clinical Laboratory Test Findings:** increased creatinine; increases in blood urea nitrogen (BUN); decreases in hemoglobin or hematocrit; hyponatremia; elevations of liver enzymes, serum bilirubin, uric acid, blood glucose; proteinuria and significant increases in serum potassium.

**DOSAGE AND ADMINISTRATION**

**Essential Hypertension:** Dosage of ALTACE (ramipril) must be individualized. Initiation of therapy requires consideration of recent antihypertensive drug treatment, the extent of blood pressure elevation and salt restriction. The dosage of other antihypertensive agents being used with ALTACE may need to be adjusted.

**Monotherapy:** The recommended initial dosage of ALTACE in patients not on diuretics is 2.5 mg once daily. Dosage should be adjusted according to blood pressure response, generally, at intervals of at least two weeks. The usual dose range is 2.5 to 10 mg once daily. A daily dose of 20 mg should not be exceeded.

In some patients treated once daily, the antihypertensive effect may diminish towards the end of the dosing interval. This can be evaluated by measuring blood pressure just prior to dosing to determine whether satisfactory control is being maintained for 24 hours. If it is not, either twice daily administration with the same total daily dose, or an increase in dose should be considered. If blood pressure is not controlled with ALTACE alone, a diuretic may be added. After the addition of a diuretic, it may be possible to reduce the dose of ALTACE.

**Concomitant Diuretic Therapy:** Symptomatic hypotension occasionally may occur following the initial dose of ALTACE and is more likely in patients who are currently being treated with a diuretic. The diuretic should, if possible, be discontinued for two

to three days before beginning therapy with ALTACE to reduce the likelihood of hypotension (see WARNINGS). If the diuretic cannot be discontinued, an initial dose of 1.25 mg of ALTACE should be used with careful medical supervision for several hours and until blood pressure has stabilized. The dosage of ALTACE should subsequently be titrated (as described above) to the optimal response.

**Use in Renal Impairment:** For patients with a creatinine clearance below 40 mL/min/1.73 m<sup>2</sup> (serum creatinine above 2.5 mg/dL), the recommended initial dose is 1.25 mg of ALTACE once daily. Dosage may be titrated upward until blood pressure is controlled or to a maximum total daily dose of 5 mg. In patients with severe renal impairment (creatinine clearance below 10 mL/min/1.73 m<sup>2</sup>) the maximum total daily dose of 2.5 mg of ALTACE should not be exceeded.

**Treatment Following Acute Myocardial Infarction:** Initiation of therapy requires consideration of concomitant medication and baseline blood pressure and should be instituted under close medical supervision, usually in a hospital, three to ten days following an acute myocardial infarction in haemodynamically stable patients with clinical signs of heart failure. The recommended initial dosage of ALTACE is 2.5 mg given twice a day (b.i.d.), one in the morning and one in the evening. If tolerated, and depending on the patient's response, dosage may be increased by doubling at intervals of one to three days. The maximum daily dose of ALTACE should not exceed 5 mg twice daily (b.i.d.). After the initial dose of ALTACE, the patient should be observed under medical supervision for at least two hours and until blood pressure has stabilized for at least an additional hour. If a patient becomes hypotensive at this dosage, it is recommended that the dosage be lowered to 1.25 mg b.i.d. following effective management of the hypotension. (see WARNINGS - Hypotension).

Patients who have been fluid or salt depleted, or treated with diuretics are at an increased risk of hypotension (see WARNINGS - Hypotension). An excessive fall in blood pressure may occur particularly in the following: after the initial dose of ALTACE; after every first increase of dose of ALTACE; after the first dose of a concomitant diuretic and/or when increasing the dose of the concomitant diuretic. If appropriate, the dose of any concomitant diuretic should be reduced which may diminish the likelihood of hypotension (see PRECAUTIONS - Drug Interactions). Consideration should be given to reducing the initial dose to 1.25 mg of ALTACE in these patients.

**Use in Renal Impairment:** In patients with impaired renal function (creatinine clearance of 20-50 mL/min/1.73 m<sup>2</sup> body surface area), the initial recommended dosage is generally 1.25 mg of ALTACE once daily. This dosage may be increased with caution up to 1.25 mg of ALTACE twice daily, depending upon clinical response and tolerability.

Insufficient data is available concerning the use of ramipril following acute myocardial infarction in patients with heart failure and severe renal failure. (see ACTION AND CLINICAL PHARMACOLOGY - Pharmacokinetics and Metabolism, PRECAUTIONS - Renal Impairment).

**Use in Hepatic Impairment:** Insufficient data is available concerning the use of ramipril following acute myocardial infarction in patients with heart failure and hepatic dysfunction. Dose reduction and careful monitoring of these patients is required (see ACTIONS AND CLINICAL PHARMACOLOGY - Pharmacokinetics and Metabolism, PRECAUTIONS - Patients with Impaired Liver Function).

**Management of Patients at Increased Risk of Cardiovascular Events:** Recommended initial dose: 2.5 mg of ALTACE once daily. Depending on the tolerability, the dose is gradually increased. It is recommended to double the dose after one week of treatment and - after another three weeks - to increase it to 10 mg. Usual maintenance dose: 10 mg of ALTACE daily (see ACTION AND CLINICAL PHARMACOLOGY, WARNINGS and PRECAUTIONS). Dosage recommendations for special risk groups such as patients with renal or hepatic impairment, or at an increased risk of hypotension (fluid or salt depletion, treated with diuretics) are to be followed as previously described (see WARNINGS and PRECAUTIONS).

**DOSAGE FORM**

**a) Composition**

ALTACE (ramipril) capsules 1.25 mg, 2.5 mg, 5.0 mg, and 10.0 mg contain the medicinal ingredient ramipril in quantities of 1.25 mg, 2.5 mg, 5.0 mg, and 10.0 mg respectively. The qualitative formulation for all potencies of ALTACE is: ramipril, pre-gelatinized starch NF (as filler, gliding agent and disintegration agent) and empty gelatin capsules. Empty gelatin capsules for all potencies of ALTACE are composed of gelatin NF and coloring agents specific to each potency (see below).

POTENCY	CAP	BODY
1.25 mg	Yellow iron oxide Titanium dioxide	Titanium dioxide
2.5 mg	Yellow iron oxide FD & C red no. 3 Titanium dioxide	Titanium dioxide
5.0 mg	FD & C blue no. 2 FD & C red no. 3 Titanium dioxide	Titanium dioxide
10.0 mg	FD & C blue no. 2 FD & C red no. 3 Black iron oxide Titanium dioxide	Titanium dioxide

**b) Stability and storage recommendations**

Store ALTACE (ramipril) in original container at room temperature, below 25°C and not beyond the date indicated on the container.

**AVAILABILITY:** No. 4 hard gelatin capsules:

- 1.25 mg (white/yellow);
- 2.5 mg (white/orange);
- 5.0 mg (white/red);
- 10.0 mg (white/blue).

ALTACE capsules 1.25 mg, 2.5 mg, 5.0 mg and 10.0 mg are packaged in cartons of 30 (2 x 15 blister-packed) capsules. Bottles of 100 capsules and 500 capsules also available.

Product monograph available upon request.

**References:**

1. ALTACE Product Monograph. 2. The Heart Outcomes Prevention Evaluation Study Investigators (HOPE) Trial. Effects of an angiotensin-converting-enzyme inhibitor, ramipril, on cardiovascular events in high-risk patients. *N Engl J Med* 2000;342(3):145-53.

## PORTRAIT OF A FAMILY HISTORY

### HISTORY DOESN'T HAVE TO REPEAT ITSELF



Roger,  
History of  
angina.

Died age 57  
of MI.

Alice,  
History of  
diabetes and  
high total  
cholesterol.

Died age 62  
of stroke.

Help Reduce the  
Risk of CV Death

by **26%**<sup>1</sup>

( $p < 0.001$ ; 6.1% vs. 8.1%)



**ALTACE** 10 mg  
ramipril

GUARDING AGAINST CV DEATH

ALTACE is indicated in the treatment of essential hypertension, normally when beta-blockers and diuretics are inappropriate. It may be used alone or in association with thiazide diuretics. ALTACE is indicated following acute myocardial infarction in clinically stable patients with signs of left ventricular dysfunction to improve survival and reduce hospitalizations for heart failure.

Results from the HOPE study showed that ALTACE improved survival in patients by reducing the risk of CV death by 26% ( $p < 0.001$ ; 6.1% vs. 8.1%). ALTACE may be used to reduce the risk of MI, stroke, or CV death in patients over age 55 who are at high risk of CV events because of a history of CAD, stroke, peripheral artery disease, or diabetes accompanied by at least 1 other CV risk factor such as hypertension, elevated total cholesterol levels, low HDL levels, cigarette smoking, or documented microalbuminuria.

Like other ACE inhibitors, ALTACE is not recommended for pregnant or lactating women and should be used with caution in patients with renal insufficiency. The most frequent adverse events occurring in clinical trials with ALTACE monotherapy in hypertensive patients who were treated for at least 1 year ( $n = 651$ ) were: headache (15.1%); dizziness (3.7%); asthenia (3.7%); chest pain (2.0%). Discontinuation of therapy due to clinical adverse events was required in 5 patients (0.8%).

The reasons for stopping treatment were cough (ramipril 7.3% vs. placebo 1.8%); hypotension/dizziness (1.9% vs. 1.5%) and edema (0.4% vs. 0.2%).

## ALTACE is the most prescribed ACEI among cardiologists.\*

\*IMS Health Canada: Canadian CompuScript Audit, Year 2002 Total Prescriptions



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# 25 Years Ago in the Canadian Journal of Neurological Sciences

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## REGULATION OF CYTOPLASMIC CALCIUM: INTERACTIONS BETWEEN PROSTAGLANDINS, PROSTACYCLIN, THROMBOXANE A<sub>2</sub>, ZINC, COPPER AND TAURINE

D.F. Horrobin, M.S. Manku, S. Cunnane,  
M. Karmazyn, R.O. Morgan, A.I. Ally, R.A. Karmali

**SUMMARY:** The regulation of cytoplasmic calcium is a key process in nerve tissue. Using a smooth muscle model we have shown that prostaglandin (PG) E<sub>2</sub> probably regulates entry from extracellular fluid, whereas the release from intracellular stores depends on the interplay between thromboxane (TX) A<sub>2</sub>, PGEI and prostacyclin. Hormones and other agents interact with this system in the following ways: vasopressin, angiotensin and inositol mobilize arachidonic acid from membrane phospholipids and increase synthesis of PGE<sub>2</sub> and TXA<sub>2</sub>, cortisol blocks this action. Prolactin and zinc mobilize dihomono- $\gamma$ -linolenic acid and increase synthesis of PGEI. These effects can be blocked by cortisol, lithium and taurine, three agents which on their own have no effect on basal PG production. Epileptogenic agents like penicillin and picrotoxin also stimulate PG synthesis, while diphenylhydantoin is a PG antagonist and diazepam is a TXA<sub>2</sub> antagonist. The effects of all these agents occur at concentrations which are physiological in the case of the natural ones, and readily attained in human plasma in the case of the drugs. In view of recent evidence that calcium may be important in demyelination and considering the established role it plays in nerve conduction and synaptic transmission, we suggest that these observations may be of significance in understanding Friedreich's ataxia.

Can. J. Neurol. Sci. 1978;5:93

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## OXYGEN TRANSPORT IN PATIENTS WITH FRIEDREICH'S ATAXIA

M.A. Bureau, Y. Berthiaume, R. Begin,  
D. Shapcott, B. Lemieux and M. Cote

**SUMMARY:** The hypothesis that an abnormal oxygen-hemoglobin dissociation curve is a primary or a secondary defect in patients with Friedreich's ataxia was investigated in 12 subjects with this disease. Hemoglobin and PSO were measured and compared with age and sex matched controls. The mean

hemoglobin concentration was 14.2 g% and the P50 was 26.25 torr for the patients and 13.8 g% and 26.27 torr in the controls. These results indicate that the oxygen transport system is normal in this disease and likely exclude an abnormal oxygen dissociation curve as a primary or a secondary factor in the pathophysiology of the cardiomyopathy and the neuromyopathy found in this disease.

Can. J. Neurol. Sci. 1978;5:97

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## FAMILIAL HYPERBILIRUBINEMIA IN FRIEDREICH'S ATAXIA

E. Hamel, D. Bedard, F. Lavolette,  
R.F. Butterworth and A. Barbeau

**SUMMARY:** The combined metabolic stresses of fasting and the intravenous injection of 50 mg nicotinic acid in Friedreich's ataxia resulted in the delineation of two subgroups of responses. High bilirubin ataxics maintained abnormally elevated levels of bilirubin, while normal bilirubin ataxics behaved like the normal control group. It is postulated that this finding infers the possible linkage of the gene for Friedreich's ataxia and that for Gilbert's disease.

Can. J. Neurol. Sci. 1978;5:101

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## LIPOAMIDE DEHYDROGENASE REGULATION IN RAT BRAIN

T.T. Ngo and A. Barbeau

**SUMMARY:** The Pyruvate dehydrogenase multienzyme complex (PDHC) purified from rat brain is phosphorylated in the presence of low concentrations of ATP and MgCl<sub>2</sub>. The phosphorylated PDHC is incapable of catalyzing the oxidative decarboxylation of pyruvate. In the presence of high concentrations (10 mM) of MgCl<sub>2</sub>, the phosphorylated (inactive) PDHC is converted back to the dephospho-form of PDHC which is catalytically active.

The dihydrolipoyl dehydrogenase (LAD) component, E<sub>3</sub>, of PDHC is inactivated by pyridoxal phosphate (PLP) and the PLP-inactivated LAD can be reactivated by an amino acid, taurine. These results indicate the reversible formation of Schiff base between PLP and LAD. They also provide clear evidence for the involvement of LAD (E<sub>3</sub>) in the previously reported inactivation of PDHC by PLP.

Can. J. Neurol. Sci. 1978;5:105

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Cholinesterase inhibition and nicotinic modulation<sup>1,2†</sup>

## New REMINYL: The difference may be nicotinic modulation†

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
† Based on *in vitro* data. The clinical relevance to humans is unknown. The majority of common side effects occurred during the dose-escalation period and were primarily gastrointestinal. During maintenance therapy, the most common side effects were: REMINYL 16 mg/day-nausea (4%) and diarrhea (5%); REMINYL 24 mg/day-nausea (6%), vomiting (6%) and anorexia (5%).

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### References:

1. REMINYL<sup>®</sup> (galantamine hydrobromide) Product Monograph, JANSSEN-ORTHO Inc., October 29, 2003.
2. Maelicke A, Albuquerque EX. *Eur J Pharmacol* 2000;393:165-170.

†† Exception drug status

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## Réduction de la fréquence des poussées\*

- Réduction de 35 % après neuf mois (0,50 {n = 113} c. 0,77 {n = 115} placebo, moyenne, p = 0,0077)<sup>1</sup>.
- Réduction de 75 % après deux ans (0,60 {n = 25} c. 2,40 {n = 25} placebo, moyenne, p = 0,005)<sup>1</sup>.

\*Deux études indépendantes

## Profil d'innocuité établi

- Innocuité démontrée depuis plus de sept ans dans les essais cliniques<sup>1</sup>.
- Aucune surveillance en laboratoire des anomalies hépatiques ou sanguines n'est recommandée<sup>1</sup>.

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# 25 Years Ago in the Canadian Journal of Neurological Sciences

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## SERUM AND PLATELET LIPOAMIDE DEHYDROGENASE IN FRIEDREICH'S ATAXIA

A. Filla, R.F. Butterworth, G. Geoffroy,  
B. Lemieux and A. Barbeau

**SUMMARY:** Pyruvate dehydrogenase (PDH),  $\alpha$ -keto glutarate dehydrogenase ( $\alpha$ -KGDH) and lipoamide dehydrogenase (LAD) were measured in platelets of 11 patients with typical Friedreich's ataxia and 10 normal control subjects. Serum LAD was also evaluated in the same patients. No statistically significant changes were found in platelets for the group as a whole, although some patients had low values (more than one standard deviation below control mean). Serum LAD was significantly reduced in the patients with Friedreich's ataxia. This was not due to associated diabetes.

Can. J. Neurol. Sci. 1978;5:111

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## LIPOAMIDE DEHYDROGENASE IN FRIEDREICH'S ATAXIA FIBROBLASTS

S.B. Melançon, M. Potier, L. Dallaire, G. Fontaine,  
B. Grenier, B. Lemieux, G. Geoffroy and  
A. Barbeau

**SUMMARY:** Lipoamide dehydrogenase was measured in cultivated skin fibroblasts from twelve patients with Friedreich's ataxia and nine normal controls. No difference in specific activity, subcellular distribution and  $V_{max}$  or  $K_m$  was observed between patients and controls.

Can. J. Neurol. Sci. 1978;5:115

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## PLATELET TAURINE UPTAKE IN SPINOCEREBELLAR DEGENERATION

A. Filla, R.F. Butterworth, G. Geoffroy,  
B. Lemieux and A. Barbeau

**SUMMARY:** The uptake of  $^{14}C$ -taurine was studied in the platelets of 20 ataxic patients and 20 age-matched normal control subjects. No significant differences were found in uptake or kinetics of taurine between the two groups of subjects. If a transport defect in taurine exists in Friedreich's ataxia, it is not present in all tissues. Preliminary indication was

obtained in favor of heterogeneity of the uptake pattern between ataxic individuals.

Can. J. Neurol. Sci. 1978;5:119

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## TAURINE IN CEREBROSPINAL FLUID IN FRIEDREICH'S ATAXIA

B. Lemieux, R. Giguere, A. Barbeau, S. Melançon  
and D. Shapcott

**SUMMARY:** In a previous study we reported low values of taurine and aspartic acid in the CSF of patients with Friedreich's ataxia, when the results were compared to the literature. Further studies have revealed that unforetold difficulties with the advertised methodology of sequential multisample amino acid analysis were responsible for low values in the determination of these two amino acids in the small volumes necessary for CSF. A corrected method is presented. With the latter method the differences disappear for CSF taurine and aspartic acid, but they remain valid for the previously reported blood and urine values in Friedreich's ataxia. GABA levels are also normal in Friedreich's ataxia CSF.

Can. J. Neurol. Sci. 1978;5:125

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## CEREBELLAR ATAXIA PRODUCED BY 3- ACETYL PYRIDINE IN RAT

R.F. Butterworth, E. Hamel, F. Landreville and  
A. Barbeau

**SUMMARY:** A single intraperitoneal injection of 3-acetyl pyridine produces, within 24 hours of administration, signs of cerebellar ataxia and damage to the medulla oblongata and to the climbing fibers of the cerebellum. These changes are accompanied by changes in the concentration of certain amino acids in the appropriate areas. Glutamic acid is decreased in cerebellum, medulla, cortex, striatum, hippocampus, retina and olfactory bulbs, while taurine is specifically decreased in the cerebellum and medulla oblongata and aspartic acid in the retina. The concentrations of GABA and glycine are not modified in any of the areas studied. Glutamine is generally increased in concentration in areas of cell damage.

Can. J. Neurol. Sci. 1978;5:131

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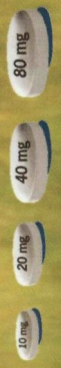
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Lipid levels should be monitored periodically and, if necessary, the dose of LIPITOR adjusted based on target lipid levels recommended by guidelines. Caution should be exercised in severely hypercholesterolemic patients who are also renally impaired, elderly, or are concomitantly being administered digoxin or CYP 3A4 inhibitors.

Liver function tests should be performed before the initiation of treatment, and periodically thereafter. Special attention should be paid to patients who develop elevated serum transaminase levels, and in these patients, measurements should be repeated promptly and then performed more frequently.

† A patient-year represents the total time of exposure to LIPITOR as defined by the sum of each patient's time on LIPITOR.<sup>†</sup>

‡ The Atorvastatin Versus Revascularization Treatments (AVERT) study examined the effect of intensive lipid-lowering in patients with stable coronary artery disease and LDL-C at least 3.0 mmol/L in patients referred for percutaneous transluminal coronary angioplasty (PTCA). Patients were randomized for 18 months to LIPITOR 80 mg daily or to PTCA with usual medical care which could include lipid metabolism regulators. The results of the AVERT study should be considered as exploratory since several limitations may affect its design and conduct. In the medical-treated group with LIPITOR there was a trend for a reduced incidence of ischemic events and a delayed time to first ischemic event. The results also suggest that intensive treatment to target LDL-C levels with LIPITOR is additive and complementary to angioplasty and would benefit patients referred for this procedure.<sup>1</sup>

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- In a study of 97 ITP patients, 90% of adverse events were mild-to-moderate and transient.<sup>1,\*</sup>

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- Largest pivotal trials in IGIV in patients with primary humoral immunodeficiency (PID) and idiopathic thrombocytopenic purpura (ITP).<sup>1,§</sup>
- Head-to-head comparison in more than 350 patients vs Gamimune® N, 10%.<sup>1</sup>

### Proven efficacy in immune replacement therapy.

- Reduced the annual rate of validated sinopulmonary infection in PID (Gamunex™: 0.18 vs Gamimune® N, 10%: 0.43,  $p = 0.023$ ).<sup>1,¶</sup>

### Proven efficacy in immunomodulatory therapy.

- Gamunex™ demonstrated excellent response rates in chronic ITP (100%) and acute ITP (90%).<sup>2,\*\*</sup>
- Excellent duration of platelet response (Gamunex™: 74% vs Gamimune® N, 10%: 60%).<sup>2,††</sup>

\*Most common adverse events reported in a study of 97 ITP patients: headache (50%), vomiting (13%), fever (10%), nausea (10%), rash (6%), back pain (6%).

†Initial infusion rate is 0.01 to 0.02 mL/kg body weight/min for 30 minutes; if well tolerated, the rate may be gradually increased to a maximum of 0.14 mL/kg body weight/min.

‡May be stored at room temperature ( $\leq 25^{\circ}\text{C}$ ) for 5 months during first 18 months of manufacture after which product must be used or discarded.

§Based on sizes of studies listed in Product Monographs of IGIV products currently marketed in Canada.

¶Double-blind trial of 172 PID patients randomized to Gamunex™ or Gamimune® N, 10%.

\*\*Double-blind trial of 97 ITP patients randomized to Gamunex™ or Gamimune® N, 10% response rate by day 7.

††ITP study above; maintenance rate ( $\geq 50 \times 10^9$  for 7 days);  $p = 0.066$ .

‡‡Comparative clinical significance unknown.

Most common adverse events reported in PID were: cough increased (1.7%), headache (0.8%), fever (0.1%) and pharyngitis (0.8%).

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- Réduction de la FRÉQUENCE et de la GRAVITÉ des poussées en SEP rémittente<sup>1-3</sup>
- Soutien téléphonique sur la prise en charge fourni sans frais par SEP-ACCÈS<sup>MD</sup> pour le Canada et permettant au patient d'être en communication directe avec une infirmière spécialisée en SEP

BETASERON® (interféron bêta-1b) est indiqué pour réduire la fréquence des poussées cliniques chez les patients ambulatoires atteints de sclérose en plaques rémittente. Il est également indiqué pour ralentir la progression de l'incapacité et réduire la fréquence des poussées cliniques chez les patients atteints de sclérose en plaques progressive-secondaire.

L'efficacité et l'innocuité de BETASERON® dans la SEP progressive-primaire n'ont pas été évaluées. On ne dispose pas de données probantes sur l'efficacité du traitement dans la SEP rémittente au-delà de deux ans.

Chez les patients atteints de SEP rémittente, les effets indésirables les plus courants liés à l'utilisation de BETASERON® sont : syndrome pseudo-grippal (76 %), fièvre (59 %), frissons (46 %), réactions au point d'injection (85 %), myalgie (44 %), asthénie (49 %) et malaise (15 %)<sup>2</sup>. Les symptômes pseudo-grippaux et les réactions au point d'injection peuvent être traités et diminuent avec le temps<sup>2</sup>.

POUR PLUS DE DÉTAILS SUR LES MISES EN GARDE ET LES PRÉCAUTIONS, VEUILLEZ CONSULTER LA MONOGRAPHIE DE PRODUIT FOURNIE SUR DEMANDE AUX PROFESSIONNELS DE LA SANTÉ.



# 25 Years Ago in the Canadian Journal of Neurological Sciences

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## EFFECT OF ALLOXAN DIABETES ON CEREBELLAR AMINO ACIDS

R.F. Butterworth, E. Hamel, F. Landreville and A. Barbeau

**SUMMARY:** Rats rendered diabetic by alloxan monohydrate were studied to investigate the effect of increased blood glucose upon the concentration of various putative neurotransmitter amino acids in the cerebellum. No modification was found in the concentrations of glutamate, gamma aminobutyric acid (GABA), glutamine, glycine or taurine, but there was a significant decrease in the cerebellar concentration of aspartate in the diabetic animals. This raises the question of the specificity of the aspartic acid defect found in some forms of ataxia.

Can. J. Neurol. Sci. 1978;5:135

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## ANTAGONISM BY TAURINE OF MORPHINE INDUCED GROWTH HORMONE SECRETION

R. Collu, G. Charpenet and M.I. Clermont

**SUMMARY:** The intraperitoneal (IP) or intraventricular (IVT) administration of small amounts of taurine did not modify pentobarbital-induced sleep or pituitary hormone release. However, the drastic increment in plasma GH values induced by morphine administration was completely blocked by the IVT injection of the amino acid. Whether taurine plays a physiological role in the control of GH secretion is highly speculative.

Can. J. Neurol. Sci. 1978;5:139

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## PURINE METABOLISM IN FRIEDREICH'S ATAXIA

P. Draper, B. Lemieux, I.H. Fox and D. Shapcott

**SUMMARY:** In a detailed investigation of nucleotide synthesis, interconversion and degradation, no difference was found between subjects with Friedreich's ataxia and normal controls. It appears improbable that this disorder is related to a primary defect in purine metabolism.

Can. J. Neurol. Sci. 1978;5:143

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## PLASMA LIPIDS AND LIPOPROTEINS IN FRIEDREICH'S ATAXIA AND FAMILIAL SPASTIC ATAXIA – EVIDENCE FOR AN ABNORMAL COMPOSITION OF HIGH DENSITY LIPOPROTEINS

Y.S. Huang, A.C. Nestruck, A. Barbeau,  
J.P. Bouchard, and J. Davignon

**SUMMARY:** A systematic study of plasma lipids and lipoproteins was carried out in 11 cases of Friedreich's ataxia and 6 cases of familial spastic ataxia (Charlevoix-Saguenay disease) using 11 healthy normolipidemic volunteers of comparable age and sex as controls. No differences were noted in the fatty acid profile of the total lipid fraction, in the total cholesterol and phospholipids or in the percentage distribution of the individual phospholipid classes. The triglycerides were significantly higher in Friedreich's ataxia, but remained within the normal range. Although no systematic abnormalities could be detected in the electrophoretic pattern of plasma lipoproteins or in the apolipoprotein profile on polyacrylamide gel electrophoresis, major differences were found in the high density lipoprotein (HDL) fraction. Their total amount was reduced and their composition was abnormal in both neurological diseases. In Friedreich patients, the relative proportion of cholesterol and triglycerides was increased while the relative protein content was greatly reduced. In Charlevoix disease, a similar abnormality was seen except for the excess of triglycerides. The proportion of phospholipids in HDL was the same in the three groups of patients. In addition, the low density lipoprotein (LDL) fraction was slightly reduced in both diseases. This anomaly of the HDL fraction could indicate that the HDL apolipoprotein moiety has a greater affinity for cholesterol and triglycerides in Friedreich's ataxia than its normal counterpart.

Can. J. Neurol. Sci. 1978;5:149



IF YOU STARTED PATIENTS ON REQUIP®,  
WOULD THE FUTURE LOOK DIFFERENT?

Interim 6-month results from a 5-year multicentre study show ReQuip® demonstrated similar efficacy to L-dopa in the control of early<sup>†</sup> Parkinson's disease.<sup>1Q</sup> Yet ReQuip® has demonstrated a low propensity to produce dyskinesias.<sup>2††</sup> Maybe it's time to rethink Parkinson's. And start early Parkinson's patients on ReQuip® alone.

ReQuip® (ropinirole hydrochloride) is indicated in the treatment of the signs and symptoms of idiopathic Parkinson's disease. ReQuip® can be used both as early therapy without concomitant levodopa and as an adjunct to levodopa. Three year and five year active-comparator controlled clinical trials have been conducted. Patients receiving treatment with ReQuip®, and other dopaminergic agents have reported the sudden onset of sleep while engaged in daily activities. Patients should be warned not to drive or engage in other activities where impaired alertness could put themselves or others at risk.<sup>†††</sup>

Adverse events occurring with an incidence of greater than, or equal to, 10% were as follows: *Early therapy*: nausea, dizziness, somnolence, headache, peripheral edema, vomiting, syncope, fatigue and viral infection. *Adjunct therapy*: dyskinesia, nausea, dizziness, somnolence and headache.

ReQuip® is contraindicated in patients with a known hypersensitivity to ropinirole hydrochloride or the excipients of the drug product.

<sup>†</sup> Hoehn and Yahr stages I-II.

<sup>Q</sup> A 6-month interim analysis of a 5-year, double-blinded, randomized, multicentre study of patients with early Parkinson's disease. *n*=268:179 patients received ropinirole and 89 received L-dopa. The mean daily dose was 9.7 mg and 464.0 mg respectively. There was no difference in Clinical Global Improvement scale in patients with Hoehn and Yahr stages I-II although L-dopa showed improvement in a greater proportion of patients with more severe disease. The proportion of responders was 58% in the L-dopa group and 48% in the ropinirole group; this was not of statistical significance.

<sup>††</sup> In Early therapy, the respective incidences of dyskinesia in patients receiving ropinirole was 1.2% and in patients receiving L-dopa was 11.2%. Meta analysis, *n*=515, 17 months.

<sup>†††</sup> Please consult the Warnings section of the Prescribing Information.

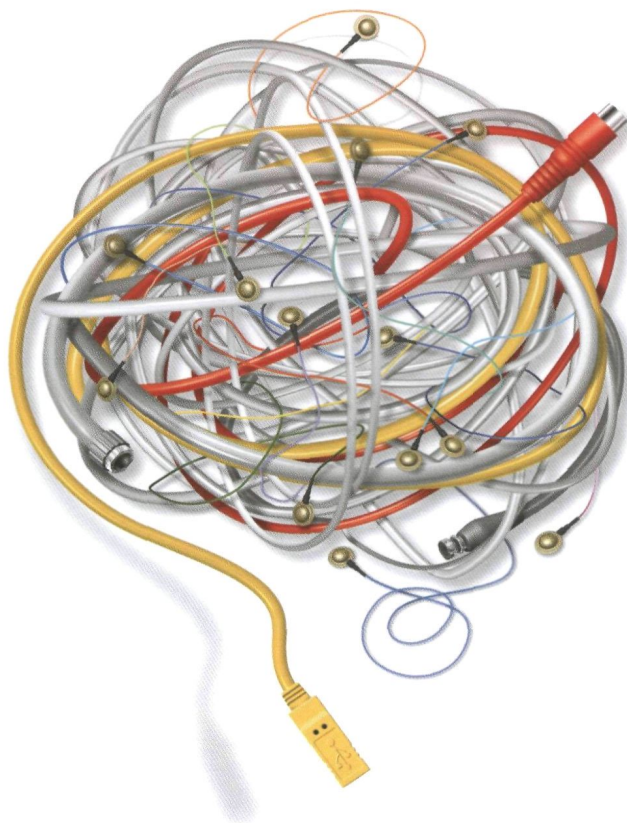
ropinirole  
**REQUIP**®

Rethinking Parkinson's.





## From uncontrolled



**New Keppra —  
connecting excellent  
profiles in efficacy  
and tolerability**

### Effective control of seizures

- Shown to provide up to 4 out of 10 refractory patients with  $\geq 50\%$  reduction in partial onset seizures ( $p < 0.001$ )
- Rapid clinical improvement demonstrated by week 2 during a 14-week evaluation period ( $p < 0.001$ )<sup>1\*</sup>



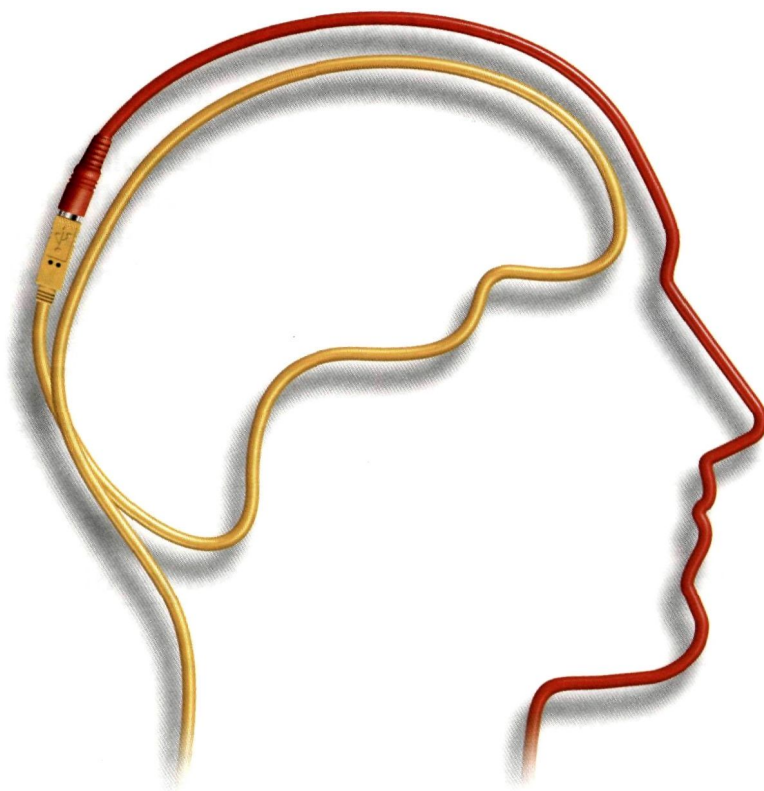
For more information, please refer to the complete Keppra Product Monograph.  
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Keppra is indicated as adjunctive therapy in the management of patients with epilepsy who are not satisfactorily controlled by conventional therapy.

The most significant CNS adverse events were somnolence (Keppra 15% vs placebo 10%) and asthenia (Keppra 14% vs placebo 10%), behavioural/psychiatric symptoms (nonpsychotic: Keppra 14% vs placebo 6%; psychotic: Keppra 1% vs placebo 0%) and coordination difficulties (Keppra 3% vs placebo 2%). These adverse events were observed in controlled clinical trials with concomitant AEDs.

to control

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FULL BENEFIT  
COVERAGE ON  
QUEBEC AND  
SASKATCHEWAN  
FORMULARIES



### Generally well tolerated

- Favourable adverse event profile
- Adverse events not dose dependent<sup>2</sup>
- Low discontinuation or dosage reduction (Keppra 14.3% vs placebo 11.7%) due to adverse events<sup>1</sup>

### Efficacy and manageability right from the start

- Starting dose of 1000 mg/day (500 mg bid) shown to be effective and may be adjusted to a maximum of 3000 mg/day if required
- No blood level monitoring required
- No drug/drug interactions<sup>†</sup> with other AEDs, warfarin, digoxin or between Keppra 500 mg bid and a combination oral contraceptive (0.03 mg ethinyl estradiol and 0.15 mg levonorgestrel)<sup>§</sup>

§ Note: Pharmacokinetic interaction studies with contraceptives have not been conducted covering the full recommended dosage range of Keppra. Physicians should advise their female patients to be alert to any irregular vaginal bleeding or spotting and report any occurrences.

\* Data from a 38-week multicentre, randomised, add-on, double-blind, placebo-controlled, parallel-group trial. Study consisted of a 4-week titration period followed by a 14-week evaluation period. Patients received either levetiracetam 1000 mg/day (n = 98), 3000 mg/day (n = 101) or placebo (n = 95). Patient weekly seizure frequency was reduced over placebo, at week 2 of the evaluation period, by 24.9% (1.120/1.406) for Keppra 1000 mg/day and 38.6% (0.918/1.406) for Keppra 3000 mg/day. The percentage of patients achieving ≥ 50% seizure reduction from baseline after the 18-week titration and evaluation period was 7.4% for placebo, 37.1% for Keppra 1000 mg/day and 39.6% for Keppra 3000 mg/day.

† Based on observations in clinical studies.

‡ C<sub>max</sub> of levetiracetam's metabolite (ucb L057) was approximately doubled in presence of probenecid. Renal clearance of ucb L057 decreased by 60% in presence of probenecid.

NEW  
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**Keppra**<sup>®</sup>  
levetiracetam

CONNECTING EXCELLENT PROFILES IN  
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# PERMAXimize Patient Outcome

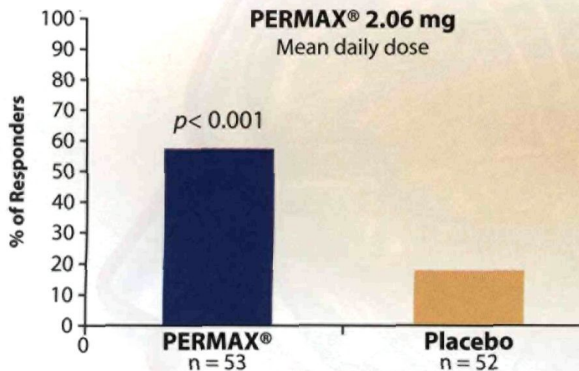
For **All Ages\*** and **Stages** of Parkinson's Disease

\*Safety and effectiveness in children has not been established

**HELP OPTimize** improvement of function with:

## Monotherapy in Early Stages of PD<sup>1</sup>

PERMAX<sup>®</sup> showed  $\geq 30\%$  decrease in UPDRS motor score.<sup>1</sup>

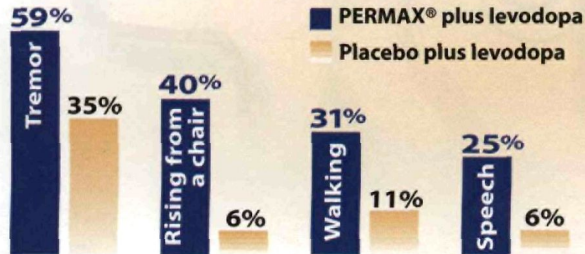


**"Pergolide monotherapy may be an efficacious and generally well-tolerated first-line treatment in patients with early-stage PD."<sup>1</sup>**

\*Multicentre, double-blind, randomized, parallel-group, 3 month trial versus placebo. Parkinson's patients with a score greater than 14 on the UPDRS at baseline were enrolled.

Permax<sup>®</sup> n=53, Placebo n=52  
Mean dose of Permax<sup>®</sup> was 2.06 mg/day.

## Adjunct Therapy in Advanced Stages of PD<sup>2</sup>



**PERMAX<sup>®</sup> as adjunct therapy showed greater improvement when compared to placebo.<sup>2</sup>**  
 $p < .001$ \*

Adapted from Olanow et al.<sup>2</sup>

Permax<sup>®</sup> (pergolide mesylate) is indicated in the treatment of the signs and symptoms of idiopathic Parkinson's disease. Permax<sup>®</sup> may be used both as Early Therapy, without concomitant levodopa, and as Adjunct Therapy to levodopa (usually with a peripheral decarboxylase inhibitor). Most common adverse effect >10%. Monotherapy: nausea 38.0% and dizziness 12.4%. Adjunct therapy: dyskinesia 62.4%, nausea 24.3%, dizziness 19.1%, hallucinations 13.8%, rhinitis 12.2%, dystonia 11.6%, confusion 11.1%, constipation 10.6%, and somnolence 10.1%.

There have been rare reports of serous inflammation and fibrosis associated with pergolide. Caution should be used in patients who are susceptible to these conditions. There have also been reports of the sudden onset of sleep, not necessarily preceded by drowsiness. Patients should be cautioned about operating hazardous machinery, including motor vehicles.

\*A statistically significant improvement in total Parkinson score was observed in the Permax<sup>®</sup> treatment group (n=189) compared to the control group (n=187) from baseline to each visit, and for the entire trial. Total patient group is 376.

A prospective, 16-center, double-blind, placebo-controlled, 6 month trial of Permax<sup>®</sup> as an adjunct to carbidopa/levodopa vs. placebo plus carbidopa/levodopa in patients with moderately severe dyskinesia or carbidopa/levodopa end-of-dose deterioration (wearing-off effect).

Average concurrent levodopa was 650 mg/day  $p < 0.001$ . Values were measured at the 6 month endpoint.

**PERMAX<sup>®</sup>**  
pergolide mesylate

