# A LOWER ESTIMATE FOR CENTRAL PROBABILITIES ON POLYCYCLIC GROUPS 

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#### Abstract

We give a lower estimate for the central value $\mu^{* n}(e)$ of the $n$th convolution power $\mu * \cdots * \mu$ of a symmetric probability measure $\mu$ on a polycyclic group $G$ of exponential growth whose support is finite and generates $G$. We also give a similar large time diagonal estimate for the fundamendal solution of the equation $(\partial / \partial t+L) u=0$, where $L$ is a left invariant sub-Laplacian on a unimodular amenable Lie group $G$ of exponential growth.


## 0 . Introduction.

0.1 The discrete case. Let $G$ be a discrete finitely generated group, $e$ its identity element and $\mu$ a probability measure on $G$.

We assume that $\mu$ is symmetric i.e. that $\mu(g)=\mu\left(g^{-1}\right), g \in G$ and that its support $\operatorname{supp} \mu=\{g \in G: \mu(g) \neq 0\}$ generates $G$.

We denote by $\mu^{n}$ the $n$th convolution power $\mu * \cdots * \mu$ of $\mu(\mu * \nu(g)=$ $\left.\sum_{h \in G} \mu(h) \nu\left(h^{-1} g\right), g \in G\right)$.

We fix a set of generators $\left\{x_{1}, \ldots, x_{p}\right\}$ of $G$ and we denote by $\gamma(n)$ the volume growth function of $G$ defined by

$$
\gamma(n)=\left\{g \in G: g=x_{i_{1}}^{\varepsilon_{1}} \cdots x_{i_{n}}^{\varepsilon_{n}}, \varepsilon= \pm 1,1 \leq i_{j} \leq p, 1 \leq j \leq n\right\}, \quad n \in \mathbb{N} .
$$

We say that $G$ has polynomial volume growth, if there are constants $c, d>0$ such that $\gamma(n) \leq c n^{d}, n \in \mathbb{N}$ and exponential volume growth if $\gamma(n) \geq c e^{d n}, n \in \mathbb{N}$.

We say that $G$ is polycyclic (cf. [13]) if it admits a finite sequence of subgroups

$$
G=G_{0} \geq G_{1} \geq \cdots \geq G_{k}=\{e\}
$$

such that $G_{i}$ is normal in $G_{i-1}$ and $G_{i-1} / G_{i}$ is cyclic.
The polycyclic groups are "essentially" those discrete groups that can be realised as lattices of connected solvable Lie groups (cf. [13]). They have either polynomial or exponential volume growth ( $c f$. [11]), a result that it is not true for general finitely generated discrete groups (cf. [7]).

We say that $G$ is virtually polycyclic (or polycyclic by finite) if it admits a normal polycyclic subgroup $\Gamma$ such that $G / \Gamma$ is finite.

In this article we shall prove the following:

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Theorem 1. Let $G$ be a virtually polycyclic group of exponential volume growth and $\mu$ a symmetric probability measure on $G$ whose support is finite and generates $G$. Then there are constants $A, a>0$ such that

$$
\mu^{n}(e) \geq A e^{-a n^{\frac{1}{3}}}, \quad n \in 2 \mathbb{N} .
$$

The same ideas also give the following result, which has also been proved by V. A. Kaimanovich [10] (cf. also A. Raugi [12])

Corollary 2. Let $G$ and $\mu$ be as in Theorem 1. Then every bounded harmonic function $u$ (i.e. such that $\left.u(g)=\sum_{x \in G} u(g x) \mu(x), g \in G\right)$, is constant.

Theorem 1 should be compared with the following:
Theorem 3 ( cf. N. Th. Varopoulos [21]). Let G be a discrete group of exponential volume growth and $\mu$ a symmetric probability measure on $G$, whose support is finite and generates $G$. Then there are constants $B, b>0$ such that

$$
\mu^{n}(e) \leq B e^{-b n^{\frac{1}{3}}}, \quad n \in \mathbb{N}
$$

So Theorem 1 shows that the exponent $\frac{1}{3}$ is indeed optimal.
0.2 The continuous case. The above results have continuous analogues. More precisely, let $G$ be a connected Lie group and $d g$ a left invariant Haar measure on $G$. Let $g$ be the Lie algebra of $G$ which we identify with the left invariant vector fields on $G$.

Having fixed a compact neighborhood $V$ of the identity element $e$ of $G$, we define the volume growth function $\gamma(n), n \in \mathbb{N}$ and the distance function $\rho(x, y), x, y \in G$ as follows

$$
\begin{array}{r}
\gamma(n)=d g \text {-measure }\left(V^{n}\right), \quad n \in \mathbb{N} \\
\rho(x, y)=\rho\left(x^{-1} y\right), \rho(x)=\inf \left\{n \in \mathbb{N}: x \in V^{n}\right\}, \quad x, y \in G .
\end{array}
$$

We say that $G$ has polynomial volume growth if there are constants $c, d>0$ such that

$$
\gamma(n) \leq c n^{d}, \quad n \in \mathbb{N}
$$

and exponential volume growth if

$$
\gamma(n) \geq c e^{d n}, \quad n \in \mathbb{N}
$$

Connected Lie groups have either polynomial or exponential volume growth ( $c f$. [8]), a property not shared by the discrete finitely generated groups (cf. [7]).

In this article we shall assume that $G$ is unimodular, amenable and has exponential volume growth. In our context, amenability means that if $Q$ is the radical of $G$ (i.e. the maximal solvable subgroup of $G$ ), then $G / Q$ is a compact semisimple Lie group (cf. [15]).

Let $X_{1}, \ldots, X_{n}$ be left invariant vector fields on $G$ that satisfy Hörmander's condition, i.e. together with their successive Lie brackets $\left[X_{i_{1}},\left[X_{i_{2}},\left[\cdots\left[X_{i_{s}-1}, X_{i_{s}}\right] \cdots\right]\right]\right.$, they generate $\mathfrak{q}$. Then according to a classical theorem of L.Hörmander [9] the operators $L=-\left(X_{1}^{2}+\cdots+X_{k}^{2}\right)$ and $\partial / \partial t+L$ are hypoelliptic.

We denote by $p_{t}(x, y), x, y \in G, t>0$ the fundamental solution of the equation $(\partial / \partial t+$ $L) u=0$. Observe that the fact that $L$ is a left invariant and symmetric operator implies that $p_{t}(x, y)=p_{t}\left(x^{-1} y\right)$ and $p_{t}(x, y)=p_{t}(y, x), x, y \in G, y>0$.

THEOREM 4. Let $G$ be a connected, unimodular, amenable Lie group of exponential volume growth and $L, p_{t}(x, y)$ as above. Then there are constants $a, A>0$ such that

$$
\begin{equation*}
p_{t}(x, x) \geq A e^{-a t^{\frac{1}{3}}}, \quad x \in G, t \geq 1 . \tag{0.1}
\end{equation*}
$$

A consequence of the proof of the above theorem is the following:
Corollary 5. Let $G$ and L be as in Theorem 4. Then every bounded harmonic function (i.e. every $u \in C^{\infty}(G)$ satisfying $\|u\|_{\infty}<+\infty$ and $L u=0$ in $G$ ) is constant.

As in the discrete case, we also have the following:
Theorem 6 (cf. N. Th. Varopoulos [20]). Let $G, L$ and $p_{t}(x, y)$ be as in Theorem 4. Then for all $\varepsilon>0$ there are constants $B, b>0$ such that

$$
\begin{equation*}
p_{t}(x, y) \leq B e^{-b t^{\frac{1}{3}}} e^{-\frac{\partial^{(x, y)}}{(4+e t)}}, \quad x, y \in G, t \geq 1 . \tag{0.2}
\end{equation*}
$$

So, putting together (0.1) and (0.2) we have a description of the asymptotic behavior of the central value $p_{t}(x, x), x \in G$ of the kernel $p_{t}(x, y), x, y \in G$, as $t \rightarrow \infty$.

Of course, one could ask the question, if a similar lower Gaussian estimate for $p_{t}(x, y)$, i.e. an estimate of the type

$$
\begin{equation*}
A e^{-B t^{\alpha}} e^{-\frac{\rho^{2}(x, y)}{C t}} \leq p_{t}(x, y), \quad x, y \in G, t \geq 1 \tag{0.3}
\end{equation*}
$$

for some $\alpha \in(0,1)$, could be true.
It is easy to see that ( 0.3 ) is not true. Indeed, if we fix a $\beta \in\left(\frac{\alpha+1}{2}, 1\right)$, then ( 0.3 ) would imply that there are constants $A^{\prime}, B^{\prime}>0$ such that

$$
A^{\prime} e^{-B^{\prime} t^{\beta-1}} \leq p_{t}(x, y), x, y \in G, \quad \rho(x, y) \leq t^{\beta}, t \geq 1
$$

This estimate, together with the assumption that $G$ has exponential volume growth, would imply that there is a constant $C^{\prime}>0$ such that

$$
1>\int_{\left\{y \in G: \rho(x, y) \leq t^{\beta}\right\}} p_{t}(x, y) d y \geq A^{\prime} e^{-B^{\prime} t^{2 \beta-1}} e^{C^{\prime} t^{\beta}}, \quad t \geq 1
$$

which is absurd.
Finally, we point out that results similar to Theorem 1 and Corollary 2 can be stated for the heat kernel and the bounded harmonic functions on the covering $\widetilde{M}$ of a compact Riemannian manifold $M$ when the group of the covering is polycyclic. They can be proved in a similar way.

1. Some technical lemmas for random walks in $\mathbb{R}^{p}$. This section is directly inspired from [18].

Let $X_{k}, k \in \mathbb{N}$ be independent, identically distributed random variables, with values in $\mathbb{R}^{p}$ such that

$$
E\left[X_{k}\right]=0, E\left[X_{k}^{2}\right]<+\infty, \quad k \in \mathbb{N}
$$

Also let

$$
Z_{k}=X_{1}+\cdots+X_{k}, \quad k \in \mathbb{N}, Z_{0}=0 \text { a.s. }
$$

and

$$
M_{n}=\sup _{1 \leq i \leq k}\left|Z_{i}\right|, \quad k \in \mathbb{N} .
$$

LEMMA 1.1. There are constants $\varepsilon>0, a_{0}>0$ and $k_{0} \in \mathbb{N}$ such that for all $k \geq k_{0}$, $m \geq 1$ and $\lambda_{1}, \lambda_{2} \in \mathbb{R}^{p}$ satisfying $\left|\lambda_{1}\right| \leq \frac{\sqrt{k}}{10},\left|\lambda_{2}\right| \leq \frac{\sqrt{k}}{10}, a \sqrt{k} \leq m$ and $a \geq a_{0}$ we have

$$
\begin{equation*}
P\left[\sup _{1 \leq i \leq k}\left|\lambda_{1}+Z_{i}\right| \leq 2 m,\left|\lambda_{2}+Z_{k}\right| \leq \frac{\sqrt{k}}{100}\right]>\varepsilon . \tag{1.1}
\end{equation*}
$$

PROOF. It follows from Kolmogorov's inequality that there is a constant $b>0$ such that

$$
P\left[M_{k} \leq m\right] \geq 1-b \frac{k}{m^{2}}
$$

and from this that

$$
P\left[\frac{M_{k}}{\sqrt{k}} \leq a\right] \geq 1-\frac{b k}{a^{2} k}=1-\frac{b}{a^{2}}
$$

Hence

$$
\begin{equation*}
P\left[\frac{M_{k}}{\sqrt{k}} \leq a\right] \rightarrow 1 \quad(a \rightarrow+\infty) \tag{1.2}
\end{equation*}
$$

On the other hand it follows from the central limit theorem that there is $\varepsilon_{1}>0$ and $k_{0} \in \mathbb{N}$ such that for all $k \in \mathbb{N}$ and $\lambda \in \mathbb{R}^{p}$ satisfying $k \geq k_{0}$ and $|\lambda| \leq \frac{\sqrt{k}}{2}$ we have

$$
\begin{equation*}
P\left[\left|\frac{Z_{k}}{\sqrt{k}}+\frac{\lambda}{\sqrt{k}}\right|<\frac{1}{1000}\right]>\varepsilon_{1} . \tag{1.3}
\end{equation*}
$$

Putting (1.2) and (1.3) together we have (1.1).
LEMMA 1.2. There are constants $c_{1}, c_{2}>0, m_{0} \geq 1$ and $k_{0} \in \mathbb{N}$ such that for all $k \geq n_{0}, k \in \mathbb{N}$ and $m \geq m_{0}$ we have

$$
\begin{equation*}
P\left[M_{k} \leq m\right] \geq c_{1} e^{-c_{2} \frac{k}{m^{2}}} \tag{1.4}
\end{equation*}
$$

Proof. Let $a_{0}, \varepsilon$ and $k_{0}$ be as in Lemma 1.1 and put $m_{0}=2\left[a_{0} \sqrt{k_{0}}\right]+1$.
We shall consider two cases:

CASE 1. $a_{0} \sqrt{k} \leq m, k \geq k_{0}, m \geq m_{0}, k, m \in \mathbb{N}$.
In this case, it follows from (1.1) that

$$
P\left[M_{k} \leq m\right] \geq \varepsilon \geq \varepsilon e^{-c \frac{k}{m^{2}}}, \quad \forall c>0
$$

CASE 2. $\quad a_{0} \sqrt{k} \geq m, k \geq k_{0}, m \geq m_{0}, k, m \in \mathbb{N}$.
Let $k_{1}=\left[\frac{m^{2}}{2 a_{0}^{2}}\right]-1$. Then we have

$$
k=\left[\frac{k}{k_{1}}\right] k_{1}+k_{2}, k_{2} \leq k_{1}, k_{1} \geq k_{0}, \sqrt{2} a_{0} \sqrt{k_{1}} \leq m, a_{0} \sqrt{k_{2}+k_{1}} \leq m
$$

and applying (1.1) we find that

$$
P\left[M_{k} \leq m\right] \geq \varepsilon \varepsilon^{\left[\frac{k}{k_{1}}\right]-1}
$$

and the lemma follows.
2. The entropy of random walks. In this section we shall recall the definition and some properties of the entropy of random walks on groups (cf. [2], [4], [17], [22]), which we shall need to prove the Corollaries 2 and 5.

More precisely, let $G$ be a locally compact, compactly generated group and $d g$ a left invariant Haar measure on $G$.

Let $f$ be a density on $G$, i.e. such that $f(g) \geq 0, g \in G$ and $\int f(g) d g=1$, whose support supp $f=\overline{\{g \in G: f(g)>0\}}$ generates $G$.

Let $Z_{k}, k=0,1,2, \ldots$ be the random walk on $G$ defined by

$$
Z_{0}=0, \text { a.s. and } P\left[Z_{k+1} \in A \mid Z_{k}=g\right]=\int_{A} f\left(g^{-1} x\right) d x, \quad k=0,1,2, \ldots
$$

( $A$ is a Borel subset of $G$ ).
We say that a function $u$ is $f$-harmonic if and only if

$$
u(g)=\int u(g x) f(x) d x, \quad g \in G
$$

We denote by $f^{k}$ the $k$ th convolution power $f * f * \cdots * f$ of $f\left(f * h(g)=\int f(x) h\left(x^{-1} g\right) d x\right.$, $g \in G)$ and we make the additional assumption that

$$
\int\left|f^{k}(g) \log f^{k}(g)\right| d g<+\infty, \quad n=1,2, \ldots
$$

(we put $t \log t=0$ for $t=0$ ).
We call the entropy of the random walk $Z_{k}$ or of the pair $H(G, f)$ the limit

$$
H(G, f)=\lim _{k \rightarrow+\infty}-\frac{1}{k} \int f^{k}(g) \log f^{k}(g) d g .
$$

It can be proved that the limit exists and is finite.
Theorem 2.1 (cf. [2], [4]). Let $G$ and $f$ be as above. Then $H(G, f)=0$ if and only if every bounded $f$-harmonic function $u$ (i.e. such that $\left.u(g)=\int u(g x) f(x) d x, g \in G\right)$ is constant.

Theorem 2.2 (cf. [2], [4]). Let $G$ and $f$ be as above. Then

$$
-\frac{1}{k} \log f^{k}\left(Y_{k}\right) \rightarrow H(G, f),(k \rightarrow+\infty), \text { in } L^{1}(G) .
$$

Furthermore, when $G$ is discrete or $f$ is continuous with compact support we also have convergence a.s.
3. The proof of Theorem 1 and Corollary 2. Since $G$ is polycyclic by finite it has a normal subgroup $\Gamma \triangleleft G$, such that $G / \Gamma$ is finite. Now, according to the structure theory of the polycyclic groups ( $c f$. [13]), $\Gamma$ admits finitely generated subgroups $\Gamma^{*}$ and $N$ such that

1) $N$ is nilpotent, $N \triangleleft \Gamma^{*}, N \triangleleft G$ and $\Gamma^{*} / N$ is abelian
2) $\Gamma^{*} \triangleleft \Gamma, \Gamma^{*} \triangleleft G$ and $\Gamma / \Gamma^{*}$ is finite.

Let $\pi^{\prime}$ be the natural map $\pi^{\prime}: G \rightarrow G / B$.
The group $\Gamma^{*} / N$ being a finitely generated abelian group can be written as $\Gamma^{*} / N=$ $D C$, where $D$ is a subgroup of $\Gamma^{*} / N$ isomorphic with $\mathbb{Z}^{p}$ for some $p \in \mathbb{N}$ and $C$ a finite subgroup of $\Gamma^{*} / N$. So, if $B=\left(\pi^{\prime}\right)^{-1}(C)$, then $\Gamma^{*} / B$ is isomorphic with $\mathbb{Z}^{p}$. Using this isomorphism we shall identify $\Gamma^{*} / B$ with $\mathbb{Z}^{p}$. $B$, being a finite extension of a nilpotent group, has polynomial volume growth.

We shall first prove Theorem 1 and Corollary 2 in the case $G=\Gamma^{*}$, since the proof in that case is simpler and the ideas are better illustrated. The extension $G / \Gamma^{*}$, being finite, presents only an additional technical difficulty. In Section 3.2, we shall explain how we can deal with it.
3.1 Case 1: $G=\Gamma^{*}$. Let $\left\{e_{1}, \ldots, e_{p}\right\}$ be the standard basis of $\mathbb{Z}^{p}$ and $x_{1}, \ldots, x_{p} \in G$ such that $\pi\left(x_{i}\right)=e_{i}, 1 \leq i \leq p$ where $\pi$ denotes the natural map $\pi: G \rightarrow G / B$. Then every $g \in G$ can be written in the form

$$
g=y x_{p}^{n_{p}} \cdots x_{1}^{n_{1}}, \text { with } y \in B \text { and } n=\left(n_{p}, \ldots, n_{1}\right) \in \mathbb{Z}^{p}
$$

Fixing $\left\{g_{1}, \ldots, g_{s}\right\}$ and $\left\{h_{1}, \ldots, h_{r}\right\}$ sets of generators of $G$ and $B$ respectively we put

$$
\begin{gathered}
|x|_{G}=\inf \left\{n: x=g_{i_{1}}^{\epsilon_{1}} \cdots g_{i_{n}}^{\epsilon_{n}}, 1 \leq i_{j} \leq s, \epsilon_{j}= \pm 1,1 \leq j \leq n\right\} \\
|y|_{B}=\inf \left\{n: y=h_{i_{1}}^{\epsilon_{1}} \cdots h_{i_{n}}^{\epsilon_{n}}, 1 \leq i_{j} \leq r, \epsilon_{j}= \pm 1,1 \leq j \leq n\right\} \\
\theta=\sup \left\{\left|x_{i}^{\epsilon_{1}} h_{j}^{\epsilon_{2}} x_{i}^{-\epsilon_{1}}\right|_{B}, \epsilon_{1}= \pm 1, \epsilon_{2}= \pm 1,1 \leq i \leq p, 1 \leq j \leq r\right\} \\
\delta=\sup \left\{\left|x_{i}^{\epsilon_{1}} x_{j}^{\epsilon_{2}} x_{i}^{-\epsilon_{1}} x_{j}^{-\epsilon_{2}}\right|_{B}, \epsilon_{1}= \pm 1, \epsilon_{2}= \pm 1,1 \leq i, j \leq p\right\} .
\end{gathered}
$$

We also put

$$
|n|=\left|n_{p}\right|+\cdots+\left|n_{1}\right| \text { for } n=\left(n_{p}, \ldots, n_{1}\right) \in \mathbb{Z}^{p}
$$

Observe that if $x=x_{p}^{n_{p}} \cdots x_{1}^{n_{1}}$ and $y \in B$ then

$$
\begin{equation*}
\left|x y x^{-1}\right|_{B} \leq|y|_{B} \theta^{|n|} . \tag{3.1}
\end{equation*}
$$

Lemma 3.1. Let $x=x_{p}^{n_{p}} \cdots x_{1}^{n_{1}}, n=\left(n_{p}, \ldots, n_{1}\right), \epsilon \in\{-1,1\}$ and $i \in\{1, \ldots, p\}$. Then there is $c>0$ such that

$$
\begin{equation*}
x x_{i}^{\epsilon} x^{-1}=y x_{i}^{\epsilon}, \text { with } y \in B,|y|_{B} \leq c e^{c|n|} . \tag{3.2}
\end{equation*}
$$

Proof. The lemma will be proved by induction on $|n|$. It is trivially true when $|n|=$ 0 . So, assume that it is true for $|n| \leq \ell$. We shall prove that it also true for $|n|=\ell+1$.

Let $j=\min \left\{i: n_{i} \neq 0\right\}$ and put $n_{j}^{\prime}=\frac{n_{j}}{\left|n_{j}\right|}\left(\left|n_{j}\right|-1\right), \epsilon^{\prime}=n_{j}-n_{j}^{\prime}, x^{\prime}=x_{p}^{n_{p}} \cdots x_{j}^{n_{j}^{\prime}}$, $n^{\prime}=\left(n_{p}, \ldots, n_{j}^{\prime}, 0, \ldots, 0\right)$ and $z=x_{j}^{\epsilon^{\prime}} x_{i}^{\epsilon} x_{j}^{-\epsilon^{\prime}} x_{i}^{-\epsilon}$. Then

$$
x x_{i}^{\epsilon} x^{-1}=x^{\prime} x_{j}^{\epsilon^{\prime}} x_{i}^{\epsilon} x_{j}^{-\epsilon^{\prime}}\left(x^{\prime}\right)^{-1}=x^{\prime} z x_{i}^{\epsilon}\left(x^{\prime}\right)^{-1}=x^{\prime} z\left(x^{\prime}\right)^{-1} x^{\prime} x_{i}^{\epsilon}\left(x^{\prime}\right)^{-1} .
$$

Now, it follows from (3.1) that

$$
\left|x^{\prime} z\left(x^{\prime}\right)^{-1}\right|_{B} \leq \delta \theta^{\left|n^{\prime}\right|}
$$

and by the inductive hypothesis that there is $w \in B$ such that

$$
x^{\prime} x_{i}^{\epsilon}\left(x^{\prime}\right)^{-1}=w x_{i}^{\epsilon}, \quad|w|_{B} \leq c e^{c\left|n^{\prime}\right|}
$$

So, if the constant $c$, chosen in the begining, is such that $c>\max (\delta, \log \theta)$, we have

$$
x x_{i}^{\epsilon} x^{-1}=y x_{i}^{\epsilon}, y=x^{\prime} z\left(x^{\prime}\right)^{-1} w,|y|_{B} \leq \delta \theta^{\left|n^{\prime}\right|}+c e^{c\left|n^{\prime}\right|} \leq c e^{\left.c| | n^{\prime} \mid+1\right)}=c e^{c|n|}
$$

which proves the inductive step and the lemma follows.
Lemma 3.2. Let $n=\left(n_{p}, \ldots, n_{1}\right), \epsilon \in\{-1,1\}$ and $i \in\{1, \ldots, p\}$. Then there is $c>0$ such that

$$
\begin{equation*}
x_{p}^{n_{p}} \cdots x_{1}^{n_{1}} x_{i}^{\epsilon}=y x_{p}^{n_{p}} \cdots x_{i}^{n_{i}+\epsilon} \cdots x_{1}^{n_{1}} \text { with } y \in B,|y|_{B} \leq c e^{c|n|} . \tag{3.3}
\end{equation*}
$$

Proof. The lemma follows from (3.1), (3.2) and the observation that, if

$$
z=x_{i}^{n_{i}} \cdots x_{1}^{n_{1}} x_{i}^{\epsilon}\left(x_{i}^{n_{i}} \cdots x_{1}^{n_{1}}\right)^{-1} x_{i}^{-\epsilon}, \text { and } y=x_{p}^{n_{p}} \cdots x_{i+1}^{n_{i+1}} z\left(x_{p}^{n_{p}} \cdots x_{i+1}^{n_{i+1}}\right)^{-1}
$$

then

$$
x_{p}^{n_{p}} \cdots x_{1}^{n_{1}} x_{i}^{\epsilon}=x_{p}^{n_{p}} \cdots x_{i+1}^{n_{i+1}} z x_{i}^{n_{i}+\epsilon} \cdots x_{1}^{n_{1}}=y x_{p}^{n_{p}} \cdots x_{i}^{n_{i}+\epsilon} \cdots x_{1}^{n_{1}} .
$$

COROLLARY 3.3. Let $x=x_{p}^{n_{p}} \cdots x_{1}^{n_{1}}, w=x_{p}^{m_{p}} \cdots x_{1}^{m_{1}}, n=\left(n_{p}, \ldots, n_{1}\right), m=$ $\left(m_{p}, \ldots, m_{1}\right)$ and $y, z \in B$. Then there is $c>0$ such that

$$
\begin{equation*}
y x z w=v x_{p}^{n_{p}+m_{p}} \cdots x_{1}^{n_{1}+m_{1}}, \text { with } v \in B,|v|_{B} \leq c\left[|y|_{B}+|z|_{B} e^{c|n|}+e^{c| | m|+|n|)}\right] . \tag{3.4}
\end{equation*}
$$

Proof. The corollary follows from (3.1) and (3.3) and the observation that $y x z w=$ $y\left(x z x^{-1}\right) x w$.

Corollary 3.4. There is a constant $c>0$ such that every $g \in G$ can be written in the form

$$
g=y x_{p}^{n_{p}} \cdots x_{1}^{n_{1}}, \text { with } y \in B,|y|_{B} \leq c e^{c|g|_{G}},|n| \leq|g|_{G}, n=\left(n_{p}, \ldots, n_{1}\right)
$$

PROOF. Since all the generators $g_{i}$ can be written in the form $g_{i}=z w$, with $z \in B$ and $w=x_{p}^{m_{p}} \cdots x_{1}^{m_{1}}$ and $g=g_{i_{1}} \cdots g_{i_{q}}$ with $q=|g|_{G}$, the corollary follows after applying (3.4) $|g|_{G}$ times.

Let $X_{k}, k=1,2, \ldots$ be independent identically distributed random variables with values in $G$ and $P\left[X_{k}=g\right]=\mu(g), g \in G$ and denote by $Z_{k}, k=0,1,2, \ldots$ the right random walk in $G$ defined by

$$
Z_{0}=e \text { a.s. and } Z_{k}=X_{1} X_{2} \cdots X_{k}, \quad k=1,2, \ldots
$$

Also let $S_{k}=\left(S_{k, p}, \ldots, S_{k, 1}\right), k=0,1,2, \ldots$ be the random walk in $\mathbb{Z}^{p}$ defined by

$$
S_{0}=0 \text { a.s. and } S_{k}=\pi\left(X_{1}\right)+\pi\left(X_{2}\right)+\cdots+\pi\left(X_{k}\right), \quad k=1,2, \ldots
$$

Observe that $S_{k}=\pi\left(Z_{k}\right)$.
We put

$$
X^{S_{k}}=x_{p}^{S_{k, p}} \cdots x_{1}^{S_{k, 1}}
$$

Then it follows from (3.4) that there is $c>0$ such that

$$
\begin{equation*}
Z_{k}=Y_{k} X^{S_{k}} \text {, with } Y_{k} \in B,\left|Y_{k}\right|_{B} \leq c\left[e^{c\left|S_{1}\right|}+\cdots+e^{c\left|S_{k-1}\right|}\right] \text {. } \tag{3.5}
\end{equation*}
$$

Let us also recall that it follows from Kolmogorov's inequality that there is $b>0$ such that

$$
\begin{equation*}
P\left[\max _{1 \leq i \leq k}\left|S_{i}\right| \leq m\right] \geq 1-b \frac{k}{m^{2}}, \quad k \in \mathbb{N}, m>0 \tag{3.6}
\end{equation*}
$$

Also let $c$ be as in (3.5) and put

$$
\begin{aligned}
D_{k}^{m}=\{g \in G: & g=y x_{p}^{n_{p}} \cdots x_{1}^{n_{1}}, \\
& \left.\left|n_{p}\right|+\cdots+\left|n_{1}\right| \leq m, y \in B,|y|_{B} \leq c k e^{c m}\right\}, \quad k \in \mathbb{N}, m>0
\end{aligned}
$$

Then, it follows from (3.5) and (3.6) that

$$
\begin{equation*}
P\left[Y_{k} \in D_{k}^{m}\right] \geq P\left[\sup _{1 \leq i \leq k}\left|S_{i}\right| \leq m\right] \tag{3.7}
\end{equation*}
$$

We have the following estimate of the number of elements $\left|D_{k}^{m}\right|$ of the set $D_{k}^{m}$, which follows from the fact that $B$ has polynomial volume growth

$$
\begin{equation*}
\left|D_{n}^{m}\right| \leq a_{1} e^{a_{2}(m+\log k)} \tag{3.8}
\end{equation*}
$$

( $a_{1}, a_{2}$ are constants, $a_{1}, a_{2}>0$ )
Proof of Theorem 1. The first thing to observe is that

$$
\begin{equation*}
\mu^{2 k}(e)=\sup _{g \in G} \mu^{2 k}(g), \quad k \in \mathbb{N} . \tag{3.9}
\end{equation*}
$$

This follows from the hypothesis that $\mu$ is symmetric using the Hölder inequality:

$$
\begin{aligned}
\mu^{2 k}(g) & =\sum_{x \in G} \mu^{k}(x) \mu^{k}\left(x^{-1} g\right) \leq\left[\sum_{x \in G}\left(\mu^{k}(x)\right)^{2}\right]^{\frac{1}{2}}\left[\sum_{x \in G}\left(\mu^{k}\left(x^{-1} g\right)\right)^{2}\right]^{\frac{1}{2}} \\
& =\left[\sum_{x \in G}\left(\mu^{k}(x)\right)^{2}\right]=\mu^{2 k}(e)
\end{aligned}
$$

Now it follows from Lemma 1.2 that there are constants $c_{1}, c_{2}>0, m_{0} \geq 1$ and $k_{0} \in \mathbb{N}$ such that

$$
\begin{equation*}
P\left[\sup _{1 \leq i \leq k}\left|S_{i}\right| \leq m\right] \geq c_{1} e^{-c_{2} \frac{k}{m^{2}}}, \quad m \geq m_{0}, k \geq k_{0}, k \in \mathbb{N} . \tag{3.10}
\end{equation*}
$$

Putting (3.6), (3.7), (3.8), (3.9) and (3.10) together we have that for all $m \geq m_{0}, k \geq k_{0}$ and $k \in 2 \mathbb{N}$

$$
\mu^{k}(e) \geq P\left[Y_{k} \in D_{k}^{m}\right]\left|D_{k}^{m}\right|^{-1} \geq c_{1} a_{1}^{-1} e^{-c_{2} \frac{k}{m^{2}}-a_{2} m-a_{2} \log k}
$$

Theorem 1 follows by optimising with respect to $m$.
Proof of Corollary 2. We shall prove that the entropy $H(G, \mu)=0$. Then Corollary 2 will be a consequence of Theorem 2.1.

Let $D_{k}=D_{k}^{k^{3 / 4}}$. Then it follows from (3.6) and (3.7) that

$$
\begin{equation*}
P\left[Z_{k} \in D_{k}\right] \geq 1-b \frac{1}{\sqrt{k}}, \quad k \in \mathbb{K} . \tag{3.11}
\end{equation*}
$$

Hence

$$
P\left[Z_{k} \notin D_{k}\right] \rightarrow 0, \quad(k \rightarrow+\infty)
$$

which, in view of Theorem 2.2, implies that

$$
\begin{equation*}
\frac{1}{k} \sum_{g \nexists D_{k}} \mu^{k}(g) \log \mu^{k}(g) \rightarrow 0, \quad(k \rightarrow+\infty) \tag{3.12}
\end{equation*}
$$

On the other hand it follows from Jensen's inequality that

$$
\begin{aligned}
-\frac{1}{k} \sum_{g \in D_{k}} \mu^{k}(g) \log \mu^{k}(g) & =-\frac{1}{k}\left|D_{k}\right| \sum_{g \in D_{k}} \frac{1}{\left|D_{k}\right|} \mu^{k}(g) \log \mu^{k}(g) \\
& \leq-\frac{1}{k}\left|D_{k}\right|\left[\sum_{g \in D_{k}} \frac{1}{\left|D_{k}\right|} \mu^{k}(g)\right] \log \left[\sum_{g \in D_{k}} \frac{1}{\left|D_{k}\right|} \mu^{k}(g)\right] \\
& =-\frac{1}{k} \mu^{k}\left(D_{k}\right) \log \frac{\mu^{k}\left(D_{k}\right)}{\left|D_{k}\right|} \\
& =-\frac{1}{k} \mu^{k}\left(D_{k}\right) \log \mu^{k}\left(D_{k}\right)+\frac{1}{k} \mu^{k}\left(D_{k}\right) \log \left|D_{k}\right|
\end{aligned}
$$

which, combined with the fact that

$$
\left|D_{K}\right| \leq e^{k^{3 / 4}}, \quad k \in \mathbb{N}
$$

implies that

$$
\begin{equation*}
\frac{1}{k} \sum_{g \in D_{k}} \mu^{k}(g) \log \mu^{k}(g) \rightarrow 0, \quad(k \rightarrow+\infty) \tag{3.13}
\end{equation*}
$$

Putting (3.12) and (3.13) together we have that $H(G, \mu)=0$ and Corollary 2 follows.
3.2 The general case. Let $\pi$ and $\pi^{\prime}$ be the natural maps

$$
\pi: G \rightarrow G / B, \text { and } \pi^{\prime}: G \rightarrow G / \Gamma^{*}
$$

Let $X_{k}, k=0,1,2, \ldots$ and $Z_{k}, k=0,1,2, \ldots$ be as in Section 3.1 and put

$$
S_{k}=\pi\left(Z_{k}\right), \quad \xi_{k}=\pi^{\prime}\left(Z_{k}\right)
$$

Let us also view $\xi_{k}$ as a Markov chain with state space $G / \Gamma^{*}$ and denote by $\nu(k)$ the number of passages of $\xi_{k}$ from the state $e \Gamma^{*} \in G / \Gamma^{*}$ during the first $k$ units of time. Then it follows from the theory of Markov chains with a finite number of states (cf. [14]) that there is $\alpha \in(0,1)$ such that $\forall \epsilon>0$

$$
\begin{equation*}
P\left[\left|\frac{1}{k} \nu(k)-\alpha\right|>\epsilon\right] \rightarrow 0, \quad(k \rightarrow+\infty) \tag{3.14}
\end{equation*}
$$

Let $\tau_{k}$ be the time of the $k$ th passage of $\xi_{k}$ from the state $e \Gamma^{*}$. Then it follows from (3.14) that $\forall \beta$ such that $0<\beta<\alpha$

$$
\begin{equation*}
P\left[\tau_{(\alpha-\beta) k}<k, \tau_{(\alpha+\beta) k}>k\right] \rightarrow 1, \quad(k \rightarrow+\infty) \tag{3.15}
\end{equation*}
$$

Furthermore identifying $\Gamma^{*} / B$ with $\mathbb{Z}^{p}$, we have that the random variables

$$
S_{\tau_{k-1}}^{-1} S_{\tau_{k}}, \quad k=1,2, \ldots
$$

are independent identically distributed and take values in $\Gamma^{*} / B=\mathbb{Z}^{p}$.
Hence it follows from Kolmogorov's inequality that there is a constant $b>0$ such that

$$
\begin{equation*}
P\left[\left|S_{\tau_{(\alpha-\beta) k}}^{-1} S_{\tau_{i}}\right| \leq m,(\alpha-\beta) k<i<(\alpha+\beta) k\right] \geq 1-2 b \beta \frac{k}{m^{2}} \tag{3.16}
\end{equation*}
$$

Let $\left\{v_{1}, \ldots, v_{q}\right\}$ be a set of generators of $G / B$ and put for $w \in G / B$

$$
|v|=\inf \left\{n \in \mathbb{N}: v=v_{i_{1}}^{\epsilon_{1}} \cdots v_{i_{n}}^{\epsilon_{n}}, 1 \leq i_{j} \leq q, \epsilon_{j}= \pm 1,1 \leq j \leq n\right\} .
$$

Choosing $\beta$ very small in (3.15) and then applying (1.1) together with (3.16) we have that there are constants $c>0, \varepsilon>0, a_{o}>0, k_{0} \in \mathbb{N}$ such that for all $k \geq k_{0}, m \geq 1$ and $w_{1}, w_{2} \in G / B$ satisfying $\left|w_{1}\right| \leq \frac{\sqrt{k}}{10},\left|w_{2}\right| \leq \frac{\sqrt{k}}{10}, a \sqrt{k} \leq m$ and $a \geq a_{0}$ we have

$$
\begin{gather*}
P\left[\sup _{1 \leq i \leq k}\left|w_{1} S_{i}\right| \leq 2 m,\left|w_{2} S_{k}\right| \leq \frac{\sqrt{k}}{100}\right]>c  \tag{3.17}\\
P\left[\sup _{1 \leq i \leq(\alpha-\beta) k}\left|w_{1} S_{\tau_{i}}\right| \leq 2 m,\left|w_{2} S_{\tau_{(\alpha-\beta) k}}\right| \leq \frac{\sqrt{k}}{200},\right. \\
\left.\left.\sup _{(\alpha-\beta) k<i<(\alpha+\beta) k} \mid S_{\tau_{(\alpha-\beta) k}}^{-1} S_{\tau_{i}}\right] \leq \frac{\sqrt{k}}{200}\right]>\varepsilon
\end{gather*}
$$

which is an analogue of (1.1) for the random walk $S_{k}, k=0,1,2, \ldots$. Once we have (3.17) we can prove in exactly the same way an analogue of the inequality (1.4), i.e. that there are constants $c_{1}, c_{2}>0, m_{0} \geq 1$ and $k_{0} \in \mathbb{N}$ such that for all $k \geq k_{0}, k \in \mathbb{N}$ and $m \geq m_{0}$ we have

$$
\begin{equation*}
P\left[\sup _{1 \leq i \leq k}\left|S_{i}\right| \leq m\right] \geq c_{1} e^{-c_{2} \frac{k}{m^{2}}} \tag{3.18}
\end{equation*}
$$

From now on the proof of Theorem 1 and Corollary 2 is exactly the same with their proof in the case when $G / \Gamma^{*}$ is trivial. The only modification, of course, is that now we shall have to fix elements $z_{1}, \ldots, z_{\ell} \in G$ such that $G / \Gamma^{*}=\left\{z_{1} \Gamma^{*}, \ldots, z_{\ell} \Gamma^{*}\right\}$ and $x_{1}, \ldots, x_{p} \in \Gamma^{*}$ as in Section 3.1 and we write every $g \in G$ in the form

$$
g=y x z_{i}, \text { with } y \in B, x=x_{1}^{n_{1}} \cdots x_{1}^{n_{1}}, \quad 1 \leq i \leq \ell .
$$

4. The proof of Theorem 4 and Corollary 5. The proof of Theorem 4 and Corollary 5 is similar to the proof of Theorem 1 and Corollary 2. So we shall try to use similar notations.

Let $Q, N$ and $M$ be the radical the nil-radical and a Levi subgroup of $G$, respectively (cf. [15]). $Q$ and $N$ are, respectively, closed solvable and nilpotent subgroups of $G$. $M$ is a semisimple subgroup of $G$. The assumption that $G$ is amenable implies that $M$ is compact. Furthermore

$$
\begin{equation*}
G=Q M \text { and }[G, G] \subseteq N M \tag{4.1}
\end{equation*}
$$

( $[G, G]$ is the closed analytic subgroup of $G$ generated by the elements $[g, h]=$ $g h g^{-1} h^{-1}, g, h \in G$ of $\left.G\right)$.

It follows from (4.1) that $G / N M$ is a connected abelian Lie group. Hence it can be written as

$$
G / N M=D C
$$

where $D$ and $C$ are closed subgroups of $G / N M, C$ is compact and $D$ is isomorphic with $\mathbb{R}^{p}$ for some $p \in \mathbb{N}$. Let $\pi^{\prime}$ be the natural map $\pi^{\prime}: G \rightarrow G / N M$ and put

$$
B=\pi^{\prime-1}(C) .
$$

Then $B$, being a compact extension of a nilpotent group, has polynomial volume growth.
Let $\pi$ denote the natural map $\pi: G \rightarrow G / B$. Since $G / B$ is isomorphic with $\mathbb{R}^{p}$ there are left invariant vector fields $X_{1}, \ldots, X_{p}$ on $G$ such that the map

$$
\phi: \mathbb{R}^{p} \rightarrow G / B, \phi: t=\left(t_{p}, \ldots, t_{1}\right) \rightarrow \pi\left(\exp t_{p} X_{p} \cdots \exp t_{1} X_{1}\right)
$$

is a Lie group isomorphism. Using $\phi$ we shall identify $G / B$ with $\mathbb{R}^{p}$.
Observe that every $g \in G$ can be written in the form

$$
g=y x \text { with } x=\exp t_{p} X_{p} \cdots \exp t_{1} X_{1} \text { and } y \in B .
$$

We put

$$
|t|=\left|t_{p}\right|+\cdots+\left|t_{1}\right| \text { for } t=\left(t_{p}, \ldots, t_{1}\right) \in \mathbb{R}^{p}
$$

We fix a symmetric compact neighborhood $V \subseteq G$ of the identity element $e$ of $G$ and $U \subseteq B$ a symmetric compact neighborhood of $e$ in $B$ and we put

$$
\begin{gathered}
|x|_{G}=\inf \left\{n \in \mathbb{N}: x \in V^{n}\right\} \\
|y|_{B}=\inf \left\{n \in \mathbb{N}: y \in U^{n}\right\} \\
\theta=\sup \left\{\left|\exp s X_{i} y \exp -s X_{i}\right|_{B}, y \in U,|s| \leq 1,1 \leq i \leq p\right\} \\
\delta=\sup \left\{\left|\exp s X_{i} \exp r X_{j} \exp -s X_{i} \exp -r X_{j}\right|_{B},|s| \leq 1,|r| \leq 1,1 \leq i, j \leq p\right\} .
\end{gathered}
$$

Observe that, if $\rho(.,$.$) is as in Section 0.1, then \rho(e, g)=|g|_{G}, g \in G$.
Arguing in the same way as in Section 4, we can prove successively that there is a constant $c>0$ such that for all $y, z \in B, x=\exp t_{p} X_{p} \cdots \exp t_{1} X_{1}, w=$ $\exp s_{p} X_{p} \cdots \exp s_{1} X_{1}, t=\left(t_{p}, \ldots, t_{1}\right), s=\left(s_{p}, \ldots, s_{1}\right) \in \mathbb{R}^{n}, r \in \mathbb{R},|r| \leq 1,1 \leq i \leq p$ we have

$$
\begin{gather*}
\left|x y x^{-1}\right|_{B} \leq|y|_{B} \theta^{\theta t \mid}  \tag{4.1}\\
x \exp r X_{i} x^{-1}=h \exp r X_{i}, \text { with } h \in B,|h|_{B} \leq c e^{c|t|}  \tag{4.2}\\
\exp t_{p} X_{p} \cdots \exp t_{1} X_{1} \exp r X_{i}=v \exp t_{p} X_{p} \cdots \exp \left(t_{i}+r\right) X_{i} \cdots \exp t_{1} X_{1} \\
\quad \text { with } v \in B,|v|_{B} \leq c e^{c|t|}
\end{gather*}
$$

$$
\begin{align*}
& y x z w=v \exp \left(t_{p}+s_{p}\right) X_{p} \cdots \exp \left(t_{1}+s_{1}\right) X_{1} \\
&  \tag{4.4}\\
& \quad \text { with } v \in B,|v|_{B} \leq c\left[|y|_{B}+|z|_{B} e^{c|t|}+e^{c(|t||s|)}\right]
\end{align*}
$$

and that all $g \in G$ can be written as

$$
\begin{equation*}
g=y \exp t_{p} X_{p} \cdots \exp t_{1} X_{1}, \text { with }|y|_{B} \leq c e^{c|g|_{G}},|t| \leq|g|_{G}, t=\left(t_{p}, \ldots, t_{1}\right) . \tag{4.5}
\end{equation*}
$$

Let $f(g)=p_{1}(e, g), g \in G$. Then it follows from (0.2) that there are constants $c, d>0$ such that

$$
\begin{equation*}
|f(g)| \leq c e^{-d|g|_{G}^{2}}, \quad g \in G \tag{4.6}
\end{equation*}
$$

and from this that there are constants $c, d>0$ such that

$$
\begin{equation*}
\int_{\left\{g \in G:|g|_{G} \geq m\right\}} f(g) d g \leq c e^{-d m^{2}}, \quad m>0 . \tag{4.7}
\end{equation*}
$$

Also, if $f^{n}$ denotes the $n$th convolution power $f * \cdots * f$ of $f\left(f * h(g)=\int f(x) h\left(x^{-1} g\right) d x\right.$, $g \in G)$, then $f^{n}(g)=p_{n}(e, g), g \in G$.

Proceeding as in Section 3, we consider independent identically distributed random variables $X_{k}, k=1,2, \ldots$, with values in $G$ and $P\left[X_{k} \in A\right]=\int_{A} f(g) d g(A$ a Borel subset of $G$ ). Then it follows from (4.7) that there are constants $c, d>0$ such that

$$
\begin{equation*}
P\left[\sup _{1 \leq i \leq k}\left|X_{i}\right|_{G} \geq m\right] \leq c k e^{-d m^{2}}, \quad m>0 \tag{4.8}
\end{equation*}
$$

Let $Z_{k}, k=0,1,2, \ldots$ be the right random walk in $G$ defined by

$$
Z_{0}=e \text { a.s. and } Z_{k}=X_{1} X_{2} \cdots X_{k}, \quad k=1,2, \ldots
$$

Also let $S_{k}=\left(S_{k, p}, \ldots, S_{k, 1}\right), k=0,1,2, \ldots$ be the random walk in $\mathbb{R}^{p}$ defined by (recall that $G / B$ has been identified with $\mathbb{R}^{p}$ )

$$
S_{0}=0 \text { a.s. and } S_{k}=\pi\left(X_{1}\right)+\pi\left(X_{2}\right)+\cdots+\pi\left(X_{k}\right), \quad k=1,2, \ldots
$$

Observe that $S_{k}=\pi\left(Z_{k}\right)$.
We put

$$
X^{S_{k}}=\exp S_{k, p} X_{p} \cdots \exp S_{k, 1} X_{1} .
$$

Then it follows from (4.4) that there is $c>0$ such that

$$
\begin{gather*}
Z_{k}=Y_{k} X^{S_{k}}, \text { with } Y_{k} \in B \\
\left|Y_{k}\right|_{B} \leq c\left[e^{c\left|X_{1}\right| G}+e^{c\left(\left|S_{1}\right|+\left|X_{2}\right| G\right)}+\cdots+e^{c\left(\left|S_{k-1}\right|+\left|X_{k}\right| G\right.}\right] . \tag{4.9}
\end{gather*}
$$

It follows from Kolmogorov's inequality that there is $b>0$ such that

$$
\begin{equation*}
P\left[\max _{1 \leq i \leq k}\left|S_{i}\right| \leq m\right] \geq 1-b \frac{k}{m^{2}}, \quad k \in \mathbb{N}, m>0 \tag{4.10}
\end{equation*}
$$

Let $c$ be as in (4.9) and put

$$
\begin{gathered}
D_{k}^{m}=\left\{g \in G: g=y \exp t_{p} X_{p} \cdots \exp t_{1} X_{1},\left|t_{p}\right|+\cdots+\left|t_{1}\right|\right. \\
\left.\leq m, y \in B,|y|_{B} \leq c k e^{2 c m}\right\}, \quad k \in \mathbb{N}, m>0 .
\end{gathered}
$$

Then, it follows from (4.8), (4.9), (4.10) and Lemma 1.2 that there are constants $a, b, c, d>0$ such that that

$$
\begin{align*}
P\left[Y_{k} \in D_{k}^{m}\right] & \geq P\left[\sup _{1 \leq i \leq k}\left|S_{i}\right| \leq m, \sup _{1 \leq i \leq k}\left|X_{i}\right|_{G} \leq m\right]  \tag{4.11}\\
& \geq a e^{-b \frac{m}{k^{2}}}-c k e^{-d m^{2}}, \quad m>0, k \in \mathbb{N}
\end{align*}
$$

We also have the following estimate of the volume $\left|D_{k}^{m}\right|$ of the set $D_{k}^{m}$, which follows from the fact that $B$ has polynomial volume growth

$$
\begin{equation*}
\left|D_{n}^{m}\right| \leq a_{1} e^{a_{2}(m+\log k)} \tag{4.12}
\end{equation*}
$$

( $a_{1}, a_{2}$ are constants, $a_{1}, a_{2}>0$ ).
Proof of Theorem 4. Arguing in the same way as in the proof of Theorem 1, we can see that

$$
f^{k}(e)=p_{k}(e, e)=p_{k}(x, x)=\sup _{y \in G} p_{k}(x, y), \quad x \in G
$$

and that

$$
p_{t}(x, x) \geq p_{[t]+1}(x, x)=f^{[t]+1}(e)
$$

( $[t]$ is the integral part of $t \in \mathbb{R}$ ).
This observation, together with (4.11) and (4.12) implies that there are constants $a, b$, $c, d, a_{1}, a_{2}>0$ such that

$$
p_{t}(x, x) \geq\left[a e^{-b \frac{t}{m^{2}}}-c k e^{-d m^{2}}\right] a_{1} e^{-a_{2}(m+\log t)}, \quad m>0, t \geq 1
$$

and Theorem 4 follows by optimising with respect to $m$.
Proof of Corollary 5. We observe that if $u$ is a bounded harmonic function then $u(x)=\int p_{t}(x, y) u(y) d y, x \in G$, hence $u(x)=\int u(x y) f(y) d y, x \in G$ and therefore $u$ is a bounded $f$-harmonic function. Arguing in the same way as in the proof of Corollary 2 , we can prove that every bounded $f$-harmonic function is constant and the corollary follows.

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