

Modulation of paraquat toxicity by β -carotene at low oxygen partial pressure in chicken embryo fibroblasts

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The efficiency with which β -carotene protects against oxidative stress in chicken embryo fibroblasts (CEF) at low O_2 partial pressures was assessed. Primary cultures of CEF were grown at low O_2 partial pressures and oxidatively stressed by exposure to paraquat (PQ). Activities of the antioxidant enzymes superoxide dismutase (EC 1.15.1.1; SOD), catalase (EC 1.11.1.6; CAT) and glutathione peroxidase (EC 1.11.1.9; GSH-Px) were measured as indices of oxidative stress. CEF incubated with 0.25–1.0 mM-PQ for 18 h exhibited increased SOD and CAT activities compared with non-PQ-treated control cells ($P < 0.001$). No cytotoxicity as indicated by lactate dehydrogenase (EC 1.1.1.27; LDH) release was observed at PQ concentrations below 2.0 mM. Incorporation of added β -carotene into 0.25 mM-PQ-treated cells prevented the PQ-induced increases in SOD and CAT, and activities were similar to those seen in non-PQ-treated control cells. GSH-Px activity decreased relative to its control value on exposure to 0.25 mM-PQ and β -carotene prevented this decrease in a dose-dependent manner. The proportion of LDH released from the CEF treated with β -carotene remained below the control value of 2.5 % at all times.

β -Carotene: Oxidative stress: Chicken embryo fibroblasts: Paraquat

Oxidative stress and damage by free radicals to biomolecules have been linked to the pathology of a variety of chronic diseases common in the Western world, particularly cardiovascular disease and cancer. Evidence from epidemiological studies (Ziegler, 1991), experimental animal models (Krinsky, 1989), *in vitro* cell culture (Bertram *et al.* 1991) and clinical intervention trials (Garewal *et al.* 1990) suggests that certain carotenoids may exert a preventive antioxidant role against free-radical action. Most studies have focused on β -carotene as the active micronutrient. β -Carotene is an effective quencher of singlet oxygen (Foote & Denny, 1968). Terao *et al.* (1980) reported that β -carotene can prevent singlet oxygen-initiated oxidation of methyl linoleate in cooperation with α -tocopherol. Krinsky & Deneke (1982) demonstrated that carotenoids, including β -carotene, are capable of inhibiting free-radical-induced oxidation of liposomal lipids. Most of these studies have been conducted at atmospheric O_2 partial pressure (150 torr). Burton & Ingold (1984) monitored the oxidation of methyl linoleate in chlorobenzene at 30° and demonstrated that β -carotene was an effective antioxidant at low O_2 partial pressure in this model. Palozza & Krinsky (1991) obtained similar results with azobisisobutyronitrile (AIBN)-induced oxidation of a mixture of lipids isolated from rat liver microsomal membranes. In air (150 torr) α -tocopherol was 40–50 times better than β -carotene as an antioxidant. However, when the O_2 partial pressure was reduced to less than 20 torr the difference in effectiveness between α -tocopherol and β -carotene was decreased by about 40 %, confirming the enhanced antioxidant activity of β -carotene at low O_2 pressures. Similarly, Kennedy & Liebler (1992)

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reported that the antioxidant efficiency of β -carotene in their liposome model declined at high O_2 partial pressure (760 torr) whereas β -carotene was an effective antioxidant at physiological O_2 pressure of 15 torr. Studies at low O_2 partial pressure may be physiologically more relevant than studies conducted at atmospheric pressures. Pryor (1991) stated that studies on the antioxidant properties of β -carotene in an aqueous system at low O_2 partial pressure had not been reported, and that such studies should be conducted since most tumours are oxygenated at much lower levels than the *in vitro* solutions exposed to atmosphere of the air.

We have previously studied the modulatory effect of β -carotene on paraquat (PQ)-induced oxidative stress in a cellular system at atmospheric O_2 partial pressure (Lawlor & O'Brien, 1995). The present communication reports the effects of β -carotene on PQ-induced oxidative stress in a cellular system at low O_2 partial pressure.

MATERIALS AND METHODS

Materials

The sources of chemicals and biochemical reagents were as indicated previously (Lawlor & O'Brien, 1994). All culture media including HAM's F10 medium (with glutamine and phenol red), chicken serum, newborn calf serum and trypsin (0.25 %) were purchased from GIBCO (Paisley, Strathclyde). β -Carotene (99–100 % pure) was obtained from F. Hoffmann-La Roche, Basel, Switzerland. Solvents were of HPLC grade and used without purification.

Chicken embryo fibroblasts (CEF)

CEF were prepared from 9–10-d-old embryos (obtained from a local egg producer, Whittaker, Cork, Ireland) by methods described previously (Lawlor & O'Brien, 1994). The cells were grown in culture medium consisting of HAM's F10 supplemented with penicillin/streptomycin (50 units/ml), tryptose phosphate broth (3 g/l), 7 mM-NaHCO₃ and 20 mM-HEPES pH 7.2 to which 24 ml chicken serum/l and 100 ml newborn calf serum/l were added. CEF were cultured in either a humidified Tri Gas incubator (Jencons Nuair, Plymouth, Devon) in an atmosphere of N₂-CO₂-air (90:5:5) (air being a constant humidified flow of a N₂-O₂ mixture) giving an O₂ partial pressure of 7.5 torr as calculated from the literature (Krinsky, 1993), or in a humidified incubator (Forma Scientific, Marietta, OH, USA) in an atmosphere of CO₂-air (5:95) giving an O₂ partial pressure of 150 torr. After 4–5 d of primary culture the cells were collected by trypsin (EC 3.4.21.4) treatment (Bosca *et al.* 1985) followed by centrifugation (2000 g for 10 min), and resuspended in growth medium consisting of culture medium supplemented with 60 ml newborn calf serum/l. Plastic petri dishes (100 mm diameter) were seeded with 2×10^6 cells in 9 ml culture medium per dish. After 4–5 d of secondary culture the growth medium was removed and replaced by the same volume of incubation medium (126 mM-NaCl, 14 mM-NaHCO₃, 3.8 mM-KCl, 0.9 mM-Na₂HPO₄, 0.6 mM-KH₂PO₄, 0.6 mM-MgSO₄, 0.3 mM-CaCl₂, 5.5 mM-glucose, 20 mM-HEPES, pH 7.2). The fibroblasts were then incubated in that medium with or without PQ and β -carotene for the indicated periods of time.

Incubation of chicken embryo fibroblasts with test compounds

PQ was dissolved in phosphate-buffered saline (PBS; 100 mM, pH 7.45) and added to the incubation medium in the desired concentrations. β -Carotene was obtained from Hoffman-

La Roche in sealed ampoules under N_2 and stored at -70° . Before use the purity of β -carotene was determined by HPLC analysis and was found to be greater than 99%. A stock solution of β -carotene was prepared in absolute ethanol in a lightproofed vessel and vortex-mixed for 30 min. The concentration of the prepared solution was measured spectrophotometrically at 452 nm before further dilutions (mmolar extinction coefficient = 140.8). β -Carotene was then added at the desired concentrations to the incubation medium. At the end of the experiment the CEF β -carotene content was measured by HPLC analysis and was found to increase with increasing concentrations of β -carotene in the incubation medium indicating that β -carotene was being taken up by the cells as reported previously (Lawlor & O'Brien, 1995). The final concentration of ethanol in cell cultures was <10 ml/l. Incubation time with PQ and β -carotene was 18 h at 37° . In these experiments there were two control groups, an ethanol control and a control without ethanol. No differences were seen between the control groups (see Tables 2 and 3). Lactate dehydrogenase (*EC* 1.1.1.27; LDH) release was determined in all *in vitro* preparations, as an index of cytotoxicity, by the method of Vassault (1983). LDH release was expressed as a percentage of the total LDH released from cells treated with Triton X-100 (100 ml/l).

Cell sonicates and enzyme activity measurement

The cell sonicates were prepared for enzyme analysis by rapidly aspirating the incubation medium followed by addition of 0.5 ml of the appropriate buffer at 0° to the cell layer. The cells were removed from the dishes by scraping and placed on ice. The CEF were disrupted by pulse sonication using an MSE Soniprep (Model 150; MSE Scientific, Manor Royal, Crawley, Sussex) at 13 amps/s. All sonications were performed for 20 s with cells at 4° . The sonicates were centrifuged for 10 min at 100 000 g (Beckman TL 100 mini-ultracentrifuge, TLN-100 near-vertical rotor, California, USA) at 4° . Catalase (*EC* 1.11.1.6; CAT) activity in cell sonicates was determined on the same day as harvesting using the method of Baudhuin *et al.* (1964). The remaining supernatant fractions were stored overnight at -20° until superoxide dismutase (*EC* 1.15.1.1; SOD) activity determined by the method of McCord & Fridovich (1969), and glutathione peroxidase (*EC* 1.11.1.9; GSH-Px) activity by the method of Guenzler *et al.* (1974) were measured. The enzyme assays are used routinely in our laboratory and typically have a CV of less than 5%. All enzyme activities were expressed as units of enzyme activity/mg protein. Details of the enzymic assays used have been described previously (Lawlor & O'Brien, 1994). Total protein was determined in each sonicate using the Biorad Microassay (Bradford, 1976) using bovine serum albumin as the standard.

Statistical analysis

Results are presented as mean values and standard deviations of the means. Data were analysed by one-way ANOVA. Following ANOVA, means were compared by Scheffe test (Snedecor, 1964). The level of statistical significance was taken as $P < 0.05$.

RESULTS

Effect of paraquat on superoxide dismutase and catalase activities at low oxygen partial pressures

CEF were incubated under a low partial pressure of O_2 (7.5 torr) with 0.25–1.0 mM-PQ in the medium for 18 h to determine the effect on the antioxidant enzymes SOD and CAT. The results indicate that following exposure to PQ, total SOD activity increased

Table 1. *Effect of paraquat (PQ) on the activity of the antioxidant enzymes superoxide dismutase (EC 1.15.1.1; SOD) and catalase (EC 1.11.1.6; CAT) (Units†/mg protein) and on release of lactate dehydrogenase (EC 1.1.1.27; LDH) (total percentage release‡) in chicken embryo fibroblasts grown at low oxygen partial pressure (7.5 torr)§*

(Mean values and standard deviations for four culture dishes incubated simultaneously)

PQ (mM)	SOD		CAT		LDH	
	Mean	SD	Mean	SD	Mean	SD
0	3.76	1.45	3.99	0.61	3.19	0.05
0.25	13.73*	1.46	7.40*	0.40	1.98	0.10
0.50	10.47*	1.07	6.97*	0.73	3.68	0.14
1.00	13.96*	0.56	8.25*	0.83	3.57	0.22
2.00	—	—	—	—	9.40*	0.31

* Mean values were significantly different from those for chicken embryo fibroblasts without PQ, $P < 0.05$ (ANOVA and Scheffe test).

† For SOD activity, one unit is defined as the amount of SOD required to inhibit the maximum rate of cytochrome C reduction by 50%. For CAT activity, one unit is defined as the amount required to remove 1 $\mu\text{mol H}_2\text{O}_2/\text{min}$.

‡ LDH activity in the medium was measured and expressed as a percentage of the total LDH released from chicken embryo fibroblasts treated with Triton X (100 ml/l).

§ For details of procedures, see pp. 134–135.

Table 2. *Effect of β -carotene on paraquat (PQ)-induced modulation of the antioxidant enzymes superoxide dismutase (EC 1.15.1.1; SOD), catalase (EC 1.11.1.6; CAT) and glutathione peroxidase (EC 1.11.1.9; GSH-Px) (Units†/mg protein) and on release of lactate dehydrogenase (1.1.1.27; LDH) (total percentage release‡) in chicken embryo fibroblasts grown at low oxygen partial pressure (7.5 torr)§*

(Mean values and standard deviations for four culture dishes incubated simultaneously)

PQ (mM)	β -Carotene (μM)	SOD		CAT		GSH-Px		LDH	
		Mean	SD	Mean	SD	Mean	SD	Mean	SD
0	0	7.60	1.38	3.22	0.60	9.49	1.88	2.50	0.33
0	0¶	7.42	0.60	3.36	0.71	8.24	0.93	2.37	0.45
0.25	2	17.34*	0.50	6.57*	0.34	3.73*	0.76	2.40	0.24
0.25	0.01	8.72	0.42	3.15	0.38	4.68*	0.26	0.30*	0.01
0.25	0.05	7.16	0.30	3.00	0.85	8.24	0.32	0.58*	0.09
0.25	0.10	6.35	1.00	2.52	0.34	8.20	1.22	0.30*	0.01
0.25	1.00	5.79*	0.48	2.38*	0.16	9.68	0.58	0.37*	0.01
0.25	10.0	8.22	1.26	2.47*	0.27	12.51*	0.50	0.42*	0.21

* Means values were significantly different from those for chicken embryo fibroblasts with no ethanol, no PQ and no β -carotene, $P < 0.05$ (ANOVA and Scheffe test).

† For SOD activity, one unit is defined as the amount of SOD required to inhibit the maximum rate of cytochrome C reduction by 50%. For CAT activity, one unit is defined as the amount required to remove 1 $\mu\text{mol H}_2\text{O}_2/\text{min}$. For GSH-Px activity, one unit is defined as the amount required to oxidize 1 nmol NADPH/min.

‡ LDH activity in the medium was measured and expressed as a percentage of the total LDH released from chicken embryo fibroblasts treated with Triton X (100 ml/l).

§ For details of procedures, see pp. 134–135.

|| Control cells incubated with no ethanol, no PQ and no β -carotene.

¶ Control cells incubated with ethanol but no PQ and no β -carotene.

Table 3. Effect of β -carotene on paraquat (PQ)-induced modulation of the antioxidant enzymes superoxide dismutase (EC 1.15.1.1; SOD), catalase (EC 1.11.1.6; CAT) and glutathione peroxidase (EC 1.11.1.9; GSH-Px) (Units†/mg protein) and on release of lactate dehydrogenase (EC 1.1.1.27; LDH) (total percentage release†) in chicken embryo fibroblasts grown at normal oxygen partial pressure (150 torr)‡ (Data from Lawlor & O'Brien, 1995, presented for comparison purposes)

(Mean values and standard deviations for four culture dishes incubated simultaneously)

PQ (mM)	β -Carotene (μ M)	SOD		CAT		GSH-Px		LDH	
		Mean	SD	Mean	SD	Mean	SD	Mean	SD
0	0§	8.95	0.75	4.14	0.13	7.07	1.68	2.75	0.09
0	0	8.90	0.60	3.35	0.57	7.20	1.18	2.05	0.60
0.25	0	16.31*	0.57	10.02*	0.72	2.59*	0.76	2.58	0.25
0.25	0.05	15.10*	0.35	7.71*	0.37	9.08	1.20	nt	nt
0.25	0.10	9.18	0.15	6.26*	0.25	7.44	0.95	3.30	1.10
0.25	1.00	10.51*	0.35	6.42*	0.15	12.75	3.12	2.75	0.09
0.25	10.0	19.59*	2.20	10.27*	0.06	5.34	0.58	4.10*	0.65

nt, not tested

* Mean values were significantly different from those for chicken embryo fibroblasts incubated with no ethanol, no PQ and no β -carotene, $P < 0.05$ (ANOVA and Scheffe test).

† For definitions of units, see footnotes to Table 2.

‡ Chicken embryo fibroblasts were incubated with or without PQ (0.25 mM) and 0–10 μ M- β -carotene for 18 h at normal O₂ partial pressure.

§ Control cells incubated with no ethanol, no PQ and no β -carotene.

|| Control cells incubated with ethanol but not PQ and no β -carotene.

significantly ($P < 0.001$) at all levels of PQ tested relative to the control which contained no PQ (Table 1). Similarly CAT activity was significantly ($P < 0.001$) greater than that in controls at all levels of PQ tested. LDH release was measured as an index of cytotoxicity. PQ at concentrations of 0.25–1.0 mM was not toxic for CEF as determined by LDH released into the medium (Table 1). The percentage LDH release was less than 4 % of the total released from Triton X-treated cells. However, when 2.0 mM-PQ was added to the cells the percentage total cellular LDH released increased significantly to 9.5 % ($P < 0.001$) after 18 h incubation. In subsequent studies 0.25 mM-PQ was used to indicate oxidative stress as this level of PQ caused an increase in SOD and CAT activities without causing cytotoxicity.

We previously reported (Lawlor & O'Brien, 1994) that 0.25 mM-PQ was also sufficient to increase significantly the activity of the antioxidant enzymes SOD and CAT in CEF cultured in an atmosphere of CO₂-air (5:95) without causing cytotoxicity.

Modulation of oxidative stress by β -carotene at low oxygen partial pressure

Having established an appropriate *in vitro* model system at low O₂ partial pressure, we tested the potential of added β -carotene to combat the effects of PQ-induced oxidative stress. CEF were incubated with 0.25 mM-PQ and β -carotene (0–10 μ M) in the medium for 18 h. The incorporation of β -carotene into the PQ-treated cells inhibited the increase in SOD activity (Table 2). At all levels of β -carotene tested, SOD activity was not significantly different ($P < 0.05$) from the control value with the exception of CEF treated with 1.0 μ M- β -carotene ($P = 0.047$). SOD activity in this group of cells was lower than in the non-PQ-treated control cells. In contrast, following exposure of cells grown in an atmosphere of CO₂-air (5:95) (O₂ partial pressure of 150 torr) to PQ and high

concentrations of β -carotene (10 μM), β -carotene had no effect on the PQ-induced increase in SOD (Table 3 and Lawlor & O'Brien, 1995).

Similar trends were observed when CAT activity was determined. β -Carotene (1.0–10 μM) inhibited the PQ-induced increase in CAT activity in cells grown under conditions of low O_2 partial pressure (7.5 torr) to below that observed in non-PQ-treated controls (Table 2). However, the CAT activity significantly increased in cells exposed to PQ and high concentrations of β -carotene (10 μM) when cultured at an O_2 partial pressure of 150 torr (Table 3 and Lawlor & O'Brien, 1995).

GSH-Px activity is inhibited by PQ (Stevens *et al.* 1988; Lawlor & O'Brien, 1994). β -Carotene prevented the decrease in GSH-Px activity in a dose-dependent manner and, at β -carotene levels of 0.05–1.0 μM , was not significantly different ($P < 0.05$) from the non-PQ-treated control cells grown under low O_2 partial pressure (Table 2). β -Carotene at a level of 10 μM increased GSH-Px activity significantly ($P = 0.017$) above the control value (Table 2). In contrast, GSH-Px activity tended to be reduced relative to its control value at levels of 10 μM - β -carotene in cells grown at O_2 partial pressure of 150 torr (Table 3 and Lawlor & O'Brien, 1995).

LDH release remained below 2.5 % at all times in cells grown at low O_2 partial pressure (Table 2). β -Carotene supplementation resulted in a further decrease in LDH release. However, percentage LDH release increased significantly in PQ-treated cells exposed to 10 μM - β -carotene cultured at an O_2 partial pressure of 150 torr (Table 3 and Lawlor & O'Brien, 1995).

DISCUSSION

Using CEF we developed a model to investigate the effect of PQ-induced oxidative stress on the antioxidant enzymes SOD, CAT and GSH-Px under conditions of low O_2 partial pressure. The modulation of PQ-induced oxidative stress by β -carotene under low O_2 partial pressure (7.5 torr) was examined and compared with that obtained under atmospheric partial pressure of O_2 (150 torr).

PQ acts as a pro-oxidant in our model. The pro-oxidant activity is indicated by the induction of elevated levels of antioxidant enzymes (CAT, SOD) in PQ-treated cells compared with controls (Table 1). PQ generates oxygen free-radicals, including superoxide (O_2^- , Bus *et al.* 1974), and has been shown to induce antioxidant enzyme activity both *in vivo* and *in vitro* (Deneke & Fanburg, 1980; Stevens *et al.* 1988; Krall *et al.* 1991; Lawlor & O'Brien, 1994). Induction of SOD activity by PQ has been previously reported in Chinese hamster ovary cells (Nicotera *et al.* 1985), human gingival fibroblasts (Stevens *et al.* 1988) and PQ-resistant HeLa cells (Krall *et al.* 1991). CAT is inhibited by O_2^- in isolated enzyme systems (Kono & Fridovich, 1982) but not cell cultures. Stevens *et al.* (1988) found that CAT activity increased at 1.0 mM-PQ and above in human gingival fibroblasts. CAT activity also increased in PQ-resistant HeLa cells on exposure to 90 mM-PQ (Krall *et al.* 1991). It is thought that CAT is protected from O_2^- by its location within the peroxisome in cells.

In contrast, a reduction in GSH-Px activity by PQ has been reported in human gingival fibroblasts (Stevens *et al.* 1988) and in CEF (Lawlor & O'Brien, 1994). Similarly, in the present study, 0.25 mM-PQ significantly reduced GSH-Px activity compared with control (Tables 2 and 3). Therefore, PQ does not affect the antioxidant enzymes in a similar manner, i.e. it induces SOD and CAT activities and inhibits GSH-Px activity (Tables 1, 2 and 3).

The activities of SOD and CAT in CEF grown at low O_2 partial pressure (7.5 torr) and treated with varying levels of PQ were similar to those previously reported at normal O_2 partial pressures (150 torr, Lawlor & O'Brien, 1994). A level of 0.25 mM-PQ was found in both cases to be the optimal concentration of PQ to induce enzyme activities without causing cytotoxicity (Table 1 and Lawlor & O'Brien, 1994). In the presence of β -carotene, however, the PQ induction (SOD, CAT) or inhibition (GSH-Px) of antioxidant enzyme activity was less pronounced suggesting that β -carotene suppresses the pro-oxidant effects of PQ (Table 2).

The modulatory effects of β -carotene on PQ-induced oxidative stress in CEF grown in atmospheric O_2 partial pressure is shown in Table 3 (Lawlor & O'Brien, 1995). β -Carotene at low concentrations (0.1–1.0 μ M) prevented the PQ-induced elevation of CAT and SOD activities and protected GSH-Px activity. However, at higher concentrations of β -carotene (10 μ M) the activities of the antioxidant enzymes were similar to those in the PQ-treated cells without the presence of β -carotene (Table 3). β -Carotene at the higher concentrations (10 μ M) no longer appeared to be effective in modulating the effects of PQ.

In contrast, under conditions of low O_2 partial pressure β -carotene at the higher concentrations tested (10 μ M) did prevent the induction of SOD and CAT and inhibition of GSH-Px activities by PQ. In addition, β -carotene was more effective in protecting the antioxidant enzymes against PQ at lower concentrations (0.01–0.1 μ M) under conditions of low O_2 pressure (7.5 torr, Table 2) than at atmospheric pressure of O_2 (Table 3).

In our model, therefore, the modulation of PQ-induced alterations in antioxidant enzyme activities by β -carotene varied under different partial pressures of O_2 . This effect of O_2 tension on the behaviour of β -carotene has previously been reported in other *in vitro* model systems including liposomal lipids (Krinsky & Deneke, 1982), homogenous solutions (Stocker *et al.* 1987; Burton, 1989), and rat liver microsome (Palozza & Krinsky, 1991). Burton & Ingold (1984) observed that at a low O_2 partial pressure (15 torr) β -carotene was an effective antioxidant inhibiting the AIBN-induced oxidation of methyl linoleate. However, at high O_2 tensions (760 torr) β -carotene was almost without effect on the rates of auto-oxidation of methyl linoleate. Similar results were obtained by Palozza & Krinsky (1991) as outlined earlier.

Studies of the behaviour of other carotenoids at low O_2 partial pressures in cellular model systems will be continued in future research as suggested by Pryor (1991). These studies are essential to determine how carotenoids function under physiological conditions and to provide an insight into their mechanism of action.

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