

# Responses to Dynamic Head-and-Body Tilts are Enhanced in Parkinson's Disease

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**ABSTRACT:** *Background:* Previous studies demonstrated that destabilizing responses to *slow* perturbations were enhanced in patients with Parkinson's disease (PD). Our objectives were to investigate the influence of PD on responses to *faster* whole head-and-body tilts in the standing position, and to establish whether any modification of tilt-evoked responses in PD patients was related to possible changes in the modulation of soleus (SO) H-reflex. *Methods:* Ten PD patients and 10 age-matched normal subjects assumed a standing position on an L-shaped tilting apparatus. Their head and shoulders were firmly attached to the back support of the apparatus, while their feet were fixated to the standing platform. With their vision occluded, the subject's whole head-and-body was suddenly tilted forward to 20°, at a peak head acceleration of  $0.7g \pm 0.1g$ . Tilt-evoked responses were recorded from the lower limb muscles bilaterally. In addition, 40 H-reflexes were elicited in the SO muscle at 30-190 ms intervals after the onset of head acceleration. The M response amplitude was kept within  $\pm 15\%$  of its control value. *Results:* PD patients demonstrated an abnormally high responsiveness to whole head-and-body tilts in comparison with age-matched normal subjects. This was shown by the significantly larger proportion of PD patients manifesting responses in the SO, biceps femoris and vastus lateralis muscles ( $p < 0.05$ ), as well as their significantly larger SO response area (413%;  $p < 0.01$ ). In contrast, the amplitude of the SO H-reflex was significantly increased by only 14% ( $p < 0.05$ ) in these patients, and only at 30-70 ms after head acceleration onset. *Conclusions:* The overexcitable tilt-evoked responses of PD patients could originate from a reduced ability to suppress responses when the body is supported. This enhanced excitability of tilt-evoked responses was probably not due to motoneuronal hyperexcitability or decreased presynaptic inhibition of the group Ia terminals involved in the mainly monosynaptic H-reflex pathway. Thus, we hypothesize that the control of spinal *interneurons* involved in the tilt-evoked responses may be defective in PD.

**RÉSUMÉ:** Les réponses aux bascules dynamiques de l'ensemble tête-corps sont augmentées dans la maladie de Parkinson. *But:* Des études antérieures ont démontré que les réponses déstabilisatrices à des perturbations *lentes* étaient augmentées chez les patients atteints de la maladie de Parkinson (MP). Nos objectifs étaient d'étudier l'influence de la MP sur les réponses à des bascules plus *rapides* de l'ensemble tête-corps, et d'établir si des modifications des réponses à la bascule étaient reliées à des changements possibles de la modulation du réflexe-H du muscle soléaire (SO). *Méthode:* Dix patients atteints de la MP et 10 sujets normaux appariés pour l'âge étaient placés debout sur une structure basculante en forme de "L". Leur tête et leurs épaules étaient fermement attachées au support dorsal de la structure, et leurs pieds à la plate-forme de support. L'ensemble tête-corps était soudainement basculé vers l'avant de 20°, en l'absence de vision, à un pic moyen d'accélération de la tête de  $0.7g \pm 0.1g$ . Les réponses à la bascule étaient enregistrées au niveau des muscles des jambes des deux côtés. De plus, 40 réflexes-H ont été élicités dans le muscle SO à intervalles 30 de 190 ms après le début de l'accélération de la tête. L'amplitude de la réponse M était gardée à  $\pm 15\%$  de la valeur contrôle. *Résultats:* Les patients atteints de la MP ont démontré une réactivité anormalement élevée aux bascules en comparaison avec les sujets âgés normaux. Une proportion significativement plus grande de patients atteints de la MP ont manifesté des réponses à la bascule dans les muscles SO, biceps fémoral et vaste externe ( $p < 0.05$ ), et l'aire de la réponse dans leur muscle SO était significativement plus grande (413%;  $p < 0.01$ ). Au contraire, l'amplitude du réflexe-H des patients atteints de la MP n'était significativement augmentée que de 14% ( $p < 0.05$ ), et seulement entre 30 et 70 ms après le début de l'accélération de la tête. *Conclusions:* L'hyperexcitabilité des réponses à la bascule des patients atteints de la MP pourrait provenir d'une capacité réduite à atténuer les réponses lorsque le corps est supporté. Cette excitabilité augmentée ne semblait pas due à une hyperexcitabilité des motoneurones ou une diminution de l'inhibition présynaptique des terminaisons du groupe Ia impliquées dans la voie principalement monosynaptique du réflexe-H. Ainsi, nous posons l'hypothèse que le contrôle des *interneurons* spinaux impliqués dans les réponses à la bascule puisse être défectueux dans la MP.

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One of the four cardinal signs of Parkinson's disease (PD) is the impairment of postural reflexes.<sup>1</sup> As a result, an estimated 55% proportion of PD patients manifest postural instability and gait disorders.<sup>2</sup> For instance, PD patients show more loss of balance than age-matched normal subjects, when standing blindfolded on a platform that moves in parallel to their sway.<sup>3</sup> They also demonstrate smaller forward-backward body sway while standing, in comparison with age-matched normal subjects.<sup>4</sup> Furthermore, the maximum inclined antero-posterior position they can maintain for 1 minute is significantly less than in similarly aged normal subjects.<sup>5</sup> These results indicate that the limits

within which PD patients maintain stable standing position are narrower in comparison with age-matched normal subjects.

In addition to their loss of *static* postural stability, patients with PD have demonstrated abnormally enhanced responses to

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dynamic perturbations in standing. For instance, they showed an increase in the medium latency responses of the gastrocnemius muscle stretched by sudden toe-up rotation of the standing platform.<sup>6-8</sup> These responses were considered destabilizing because they contributed to a backward body sway following the platform rotation. Abnormally large responses were also found in the tibialis anterior (TA) muscle of PD patients evoked by backward translation of the standing platform.<sup>4,8</sup> These responses were also considered destabilizing because they increased the forward sway produced by the backward translation. Taken together, these results indicate that the excitability of non-functional balance responses could be increased in PD.

We recently developed a new experimental paradigm to characterize tilting disorders in human subjects. Blindfolded subjects stood on an L-shaped tilting apparatus with their head and shoulders firmly attached to the back support of the apparatus and their feet fixed to the standing platform. As the apparatus was suddenly displaced forward by 20°, the subjects' head-and-body was tilted as a whole with minimum neck, body and ankle movements. Such whole head-and-body tilts were achieved with a spring-activated tilting apparatus and proper subject fixation, which we had previously described in a methodological paper.<sup>9</sup> This paradigm has been proven to provide reproducible magnitude of linear head acceleration from trial to trial, and from subject to subject.

These forward tilts were found to evoke electromyographic (EMG) responses in the lower limb muscles of young normal subjects. Interestingly, the frequency of occurrence of tilt-evoked responses increased progressively with an increasing intensity of head acceleration,<sup>10</sup> which suggested that tilt-evoked responses could be modified by vestibular stimulation. Since parkinsonian postural instability was associated with abnormal responses to caloric stimulation of the vestibular apparatus,<sup>11</sup> a question arose as to whether lower limb responses to forward whole head-and-body tilts were modified in PD. The *first objective* of this study is to characterize the tilt-evoked responses in a group of PD patients by comparing the findings with those of age-matched normal subjects.

Another application of our paradigm is to study the modulation of segmental reflexes during whole head-and-body tilts. An investigation of soleus (SO) H-reflex modulation during tilts in PD patients could provide insight into possible mechanisms underlying their tilting disorders. In particular, it should reveal whether possible effects of PD on the tilt-evoked responses is accompanied by similar changes in the excitability of the predominantly monosynaptic stretch reflex. Therefore, the second objective of this study is to determine whether possible modifications of tilt-evoked responses in the SO muscle of PD patients can be related to similar changes in SO H-reflex modulation during forward head-and-body tilts.

## METHODS

### Subjects

We examined ten healthy subjects (1 man and 9 women) aged 51 to 70 years (mean = 63 ± S.D. 7 years). They were volunteer participants with no neurological or neuromuscular disorders.

Ten patients with idiopathic PD (7 men and 3 women) in stage 3 of the disease,<sup>12</sup> and aged 45 to 77 years (mean = 66 ± 10 years), participated in the study (Table 1). All patients were ambulatory, but reported balance difficulties such as falls, loss of balance, or feeling of instability and fear of falling. All subjects gave written informed consent approved by a Local Ethics Committee.

### Experimental Procedure

Subjects were tested in an experimental session lasting 2-2.5 hours. PD patients were on their usual medication during the experiment. This procedure was done to ensure safe experimental conditions, and to maximize the patient's tolerance to the testing procedure. We hypothesized that possible tilting disorders would not be masked by the anti-parkinsonian medication, because clinical observation showed that postural impairments are resistant to dopamine replacement therapy.<sup>13</sup> In addition, antiparkinsonian medication was found to be ineffective in

**Table 1:** Summary of the Relevant Characteristics of PD Patients.

Pt #	Age (yrs)	Gender	Duration of PD (yrs)	Antiparkinsonian medication	# Falls in last 6 mos †	Presence of retropulsion ◊
1	66	M	13	Sinemet, Symmetrel, Eldepryl	1	absent reaction
2	72	M	15	Sinemet, Parlodel, Eldepryl	> 5	yes
3	73	M	7	Sinemet, Eldepryl	0	no
4	64	M	3	Sinemet-CR, Symmetrel, Eldepryl	0	no
5	65	F	3	Sinemet, Eldepryl	1	yes
6	70	M	11	Sinemet-CR, Parlodel, Eldepryl	1	no
7	45	M	< 1	Eldepryl	0	yes
8	71	F	5	Sinemet, Permax	0	yes
9	55	M	5	Sinemet-CR, Symmetrel, Eldepryl	1	yes
10	77	F	3	Prolopa	0	-

X ± S.D. 66 ± 10 7 ± 5

† Based on the subject's recall

◊ Based on a clinical test in which the experimenter administered a backward thrust to the patient's shoulder (Weiner 1989).

yes = 2 steps backward or more; no = 0 to 1 step backward; - = not recorded.

M male; F female

X ± S.D. Mean ± standard deviation

counteracting the enhanced postural responses, evoked by toe-up rotation of the standing platform in PD patients.<sup>7</sup> Furthermore, it had no effect on their lack of adaptability of postural responses to different support surface conditions, or body positions.<sup>4</sup> Nevertheless, we still made sure that any possible effects of medication were similar among patients, by standardizing the moment of drug intake relative to the beginning of the testing session for every patient.

Subjects stood with bare feet on a spring-activated apparatus described in detail in our previous paper.<sup>9</sup> Their head, shoulders, trunk and feet were firmly fixed to the tilting structure of the tilting apparatus by means of straps and canvas. To minimize possible changes in the tonic neck influences acting on the lower limb muscles,<sup>14,15</sup> their neck was maintained in a neutral position by an adjustable neck brace. They were blindfolded to eliminate visual cues, which are known to interact with vestibular and somatosensory inputs in the control of posture and balance.<sup>16</sup> Constant background music was provided to them through earphones, to prevent possible acoustic startle reactions being evoked at the onset of the tilt, and to ensure that any audio-spinal influence were similar among subjects.<sup>17</sup>

**Tilting stimulation** At an unexpected moment, subjects underwent sudden forward whole head-and-body tilts around an axis of rotation co-linear with the ankle joints. The maximum excursion was 20° from the vertical, with a peak amplitude of linear head acceleration at 0.7 g ( $\pm$  15%). The back support and the standing platform of the tilting structure were mechanically fixed at an angle of 90° relative to each other. This L-shaped structure tilted as a whole to prevent ankle movement. Note that the magnitude of whole head-and-body tilts used in this study corresponds to a solid push of the subject's shoulders from behind.

**H-reflex stimulation** H-reflexes in the right SO muscle were elicited with 1 ms electrical pulses delivered to the right posterior tibial nerve via a cathode (Medi-Trace ECE-1801 skin electrode), positioned under pressure in the popliteal fossa. The anode, a silver plate, was strapped to the front of the right lower thigh. The electrical stimulation was delivered by a Grass S88 stimulator connected to a Grass SIU5 stimulus isolation unit and a Grass CCUI constant current unit. The intensity of the stimulus was adjusted to evoke H-reflexes of about 30% to 50% of the maximum M response, to better reveal facilitatory or inhibitory effects.<sup>18,19</sup> The corresponding M response was kept as low as possible to minimize any antidromic effects.

During a series of 50 whole head-and-body tilts, 40 H-reflexes were sampled between 30 and 190 ms after the onset of head acceleration. Only 1 H-reflex was evoked per tilt. Ten tilts without electrical stimulation (Tilt<sub>alone</sub>) were applied at random during the series of tilts with electrical stimulation (see below), all tilts being separated by at least 5 sec intervals. The moment of H-reflex stimulation relative to head acceleration onset was randomized. Sets of H-reflexes were elicited during quiet standing before ( $H_{pre}$ ; n=8-10, i.e., control situation), in the middle ( $H_{mid}$ ; n=3-8), and after the series of tilts ( $H_{post}$ ; n=8-10). Approximately mid-way in the experimental series of tilts ( $H_{mid}$ ), subjects sat down and rested for approximately 15 minutes.

Trials were accepted only if the following conditions were met: (i) The amplitude of M responses during tilts was within  $\pm$  15% of the control M value, or  $\pm$  0.4 mV when the latter was less than 1.4 mV. This approach ensured that both the stimulat-

ing and recording conditions were reasonably constant from trial to trial. (ii) The mean  $H_{post}$  control amplitude was within 20% of  $H_{pre}$  and/or  $H_{mid}$  control values, to ensure minimal changes in the general excitability of the nervous system during the experiment. (iii) The level of background EMG activity in the SO muscle was constant and remained as low as possible, to minimize changes in the pre-existing motoneuronal excitability.<sup>20</sup> (iv) The ankle angular displacement in the 200 ms preceding the electrical stimulation did not exceed 3°. (v) Finally, the background activity in the right and left SO, TA, biceps femoris (BF) and vastus lateralis (VL) muscles was kept as low as possible and displayed minimal changes between trials. To achieve this, subjects were instructed to relax the muscles as much as possible. The EMG signal from the right SO muscle was monitored and the tilts were triggered when the signal was maintained at a low amplitude. In the few trials in which the tilt was triggered when the level of EMG was unexpectedly increased, they were rejected during the off-line analysis. H-reflex was not recorded in PD patient #9 because no H-reflex could be elicited. In PD patient #10, control H-reflexes varied by more than 20% and were therefore discarded.

### Data Collection and Analysis

**Recordings** The acceleration directed at the head was recorded with a linear accelerometer (ICSensor 3021-005-P) mounted on a dental bite bar individually made for each subject. This signal was amplified (gain = 500) with a custom made unit. Angular displacement of the right ankle joint in the sagittal plane was recorded with a potentiometer mounted co-axial to the subject's right ankle joint. Raw EMG signals for the H-reflex of the right SO were recorded with a pair of skin electrodes (Medi-Trace), amplified (gain = 1,000) and band-pass-filtered (10 - 500 Hz) with a DISA 15CO1 EMG amplifier. The ground electrode was placed on the middle of the right tibia. Raw EMG signals from the other muscles, i.e., the left SO, and the right and left TA, BF and VL, were recorded with bipolar skin electrodes (Neuromuscular Research Center Myoelectric Surface Electrode). These signals were preamplified (gain = 10), amplified (gain = 100) and band-pass filtered (20 - 1,400 Hz) with the Neuromuscular Research Center Isolated 8 Channel Myoelectric Amplifier. A common ground electrode was located on the left tibia.

**Data acquisition** The linear head acceleration, ankle angular displacement and EMG signals from 8 muscles recorded in a total of 10 channels were sampled at a rate of 4 KHz by the analog-to-digital convertors of an EVEREX-486 computer. Data acquisition and on-line data analysis were done with the use of a computer program developed from the LabWindows library. Data acquisition lasted 500 ms for each trial, with a period of 100 ms before and 400 ms after tilt trigger.

**Data analysis** Our computer program provided on-line computation of the latency and peak-to-peak amplitude of the M response and H-reflex, as well as the onset and peak amplitude of linear head acceleration and ankle angular displacement. Latency values were obtained by determining the moment when the EMG amplitude of SO exceeded 2 standard deviations (S.D.) of the baseline value computed over a 50 ms period. Onset values were determined as the moment the acceleration or angular displacement signal exceeded 5 S.D. of its respective baseline value over a 30 ms duration. The level of background contraction in the SO muscle was calculated as the average of the rectified EMG signal

during the first 50 ms of data acquisition, which occurred before the onset of tilt. Further data analysis involved calculating, for each subject and each trial, the time at which the electrical stimulation was delivered relative to the acceleration onset, defined as "the inter-stimulus interval". Amplitude of M responses and H-reflexes obtained during tilts were normalized as a percentage of the corresponding mean control values obtained during quiet standing. For each subject, the average of these normalized values was calculated over 4 inter-stimulus interval bins of 40 ms, i.e., 30-70 ms, 71-110 ms, 111-150 ms and 151-190 ms. In 1 PD patient, the normalized value of H-reflex at 151-190 ms after head acceleration onset increased by up to 575% of control H. To avoid undue skewing of the group mean value, this outlying variable was excluded from calculation.

The signals from each trial were inspected visually. For Tilt<sub>alone</sub> trials, EMG signals were rectified. Those with evidence of amplitude changes relative to the baseline were kept for averaging. An average signal was calculated only if a response was present in at least 30% of the trials. This was done to avoid possible randomly-occurring responses being analyzed as real tilt-evoked responses. The onset and offset of the averaged tilt-evoked responses were defined as the moment the signal exceeded or returned to 2 standard deviations above the baseline. The EMG area located between the response onset and offset was calculated with the use of Matlab software.

**Statistical analysis** A two-way ANOVA for repeated measures was used to detect significant effects of subject's group on the amplitude of H-reflex during whole head-and-body tilts. Tukey's test (post-hoc) localized the possible difference. The Student "t" test was used for the analysis of individual head acceleration and electrical stimulation parameters. Chi square and Fisher's exact tests were chosen to analyze ratio values. When dependent variables were averaged within subjects, non-parametric Mann-Whitney tests were used to detect between-group differences.

## RESULTS

### Similarity of Head Acceleration and H-reflex Parameters Between Subject Groups

Table 2 summarizes the group average values obtained for head acceleration and H-reflex. As mentioned in the Methods section, the peak of linear head acceleration was kept at  $0.7g \pm 0.1g$  for each subject and each trial. Table 2 shows that the mean of peak acceleration was within this range for the age-matched normal subjects and PD patients. The mean amplitude of control M response was also similar between the 2 subject groups ( $p > 0.05$ ). This finding suggested that any antidromic effect

**Table 2:** Comparison of Head Acceleration and H-reflex Between Normal Elderly Subjects and PD Patients.

	Normal Elderly	PD Patients	
<b>Linear Head Acceleration</b>			
Peak acceleration (g)	.73 ± .02	.69 ± .03	
<b>H-reflex</b>			
Control M (% of M <sub>max</sub> )	17.1 ± 8.8	22.2 ± 16.4	n.s.
Control H (% of M <sub>max</sub> )	35.5 ± 12.7	36.6 ± 17.7	n.s.
n.s. = non-significant			

evoked by the electrical stimulation of the posterior tibial nerve was approximately equal across subjects. The mean control H-reflex was also similar between subject groups ( $p > 0.05$ ), indicating that the H-reflex excitability did not differ across subjects during quiet standing.

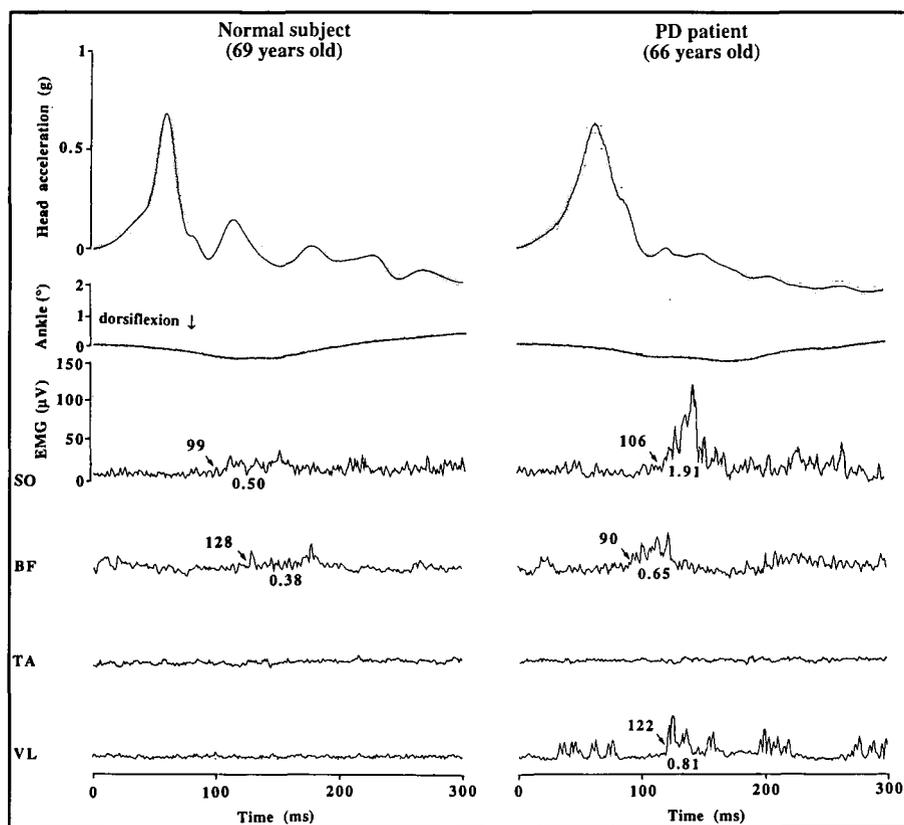
### EMG Responses Evoked by Whole Head-and-Body Tilts

All patients with PD (10/10) and 78% (7/9) of control subjects manifested muscle responses in their lower limb to Tilt<sub>alone</sub>. Figure 1 illustrates representative examples of tilt-evoked responses obtained at less than 130 ms after the tilt onset in a PD patient (#1) and a normal subject of similar age (#8). Note the much larger responses especially in the SO muscle of the PD patient, despite similar background contractions (Figure 1, 1st EMG traces). Indeed, patients with PD were more responsive to Tilt<sub>alone</sub> than control subjects. This was shown by the significantly larger frequency of their response occurrence ( $p < 0.05$ ), i.e., 62% of trials when all the muscles were grouped, in comparison with 28% of trials in similarly aged normal subjects. Interestingly, the larger occurrence of tilt-evoked responses observed in PD patients was not entirely uniform across the 4 muscles recorded. Figure 2 shows that a significantly larger proportion of PD patients demonstrated responses in the SO, BF and VL muscles than age-matched normal subjects ( $p < 0.05$ ), but not in the TA muscle. This occurred despite a similarly low level of background contraction (see data in the first 2 columns of Table 3). Furthermore, the EMG response area in the SO muscle was significantly larger ( $p < 0.01$ ), by 413% in comparison with similarly aged normal subjects (see the last 3 columns in Table 3).

In general, muscle responses of PD patients tended to occur with shorter latencies than in age-matched normal subjects. For example, 52% of all response latencies obtained in PD patients were within 100 ms, in comparison with only 33% in age-matched normal subjects. In fact, the mean response latency in the TA muscle of PD patients was significantly shorter than in age-matched normal subjects ( $p < 0.05$ , Table 3). Another difference between subject groups appeared to be the temporal pattern of muscle activation. Table 3 (3rd and 4th columns) shows that averaged response latencies in the SO, BF and VL muscles of PD patients were approximately simultaneous at 100-111 ms after head acceleration onset. In contrast, muscles of similarly aged normal subjects responded with their averaged latencies separated by 16 to 44 ms across muscles. The sequence of muscle activation recruitment was from posterior-to-anterior compartment (SO-BF before TA-VL), and from distal-to-proximal groups (SO before BF, and TA before VL) in normal subjects. In patients with PD, these sequences were disrupted by the earlier activation of the VL muscle before TA and BF (see 3rd and 4th columns in Table 3).

### Modulation of Soleus H-reflex During Whole Head-and-Body Tilts

Figure 3A illustrates 2 representative examples of significant SO H-reflex facilitation during whole head-and-body tilts in 1 patient with PD (#2) and 1 normal subject of similar age (#8). The average latencies of M responses and H-reflexes were similar between the 2 subjects, i.e., 6 and 34 ms for PD patient #2, and 8 and 34 ms for normal subject #8. Figure 3B shows individual M responses and H-reflex amplitudes obtained during quiet standing, and during tilt between 40 and 210 ms after head acceleration onset in these 2 subjects.



**Figure 1:** Mean linear head acceleration ( $\pm 1$  S.D. in dotted line), mean ankle angle and mean EMG traces obtained during the Tilt<sub>alone</sub> condition in normal subject #8 and PD patient #1. Latencies (in ms) of tilt-evoked responses are indicated by the number above each arrow. EMG areas (in  $\mu\text{V}\cdot\text{s}$ ) are specified by the value in the bottom of traces.

In a majority of subjects, the SO H-reflex amplitude was significantly changed during tilt, i.e., in 6 of 8 (75%) PD patients and 6 of 10 (60%) age-matched normal subjects. However, this modulation was either an increase or a decrease in the H-reflex amplitude. Figure 4 shows that SO H-reflex was significantly increased during tilt in 6 of 8 (75%) PD patients and 5 of 10 (50%) age-matched normal subjects. The proportion of PD patients and age-matched normal subjects showing an increase, a decrease or no effect on H-reflex amplitude was not significantly different.

As shown by Table 4, the mean H-reflex value obtained in PD patients at 30-70 ms after head acceleration onset was significantly larger by 14% ( $p < 0.05$ ), in comparison with age-matched normal subjects. In contrast, the mean H-reflex values between 71 and 190 ms after head acceleration onset were not statistically different between the 2 groups of subjects.

## DISCUSSION

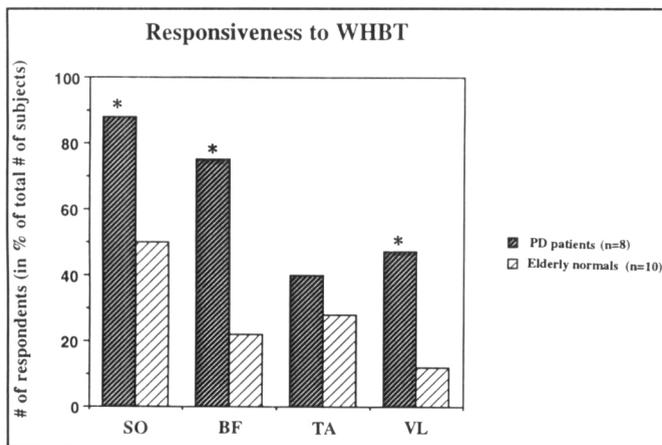
In this study, we found that the responsiveness of PD patients to whole head-and-body tilts was increased in comparison with age-matched normal subjects. This was shown by the larger proportion of PD patients manifesting tilt-evoked responses in the SO, BF and VL muscles ( $p < 0.05$ , Figure 2), and the higher frequency of their response occurrence ( $p < 0.05$ ). Furthermore, the mean response latency in the TA muscle of PD patients was shorter ( $p < 0.05$ , Table 3), and their mean SO response area larger than age-matched normal subjects (413%;  $p < 0.01$ , Table 3).

PD patients were also characterized by an abnormal sequence of muscle activation in response to tilt, with their VL muscle being activated first rather than last (Table 3). Interestingly, while the mean SO response area of PD patients was greatly enhanced, their SO H-reflex amplitude during tilt was increased by only 14% at 30-70 ms after head acceleration onset ( $p < 0.05$ , Table 4). In all but 1 PD patient, this increased H-reflex amplitude occurred after the onset of the SO tilt-evoked response.

### Increased Responsiveness and Abnormal Response Patterns to Whole Head-and-Body Tilts in PD Patients

PD patients were more responsive to dynamic forward whole head-and-body tilts than aged-matched normal subjects. Such tilts probably provide predominant, but not exclusive vestibular inputs. Cutaneous inputs from every body part that was in contact with the tilting apparatus, and proprioceptive inputs from minimized joint displacements were present. Thus, vestibular and somatosensory inputs were provided during whole head-and-body tilts.

The proportion of respondents in the SO, BF and VL muscles of PD patients was significantly increased, respectively by 1.8, 3.4 and 4.0 times than of age-matched normals ( $p < 0.05$ , Figure 2). Moreover, the responding PD patients manifested tilt-evoked responses significantly more frequently, i.e., 2.2 times more muscles-trials than normal subjects ( $p < 0.05$ ). The mean response latency in their TA muscle was shorter by 45 ms ( $p < 0.05$ , Table 3), while the mean responses area in their



**Figure 2:** Proportion of PD patients and age-matched normal subjects manifesting tilt-evoked responses in the SO, BF, TA and VL muscles. Significant difference between the two groups of subjects at  $p < 0.05$  is indicated by a star (\*).

SO muscle was larger (413%;  $p < 0.01$ , Table 3). This enhanced responsiveness occurred despite similar levels of background contraction in the relevant muscles. These results are consistent with the fact that PD patients demonstrate enhanced postural responses to sudden translation or rotation of the standing platform.<sup>7,8</sup> Consequently, muscle responses evoked by both *slow* platform displacements and *fast* whole head-and-body tilts were similarly affected in PD. The increased responsiveness to tilt of our PD patients could have been due to a lack of response suppression in the PD patients by a reduction in functional demand, due to the body support. In this context, the reduction of postural response amplitude by body support was found to be much less in PD patients than age-matched normal subjects, during toe-up and backward translation of the standing platform.<sup>8</sup> In our experimental paradigm, subjects were firmly fixed to the tilting apparatus. Thus, tilt-evoked responses might have been less suppressed by body support in PD patients than in normal subjects.

Furthermore, the sequence of muscle activation evoked by whole head-and-body tilts was abnormal in PD patients. In particular, the VL responses tended to occur earlier in PD patients than in age-matched normal subjects (Table 3). We found that normal elderly subjects had a distinct distal-to-proximal sequence of tilt-evoked activation of their lower limb muscles (SO, BF and VL). In

contrast, these muscles tended to be activated almost simultaneously between 100-111 ms in the PD patients (Table 3). The simultaneous muscle activation in PD patients suggests that whole head-and-body tilts might have provoked a "freezing phenomenon", in which lower limb muscles were co-activated. Such a non-functional response might explain the difficulty faced by PD patients to restabilize their balance following stance perturbations.

The normal SO-BF-TA-VL sequence of muscle activation evoked by whole head-and-body tilts was disrupted by the earlier activation of the VL muscle in PD patients. A reduced VL muscle response latency has also been found in PD patients during toe-up rotation of the standing platform.<sup>6</sup> This is another example that PD affected postural and balance responses, evoked respectively by *slow* and *fast* stance perturbations, in a similar manner. With the *slow* perturbation, however, only patients in stage 4 of the disease manifested an abnormal muscle activation sequence, and not the patients in stage 3.<sup>6</sup> This is in contrast to our finding that PD patients in stage 3 already demonstrated significant changes in the sequence of muscle activation evoked by whole head-and-body tilts. Taken together, the results from the 2 studies suggest that PD might affect the sequencing of tilt-evoked responses earlier than the postural responses to slower platform perturbations.

#### Modulation of Soleus H-reflex During Whole Head-and-Body Tilts

The amplitude of SO H-reflex was significantly modified during whole head-and-body tilts in the majority of normal elderly subjects and PD patients. Within each subject group, the average H-reflex amplitude during tilt was increased by 26% in normal elderly subjects, and by 20% in PD patients as compared with quiet standing. This modest increase was due in part to the *decreased* H-reflex amplitude observed in 1 normal elderly subject and 1 PD patient.

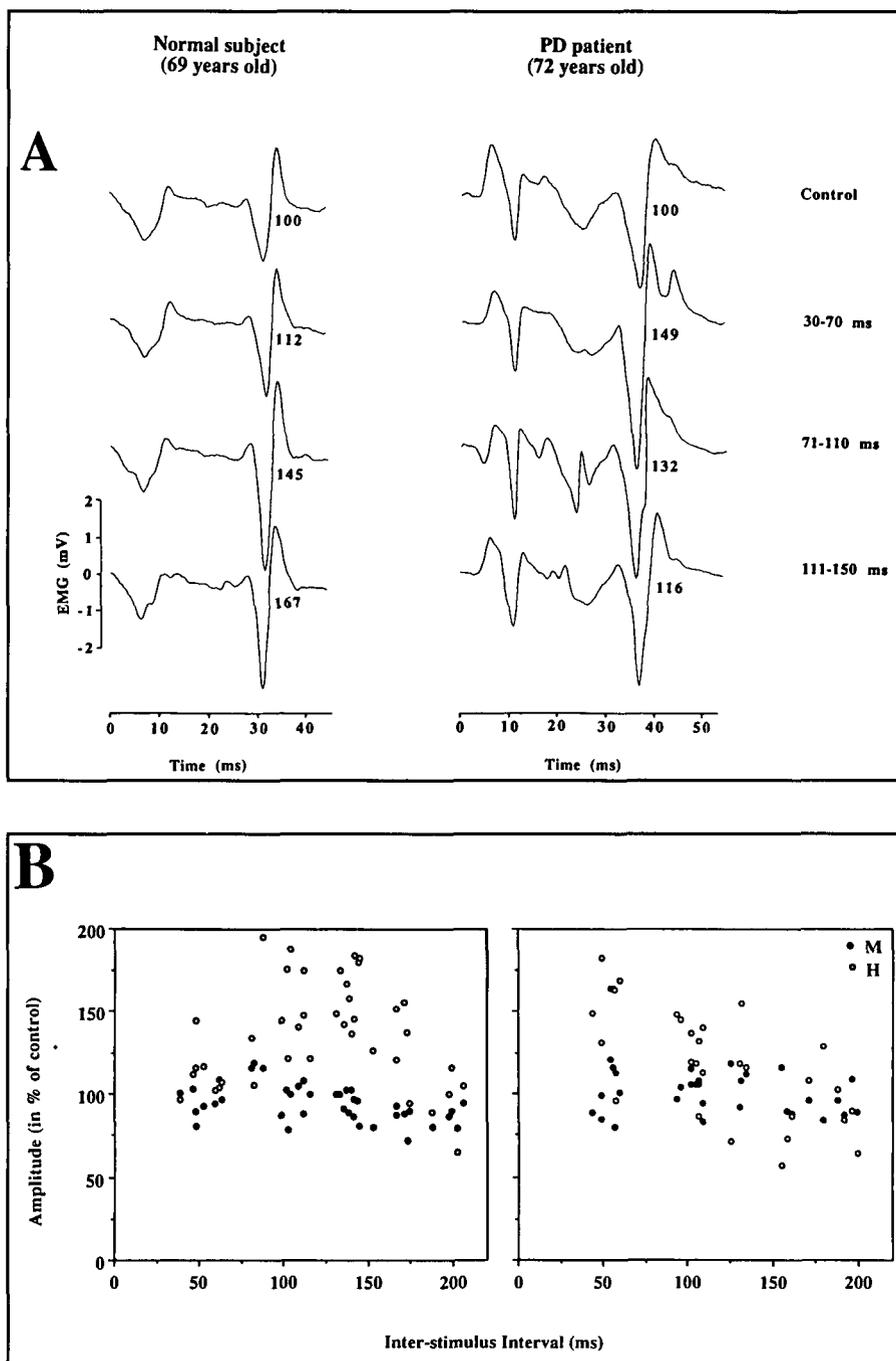
The amplitude of SO H-reflex during whole head-and-body tilts was similar between PD patients and age-matched normal subjects, at an interval of 71-190 ms after head acceleration onset. However, it was significantly larger in PD patients than normal elderly subjects in the early part of the tilt ( $p < 0.05$ , Table 4), i.e., at 30-70 ms after head acceleration onset. This difference was observed in spite of similar stimulation conditions between the two groups of subjects. As noted earlier, the variation in the peak amplitude of linear head acceleration was limited to  $\pm 15\%$  from trial to trial, and from subject to subject. This procedure ensured that similar intensity of vestibular stimulation was provided to all subjects. In addition, the similar control H-reflex

**Table 3:** Comparison of Background EMG and Tilt-evoked Response Characteristics Between Normal Elderly Subjects and PD Patients.

Muscle	Background EMG ( $\mu\text{V}$ )		Response Latency (ms)		EMG Area ( $\mu\text{V}\cdot\text{s}$ )		
	Elderly	PD Patients	Elderly	PD Patients	Elderly	PD	PD/Eld. (%)
SO	14 $\pm$ 6	22 $\pm$ 15	95 $\pm$ 45	100 $\pm$ 27	.39 $\pm$ .25	1.61 $\pm$ 1.58**	413
BF	9 $\pm$ 5	13 $\pm$ 6	119 $\pm$ 25	111 $\pm$ 47	.29 $\pm$ .14	.68 $\pm$ .62	236
TA	16 $\pm$ 7	15 $\pm$ 10	173 $\pm$ 31	128 $\pm$ 43*	1.63 $\pm$ 1.87	.88 $\pm$ .71	54
VL	7 $\pm$ 2	19 $\pm$ 12	212 $\pm$ 7	107 $\pm$ 29	.47 $\pm$ .53	1.15 $\pm$ 1.23	245

\*  $p < 0.05$

\*\*  $p < 0.01$



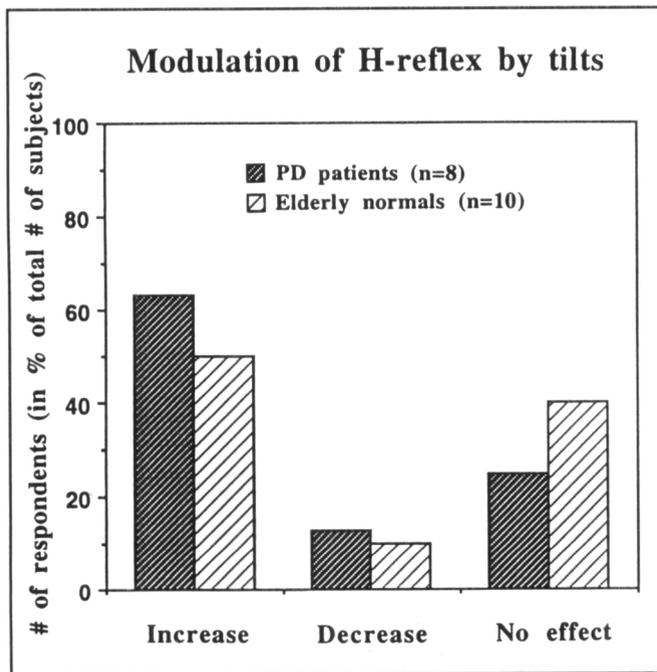
**Figure 3:** (A) Soleus H-reflexes in normal subject #8 and PD patient #2 during quiet standing (control), and during whole head-and-body tilts at 30-70 ms, 71-110 ms and 111-151 ms after head acceleration onset. The relative amplitude of H-reflex to the mean control H is indicated under H-reflexes. (B) Individual M responses (closed circles) and H-reflexes (open circles) obtained during whole head-and-body tilts in the same subjects, expressed in percentage of the mean control M and the mean control H values.

amplitude values obtained in the two subject groups (Table 2) indicated that similar proportion of motoneurons was recruited by the electrical stimulation during quiet standing.

**Possible Mechanism Involved in the Enhancement of Tilt-Evoked Responses With PD**

Responses evoked by whole head-and-body tilts in the SO muscle of PD patients were significantly greater than in age-

matched normal subjects (Table 3). However, this enhancement was not accompanied by a comparable amount of increase in SO H-reflex amplitude during the tilt. More specifically, the area of SO tilt-evoked responses in PD patients was larger than age-matched normal subjects (413%), while the H-reflex amplitude was increased by only 14% (Table 4). These results indicate that most of the increase in response area observed in PD patients could not be attributed to abnormal motoneuronal excitability



**Figure 4:** Relative proportion of PD patients and age-matched normal subjects, in percentage of the total number of subjects in each groups, showing a significant increase, a significant decrease, or no effect in the soleus H-reflex amplitude during whole head-and-body tilts.

during tilt. Instead, the enlarged responses could originate from a deficit in the control of interneuronal excitability. For example, an increased facilitation and/or a decreased inhibition of the interneurons involved in the generation of tilt-evoked responses could explain our finding of a minor increase in H-reflex amplitude during tilt and a much more excitable tilt-evoked response.

In support of this hypothesis, other polysynaptic reflexes have been found to be hyperactive in PD patients. Notable examples are the medium latency stretch reflex, i.e., the M2 response, in the upper limb<sup>21</sup> and TA muscles,<sup>22</sup> as well as the flexion reflex in lower limb muscles.<sup>23</sup> In contrast, the monosynaptic stretch reflex of PD patients is normal in both upper<sup>24</sup> and lower limb muscles.<sup>6</sup> Therefore, the origin of parkinsonian reflex hyperactivity could be a defect in the control of the interneurons participating in these polysynaptic reflexes.

In this connection, the regulation of Renshaw, Ia and Ib inhibitory interneurons has been assessed specifically in PD patients. The inhibition of SO H-reflex by a conditioning stimulation of the posterior tibial nerve, presumed to activate Renshaw inhibitory interneurons,<sup>25</sup> was intact in PD patients.<sup>26</sup> In contrast, the H-reflex of PD patients was excessively inhibited by conditioning stimulation of the peroneal nerve, thought to activate the SO Ia interneurons.<sup>27</sup> Furthermore, the H-reflex of PD

patients was insufficiently inhibited by a conditioning stimulation of the gastrocnemius nerve,<sup>28</sup> presumed to activate the SO Ib interneurons.<sup>29</sup> These results suggested that the excitability of Ia and Ib inhibitory interneurons was respectively increased and decreased in PD patients. They also illustrate examples of abnormal interneuronal control in PD. Were the interneurons in the tilt-evoked response pathway being abnormally controlled in PD, it could explain the greatly enhanced responses despite a minor increase in H-reflex amplitude that we observed during tilts in PD patients.

To sum, we have characterized the tilt-evoked responses of PD patients with the use of a new experimental paradigm, in which the subject's whole head-and-body was tilted forward. The responsiveness to whole head-and-body tilts was much greater in PD patients than age-matched normal subjects. This hyperexcitability could reflect a reduced capacity of PD patients to modulate the amplitude of tilt-evoked responses according to functional demand. More specifically, the body support used in our experimental paradigm should have reduced the tilt-evoked responses. Instead, when compared with age-matched normal subjects, the area of SO responses was 4 times larger in PD patients. During similar tilts, the SO H-reflex amplitude of PD patients was only slightly increased in comparison with normal subjects. These results indicate that possible hyperexcitability of motoneurons, and/or decreased presynaptic inhibition of the Ia terminals involved in the H-reflex pathway, could not fully account for the enhanced tilt-evoked responses of PD patients. We hypothesize that the increased responsiveness to whole head-and-body tilts in PD patients could originate from an abnormal excitability of the spinal interneurons.

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**Table 4:** Mean H-reflex Amplitude  $\pm$  1 S.D. Obtained During Quiet Standing (Control) and 4 Inter-stimulus Intervals During Whole Head-and-Body Tilts.

Group	Control	30-70 ms	71-110 ms	111-150 ms	151-190 ms
Elderly normals	100 $\pm$ 0 (n=10)	106 $\pm$ 37 (n=10)	126 $\pm$ 43 (n=9)	119 $\pm$ 49 (n=9)	121 $\pm$ 41 (n=10)
PD patients	100 $\pm$ 0 (n=8)	120 $\pm$ 30* (n=6)	114 $\pm$ 30 (n=3)	102 $\pm$ 42 (n=5)	93 $\pm$ 30 (n=5)

\* p<0.05

( ) number of subjects

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