# EnERGY BOUNDS FOR MODULAR ROOTS AND THEIR APPLICATIONS 

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Abstract We generalise and improve some recent bounds for additive energies of modular roots. Our arguments use a variety of techniques, including those from additive combinatorics, algebraic number theory and the geometry of numbers. We give applications of these results to new bounds on correlations between Salié sums and to a new equidistribution estimate for the set of modular roots of primes.

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## 1. Introduction

### 1.1. Background

For a prime $q$, we use $\mathbb{F}_{q}$ to denote the finite field of $q$ elements. Given a set $\mathcal{N} \subseteq \mathbb{F}_{q}$ and an integer $k \geqslant 1$, let $T_{\nu, k}(\mathcal{N} ; q)$ be the number of solutions to the equation (in $\mathbb{F}_{q}$ )

$$
b_{1}+\ldots+b_{\nu}=b_{\nu+1}+\ldots+b_{2 \nu}, \quad b_{i}^{k} \in \mathcal{N}, i=1, \ldots, 2 \nu
$$

For $\nu=2$, we also denote

$$
T_{\nu, k}(\mathcal{N} ; q)=E_{k}(\mathcal{N} ; q)
$$

When $k=1$, in additive combinatorics, this is the well-known quantity called the additive energy of $\mathcal{N}$. More generally, $E_{k}(\mathcal{N} ; q)$ is the additive energy of the set of $k$-th roots of elements of $\mathcal{N}$ (of those which are $k$-th power residues).
In the special case $\mathcal{N}=\{1, \ldots, N\}$ for an integer $1 \leqslant N<q$, we also write

$$
T_{\nu, k}(j \mathcal{N} ; q)=\mathrm{T}_{\nu, k}(N ; j, q), \quad E_{k}(j \mathcal{N} ; q)=\mathrm{E}_{k}(N ; j, q)
$$

where the set $j \mathcal{N}=\{j, \ldots, j N\}$ is embedded in $\mathbb{F}_{q}$ in a natural way.

The quantity $\mathrm{E}_{2}(N ; j, q)$ has been introduced and estimated in [13]. In particular, for any $j \in \mathbb{F}_{q}^{*}$, by [13, Lemmas 6.4 and 6.6$]$ we have

$$
\begin{equation*}
\mathrm{E}_{2}(N ; j, q) \leqslant \min \left\{N^{4} / q+N^{5 / 2}, N^{7 / 2} / q^{1 / 2}+N^{7 / 3}\right\} q^{o(1)} \tag{1.1}
\end{equation*}
$$

which has been used in [13, Theorem 1.7] to estimate certain bilinear sums and thus improve some results of [14] on correlations between Salié sums, which is important for applications to moments of $L$-functions attached to some modular forms. Furthermore, bounds of such bilinear sums have applications to the distribution of modular square roots of primes; see [13, 27] for details.

This line of research has been continued in [26] where it is shown that, for almost all primes $q$, for all $N<q$ and $j \in \mathbb{F}_{q}^{*}$ one has an essentially optimal bound

$$
\begin{equation*}
\mathrm{E}_{2}(N ; j, q) \leqslant\left(N^{4} / q+N^{2}\right) q^{o(1)} \tag{1.2}
\end{equation*}
$$

We expect the bound (1.2) to hold for all primes $q$; however, this seems difficult to establish with current techniques.

As an application of the bound (1.2), it has been shown in [26] that on average over $q$ one can significantly improve the error term in the asymptotic formula for twisted second moments of $L$-functions of half integral weight modular forms.

Furthermore, it is shown in [26] that methods of additive combinatorics can be used to estimate $E_{2}(\mathcal{N} ; q)$ for sets $\mathcal{N}$ with small doubling. Namely, for an arbitrary set $\mathcal{N}$ (of any algebraic domain equipped with addition), as usual, we denote

$$
\mathcal{N}+\mathcal{N}=\left\{n_{1}+n_{2}: n_{1}, n_{2} \in \mathcal{N}\right\}
$$

Then it is shown in [26], in particular, that if $\mathcal{N} \subseteq \mathbb{Z}_{q}$ is a set of cardinality $N$ such that $\#(\mathcal{N}+\mathcal{N}) \leqslant L N$ for some real $L$, then

$$
\begin{equation*}
E_{2}(\mathcal{N} ; q) \leqslant q^{o(1)}\left(\frac{L^{4} N^{4}}{q}+L^{2} N^{11 / 4}\right) \tag{1.3}
\end{equation*}
$$

Here, we extend and improve these results in several directions and obtain upper bounds on $T_{\nu, k}(\mathcal{N} ; q)$ and $\mathrm{T}_{\nu, k}(N ; j, q)$ for other choices of $(\nu, k)$ besides $(\nu, k)=(2,2)$ along with improving the bound of [13, Lemma 6.6] for $T_{2,2}(N ; j, q)$. Our estimate for $T_{2,2}(N ; j, q)$ gives some improvement on exponential sums bounds from [13].

We believe the new ideas of this work include

- the use of higher-dimensional lattices and more advanced techniques from the geometry of numbers such as transference principles and should be considered a development of the arguments from [13] where only a two-dimensional lattice is used,
- applying so-called decimations of multivariate polynomials,
- the use of Gowers norms.

Such estimates have the potential for several new applications. One such application is to bilinear sums with some multidimensional Salié sums which by a result of Duke [10] can be reduced to one-dimensional sums over $k$-th roots (generalising the case of $k=2$, see [19, Lemma 12.4] or [23, Lemma 4.4]). This result of Duke [10] combined with our present
results and also the approach of $[14,13,26]$ may have a potential to lead to new asymptotic formulas for moments of $L$-functions with Fourier coefficients of automorphic forms over $\mathrm{GL}(k, \mathbb{Z})$ with $k \geqslant 3$. We refer to [10] for further references. For these applications, one has to extend our bound from $k=2$ to arbitrary $k \geqslant 3$, which is of independent interest, and maybe achievable with our techniques.

Improved bounds on $\mathrm{T}_{\nu, k}(N ; j, q)$ with $\nu>2$ have a potential to obtain further improvements and extend the region in which there are nontrivial bounds of bilinear sums from [13, 26]. In turn, this can lead to further advances in their applications.

Furthermore, the new result on the distribution of modular roots of primes, (see Theorem 2.3) can be viewed as dual to celebrated result of Duke, Friedlander and Iwaniec $[11,12]$ on square roots of a fixed integer modulo distinct primes. In turn, this may have a similar range of 'dual' applications.

### 1.2. Notation

Throughout the paper, the notation $U=O(V), U \ll V$ and $V \gg U$ are equivalent to $|U| \leqslant c V$ for some positive constant $c$, which throughout the paper may depend on the integer $k$.

For any quantity $V>1$, we write $U=V^{o(1)}$ (as $\left.V \rightarrow \infty\right)$ to indicate a function of $V$ which satisfies $|U| \leqslant V^{\varepsilon}$ for any $\varepsilon>0$, provided $V$ is large enough.

For complex weights $\boldsymbol{\beta}=\left\{\beta_{n}\right\}_{n \in \mathcal{N}}$, supported on a finite set $\mathcal{N}$, we define the norms

$$
\|\boldsymbol{\beta}\|_{\infty}=\max _{n \in \mathcal{N}}\left|\beta_{n}\right| \quad \text { and } \quad\|\boldsymbol{\beta}\|_{\sigma}=\left(\sum_{n \in \mathcal{N}}\left|\alpha_{n}\right|^{\sigma}\right)^{1 / \sigma}
$$

where $\sigma>1$, and similarly for other weights.
For a real $A>0$, we write $a \sim A$ to indicate that $a$ is in the dyadic interval $A / 2 \leqslant a<A$. We use $\# \mathcal{A}$ for the cardinality of a finite set $\mathcal{A}$.
Given two functions $f, g$ on some algebraic domain $\mathcal{D}$ equipped with addition, we define the convolution

$$
(f \circ g)(d)=\sum_{x \in \mathcal{D}} f(x) g(x-d) .
$$

We can then recursively define longer convolutions $\left(f_{1} \circ \ldots \circ f_{s}\right)(d)$.
If $f$ is the indicator function of a set $\mathcal{A}$, then we write

$$
(f \circ f)(d)=(\mathcal{A} \circ \mathcal{A})(d)
$$

In fact, we often use $\mathcal{A}(a)$ for the indicator function of a set $\mathcal{A}$, that is, $\mathcal{A}(a)=1$ if $a \in \mathcal{A}$ and $\mathcal{A}(a)=0$ otherwise.
Note that $(\mathcal{A} \circ \mathcal{A})(d)$ counts the number of the solutions to the equation $d=a_{1}-a_{2}$, where $a_{1}, a_{2}$ run over $\mathcal{A}$, that is

$$
\begin{equation*}
(\mathcal{A} \circ \mathcal{A})(d)=\#\left\{\left(a_{1}, a_{2}\right) \in \mathcal{A}^{2}: d=a_{1}-a_{2}\right\} . \tag{1.4}
\end{equation*}
$$

As usual, we also write

$$
\mathcal{A}+\mathcal{A}=\left\{a_{1}+a_{2}: a_{1}, a_{2} \in \mathcal{A}\right\}
$$

and more generally

$$
k \mathcal{A}-\ell \mathcal{A}=\left\{a_{1}+\ldots+a_{k}-b_{1}-\ldots-b_{\ell}: a_{1}, \ldots, a_{k}, b_{1}, \ldots, b_{\ell} \in \mathcal{A}\right\}
$$

Finally, we follow the convention that in summation symbols $\sum_{a \leqslant A}$ the sum is over positive integers $a \leqslant A$.

### 1.3. New results

We start with a new bound on $\mathrm{T}_{2,2}(N ; j, q)=\mathrm{E}_{2}(N ; j, q)$ which improves Equation (1.1).
Theorem 1.1. Let $q$ be prime. For any $j \in \mathbb{F}_{q}^{*}$ and integer $N \leqslant q$, we have

$$
\mathrm{T}_{2,2}(N ; j, q) \ll\left(\frac{N^{3 / 2}}{q^{1 / 2}}+1\right) N^{2+o(1)} .
$$

Note it is easy to show the following trivial inequality

$$
\mathrm{T}_{4,2}(N ; j, q) \leqslant N^{4} \mathbf{T}_{2,2}(N ; j, q),
$$

which combined with Theorem 1.1 implies that

$$
\begin{equation*}
\mathrm{T}_{4,2}(N ; j, q) \leqslant\left(\frac{N^{3 / 2}}{q^{1 / 2}}+1\right) N^{6+o(1)} \tag{1.5}
\end{equation*}
$$

We now obtain a stronger bound for short intervals.
Theorem 1.2. Let $q$ be prime. For any $j \in \mathbb{F}_{q}^{*}$ and integer $N \leqslant q$, we have

$$
\mathrm{T}_{4,2}(N ; j, q) \leqslant\left(\frac{N^{5 / 8}}{q^{1 / 8}}+\frac{N^{11 / 2}}{q^{1 / 2}}+\frac{N^{3}}{q^{1 / 4}}\right) N^{6+o(1)}+N^{5+o(1)} .
$$

We see that Theorem 1.2 is sharper than Equation (1.5) provided $N \leqslant q^{1 / 12}$. Energies of the type considered in Theorem 1.2 have the potential for applications to new bilinear sum estimates considered in Section 2 below. However, the range of parameters $N \leqslant q^{1 / 12}$ does not seem strong enough for meaningful applications, except maybe to very skewed bilinear sums.

The proofs of Theorems 1.1 and 1.2 are based on the geometry of numbers and in particular on some properties of lattices. Although such ideas have been used before to estimate the number of solutions of various congruences (see [7, 20]), they have never been applied to estimate the additive energy of modular roots.

Next, we generalise Equation (1.2) to higher-order roots. In fact, as in [26] the methods allow us to also treat the natural extension of $\mathrm{E}_{k}(N ; j, q)$ to composite moduli $q$, for which we consider equations in the residue ring $\mathbb{Z}_{q}$ modulo $q$, and estimate $\mathrm{E}_{k}(N ; j, q)$ for almost all positive integers $q$. We, however, restrict ourselves to the case of prime moduli $q$.

Theorem 1.3. For a fixed $k \geqslant 3$ and any positive integers $Q \geqslant N \geqslant 1$, we have

$$
\frac{\log Q}{Q} \sum_{\substack{q \sim Q \\ q \text { prime }}} \max _{j \in \mathbb{F}_{q}^{*}} \mathrm{E}_{k}(N ; j, q) \ll N^{2}+N^{4} Q^{-1+o(1)}
$$

To establish Theorem 1.3, we use some arguments related to norms of algebraic integers. It is interesting to note that our construction of auxiliary polynomials resemble the socalled decimation procedure which appears in multiple contexts; we refer to [1] for further references.
We now extend the bound (1.3) to other values of $k$ as follows.
Theorem 1.4. Let $\mathcal{N} \subseteq \mathbb{F}_{q}$ be a set of cardinality $\# \mathcal{N}=N \leqslant q^{2 / 3}$ such that $\#(\mathcal{N}+\mathcal{N}) \leqslant L N$ for some real $L$. Then for $k \geqslant 3$, we have

$$
E_{k}(\mathcal{N} ; q) \leqslant L^{\vartheta_{k}} N^{3-\rho_{k}} q^{o(1)},
$$

where

$$
\rho_{k}=1 /\left(7 \cdot 2^{k-1}-9\right) \quad \text { and } \quad \vartheta_{k}= \begin{cases}2^{k+3} \rho_{k}, & \text { for } k \geqslant 5 \\ 64 / 47, & \text { for } k=4 \\ 32 / 19, & \text { for } k=3\end{cases}
$$

We remark that the exponent of $L$ in Theorem 1.4 is $\vartheta_{3}=32 / 19, \vartheta_{4}=64 / 47$ and

$$
\vartheta_{k}=\frac{2^{k+3}}{7 \cdot 2^{k-1}-9} \leqslant \frac{256}{103}
$$

for $k \geqslant 5$. For $k=3,4$, the exponent of $L$ is better than generic because of some additional saving in our application of the Plünnecke inequality; see [30, Corollary 6.29].

The proof is based on some ideas of Gowers [16, 17], in particular on the notion of the Gowers norm. Finally, we remark that it is easy to see that, actually, our method works for any polynomial not only for monomials. Also, it is possible, in principle, to insert the general weight $\boldsymbol{\beta}$, but the induction procedure requires complex calculations to estimate this more general quantity

$$
E_{k}(\mathcal{N} ; \boldsymbol{\beta}, q)=\sum_{\substack{u, v, x, y \in \mathbb{F}_{q} \\ u^{k}, v^{k}, x^{k}, y^{k} \in \mathcal{N} \\ u+v=x+y}} \beta_{u} \beta_{v} \beta_{x} \beta_{y} .
$$

Nevertheless, we record a simple consequence of Theorem 1.4 with weights $\boldsymbol{\beta}$, which follows from the pigeonhole principle.

Corollary 1.5. Let $\mathcal{N} \subseteq \mathbb{F}_{q}$ be a set of cardinality $\# \mathcal{N}=N$ such that $\#(\mathcal{N}+\mathcal{N}) \leqslant L N$ for some real L. Then for any weights $\boldsymbol{\beta}$ supported on $\mathcal{N}$, and with $\|\boldsymbol{\beta}\|_{\infty} \leqslant 1$ Then

$$
E_{k}(\mathcal{N} ; \boldsymbol{\beta}, q) \leqslant L^{\vartheta_{k}}\|\boldsymbol{\beta}\|_{1}^{2-2 \rho_{k}}\|\boldsymbol{\beta}\|_{2}^{2+2 \rho_{k}} q^{o(1)}
$$

where $\vartheta_{k}$ and $\rho_{k}$ are as in Theorem 1.4.
We also remark that Theorem 1.4 can be reformulated as a statement that for any set $\mathcal{A} \subseteq \mathbb{F}_{q}$ either the additive energy $\#\left\{a_{1}+a_{2}=a_{3}+a_{4}: a_{1}, a_{2}, a_{3}, a_{4} \in \mathcal{A}\right\}$ of $\mathcal{A}$ is small or $\mathcal{A}^{k}$ has large doubling set $\mathcal{A}^{k}+\mathcal{A}^{k}=\left\{a_{1}^{k}+a_{2}^{k}: a_{1}, a_{2} \in \mathcal{A}\right\}$.

## 2. Applications

Given weights $\boldsymbol{\alpha}, \boldsymbol{\beta}$ and $a, h \in \mathbb{F}_{q}^{*}$, we define bilinear forms over modular square roots as in [13, Equation (1.6)]

$$
\begin{equation*}
W_{a, q}(\boldsymbol{\alpha}, \boldsymbol{\beta} ; h, M, N)=\sum_{m \sim M} \sum_{n \sim N} \alpha_{m} \beta_{n} \sum_{\substack{x \in \mathbb{F}_{q} \\ x^{2}=a m n}} \mathbf{e}_{q}(h x) . \tag{2.1}
\end{equation*}
$$

Using Theorem 1.1, we obtain a new estimate for $W_{a, q}(\boldsymbol{\alpha}, \boldsymbol{\beta} ; h, M, N)$ which improves on [13, Theorem 1.7]. Assuming

$$
\|\boldsymbol{\alpha}\|_{\infty},\|\boldsymbol{\beta}\|_{\infty} \leqslant 1
$$

it follows from the proof of [13, Theorem 1.7] that

$$
\left|W_{a, q}(\boldsymbol{\alpha}, \boldsymbol{\beta} ; h, M, N)\right|^{8} \leqslant q^{1+o(1)}(M N)^{4} \mathbf{T}_{2,2}(M ; 1, q) \mathbf{T}_{2,2}(N ; b, q),
$$

for some $b$ with $\operatorname{gcd}(b, q)=1$.
Applying Theorem 1.1, we obtain the following bound.
Corollary 2.1. For any positive integers $M, N \leqslant q / 2$ and any weights $\boldsymbol{\alpha}$ and $\boldsymbol{\beta}$ satisfying

$$
\|\boldsymbol{\alpha}\|_{\infty},\|\boldsymbol{\beta}\|_{\infty} \leqslant 1
$$

we have

$$
\left|W_{a, q}(\boldsymbol{\alpha}, \boldsymbol{\beta} ; h, M, N)\right| \leqslant q^{1 / 8+o(1)}(M N)^{3 / 4}\left(\frac{M^{3 / 16}}{q^{1 / 16}}+1\right)\left(\frac{N^{3 / 16}}{q^{1 / 16}}+1\right)
$$

If the sequence $\boldsymbol{\beta}$ corresponds to values of a smooth function $\varphi$ whose derivatives and support $\operatorname{supp} \varphi$ satisfy

$$
\begin{equation*}
\varphi^{(j)}(x) \ll \frac{1}{x^{j}} \quad \text { and } \quad \operatorname{supp} \varphi \subseteq[N, 2 N], \tag{2.2}
\end{equation*}
$$

for any integer $j$ (with implied constant allowed to depend on $j$ ), then we write

$$
\begin{equation*}
V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)=\sum_{m \sim M} \sum_{n \in \mathbb{Z}} \alpha_{m} \varphi(n) \sum_{\substack{x \in \mathbb{F}_{q} \\ x^{2}=a m n}} \mathbf{e}_{q}(h x) . \tag{2.3}
\end{equation*}
$$

We now give a new bound for $V_{a, q}(\boldsymbol{\alpha} ; h, M, N)$. This does not rely on energy estimates although may be of independent interest. It is also used in a combination with Corollary 2.1 to derive Theorem 2.3 below.

Theorem 2.2. For any positive integers $M, N$ satisfying $M N \ll q$ and $M<N$, any weight $\boldsymbol{\alpha}$ satisfying

$$
\|\boldsymbol{\alpha}\|_{\infty} \leqslant 1
$$

and a function $\varphi$ satisfying Equation (2.2), for any fixed integer $r \geqslant 2$, we have

$$
\left|V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)\right| \leqslant q^{1 / 2-1 / 4 r+o(1)} M^{1-1 / 2 r} N^{1 / 2 r}\left(1+\frac{(M N)^{1 / 2}}{q^{1 / 2-1 / 4 r}}\right)
$$

Corollary 2.1 may be used to improve various results from [13, Sections 1.3-1.4]. We present once such improvement to the distribution of modular roots of primes. Recall that the discrepancy $D(N)$ of a sequence in $\xi_{1}, \ldots, \xi_{N} \in[0,1)$ is defined as

$$
D_{N}=\sup _{0 \leqslant \alpha<\beta \leqslant 1}\left|\#\left\{1 \leqslant n \leqslant N: \xi_{n} \in[\alpha, \beta)\right\}-(\beta-\alpha) N\right| .
$$

For a positive integer $P$, we denote the discrepancy of the sequence (multiset) of points

$$
\left\{x / q: x^{2} \equiv p \bmod q \text { for some prime } p \leqslant P\right\}
$$

by $\Gamma_{q}(P)$. Combining the Erdös-Turán inequality with the Heath-Brown identity reduces estimating $\Gamma_{q}(P)$ to sums of the form (2.1) and (2.3). Combining, Corollary 2.1 with Theorem 2.2, we obtain an improvement on [13, Theorem 1.10].

Theorem 2.3. For any $P \leqslant q^{3 / 4}$, we have

$$
\Gamma_{q}(P) \leqslant\left(P^{15 / 16}+q^{1 / 8} P^{3 / 4}+q^{1 / 16} P^{69 / 80}+q^{13 / 88} P^{3 / 4}\right) q^{o(1)} .
$$

Note that Theorem 2.3 is nontrivial provided $P \geqslant q^{13 / 22}$ and improves on the range $P \geqslant q^{13 / 20}$ from [13, Theorem 1.10].

## 3. Proof of Theorem 1.1

### 3.1. Lattices

We use $\operatorname{Vol}(B)$ to denote the volume of a body $B \subseteq \mathbb{R}^{d}$. For a lattice $\Gamma \subseteq \mathbb{R}^{d}$, we recall that the quotient space $\mathbb{R}^{d} / \Gamma$ (called the fundamental domain) is compact and so $\operatorname{Vol}\left(\mathbb{R}^{d} / \Gamma\right)$ is correctly defined; see also [30, Sections 3.1 and 3.5] for basic definitions and properties of lattices. In particular, we define the successive minima $\lambda_{i}, i=1, \ldots, d$, of $B$ with respect to $\Gamma$ as

$$
\lambda_{i}=\inf \{\lambda>0: \lambda B \text { contains } i \text { linearly independent elements of } \Gamma\}
$$

where $\lambda B$ is the homothetic image of $B$ with the coefficient $\lambda$.
The following is Minkowski's second theorem. For a proof see [30, Theorem 3.30].
Lemma 3.1. Suppose $\Gamma \subseteq \mathbb{R}^{d}$ is a lattice of rank $d, B \subseteq \mathbb{R}^{d}$ a symmetric convex body, and let $\lambda_{1}, \ldots, \lambda_{d}$ denote the successive minima of $\Gamma$ with respect to $B$. Then we have

$$
\frac{1}{\lambda_{1} \ldots \lambda_{d}} \leqslant \frac{d!}{2^{d}} \frac{\operatorname{Vol}(B)}{\operatorname{Vol}\left(\mathbb{R}^{d} / \Gamma\right)} .
$$

For a proof of the following, see [4, Proposition 2.1].
Lemma 3.2. Suppose $\Gamma \subseteq \mathbb{R}^{d}$ is a lattice, $B \subseteq \mathbb{R}^{d}$ a symmetric convex body, and let $\lambda_{1}, \ldots, \lambda_{d}$ denote the successive minima of $\Gamma$ with respect to $B$. Then we have

$$
\#(\Gamma \cap B) \leqslant \prod_{i=1}^{d}\left(\frac{2 i}{\lambda_{i}}+1\right)
$$

### 3.2. Reduction to counting points in lattices

It more convenient to estimate $\mathrm{T}_{2,2}(N ; \bar{j}, q)$ rather than $\mathrm{T}_{2,2}(N ; j, q)$ for the multiplicative inverse $\bar{j}$ of $j$ modulo $q$, which or course is an equivalent question.

Let $\mathcal{A}$ denote the set

$$
\mathcal{A}=\left\{x \in \mathbb{F}_{q}^{*}: j x^{2} \in\{1, \ldots, N\}\right\}
$$

so that

$$
\begin{equation*}
\mathrm{T}_{2,2}(N ; \bar{j}, q)=\sum_{d \in \mathbb{F}_{q}}(\mathcal{A} \circ \mathcal{A})(d)^{2}, \tag{3.1}
\end{equation*}
$$

where $(\mathcal{A} \circ \mathcal{A})(d)$ is defined by Equation (1.4).
If $a_{1}, a_{2} \in \mathcal{A}$ satisfy

$$
a_{1}-a_{2}=d,
$$

then elementary algebraic manipulations imply

$$
\left(a_{1}^{2}-a_{2}^{2}-d^{2}\right)^{2}=4 d^{2} a_{2}^{2} .
$$

We have

$$
j a_{1}^{2}-j a_{2}^{2}, j a_{2}^{2} \in\{-N, \ldots, N\} .
$$

Since for any $\lambda, \mu \in \mathbb{F}_{q}$ the number of solutions to

$$
j a_{1}^{2}-j a_{2}^{2}=\lambda, \quad j a_{2}^{2}=\mu, \quad a_{1}, a_{2} \in \mathcal{A}
$$

is $O(1)$, we derive from Equation (3.1)

$$
\mathrm{T}_{2,2}(N ; \bar{j}, q) \lll \sum_{d \in \mathbb{F}_{q}} J_{0}(d)^{2},
$$

where

$$
J_{0}(d)=\#\left\{|m|,|n| \leqslant N:\left(n-j d^{2}\right)^{2} \equiv 4 j d^{2} m \bmod q\right\} .
$$

If $n, m$ satisfy

$$
\left(n-j d^{2}\right)^{2} \equiv 4 j d^{2} m \bmod q,
$$

then

$$
n^{2}+j^{2} d^{4} \equiv 2 j d^{2}(2 m+n) \bmod q
$$

This implies

$$
\begin{equation*}
\mathrm{T}_{2,2}(N ; \bar{j}, q) \ll \sum_{d \in \mathbb{F}_{q}} J(d)^{2}, \tag{3.2}
\end{equation*}
$$

where

$$
\begin{equation*}
J(d)=\#\left\{|m|,|n| \leqslant 6 N: n^{2}+j^{2} d^{4} \equiv j d^{2} m \bmod q\right\} . \tag{3.3}
\end{equation*}
$$

Let $\mathcal{L}(d)$ denote the lattice

$$
\mathcal{L}(d)=\left\{(x, y) \in \mathbb{Z}^{2}: x \equiv j d^{2} y \bmod q\right\}
$$

$B$ the convex body

$$
B=\left\{(x, y) \in \mathbb{R}^{2}:|x| \leqslant 72 N^{2},|y| \leqslant 12 N\right\},
$$

and let $\lambda_{1}(d), \lambda_{2}(d)$ denote the first and second successive minima of $\mathcal{L}(d)$ with respect to $B$.
We now partition summation in Equation (3.2) according to the size of $\lambda_{1}(d)$ and $\lambda_{2}(d)$ to get

$$
\begin{equation*}
\mathrm{T}_{2,2}(N ; \bar{j}, q) \ll S_{0}+S_{1}+S_{2}, \tag{3.4}
\end{equation*}
$$

where

$$
S_{0}=\sum_{\substack{d \in \mathbb{F}_{q} \\ \lambda_{1}(d)>1}} J(d)^{2}, \quad S_{1}=\sum_{\substack{d \in \mathbb{F}_{q} \\ \lambda_{1}(d) \leq 1 \\ \lambda_{2}(d)>1}} J(d)^{2}, \quad S_{2}=\sum_{\substack{d \in \mathbb{F}_{q} \\ \lambda_{1}(d), \lambda_{2}(d) \leqslant 1}} J(d)^{2} .
$$

### 3.3. Concluding the proof

Consider first $S_{0}$. If $\lambda_{1}(d)>1$, then

$$
J(d) \leqslant 1,
$$

which follows from the fact that for any distinct points $\left(n_{0}, m_{0}\right),\left(n_{1} . m_{1}\right)$ satisfying the conditions in Equation (3.3) we have

$$
\left(n_{0}^{2}-n_{1}^{2}, m_{0}-m_{1}\right) \in \mathcal{L}(d) \cap B
$$

This implies that $J(d)^{2}=J(d)$, and we derive

$$
\begin{equation*}
S_{0}=\sum_{\substack{d \in \mathbb{F}_{q} \\ \lambda_{1}(d)>1}} J(d) \ll N^{2} . \tag{3.5}
\end{equation*}
$$

Consider next $S_{1}$. Suppose $d$ satisfies $\lambda_{1}(d) \leqslant 1$ and $\lambda_{2}(d)>1$. There exists $n_{d}, m_{d}$ satisfying the conditions given in Equation (3.3) such that

$$
J(d) \ll \#\left\{|m|,|n| \leqslant 6 N:\left(n^{2}-n_{d}^{2}, m-m_{d}\right) \in \mathcal{L}(d) \cap B\right\} .
$$

Since $\lambda_{2}(d)>1$, there exists a unique point $\left(a_{d}, b_{d}\right) \in \mathcal{L}(d) \cap B$ satisfying

$$
\operatorname{gcd}\left(a_{d}, b_{d}\right)=1, \quad\left|a_{d}\right| \leqslant 72 N^{2}, \quad\left|b_{d}\right| \leqslant 12 N
$$

such that

$$
J(d) \ll \#\left\{|m|,|n| \leqslant 6 N: \frac{n^{2}-n_{d}^{2}}{m-m_{d}}=\frac{a_{d}}{b_{d}}\right\}+1 .
$$

This implies

$$
\begin{align*}
S_{1} & \leqslant \sum_{d \in \mathbb{F}_{q}} J(d)\left(\#\left\{|m|,|n| \leqslant 6 N: \frac{n^{2}-n_{d}^{2}}{m-m_{d}}=\frac{a_{d}}{b_{d}}\right\}+1\right)  \tag{3.6}\\
& \leqslant \sum_{(a, b) \in \mathcal{W}} J(a, b) K(a, b)+N^{2},
\end{align*}
$$

where $\mathcal{W}$ is the following set of all pairs $(a, b)$ satisfying

$$
\begin{equation*}
\mathcal{W}=\left\{(a, b) \in \mathbb{Z}^{2}:|a| \leqslant 72 N^{2},|b| \leqslant 12 N, \operatorname{gcd}(a, b)=1\right\} \tag{3.7}
\end{equation*}
$$

and $K(a, b)$ is defined by

$$
K(a, b)=\#\left\{(m, n) \in \mathbb{Z}^{2}:|m|,|n| \leqslant 6 N, \frac{n^{2}-n_{a, b}^{2}}{m-m_{a, b}}=\frac{a}{b}\right\},
$$

for some choice of integers $m_{a, b}, n_{a, b}$ satisfying $\left|m_{a, b}\right|,\left|n_{a, b}\right| \leqslant 6 N$ and $J(a, b)$ is defined by

$$
J(a, b)=\#\left\{(m, n) \in \mathbb{Z}^{2}:|m|,|n| \leqslant 6 N, n^{2}+\left(a b^{-1}\right)^{2} \equiv a b^{-1} m \quad \bmod q\right\} .
$$

Note that

$$
\begin{aligned}
\sum_{(a, b) \in \mathcal{W}} J(a, b) & \leqslant \#\left\{(m, n, \lambda) \in \mathbb{Z}^{3}:|m|,|n| \leqslant\right. \\
& <N, 1 \leqslant \lambda<q, \\
& <N^{2}
\end{aligned}
$$

since after fixing $m, n$ with $O\left(N^{2}\right)$ choices there exists $O(1)$ solutions to

$$
\lambda^{2}-\lambda m+n^{2} \equiv 0 \quad \bmod q
$$

in the remaining variable $\lambda$. We also have

$$
\begin{equation*}
J(a, b) \ll K(a, b)+1 . \tag{3.8}
\end{equation*}
$$

Fix some $a, b$ as in the sum in Equation (3.6), and consider $K(a, b)$. If $n, m$ satisfy

$$
\frac{n^{2}-n_{a, b}^{2}}{m-m_{a, b}}=\frac{a}{b}, \quad|m|,|n| \leqslant 6 N
$$

then, since $\operatorname{gcd}(a, b)=1$, we have

$$
\begin{equation*}
n^{2}-n_{a, b}^{2} \equiv 0 \bmod |a|, \tag{3.9}
\end{equation*}
$$

and

$$
\begin{equation*}
m-m_{a, b} \equiv 0 \bmod |b| . \tag{3.10}
\end{equation*}
$$

Furthermore, if one out of $m$ or $n$ is fixed, then the other number is defined in no more than two ways.

Write Equation (3.9) as

$$
\left(n-n_{a, b}\right)\left(n+n_{a, b}\right) \equiv 0 \bmod |a| .
$$

Then we see that there are two integers $a_{1}, a_{2}$ satisfying

$$
a_{1} a_{2}=a, \quad\left|a_{1}\right|,\left|a_{2}\right| \leqslant 12 N
$$

such that

$$
n \equiv n_{a, b} \bmod \left|a_{1}\right|, \quad n \equiv-n_{a, b} \bmod \left|a_{2}\right| .
$$

Hence, for each fixed pair $\left(a_{1}, a_{2}\right)$ there are at most

$$
\frac{N}{\operatorname{lcm}\left[a_{1}, a_{2}\right]}+1 \ll \frac{N}{|a|} \operatorname{gcd}\left(a_{1}, a_{2}\right)+1
$$

possibilities for $n$. Hence, by a well-known bound

$$
\begin{equation*}
\tau(a)=a^{o(1)} \tag{3.11}
\end{equation*}
$$

on the divisor function $\tau(a)$ for $a \neq 0$, see [19, Equation (1.81)], we have

$$
K(a, b) \ll \sum_{a_{1} a_{2}=a}\left(\frac{N}{\operatorname{lcm}\left(a_{1}, a_{2}\right)}+1\right) \ll \frac{N}{|a|} \sum_{a_{1} a_{2}=a} \operatorname{gcd}\left(a_{1}, a_{2}\right)+N^{o(1)} .
$$

By the Cauchy-Schwarz inequality and Equation (3.11), we now derive

$$
\begin{equation*}
K(a, b)^{2} \ll N^{2+o(1)} \sum_{a_{1} a_{2}=a} \frac{\operatorname{gcd}\left(a_{1}, a_{2}\right)^{2}}{|a|^{2}}+N^{o(1)} . \tag{3.12}
\end{equation*}
$$

Similarly, using Equation (3.10) we obtain

$$
\begin{equation*}
K(a, b) \ll \frac{N}{|b|} . \tag{3.13}
\end{equation*}
$$

Combining Equations (3.12), (3.13), (3.8) and substituting into Equations (3.6), we see that

$$
\begin{aligned}
S_{1} \leqslant N^{2+o(1)} \sum_{(a, b) \in \mathcal{W}} \sum_{\substack{a_{1} a_{2}=a \\
\left|a_{1}\right|,\left|a_{2}\right| \leqslant 12 N}} \min \left\{\frac{1}{b^{2}}\right. & \left., \frac{\operatorname{gcd}\left(a_{1}, a_{2}\right)^{2}}{a^{2}}\right\} \\
& +\sum_{(a, b) \in \mathcal{W}} J(a, b) N^{o(1)}
\end{aligned}
$$

Hence, recalling Equation (3.7), we derive

$$
\begin{aligned}
S_{1} & \leqslant N^{2+o(1)} \sum_{\substack{|a| \leqslant 72 N^{2} \\
|b| \leqslant 12 N}} \sum_{\substack{a_{1} a_{2}=a \\
\left|a_{1}\right|,\left|a_{2}\right| \leqslant 12 N}} \min \left\{\frac{1}{b^{2}}, \frac{\operatorname{gcd}\left(a_{1}, a_{2}\right)^{2}}{a^{2}}\right\}+N^{2+o(1)} \\
& \leqslant N^{2+o(1)} \sum_{a_{1}, a_{2}, b \leqslant 12 N} \min \left\{\frac{1}{b^{2}}, \frac{\operatorname{gcd}\left(a_{1}, a_{2}\right)^{2}}{a_{1}^{2} a_{2}^{2}}\right\}+N^{2+o(1)}
\end{aligned}
$$

$$
\begin{aligned}
& \leqslant N^{2+o(1)} \sum_{e \leqslant 12 N} \sum_{b \leqslant 12 N} \sum_{\substack{a_{1}, a_{2} \leqslant 12 N \\
\operatorname{gcd}\left(a_{1}, a_{2}\right)=e}} \min \left\{\frac{1}{b^{2}}, \frac{e^{2}}{a_{1}^{2} a_{2}^{2}}\right\}+N^{2+o(1)} \\
& \leqslant N^{2+o(1)} \sum_{e \leqslant 12 N} \sum_{b \leqslant 12 N} \sum_{a_{1}, a_{2} \leqslant 12 N / e} \min \left\{\frac{1}{b^{2}}, \frac{1}{a_{1}^{2} a_{2}^{2} e^{2}}\right\}+N^{2+o(1)} .
\end{aligned}
$$

Using the bound on the divisor function (3.11) again, we obtain

$$
\begin{align*}
S_{1} & \leqslant N^{2+o(1)} \sum_{b \leqslant 12 N} \sum_{a \leqslant 12^{4} N^{2}} \min \left\{\frac{1}{b^{2}}, \frac{1}{a^{2}}\right\}+N^{2+o(1)} \\
& \leqslant N^{2+o(1)}\left(\sum_{b \leqslant 12 N} \sum_{a \leqslant b} \frac{1}{b^{2}}+\sum_{a \leqslant 12^{4} N^{2}} \sum_{b \leqslant a} \frac{1}{a^{2}}\right)+N^{2+o(1)}  \tag{3.14}\\
& \leqslant N^{2+o(1)} .
\end{align*}
$$

Finally, consider $S_{2}$. If $d$ satisfies $\lambda_{2}(d) \leqslant 1$, then by Lemmas 3.1 and 3.2

$$
\begin{equation*}
\#(\mathcal{L}(d) \cap B) \ll \frac{N^{3}}{q} \tag{3.15}
\end{equation*}
$$

In particular, we see that for $N=o\left(q^{1 / 3}\right)$ the bound (3.15) implies

$$
1 \leqslant \#(\mathcal{L}(d) \cap B)=o(1)
$$

which means that this case (that is, $\left.\lambda_{2}(d) \leqslant 1\right)$ never occurs for 'small' $N$.
For each $|n| \leqslant 6 N$ there exists at most one value of $m$ satisfying Equation (3.3) and for any two pairs $\left(n_{1}, m_{1}\right),\left(n_{2}, m_{2}\right)$ satisfying Equation (3.3) we have

$$
n_{1}^{2}-n_{2}^{2} \equiv j d^{2}\left(m_{1}-m_{2}\right) \bmod q .
$$

This implies

$$
J(d)^{2} \ll \#\left\{\left|n_{1}\right|,\left|n_{2}\right|,|m| \leqslant 12 N, n_{1} \neq \pm n_{2}: n_{1}^{2}-n_{2}^{2} \equiv j d^{2} m \bmod q\right\}
$$

Since for any integer $r \neq 0$ the bound (3.11) on the divisor function implies

$$
\#\left\{\left|n_{1}\right|,\left|n_{2}\right| \leqslant 8 N: n_{1}^{2}-n_{2}^{2}=r\right\} \leqslant N^{o(1)}
$$

we obtain

$$
J(d)^{2} \leqslant \#(\mathcal{L}(d) \cap B) N^{o(1)}
$$

By Equation (3.15)

$$
J(d) \ll \frac{N^{3 / 2+o(1)}}{q^{1 / 2}}
$$

which implies

$$
\begin{equation*}
S_{2}=\sum_{\substack{d \in \mathbb{F}_{q} \\ \lambda_{1}(d), \lambda_{2}(d) \leqslant 1}} J(d)^{2} \ll \frac{N^{3 / 2}}{q^{1 / 2}} \sum_{\substack{d \in \mathbb{F}_{q} \\ \lambda_{1}(d), \lambda_{2}(d) \leqslant 1}} J(d) \ll \frac{N^{7 / 2+o(1)}}{q^{1 / 2}} . \tag{3.16}
\end{equation*}
$$

Combining Equations (3.5), (3.14) and (3.16) with Equation (3.4), we derive the desired bound on $\left.\mathrm{T}_{2,2}(N ; \bar{j}, q)\right)$.

## 4. Proof of Theorem 1.2

### 4.1. Lattices

For a lattice $\Gamma$ and a convex body $B$, we define the dual lattice $\Gamma^{*}$ and dual body $B^{*}$ by

$$
\Gamma^{*}=\left\{x \in \mathbb{R}^{d}:\langle x, y\rangle \in \mathbb{Z} \quad \text { for all } \quad y \in \Gamma\right\},
$$

and

$$
B^{*}=\left\{x \in \mathbb{R}^{d}:\langle x, y\rangle \leqslant 1 \quad \text { for all } \quad y \in B\right\},
$$

respectively.
The following is known as a transference theorem and is due to Mahler [21] which we present in a form given by Cassels [8, Chapter VIII, Theorem VI].

Lemma 4.1. Let $\Gamma \subseteq \mathbb{R}^{d}$ be a lattice, $B \subseteq \mathbb{R}^{d}$ a symmetric convex body, and let $\Gamma^{*}$ and $B^{*}$ denote the dual lattice and dual body. Let $\lambda_{1}, \ldots, \lambda_{d}$ denote the successive minima of $\Gamma$ with respect to $B$ and $\lambda_{1}^{*}, \ldots, \lambda_{d}^{*}$ the successive minima of $\Gamma^{*}$ with respect to $B^{*}$. For each $1 \leqslant j \leqslant d$, we have

$$
\lambda_{j} \lambda_{d-j+1}^{*} \leqslant d!.
$$

We apply Lemma 4.1 to lattices of a specific type whose dual may be easily calculated. For a proof of the following, see [6, Lemma 15].

Lemma 4.2. Let $a_{1}, \ldots, a_{d}$ and $q \geqslant 1$ be integers satisfying $\operatorname{gcd}\left(a_{i}, q\right)=1$, and let $\mathcal{L}$ denote the lattice

$$
\mathcal{L}=\left\{\left(n_{1}, \ldots, n_{d}\right) \in \mathbb{Z}^{d}: a_{1} n_{1}+\ldots+a_{d} n_{d} \equiv 0 \bmod q\right\} .
$$

Then we have

$$
\begin{aligned}
\mathcal{L}^{*}=\left\{\left(\frac{m_{1}}{q}, \ldots, \frac{m_{d}}{q}\right)\right. & \in \mathbb{Z}^{d} / q: \\
& \left.\exists \lambda \in \mathbb{Z} \text { such that } a_{j} \lambda \equiv m_{j} \bmod q\right\} .
\end{aligned}
$$

Our next result should be compared with the case $\nu=3$ of [7, Lemma 17]. It is possible to give a more direct variant of [7, Lemma 17] to estimate higher-order energies of modular square roots (see the proof of Corollary 4.4 below) although this seems to put tighter restrictions on the size of the parameter $N$.

Lemma 4.3. Let $q$ be prime, $a, b, c \not \equiv 0 \bmod q$ and $L, M, N$ integers. Let $\mathcal{L}$ denote the lattice

$$
\mathcal{L}=\left\{(\ell, m, n) \in \mathbb{Z}^{3}: a \ell+b m+c n \equiv 0 \bmod q\right\}
$$

and let $B$ be the convex body

$$
B=\left\{(x, y, z) \in \mathbb{R}^{3}:|x| \leqslant L, \quad|y| \leqslant M, \quad|z| \leqslant N\right\} .
$$

Let

$$
K=\#(\mathcal{L} \cap B)
$$

and $\lambda_{1}, \lambda_{2}$ denote the first and second successive minima of $\mathcal{L}$ with respect to $B$. Then at least one of the following holds:
(i)

$$
K<\max \left\{\frac{640 L M N}{q}, 1\right\}
$$

(ii) $\lambda_{1} \leqslant 1$ and $\lambda_{2}>1$.
(iii) There exists some $\lambda \not \equiv 0 \bmod q$ and $\ell, m, n \in \mathbb{Z}$ satisfying

$$
|\ell| \leqslant \frac{4320 M N}{K}, \quad|m| \leqslant \frac{4320 L N}{K}, \quad|n| \leqslant \frac{4320 L M}{K}
$$

and

$$
a \lambda \equiv \ell \bmod q, \quad b \lambda \equiv m \bmod q, \quad c \lambda \equiv n \bmod q
$$

Proof. Assume that (i) fails. Thus, we have

$$
\begin{equation*}
K \geqslant \max \left\{\frac{640 L M N}{q}, 1\right\} \tag{4.1}
\end{equation*}
$$

Then $K \geqslant 1$. Hence, if $\lambda_{1} \leqslant \lambda_{2} \leqslant \lambda_{3}$ denote the successive minima of $\mathcal{L}$ with respect to $B$, then $\lambda_{1} \leqslant 1$. We first show Equation (4.1) implies

$$
\lambda_{3}>1
$$

Indeed, otherwise by Lemma 3.2

$$
\begin{equation*}
K \leqslant\left(\frac{2}{\lambda_{1}}+1\right)\left(\frac{4}{\lambda_{2}}+1\right)\left(\frac{6}{\lambda_{3}}+1\right) \leqslant \frac{3}{\lambda_{1}} \frac{5}{\lambda_{2}} \frac{7}{\lambda_{3}}=\frac{105}{\lambda_{1} \lambda_{2} \lambda_{3}} . \tag{4.2}
\end{equation*}
$$

Since

$$
\operatorname{Vol}\left(\mathbb{R}^{3} / \mathcal{L}\right)=q \quad \text { and } \quad \operatorname{Vol}(B)=8 L M N
$$

we see from Lemma 3.1 that

$$
\begin{equation*}
\frac{1}{\lambda_{1} \lambda_{2} \lambda_{3}} \leqslant \frac{3!}{8} \frac{8 L M M}{q}=\frac{6 L M N}{q}, \tag{4.3}
\end{equation*}
$$

which together with Equation (4.2) contradicts Equation (4.1).

Hence, we have either

$$
\begin{equation*}
\lambda_{1} \leqslant 1, \quad \lambda_{2}, \lambda_{3}>1, \tag{4.4}
\end{equation*}
$$

or

$$
\begin{equation*}
\lambda_{1}, \lambda_{2} \leqslant 1, \quad \lambda_{3}>1 . \tag{4.5}
\end{equation*}
$$

Clearly, Equation (4.4) is the same as (ii).
Next, suppose that we have Equation (4.5). By Lemma 3.2, a similar calculation as before, together with Equation (4.3) gives

$$
\begin{equation*}
K \leqslant \frac{7 \times 15}{\lambda_{1} \lambda_{2}}=\frac{105 \lambda_{3}}{\lambda_{1} \lambda_{2} \lambda_{3}} . \tag{4.6}
\end{equation*}
$$

Applying Lemma 3.1 and using

$$
\operatorname{Vol}(B)=8 N M L, \quad \operatorname{Vol}\left(\mathbb{R}^{3} / \mathcal{L}\right)=q
$$

we derive from Equation (4.6) that

$$
K \leqslant \frac{105 \cdot 3!\operatorname{Vol}(B) \lambda_{3}}{2^{3} \operatorname{Vol}\left(\mathbb{R}^{3} / \mathcal{L}\right)}=\frac{630 N M L \lambda_{3}}{q} .
$$

Let $\lambda_{1}^{*}$ denote the first successive minima of the dual lattice $\mathcal{L}^{*}$ with respect to the dual body $B^{*}$. By Lemma 4.1,

$$
\lambda_{3} \leqslant \frac{6}{\lambda_{1}^{*}} .
$$

The above estimates combined with Equation (4.6) implies

$$
\lambda_{1}^{*} \leqslant \frac{4320 N M L}{q K} .
$$

Hence, by the definition of $\lambda_{1}^{*}$

$$
\begin{equation*}
\mathcal{L}^{*} \cap \frac{4320 N M L}{q K} B^{*} \neq\{(0,0,0)\} . \tag{4.7}
\end{equation*}
$$

Its remains to recall that by Lemma 4.2

$$
\begin{aligned}
\mathcal{L}^{*}=\left\{\left(\frac{\ell}{q}, \frac{m}{q}, \frac{n}{q}\right)\right. & \in \mathbb{Z}^{3} / q: \exists \lambda \in \mathbb{Z} \text { such that } \\
a \lambda & \equiv \ell \bmod q, b \lambda \equiv m \bmod q, c \lambda \equiv n \bmod q\},
\end{aligned}
$$

and also it is obvious that

$$
B^{*}=\left\{(x, y, z) \in \mathbb{R}^{3}: L|x|+M|y|+N|z| \leqslant 1\right\} .
$$

By Equation (4.7), this implies there exists some $\lambda \not \equiv 0 \bmod q$ and $\ell, m, n$ satisfying (iii), which completes the proof.

Corollary 4.4. Let $\varepsilon>0$ be a fixed real number. For $j \in \mathbb{F}_{q}^{*}$, integer $N \ll q$ and $\Delta \geqslant 1$, let $\mathcal{A}, \mathcal{D} \subseteq \mathbb{F}_{q}$ denote the sets

$$
\mathcal{A}=\left\{x \in \mathbb{F}_{q}^{*}: j x^{2} \in[1, N]\right\} .
$$

and

$$
\mathcal{D}=\left\{d \in \mathbb{F}_{q}^{*}:(\mathcal{A} \circ \mathcal{A})(d) \geqslant \Delta\right\} .
$$

Let $K$ be sufficiently large, and suppose $K$ and $\Delta$ satisfy

$$
\begin{equation*}
K \geqslant\left(\frac{N^{15 / 2}}{\Delta^{12} q^{1 / 2}}+\frac{N^{5}}{\Delta^{8} q^{1 / 4}}\right) N^{\varepsilon} \tag{4.8}
\end{equation*}
$$

and

$$
\begin{equation*}
\Delta \geqslant\left(\frac{N^{3 / 2}}{q^{1 / 2}}+\frac{N^{5 / 8}}{q^{1 / 8}}\right) N^{\varepsilon} . \tag{4.9}
\end{equation*}
$$

Let $\mathcal{F} \subseteq \mathbb{F}_{q}^{*}$ denote the set of $f$ satisfying

$$
\begin{equation*}
(\mathcal{D} \circ \mathcal{D})(f) \geqslant K \tag{4.10}
\end{equation*}
$$

Then either

$$
\begin{equation*}
K \ll 1, \tag{4.11}
\end{equation*}
$$

or

$$
K \# \mathcal{F} \ll \frac{N^{3+o(1)}}{\Delta^{4}}
$$

Proof. From Equation (4.10)

$$
\begin{equation*}
K \leqslant \#\left\{\left(d_{1}, d_{2}\right) \in \mathcal{D}^{2}: d_{1}-d_{2}=f\right\} \tag{4.12}
\end{equation*}
$$

If $d_{1}, d_{2} \in \mathcal{D}$ satisfy $d_{1}-d_{2}=f$, then

$$
d_{1}^{2}-d_{2}^{2}-f^{2}=\left(d_{1}-d_{2}\right)^{2}+2 d_{1} d_{2}-2 d_{2}^{2}-f^{2}=2 d_{2}\left(d_{1}-d_{2}\right)=2 d_{2} f
$$

and some algebraic manipulations show

$$
\left(2 j d_{1}^{2}-2 j d_{2}^{2}-2 j f^{2}\right)^{2}=8 j f^{2}\left(2 j d_{2}^{2}\right)
$$

Since $0 \notin \mathcal{D}$, for each $d \in \mathcal{D}$, by Equation (4.9) and [13, Lemma 6.4] there exists $m_{d}, n_{d}$ satisfying

$$
\begin{align*}
& 2 j d^{2} \equiv m_{d}^{-1} n_{d} \bmod q, \quad\left|n_{d}\right| \ll \frac{N^{2}}{\Delta^{2}}  \tag{4.13}\\
& \left|m_{d}\right| \ll \frac{N}{\Delta^{2}}, \quad \operatorname{gcd}\left(m_{d}, n_{d}\right)=1
\end{align*}
$$

Let $I(f)$ count the number of solutions to the congruence

$$
\begin{equation*}
\left(n_{d_{1}} m_{d_{1}}^{-1}-n_{d_{2}} m_{d_{2}}^{-1}-2 j f^{2}\right)^{2} \equiv 8 j f^{2} n_{d_{2}} m_{d_{2}}^{-1} \bmod q \tag{4.14}
\end{equation*}
$$

with $d_{1}, d_{2} \in \mathcal{D}$. The above and Equation (4.12) imply

$$
\begin{equation*}
K \leqslant I(f) \tag{4.15}
\end{equation*}
$$

Rearranging Equation (4.14), we obtain

$$
\left(m_{d_{2}} n_{d_{1}}-m_{d_{1}} n_{d_{2}}-2 j f^{2} m_{d_{1}} m_{d_{2}}\right)^{2} \equiv 8 j f^{2} m_{d_{1}}^{2} m_{d_{2}} n_{d_{2}} \bmod q .
$$

This implies that $I(f)$ is bounded by the number of solutions to

$$
\begin{align*}
& \left(n_{d_{1}} m_{d_{2}}-n_{d_{2}} m_{d_{1}}\right)^{2}-4 j f^{2} m_{d_{1}} m_{d_{2}}\left(n_{d_{1}} m_{d_{2}}+n_{d_{2}} m_{d_{1}}\right)  \tag{4.16}\\
& +4 j^{2} f^{4}\left(m_{d_{1}} m_{d_{2}}\right)^{2} \equiv 0 \bmod q
\end{align*}
$$

with $d_{1}, d_{2} \in \mathcal{D}$. Let $\mathcal{L}$ denote the lattice

$$
\mathcal{L}=\left\{(m, n, \ell) \in \mathbb{Z}^{3}: m+n j f^{2}+\ell j^{2} f^{4} \equiv 0 \bmod q\right\}
$$

and $B$ the convex body

$$
B=\left\{(x, y, z) \in \mathbb{R}^{3}:|x| \leqslant \frac{C N^{6}}{\Delta^{8}},|y| \leqslant \frac{C N^{5}}{\Delta^{8}},|z| \leqslant \frac{C N^{4}}{\Delta^{8}}\right\}
$$

for a suitable absolute constant $C$. By Equations (4.13) and (4.16)

$$
\begin{align*}
&\left(\left(n_{d_{1}} m_{d_{2}}-n_{d_{2}} m_{d_{1}}\right)^{2},-4 m_{d_{1}} m_{d_{2}}\left(n_{d_{1}} m_{d_{2}}+n_{d_{2}} m_{d_{1}}\right)\right.  \tag{4.17}\\
&\left.4\left(m_{d_{1}} m_{d_{2}}\right)^{2}\right) \in \mathcal{L} \cap B .
\end{align*}
$$

Let $\lambda_{1}, \lambda_{2}$ denote the first and second successive minima of $\mathcal{L}$ with respect to $B$. Assuming that $K \geqslant 1$, we have $\lambda_{1} \leqslant 1$.

Suppose that

$$
\lambda_{1} \leqslant 1, \quad \lambda_{2}>1 .
$$

Then there exists some $\left(a_{0}, b_{0}, c_{0}\right) \in \mathcal{L} \cap B$ such that for any $d_{1}, d_{2} \in \mathcal{D}$ satisfying Equation (4.17) we have

$$
\begin{aligned}
\left(\left(n_{d_{1}} m_{d_{2}}-n_{d_{2}} m_{d_{1}}\right)^{2},-4 m_{d_{1}} m_{d_{2}}\left(n_{d_{1}} m_{d_{2}}+n_{d_{2}} m_{d_{1}}\right),\right. & \left.4\left(m_{d_{1}} m_{d_{2}}\right)^{2}\right) \\
& =m\left(a_{0}, b_{0}, c_{0}\right)
\end{aligned}
$$

for some $m \in \mathbb{Z}$. Note from Equation (4.13) for each $d_{1}, d_{2} \in \mathcal{D}$ we have $m_{d_{1}} m_{d_{2}} \neq 0$ and hence $c_{0} \neq 0$. This implies

$$
\begin{aligned}
& \left(\frac{n_{d_{1}}}{m_{d_{1}}}-\frac{n_{d_{2}}}{m_{d_{2}}}\right)^{2}=\frac{a_{0}}{c_{0}} \\
& \frac{n_{d_{1}}}{m_{d_{1}}}+\frac{n_{d_{2}}}{m_{d_{2}}}=\frac{b_{0}}{c_{0}}
\end{aligned}
$$

Hence,

$$
\begin{aligned}
K \leqslant \#\left\{\left(d_{1}, d_{2}\right) \in \mathcal{D} \times \mathcal{D}: \frac{n_{d_{1}}}{m_{d_{1}}}-\frac{n_{d_{2}}}{m_{d_{2}}}\right. & = \pm\left(\frac{a_{0}}{c_{0}}\right)^{1 / 2}, \\
& \left.\frac{n_{d_{1}}}{m_{d_{1}}}+\frac{n_{d_{2}}}{m_{d_{2}}}=\frac{b_{0}}{c_{0}}\right\} \leqslant 8
\end{aligned}
$$

since once $n_{d_{1}} / m_{d_{1}}$ is fixed, due to the coprimality condition in Equation (4.13), $d_{1}^{2}$ is uniquely defined and similarly for $d_{2}^{2}$. This implies Equation (4.11).

Suppose next that

$$
\begin{equation*}
\lambda_{1} \leqslant 1, \quad \lambda_{2} \leqslant 1 . \tag{4.18}
\end{equation*}
$$

Let $J(\ell, m, n)$ count the number of solutions to

$$
m_{1} m_{2}=\ell, \quad n_{1} m_{2}+n_{2} m_{1}=m, \quad n_{1} m_{2}-n_{2} m_{1}=n
$$

with

$$
\begin{equation*}
\left|m_{1}\right|,\left|m_{2}\right| \ll \frac{N}{\Delta^{2}}, \quad\left|n_{1}\right|,\left|n_{2}\right| \ll \frac{N^{2}}{\Delta^{2}}, \quad m_{1} m_{2} n_{1} n_{2} \neq 0 \tag{4.19}
\end{equation*}
$$

so that

$$
\begin{equation*}
I(f) \ll \sum_{\substack{|m|,|n| \leqslant C N^{3} / \Delta^{4} \\|\ell| \leq C N^{2} / \Delta^{4} \\ 4 j^{2} f^{4} \ell^{2}-4 j f^{2} \ell m+n^{2} \equiv 0 \bmod q}} J(\ell, m, n), \tag{4.20}
\end{equation*}
$$

for some absolute constant $C$. We next show that

$$
\begin{equation*}
J(\ell, m, n)=N^{o(1)} . \tag{4.21}
\end{equation*}
$$

Estimates for the divisor function (3.11) imply the number of solutions to

$$
m_{1} m_{2}=\ell, \quad m_{1}, m_{2} \text { satisfying Equation (4.19) }
$$

is at most $N^{o(1)}$. For each such $m_{1}, m_{2}$, there exists at most one solution to the system

$$
n_{1} m_{2}-n_{2} m_{1}=n, \quad n_{1} m_{2}+n_{2} m_{1}=m, \quad n_{1}, n_{2} \text { satisfying Equation (4.19), }
$$

which establishes Equation (4.21). By Equations (4.15) and (4.20)

$$
\begin{aligned}
K \leqslant \#\left\{(\ell, m, n) \in \mathbb{Z}^{3}:\right. & |\ell| \leqslant C N^{2} / \Delta^{4},|m|,|n| \leqslant C N^{3} / \Delta^{4}, \\
& \left.n^{2}-4 j f^{2} \ell m+4 j^{2} f^{4} \ell^{2} \equiv 0 \bmod q\right\} N^{o(1)},
\end{aligned}
$$

and hence

$$
\begin{align*}
& K \leqslant \#\left\{(\ell, m, n) \in \mathbb{Z}^{3}:\right. \\
& |\ell| \leqslant 2 C N^{2} / \Delta^{4},|m| \leqslant 4 C^{2} N^{5} / \Delta^{8},|n| \leqslant C N^{3} / \Delta^{4}  \tag{4.22}\\
& \\
& \left.\quad n^{2}+j f^{2} m+j^{2} f^{4} \ell^{2} \equiv 0 \bmod q\right\} N^{o(1)}
\end{align*}
$$

By Equation (4.9), for each $\ell, n \in \mathbb{Z}$, there exists at most one value of $|m| \ll N^{5} / \Delta^{8}$ satisfying

$$
n^{2}+j f^{2} m+j^{2} f^{4} \ell^{2} \equiv 0 \bmod q .
$$

For any $\left(\ell_{1}, m_{1}, n_{1}\right)$ and $\left(\ell_{2}, m_{2}, n_{2}\right)$ satisfying the conditions of Equation (4.22), there exists some $|m| \ll N^{5} / \Delta^{8}$ such that

$$
\begin{equation*}
n_{1}^{2}+n_{2}^{2}-2 j f^{2} m+j^{2} f^{4}\left(\ell_{1}^{2}+\ell_{2}^{2}\right) \equiv 0 \bmod q . \tag{4.23}
\end{equation*}
$$

Define the lattice

$$
\mathcal{L}=\left\{(n, m, \ell) \in \mathbb{Z}^{3}: n+j f^{2} m+j^{2} f^{4} \ell \equiv 0 \bmod q\right\}
$$

and the convex body

$$
\begin{aligned}
B=\left\{(n, m, \ell) \in \mathbb{R}^{3}:|n| \leqslant\right. & \leqslant C_{0} N^{6} / \Delta^{8}, \\
& \left.|m| \leqslant C_{0} N^{5} / \Delta^{8},|\ell| \leqslant C_{0} N^{4} / \Delta^{8}\right\},
\end{aligned}
$$

for a suitable constant $C_{0}$. Since for any integer $r$

$$
\#\left\{n_{1}, n_{2} \in \mathbb{Z}: n_{1}^{2}+n_{2}^{2}=r\right\} \leqslant r^{o(1)},
$$

we see that Equation (4.23) implies

$$
K^{2} \leqslant \#(\mathcal{L} \cap B) N^{o(1)} .
$$

By Equation (4.8), Equation (4.18) and Lemma 4.3, there exists $(\ell, m, n) \neq(0,0,0)$ satisfying

$$
\begin{equation*}
|\ell| \leqslant \frac{N^{11+o(1)}}{\Delta^{16} K^{2}}, \quad|m| \leqslant \frac{N^{10+o(1)}}{\Delta^{16} K^{2}}, \quad|n| \leqslant \frac{N^{9+o(1)}}{\Delta^{16} K^{2}} \tag{4.24}
\end{equation*}
$$

and

$$
\begin{equation*}
j f^{2} n \equiv m \bmod q, \quad j^{2} f^{4} n \equiv \ell \bmod q . \tag{4.25}
\end{equation*}
$$

Note we may assume

$$
\begin{equation*}
\operatorname{gcd}(\ell, m, n)=1 \tag{4.26}
\end{equation*}
$$

Recall Equation (4.16)

$$
\begin{align*}
& I(f) \leqslant \#\left\{\left(d_{1}, d_{2}\right)\right. \in \mathcal{D}^{2}:\left(n_{d_{1}} m_{d_{2}}-n_{d_{2}} m_{d_{1}}\right)^{2} \\
&-4 j f^{2} m_{d_{1}} m_{d_{2}}\left(n_{d_{1}} m_{d_{2}}+n_{d_{2}} m_{d_{1}}\right)  \tag{4.27}\\
&\left.+4 j^{2} f^{4}\left(m_{d_{1}} m_{d_{2}}\right)^{2} \equiv 0 \bmod q\right\} .
\end{align*}
$$

If $d_{1}, d_{2}$ satisfy the conditions in Equation (4.27), then by Equation (4.25)

$$
\begin{aligned}
n\left(n_{d_{1}} m_{d_{2}}-n_{d_{2}} m_{d_{1}}\right)^{2}-4 m m_{d_{1}} m_{d_{2}}\left(n_{d_{1}} m_{d_{2}}+n_{d_{2}} m_{d_{1}}\right) \\
+4 \ell\left(m_{d_{1}} m_{d_{2}}\right)^{2} \equiv 0 \bmod q
\end{aligned}
$$

and hence from Equation (4.8), assuming that $N$ is large enough, we derive

$$
\begin{align*}
& n\left(n_{d_{1}} m_{d_{2}}-n_{d_{2}} m_{d_{1}}\right)^{2}-4 m m_{d_{1}} m_{d_{2}}\left(n_{d_{1}} m_{d_{2}}+n_{d_{2}} m_{d_{1}}\right)  \tag{4.28}\\
&+4 \ell\left(m_{d_{1}} m_{d_{2}}\right)^{2}=0 .
\end{align*}
$$

Similarly by Equations (4.24) and (4.25) we have $m^{2} \equiv n \ell \bmod q$ and again Equation (4.8) ensures that

$$
m^{2}=n \ell .
$$

Therefore, Equation (4.28) implies the following equation

$$
\left(\frac{n_{d_{1}}}{m_{d_{1}}}-\frac{n_{d_{2}}}{m_{d_{2}}}\right)^{2}-4\left(\frac{n_{d_{1}}}{m_{d_{1}}}+\frac{n_{d_{2}}}{m_{d_{2}}}\right)\left(\frac{m}{n}\right)+4\left(\frac{m}{n}\right)^{2}=0
$$

We see that

$$
\begin{equation*}
\frac{m}{n}=\frac{1}{2}\left(\frac{n_{d_{1}}}{m_{d_{1}}}+\frac{n_{d_{2}}}{m_{d_{2}}}\right) \pm \frac{\sqrt{n_{d_{1}} m_{d_{1}} n_{d_{2}} m_{d_{2}}}}{m_{d_{1}} m_{d_{2}}} . \tag{4.29}
\end{equation*}
$$

Hence, from Equations (4.13) and (4.27), there exists some constant $C$ such that

$$
\begin{aligned}
& I(f) \leqslant \#\left\{\left(m_{d_{1}}, m_{d_{2}}, n_{d_{1}}, n_{d_{2}}\right) \in \mathbb{Z}^{4}:\right. \\
& \left|m_{d_{1}}\right|,\left|m_{d_{2}}\right| \leqslant \frac{C N}{\Delta^{2}},\left|n_{d_{1}}\right|,\left|n_{d_{2}}\right| \leqslant \frac{C N^{2}}{\Delta^{2}} \\
& \left.\quad m_{d_{1}} m_{d_{2}} n_{d_{1}} n_{d_{2}} \neq 0, \text { and (4.29) holds }\right\} .
\end{aligned}
$$

Summing the above over $f \in \mathcal{F}$, using Equation (4.15) and noting that for each $\ell, m, n$ satisfying Equation (4.26) there exists $O(1)$ values of $f$ satisfying Equation (4.25), we see that $K \# \mathcal{F}$ is bounded by the number of solutions to the Equation (4.29) with integer variables satisfying

$$
\left|m_{d_{1}}\right|,\left|m_{d_{2}}\right| \leqslant \frac{C N}{\Delta^{2}}, \quad\left|n_{d_{1}}\right|,\left|n_{d_{2}}\right| \leqslant \frac{C N^{2}}{\Delta^{2}}, \quad n_{d_{1}} n_{d_{2}} m_{d_{1}} m_{d_{2}} \neq 0
$$

We see from Equation (4.29) that $n_{d_{1}} m_{d_{1}} n_{d_{2}} m_{d_{2}}=r^{2}$ for some $r \in \mathbb{Z}$ and hence a bound (3.11) on the divisor function implies

$$
K \# \mathcal{F} \leqslant N^{o(1)} \#\left\{\ell \leqslant C^{4} \frac{N^{6}}{\Delta^{8}}: \ell=r^{2} \text { for some } r \in \mathbb{Z}\right\} \leqslant \frac{N^{3+o(1)}}{\Delta^{4}}
$$

which completes the proof.

### 4.2. Concluding the proof

As in Section 3.2, here we work again with $\mathrm{T}_{4,2}(N ; \bar{j}, q)$ for the multiplicative inverse $\bar{j}$ of $j$ modulo $q$ rather than with $\mathrm{T}_{4,2}(N ; j, q)$. Let notation be as in Corollary 4.4 so that

$$
\mathrm{T}_{4,2}(N ; \bar{j}, q)=\sum_{x \in \mathbb{F}_{q}}(\mathcal{A} \circ \mathcal{A} \circ \mathcal{A} \circ \mathcal{A})(x)^{2},
$$

where we recall that

$$
\mathcal{A}=\left\{x \in \mathbb{F}_{q}^{*}: j x^{2} \in[1, N]\right\} .
$$

By Equation (1.5), we may assume that

$$
\begin{equation*}
N \leqslant q^{1 / 3} \tag{4.30}
\end{equation*}
$$

Applying the dyadic pigeonhole principle, there exist $\Delta_{1}, \Delta_{2} \geqslant 1$ and $\mathcal{D}_{1}, \mathcal{D}_{2} \subseteq \mathbb{F}_{q}$ given by

$$
\mathcal{D}_{j}=\left\{x \in \mathbb{F}_{q}: \Delta_{j} \leqslant(\mathcal{A} \circ \mathcal{A})(x)<2 \Delta_{j}\right\}, \quad j=1,2
$$

such that

$$
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant N^{o(1)}\left(\Delta_{1} \Delta_{2}\right)^{2} E\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right),
$$

where

$$
E\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right)=\sum_{x \in \mathbb{F}_{q}}\left(\mathcal{D}_{1} \circ \mathcal{D}_{2}\right)(x)^{2} .
$$

By the Cauchy-Schwarz inequality,

$$
E\left(\mathcal{D}_{1}, \mathcal{D}_{2}\right) \leqslant E\left(\mathcal{D}_{1}\right)^{1 / 2} E\left(\mathcal{D}_{2}\right)^{1 / 2},
$$

and hence there exists some $\Delta$ and $\mathcal{D}$ given by

$$
\mathcal{D}=\left\{x \in \mathbb{F}_{q}: \Delta \leqslant(\mathcal{A} \circ \mathcal{A})(x)<2 \Delta\right\}
$$

such that

$$
\begin{equation*}
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant N^{o(1)} \Delta^{4} E(\mathcal{D}) . \tag{4.31}
\end{equation*}
$$

It is also obvious from Equationi (3.1) that

$$
\begin{equation*}
\Delta^{2}(\# \mathcal{D}) \leqslant \mathrm{T}_{2,2}(N ; \bar{j}, q), \tag{4.32}
\end{equation*}
$$

and

$$
\begin{equation*}
\# \mathcal{D} \leqslant \Delta \# \mathcal{D} \ll N^{2} . \tag{4.33}
\end{equation*}
$$

Isolating the diagonal contribution in $E(\mathcal{D})$, we write

$$
E(\mathcal{D})=(\# \mathcal{D})^{2}+\sum_{f \in \mathbb{F}_{q}^{*}}(\mathcal{D} \circ \mathcal{D})(f)^{2} .
$$

We may assume

$$
\begin{equation*}
E(\mathcal{D}) \leqslant 2 \sum_{f \in \mathbb{F}_{q}^{*}}(\mathcal{D} \circ \mathcal{D})(f)^{2} \tag{4.34}
\end{equation*}
$$

since otherwise we have $E(\mathcal{D}) \leqslant 2(\# \mathcal{D})^{2}$ and it follows from the bounds (4.31) and (4.32) that

$$
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant \Delta^{4}(\# \mathcal{D})^{2} N^{o(1)} \leqslant \mathrm{T}_{2,2}(N ; \bar{j}, q)^{2} N^{o(1)}
$$

Now, recalling the condition (4.30) and using Theorem 1.1, we derive

$$
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant N^{4+o(1)} .
$$

By Equation (4.34) and the dyadic pigeonhole principle, there exists some $K$ and a set $\mathcal{F} \subseteq \mathbb{F}_{q}^{*}$ given by

$$
\mathcal{F}=\left\{f \in \mathbb{F}_{q}^{*}: K \leqslant(\mathcal{D} \circ \mathcal{D})(f)<2 K\right\}
$$

such that

$$
\begin{equation*}
E(\mathcal{D}) \leqslant K^{2} \# \mathcal{F} N^{o(1)} \tag{4.35}
\end{equation*}
$$

Combining with Equations (4.31) and (4.35) gives

$$
\begin{equation*}
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant \Delta^{4} K^{2} \# \mathcal{F} N^{o(1)} \tag{4.36}
\end{equation*}
$$

We apply Corollary 4.4 to estimate the right-hand side of Equation (4.36).
We now fix some $\varepsilon>0$ and suppose first that one of Equation (4.8) or Equation (4.9) does not hold. In particular, assume

$$
\begin{equation*}
K<\left(\frac{N^{15 / 2}}{\Delta^{12} q^{1 / 2}}+\frac{N^{5}}{\Delta^{8} q^{1 / 4}}\right) N^{\varepsilon} \tag{4.37}
\end{equation*}
$$

or

$$
\begin{equation*}
\Delta<\frac{N^{5 / 8+\varepsilon}}{q^{1 / 8}} \tag{4.38}
\end{equation*}
$$

where we have use the assumption (4.30) to ignore the term $N^{3 / 2} / q^{1 / 2}$ in Equation (4.9). If Equation (4.37) holds, then using the trivial bounds

$$
K \# \mathcal{F} \leqslant(\# \mathcal{D})^{2} \quad \text { and } \quad \Delta \# \mathcal{D} \ll N^{2}
$$

we derive from Equation (4.36)

$$
\begin{align*}
\mathrm{T}_{4,2}(N ; \bar{j}, q) & \leqslant \Delta^{4}(\# \mathcal{D})^{2} K N^{o(1)} \leqslant \Delta^{2} K N^{4+o(1)} \\
& \leqslant\left(\frac{N^{15 / 2}}{\Delta^{10} q^{1 / 2}}+\frac{N^{5}}{\Delta^{6} q^{1 / 4}}\right) N^{4+\varepsilon+o(1)} \\
& \leqslant\left(\frac{N^{15 / 2}}{q^{1 / 2}}+\frac{N^{5}}{q^{1 / 4}}\right) N^{4+\varepsilon+o(1)}  \tag{4.39}\\
& \leqslant\left(\frac{N^{11 / 2}}{q^{1 / 2}}+\frac{N^{3}}{q^{1 / 4}}\right) N^{6+\varepsilon+o(1)} .
\end{align*}
$$

If Equation (4.38) holds, then from Equation (4.36)

$$
\begin{align*}
\mathrm{T}_{4,2}(N ; \bar{j}, q) & \leqslant N^{o(1)} \Delta^{4}(\# \mathcal{D})^{3} \leqslant N^{6+o(1)} \Delta  \tag{4.40}\\
& \leqslant \frac{N^{6+5 / 8+o(1)}}{q^{1 / 8}}
\end{align*}
$$

Hence, if one of the conditions (4.8) or (4.9) does not hold then combining Equations (4.39) and (4.40) we obtain

$$
\begin{equation*}
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant\left(\frac{N^{5 / 8}}{q^{1 / 8}}+\frac{N^{8}}{q^{1 / 2}}\right) N^{6+\varepsilon+o(1)} \tag{4.41}
\end{equation*}
$$

Suppose next that Equations (4.37) and (4.38) both fail and thus both Equation (4.8) and Equation (4.9) hold. By Corollary 4.4, we have either

$$
\begin{equation*}
K \ll 1, \tag{4.42}
\end{equation*}
$$

or

$$
\begin{equation*}
K \# \mathcal{F} \leqslant \frac{N^{3+o(1)}}{\Delta^{4}} \tag{4.43}
\end{equation*}
$$

If Equation (4.42) holds, then from Equation (4.36) and the trivial bound $K \# \mathcal{F} \leqslant(\# \mathcal{D})^{2}$, we derive

$$
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant \Delta^{4} K^{2} \# \mathcal{F} N^{o(1)} \leqslant \Delta^{4} K \# \mathcal{F} N^{o(1)} \leqslant \Delta^{4}(\# \mathcal{D})^{2} N^{o(1)} .
$$

Now, the bound (4.32) and Theorem 1.1 (under the condition (4.30)) yield

$$
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant T_{2,2}(N ; j, q)^{2} N^{o(1)} \leqslant N^{4+o(1)} .
$$

If Equation (4.43) holds, then using Equation (4.33)

$$
\begin{equation*}
\mathrm{T}_{4,2}(N ; \bar{j}, q) \leqslant N^{3+o(1)} K \leqslant N^{3+o(1)} \# \mathcal{D} \leqslant N^{5+o(1)} . \tag{4.44}
\end{equation*}
$$

Combining Equations (4.41) and (4.44), since $\varepsilon>0$ is arbitrary, we complete the proof.

## 5. Proof of Theorem 1.3

### 5.1. Product polynomials

In the proof of [26, Lemma 5.1], a certain polynomial in four variables with integer coefficients played a key role. More precisely, it has been found in [26] that the polynomial

$$
\begin{aligned}
F(U, V, X, Y)= & 64 U \\
& V X Y \\
& -\left(4 U V+4 X Y-(X+Y-U-V)^{2}\right)^{2}
\end{aligned}
$$

has the following property. Letting $U=u^{2}, V=v^{2}, X=x^{2}$ and $Y=y^{2}$, one has that $F\left(u^{2}, v^{2}, x^{2}, y^{2}\right)=0$ for any $u, v, x, y$ for which $u+v=x+y$ (over any commutative ring). We now proceed to discuss this property in a more general context.

Denote $\mathcal{U}_{k}=\left\{\omega \in \mathbb{C}: \omega^{k}=1\right\}$, and consider the polynomial

$$
G_{k}\left(X_{1}, X_{2}, X_{3}, X_{4}\right)=\prod_{\omega_{1}, \omega_{2}, \omega_{3} \in \mathcal{U}_{k}}\left(\omega_{1} X_{1}+\omega_{2} X_{2}-\omega_{3} X_{3}-X_{4}\right)
$$

defined over the cyclotomic field $K_{k}=\mathbb{Q}(\exp (2 \pi i / k))$. Since the Galois group $\operatorname{Gal}\left(K_{k} / \mathbb{Q}\right)$ of $K$ is cyclic and any automorphism $\sigma$ of $K_{k}$ over $\mathbb{Q}$ is a multiplication by some $\omega \in \mathcal{U}_{k}$, we see that

$$
\begin{aligned}
\sigma & \left(G_{k}\left(X_{1}, X_{2}, X_{3}, X_{4}\right)\right) \\
& =\prod_{\omega_{1}, \omega_{2}, \omega_{3} \in \mathcal{U}_{k}}\left(\sigma\left(\omega_{1}\right) X_{1}+\sigma\left(\omega_{2}\right) X_{2}-\sigma\left(\omega_{3}\right) X_{3}-\sigma(1) X_{4}\right) \\
& =\prod_{\omega_{1}, \omega_{2}, \omega_{3} \in \mathcal{U}_{k}}\left(\omega \omega_{1} X_{1}+\omega \omega_{2} X_{2}-\omega \omega_{3} X_{3}-\omega X_{4}\right) \\
& =\omega^{k^{3}} \prod_{\omega_{1}, \omega_{2}, \omega_{3} \in \mathcal{U}_{k}}\left(\omega_{1} X_{1}+\omega_{2} X_{2}-\omega_{3} X_{3}-X_{4}\right) \\
& =G_{k}\left(X_{1}, X_{2}, X_{3}, X_{4}\right) .
\end{aligned}
$$

Hence, $G_{k}$ has rational coefficients. Since obviously these coefficients are algebraic integers, we see that $G_{k}\left(X_{1}, X_{2}, X_{3}, X_{4}\right) \in \mathbb{Z}\left[X_{1}, X_{2}, X_{3}, X_{4}\right]$.

We also see that

$$
\begin{aligned}
\prod_{\omega_{1}, \omega_{2}, \omega_{3} \in \mathcal{U}_{k}} & \left(\omega_{1} X_{1}+\omega_{2} X_{2}-\omega_{3} X_{3}-X_{4}\right) \\
& =\prod_{\omega_{1}, \omega_{2}, \omega_{3} \in \mathcal{U}_{k}}\left(\omega_{1} X_{1}+\omega_{1} \omega_{2} X_{2}-\omega_{1} \omega_{3} X_{3}-X_{4}\right) \\
& =\prod_{\omega_{2}, \omega_{3} \in \mathcal{U}_{k}} \prod_{\omega_{1} \in \mathcal{U}_{k}}\left(\omega_{1}\left(X_{1}+\omega_{2} X_{2}-\omega_{3} X_{3}\right)-X_{4}\right) \\
& =(-1)^{k} \prod_{\omega_{2}, \omega_{3} \in \mathcal{U}_{k}}\left(\left(X_{1}+\omega_{2} X_{2}-\omega_{3} X_{3}\right)^{k}-X_{4}^{k}\right) .
\end{aligned}
$$

Therefore, $G_{k}\left(X_{1}, X_{2}, X_{3}, X_{4}\right)$ is a polynomial in $X_{4}^{k}$. Similarly,

$$
\begin{aligned}
\prod_{\omega_{1}, \omega_{2}, \omega_{3} \in \mathcal{U}_{k}} & \left(\omega_{1} X_{1}+\omega_{2} X_{2}-\omega_{3} X_{3}-X_{4}\right) \\
& =\prod_{\omega_{2}, \omega_{3} \in \mathcal{U}_{k}} \prod_{\omega_{1} \in \mathcal{U}_{k}}\left(X_{1}+\omega_{1}^{-1}\left(\omega_{2} X_{2}-\omega_{3} X_{3}-X_{4}\right)\right) \\
& =\prod_{\omega_{2}, \omega_{3} \in \mathcal{U}_{k}}\left(X_{1}^{k}+\left(\omega_{3} X_{3}+X_{4}-\omega_{2} X_{2}\right)^{k}\right)
\end{aligned}
$$

Thus, it is also a polynomial in $X_{1}^{k}$ and of course also in $X_{2}^{k}$ and $X_{3}^{k}$. Hence, we can write

$$
G_{k}\left(X_{1}, X_{2}, X_{3}, X_{4}\right)=F_{k}\left(X_{1}^{k}, X_{2}^{k}, X_{3}^{k}, X_{4}^{k}\right)
$$

for some polynomial $F_{k}\left(X_{1}, X_{2}, X_{3}, X_{4}\right) \in \mathbb{Z}\left[X_{1}, X_{2}, X_{3}, X_{4}\right]$.
Remark 5.1. It is clear that this construction can be extended in several directions, in particular to polynomials $F_{\nu, k} \in \mathbb{Z}\left[X_{1}, \ldots, X_{2 \nu}\right]$ such that

$$
F_{\nu, k}\left(x_{1}^{k}, \ldots, x_{2 \nu}^{k}\right)=0
$$

whenever $x_{1}+\ldots+x_{\nu}=x_{\nu+1}+\ldots+x_{2 \nu}$.

### 5.2. The zero set of $F_{k}\left(X_{1}, X_{2}, X_{3}, X_{4}\right)$

We now need the following bound on the number of integer zeros of $F_{k}$ in a box. Define by $T_{k}(N)$ by

$$
\begin{aligned}
& T_{k}(N)=\#\left\{\left(n_{1}, n_{2}, n_{3}, n_{4}\right) \in \mathbb{Z}^{4}: 1 \leqslant n_{1}, n_{2}, n_{3}, n_{4} \leqslant N,\right. \\
&\left.F_{k}\left(n_{1}, n_{2}, n_{3}, n_{4}\right)=0\right\}
\end{aligned}
$$

Our next result gives a bound for $T_{k}(N)$.
Lemma 5.2. Fix an integer $k \geqslant 3$. For any positive integer $N$, we have $T_{k}(N) \ll N^{2}$.
Proof. Take a solution $\left(n_{1}, n_{2}, n_{3}, n_{4}\right)$ to $F_{k}\left(n_{1}, n_{2}, n_{3}, n_{4}\right)=0$ satisfying $1 \leqslant n_{1}, n_{2}, n_{3}, n_{4} \leqslant N$. Denote by $t_{1}, t_{2}, t_{3}, t_{4}$ the positive real numbers that are roots of order $k$ of $n_{1}, n_{2}, n_{3}, n_{4}$, respectively.

Therefore, there exist roots of unity $\omega_{1}, \omega_{2}, \omega_{3} \in \mathcal{U}_{k}$ such that

$$
\begin{equation*}
\omega_{1} t_{1}+\omega_{2} t_{2}-\omega_{3} t_{3}-t_{4}=0 \tag{5.1}
\end{equation*}
$$

We now distinguish two cases.
Case 1. At least one of the roots of unity $\omega_{1}, \omega_{2}, \omega_{3}$ is not real. Complex conjugation then provides a second linear equation,

$$
\begin{equation*}
\bar{\omega}_{1} t_{1}+\bar{\omega}_{2} t_{2}-\bar{\omega}_{3} t_{3}-t_{4}=0 . \tag{5.2}
\end{equation*}
$$

which is different from Equation (5.1). Then using Equations (5.1) and (5.2) to eliminate $t_{4}$, one obtains a nontrivial linear equation in $t_{1}, t_{2}$ and $t_{3}$ which obviously has at most $O\left(N^{2}\right)$ solutions, after which $t_{4}$ is uniquely defined.

Thus, the total number of solutions in Case 1 is $O\left(N^{2}\right)$.
Case 2. All three of $\omega_{1}, \omega_{2}, \omega_{3}$ are real, that is, $\omega_{1}, \omega_{2}, \omega_{3} \in\{-1,1\}$, and Equation (5.1) reduces to

$$
\begin{equation*}
t_{1} \pm t_{2} \pm t_{3} \pm t_{4}=0 \tag{5.3}
\end{equation*}
$$

We observe that Case 2 also covers the $2 N^{2}+O(N)$ diagonal solutions.
To treat the nondiagonal solutions, one can now apply results of Besicovitch [3], Mordell [22], Siegel [28] or the more recent results of Carr and O'Sullivan [9]. For instance, [9, Theorem 1.1] shows that a set of real $k$-th roots of integers that are pairwise linearly independent over the rationals must also be linearly independent. Applying this to the set $t_{1}, t_{2}, t_{3}, t_{4}$, which by Equation (5.3) is not linearly independent over $\mathbb{Q}$, it follows that two of them, for example, $t_{1}$ and $t_{2}$, are linearly dependent over $\mathbb{Q}$. We derive that there are positive integers $a_{1}, a_{2}, b$ such that

$$
t_{1}^{k}=n_{1}=b a_{1}^{k} \quad \text { and } \quad t_{2}^{k}=n_{2}=b a_{2}^{k}
$$

where $b$ is not divisible by a $k$-th power of a prime. That is, $a_{1}^{k}$ is the largest $k$-th power that divides $n_{1}$, and $a_{2}^{k}$ is the largest $k$-th power that divides $n_{2}$.
Then letting $t_{5}$ denote the positive $k$-th root of $b$, Equation (5.3) becomes

$$
\begin{equation*}
\left(a_{1} \pm a_{2}\right) t_{5} \pm t_{3} \pm t_{4}=0 \tag{5.4}
\end{equation*}
$$

Without loss of generality, we can assume that $a_{1} \geqslant a_{2}$. Hence, for any fixed $1 \leqslant a_{2} \leqslant a_{1} \leqslant N^{1 / k}$ there are at most $N / a_{1}^{k}$ possible values for $b$ and thus for $t_{5}$. After $a_{1}$, $a_{2}$ and $t_{5}$ are fixed, there are obviously at most $N$ pairs ( $t_{3}, t_{4}$ ) satisfying Equation (5.4). Hence, the total contribution from such solutions is

$$
\sum_{1 \leqslant a_{2} \leqslant a_{1} \leqslant N^{1 / k}} N^{2} / a_{1}^{k} \leqslant \sum_{1 \leqslant a_{1} \leqslant N^{1 / k}} N^{2} / a_{1}^{k-1} \ll N^{2}
$$

which concludes the proof.

We remark that the case of $k=2$ can also be included in Lemma 5.2; however, this case is already fully covered by the results of [26].

### 5.3. Concluding the proof

Clearly, the congruence

$$
u+v \equiv x+y \bmod q, \quad j u^{k}, j v^{k}, j x^{k}, j y^{k} \in[1, N]
$$

implies that

$$
F_{k}\left(u^{k}, v^{k}, x^{k}, y^{k}\right) \equiv 0 \bmod q
$$

for the above polynomial $F_{k}$. Since $F_{k}$ is homogeneous, this implies that

$$
F_{k}\left(j u^{k}, j v^{k}, j x^{k}, j y^{k}\right) \equiv 0 \bmod q .
$$

Since for a prime $q \sim Q, a \in \mathbb{F}_{q}$ and $j \in \mathbb{F}_{q}^{*}$, there are at most $k$ solutions to the congruence $j z^{k} \equiv a \bmod q$ in variable $z \in \mathbb{F}_{q}$, and thus at most $2 k$ solution in variable $z \in[1, N]$ (since $N \leqslant Q \leqslant 2 q$ ) we have

$$
\begin{aligned}
\sum_{\substack{q \sim Q \\
q \text { prime }}} \max _{j \in \mathbb{F}_{q}^{*}} \mathrm{E}_{k}(N ; j, q) & =\sum_{\substack{q \sim Q \\
q \text { prime }}} \max _{j \in \mathbb{F}_{q}^{*}} \mathrm{E}_{k}(N ; \bar{j}, q) \\
& \leqslant 16 k^{4} \sum_{\substack{q \sim Q \\
q \text { prime }}} \sum_{\substack{U, V, X, Y \in[1, N] \\
F_{k}(U, V, X, Y) \equiv 0 \bmod q}} \cdots \sum 1,
\end{aligned}
$$

where, as before, $\bar{j}$ denotes the multiplicative inverse of $j$ modulo $q$. Changing the order of summation and separating the sum over the variables $U, V, X, Y$ into two parts depending on whether $F_{k}(U, V, X, Y)=0$ or not, we derive

$$
\begin{aligned}
& \sum_{\substack{q \sim Q \\
q \text { prime }}} \max _{j \in \mathbb{F}_{q}^{*}} \mathrm{E}_{k}(N ; j, q) \ll \sum_{U, V, X, Y \in[1, N]} \ldots \sum_{\substack{q \sim Q \\
q \text { prime } \\
q \mid F_{k}(U, V, X, Y)}} 1 \\
& \ll \frac{Q}{\log Q} \sum_{\substack{U, V, X, Y \in[1, N] \\
F_{k}(U, V, X, Y)=0}} \ldots \sum_{\substack{U, V, X, Y \in[1, N] \\
F_{k}(U, V, X, Y) \neq 0}} \sum_{\substack{q \sim Q \\
q \mid F_{k}(U, V, X, Y)}} 1 .
\end{aligned}
$$

Recall that $F_{k}$ is a polynomial with constant coefficients of degree $k^{3}$. Hence, $F_{k}(U, V, X, Y) \ll N^{k^{3}}$, and thus trivially has at most $O(\log N)$ prime divisors. Hence, we derive

$$
\sum_{\substack{q \sim Q \\ q \text { prime }}} \max _{j \in \mathbb{F}_{q}^{*}} \mathrm{E}_{k}(N ; j, q) \ll \frac{Q}{\log Q} T_{k}(N)+N^{4+o(1)},
$$

and applying Lemma 5.2 we conclude the proof.
Remark 5.3. Furthermore, it is easy to see that there is a constant $C>0$ such that if $N \leqslant C q^{1 / k^{3}}$, then $F_{k}\left(n_{1}, n_{2}, n_{3}, n_{4}\right) \equiv 0 \bmod q$ with $1 \leqslant n_{1}, n_{2}, n_{3}, n_{4} \leqslant N$ implies $F_{k}\left(n_{1}, n_{2}, n_{3}, n_{4}\right)=0$. Hence, in this range of $N$, using Lemma 5.2, we obtain $\mathrm{E}_{k}(N ; j, q) \ll$ $N^{2}$ for every $q$.

## 6. Proof of Theorem 1.4

### 6.1. Preliminary discussion

We need some facts about the Gowers norms, introduced in the celebrated work of Gowers [16, 17] on the first quantitative bound for the famous Szemerédi Theorem [29] about sets avoiding arithmetic progressions of length four and longer. As an important step in the proof, Gowers $[16,17]$ observes that there are very random sets having an unexpected number of arithmetic progressions of length $l \geqslant 4$. An example is, basically, the set

$$
\begin{equation*}
\mathcal{A}^{(k)}=\left\{x \in \mathbb{Z}_{N}: x^{k} \in\left\{1, \ldots, c_{k} N\right\}\right\}, \tag{6.1}
\end{equation*}
$$

where $c_{k}>0$ is an appropriate constant, depending on $k \geqslant 2$ only (see the beginning of [17, Section 4] and also [18]). Then the set $\mathcal{A}^{(k)}$ has an enormous number of arithmetic progressions of length $k+2$ but the expected number of shorter progressions. In Theorem 1.4, we consider the sets $\mathcal{N}^{1 / k}$, where $\mathcal{N}$ is a set with small doubling. Clearly, such sets generalise the construction (6.1). Below, we show that these sets are random in the sense that they all have small additive energy. Actually, we obtain a stronger property that Gowers norms of its characteristic functions are small and thus this has even more parallels to the Gowers construction (6.1). On the other hand, sets $\mathcal{N}^{1 / k}$ preserve all essential combinatorial properties of the sets $\mathcal{A}^{(k)}$. For example, for $k=2$ and any $s \neq 0$ we have for an arbitrary $x \in \mathcal{N}^{1 / 2} \cap\left(\mathcal{N}^{1 / 2}+s\right)$

$$
x^{2} \in \mathcal{N} \quad \text { and } \quad(x-s)^{2} \in \mathcal{N} .
$$

Thus, $2 s x-s^{2} \in \mathcal{N}-\mathcal{N}$ or $x \in\left(\mathcal{N}-\mathcal{N}+s^{2}\right) / 2 s$. Hence, all intersections $\mathcal{N}^{1 / 2} \cap\left(\mathcal{N}^{1 / 2}+s\right)$ are additively rich sets exactly as in construction (6.1) (we literally use such facts in the proof of Theorem 1.4 below).

### 6.2. Gowers norms

Now, we are ready to give general definitions. Suppose that $G$ is an abelian group with the group operation + and $\mathcal{A} \subseteq G$ is a finite set. Having a sequence of elements $s_{1}, \ldots, s_{l} \in G$, we define the set

$$
\mathcal{A}_{s_{1}, \ldots, s_{l}}=\mathcal{A} \cap\left(\mathcal{A}-s_{1}\right) \cap \ldots \cap\left(\mathcal{A}-s_{l}\right)
$$

Let $\|\mathcal{A}\|_{\mathcal{U}^{k}}$ be the Gowers nonnormalised $k$ th-norm [17] of the characteristic function of $\mathcal{A}$ (in additive form). We have (see, for example, [25]):

$$
\|\mathcal{A}\|_{\mathcal{U}^{k}}=\sum_{x_{0}, x_{1}, \ldots, x_{k} \in G} \prod_{\varepsilon \in\{0,1\}^{k}} \mathcal{A}\left(x_{0}+\sum_{j=1}^{k} \varepsilon_{j} x_{j}\right)
$$

where $\varepsilon=\left(\varepsilon_{1}, \ldots, \varepsilon_{k}\right)$ (we also recall that we use $\mathcal{A}(a)$ for the indicator function of $\mathcal{A}$ ). In particular,

$$
\|\mathcal{A}\|_{\mathcal{U}^{2}}=\sum_{x_{0}, x_{1}, x_{2} \in G} \mathcal{A}\left(x_{0}\right) \mathcal{A}\left(x_{0}+x_{1}\right) \mathcal{A}\left(x_{0}+x_{2}\right) \mathcal{A}\left(x_{0}+x_{1}+x_{2}\right)=E(\mathcal{A})
$$

is the additive energy of $\mathcal{A}$, that is

$$
E(\mathcal{A})=\#\left\{\left(a_{1}, a_{2}, a_{3}, a_{4}\right) \in \mathcal{A}^{4}: a_{1}+a_{2}=a_{3}+a_{4}\right\}
$$

and

$$
\|\mathcal{A}\|_{\mathcal{U}^{3}}=\sum_{s \in \mathcal{A}-\mathcal{A}} E\left(\mathcal{A}_{s}\right) .
$$

Moreover, the induction property for Gowers norms holds; see [17]

$$
\|\mathcal{A}\|_{\mathcal{U}^{k+1}}=\sum_{s \in \mathcal{A}-\mathcal{A}}\left\|\mathcal{A}_{s}\right\|_{\mathcal{U}^{k}}
$$

and

$$
\begin{equation*}
\|\mathcal{A}\|_{\mathcal{U}^{k}}=\sum_{s_{1}, \ldots, s_{k} \in G} \# \mathcal{A}_{\pi\left(s_{1}, \ldots, s_{k}\right)} \tag{6.2}
\end{equation*}
$$

where $\pi\left(s_{1}, \ldots, s_{k}\right)$ is a vector with $2^{k}$ components, namely,

$$
\pi\left(s_{1}, \ldots, s_{k}\right)=\left(\sum_{j=1}^{k} s_{j} \varepsilon_{j}\right)_{\left(\varepsilon_{1}, \ldots, \varepsilon_{k}\right) \in\{0,1\}^{k}}
$$

Notice also

$$
\begin{equation*}
\|\mathcal{A}\|_{\mathcal{U}^{k+1}}=\sum_{s_{1}, \ldots, s_{k} \in G}\left(\# \mathcal{A}_{\pi\left(s_{1}, \ldots, s_{k}\right)}\right)^{2} . \tag{6.3}
\end{equation*}
$$

It is proved in [17] that $k$ th-norms of the characteristic function of any set are connected to each other. It is shown in [25] that the connection for the nonnormalised norms does not depend on size of the group $G$. Here, we formulate a particular case of [25, Proposition 35], which relates $\|\mathcal{A}\|_{\mathcal{U}^{k}}$ and $\|\mathcal{A}\|_{\mathcal{U}^{2}}$.
Lemma 6.1. Let $\mathcal{A}$ be a finite subset of an abelian group $G$ with the group operation + . Then for any integer $k \geqslant 1$, we have

$$
\|\mathcal{A}\|_{\mathcal{U}^{k+1}} \geqslant \frac{\|\mathcal{A}\|_{\mathcal{U}^{k}}^{(3 k-2) /(k-1)}}{\|\mathcal{A}\|_{\mathcal{U}^{k-1}}^{2 k /(k-1)}}
$$

Next, we have to relate $\|\mathcal{A}\|_{\mathcal{U}^{k}}$ and $E(\mathcal{A})$; see [25, Remark 36].
Lemma 6.2. Let $\mathcal{A}$ be a finite subset of an abelian group $G$ with the group operation + . Then for any integer $k \geqslant 1$, we have

$$
\|\mathcal{A}\|_{\mathcal{U}^{k}} \geqslant E(\mathcal{A})^{2^{k}-k-1}(\# \mathcal{A})^{-\left(3 \cdot 2^{k}-4 k-4\right)}
$$

### 6.3. Concluding the proof

Let $\mathcal{A}=\mathcal{N}^{1 / k}$.
6.3.1. Case $k=3$. Let us start with the case $k=3$. Below, we can assume that the quantity $L$ is sufficiently small because otherwise the result is trivial.

For any $s \neq 0$, consider the set $\mathcal{A}_{s}=\mathcal{A} \cap(\mathcal{A}-s)$ and let $x \in \mathcal{A}_{s}$. Then $x^{3},(x+s)^{3} \in \mathcal{N}$ and hence

$$
3 s(x+s / 2)^{2}+s^{3} / 4=3 s x^{2}+3 s^{2} x+s^{3} \in \mathcal{N}-\mathcal{N}
$$

Put $\mathcal{B}_{s}=\mathcal{A}_{s}+s / 2$, so $\# \mathcal{B}_{s}=\# \mathcal{A}_{s}$. Furthermore, let $\mathcal{C}_{s}=\left\{x^{2}: x \in \mathcal{B}_{s}\right\}$. Clearly, by the Plünnecke inequality (see [30, Corollary 6.29]),

$$
\#\left(\mathcal{C}_{s}+\mathcal{C}_{s}\right) \leqslant \#(2 \mathcal{N}-2 \mathcal{N}) \leqslant L^{4} N=L_{s} \# \mathcal{A}_{s}
$$

where

$$
L_{s}=\frac{L^{4} N}{\# \mathcal{A}_{s}}
$$

Then, after applying estimate (1.3) with our restriction $N \leqslant q^{2 / 3}$, we obtain

$$
\begin{align*}
E\left(\mathcal{A}_{s}\right) & =E\left(\mathcal{B}_{s}\right) \ll E_{2}\left(\mathcal{C}_{s} ; q\right)  \tag{6.4}\\
& \leqslant\left(L_{s}^{4}\left(\# \mathcal{A}_{s}\right)^{4} / q+L_{s}^{2}\left(\# \mathcal{A}_{s}\right)^{11 / 4}\right) q^{o(1)}
\end{align*}
$$

We now assume that

$$
\begin{equation*}
\# \mathcal{A}_{s} \geqslant N^{4 / 5} L^{32 / 5} \tag{6.5}
\end{equation*}
$$

We also observe that we can always assume that $L \leqslant N^{1 / 32}$ as otherwise the result is trivial. Further, to show that the second term in Equation (6.4) dominates the first one, we need to check that

$$
\begin{equation*}
L_{s}^{4}\left(\# \mathcal{A}_{s}\right)^{4} / q \leqslant L_{s}^{2}\left(\# \mathcal{A}_{s}\right)^{11 / 4} \tag{6.6}
\end{equation*}
$$

or $L_{s}^{2}\left(\# \mathcal{A}_{s}\right)^{5 / 4} \leqslant q$, which in turn is equivalent to $\left(\# \mathcal{A}_{s}\right)^{3} \geqslant L^{32} N^{8} q^{-4}$. Since for $L \leqslant N^{1 / 32}$ and $N \leqslant q^{2 / 3}$, we have

$$
N^{12 / 5} L^{96 / 5} \geqslant L^{32} N^{8} q^{-4}
$$

we see that under the assumption (6.5) we have Equation (6.6) and hence the bound (6.4) becomes

$$
\begin{equation*}
E\left(\mathcal{A}_{s}\right) \leqslant L_{s}^{2}\left(\# \mathcal{A}_{s}\right)^{11 / 4} q^{o(1)} \leqslant L^{8} N^{2}\left(\# \mathcal{A}_{s}\right)^{3 / 4} q^{o(1)} \tag{6.7}
\end{equation*}
$$

By the definition of the sets $\mathcal{A}_{s}$, we have

$$
\begin{equation*}
\sum_{s \in \mathcal{A}-\mathcal{A}} \# \mathcal{A}_{s}=(\# \mathcal{A})^{2} \tag{6.8}
\end{equation*}
$$

Furthermore, using the definition of $\mathcal{U}_{3}-$ norm we write

$$
\begin{equation*}
\|\mathcal{A}\|_{\mathcal{U}^{3}}=\sum_{s \in \mathcal{A}-\mathcal{A}} E\left(\mathcal{A}_{s}\right)=\sum_{s: \# \mathcal{A}_{s} \leqslant T} E\left(\mathcal{A}_{s}\right)+\sum_{s: \# \mathcal{A}_{s}>T} E\left(\mathcal{A}_{s}\right) . \tag{6.9}
\end{equation*}
$$

First, we observe that

$$
\begin{aligned}
\sum_{s: \# \mathcal{A}_{s} \leqslant T} E\left(\mathcal{A}_{s}\right)=\#\left\{\left(a_{1}, a_{2}, a_{3}, a_{4}, s\right) \in\right. & \mathcal{A}^{4} \times(\mathcal{A}-\mathcal{A}): \\
a_{1}+a_{2}= & a_{3}+a_{4}, \# \mathcal{A}_{s} \leqslant T \\
& \left.a_{i}-s \in \mathcal{A}, i=1, \ldots, 4\right\}
\end{aligned}
$$

Thus, for each of $E(\mathcal{A})$ choices of quadruples $\left(a_{1}, a_{2}, a_{3}, a_{4}\right) \in \mathcal{A}^{4}$ with $a_{1}+a_{2}=a_{3}+a_{4}$, there are at most $T$ possibilities for $s$ with $\# \mathcal{A}_{s} \leqslant T$ and we derive

$$
\begin{equation*}
\sum_{s: \# \mathcal{A}_{s} \leqslant T} E\left(\mathcal{A}_{s}\right) \leqslant T E(\mathcal{A}) \tag{6.10}
\end{equation*}
$$

We now choose

$$
\begin{equation*}
T=27 E(\mathcal{A})^{-4 / 5} L^{32 / 5} N^{16 / 5} \tag{6.11}
\end{equation*}
$$

and note that the trivial upper bound $E(\mathcal{A}) \leqslant(\# \mathcal{A})^{3} \leqslant 27 N^{3}$ implies that $T \geqslant N^{4 / 5} L^{32 / 5}$. Hence, for any $s$ with $\# \mathcal{A}_{s}>T$ the condition (6.5) is satisfied and so the bound (6.7) holds.

Hence, by identity (6.8), we obtain

$$
\begin{align*}
\sum_{s: \# \mathcal{A}_{s}>T} E\left(\mathcal{A}_{s}\right) & \leqslant L^{8} N^{2} q^{o(1)} \sum_{s: \# \mathcal{A}_{s}>T}\left(\# \mathcal{A}_{s}\right)^{3 / 4} \\
& \leqslant L^{8} N^{2} T^{-1 / 4} q^{o(1)} \sum_{s: \# \mathcal{A}_{s}>T} \# \mathcal{A}_{s}  \tag{6.12}\\
& \leqslant L^{8} N^{2} \cdot N^{2} T^{-1 / 4} q^{o(1)}=L^{8} N^{4} T^{-1 / 4} q^{o(1)}
\end{align*}
$$

The value of $T$ in Equation (6.11) is chosen to balance the bounds (6.10) and (6.12) and thus from Equation (6.9) we derive

$$
\|\mathcal{A}\|_{\mathcal{U}^{3}} \leqslant E(\mathcal{A})^{1 / 5} L^{32 / 5} N^{16 / 5} q^{o(1)} .
$$

Finally, applying Lemma 6.2, we obtain

$$
E(\mathcal{A}) \leqslant N^{2}\|\mathcal{A}\|_{\mathcal{U}^{3}}^{1 / 4} \leqslant L^{8 / 5} N^{14 / 5} E(\mathcal{A})^{1 / 20} q^{o(1)}
$$

and whence

$$
E(\mathcal{A}) \leqslant L^{32 / 19} N^{56 / 19} q^{o(1)}
$$

which gives the desired result for $k=3$.
6.3.2. Case $k=4$. Next, we consider the case $k=4$. Let

$$
\mathcal{A}_{\pi(s, t)}=\mathcal{A} \cap(\mathcal{A}-s) \cap(\mathcal{A}-t) \cap(\mathcal{A}-s-t)
$$

and let $x \in \mathcal{A}_{\pi(s, t)}$. Then $x^{4},(x+s)^{4},(x+t)^{4},(x+t+s)^{4} \in \mathcal{N}$ and hence $\mathcal{N}-\mathcal{N}$ contains

$$
4 u x^{3}+6 u^{2} x^{2}+4 u^{3} x+u^{4}, \quad u \in\{s, t, s+t\} .
$$

Subtracting the expressions with $s$ and $t$ from the expression with $s+t$, we see that $3 \mathcal{N}-3 \mathcal{N}$ contains $12 s t x^{2}+12\left(t^{2} s+t s^{2}\right) x+(t+s)^{4}-s^{4}-t^{4}$ and we can apply a version of previous arguments. Actually, in our particular case $k=4$ one can write exact identity

$$
(x+t+s)^{4}+x^{4}-(x+s)^{4}-(x+t)^{4}=12 s t x^{2}+12\left(t^{2} s+t s^{2}\right) x+(t+s)^{4}-s^{4}-t^{4}
$$

and thus even it is enough to consider the set $2 \mathcal{N}-2 \mathcal{N}$. In particular, since by the Plünnecke inequality (see [30, Corollary 6.29])

$$
\#(2 \mathcal{N}-2 \mathcal{N}) \leqslant L^{4} N
$$

the role of $L_{s}$ is now played by

$$
L_{s, t}=\frac{L^{8} N}{\# \mathcal{A}_{\pi(s, t)}}
$$

We also set

$$
T=\left(E(\mathcal{A}) N^{2} L^{16}\|\mathcal{A}\|_{\mathcal{U}^{3}}^{-1}\right)^{4 / 5}
$$

and note that we have the trivial bound $\|\mathcal{A}\|_{\mathcal{U}^{3}} \leqslant N E(\mathcal{A})$. We also have

$$
T \geqslant N^{4 / 5} L^{64 / 5}
$$

We now verify that $T^{3} \geqslant L^{64} N^{8} q^{-4}$ or

$$
N^{12 / 5} L^{192 / 5} \geqslant L^{64} N^{8} q^{-4}
$$

which is equivalent to $N^{28} L^{128} \leqslant q^{20}$. Since we can clearly assume that $L \leqslant N^{1 / 64}$ as otherwise the result is trivial, the last inequality hold under our assumption $N \leqslant q^{2 / 3}$.
Hence, similar to the case $k=3$ after simple calculations, one verifies that for $\# \mathcal{A}_{s, t}>T$, we have $L_{s, t}^{2}\left(\# \mathcal{A}_{\pi(s, t)}\right)^{5 / 4} \leqslant q$ which in turn is equivalent to

$$
\left(\# \mathcal{A}_{\pi(s, t)}\right)^{3} \geqslant T^{3} \geqslant L^{64} N^{8} q^{-4}
$$

Therefore, by Equation (1.3), we have

$$
\begin{aligned}
E\left(\mathcal{A}_{\pi(s, t)}\right) & \leqslant\left(L_{s, t}^{4}\left(\# \mathcal{A}_{\pi(s, t)}\right)^{4} / q+L_{s, t}^{2}\left(\# \mathcal{A}_{s, t}\right)^{11 / 4}\right) q^{o(1)} \\
& \leqslant L_{s, t}^{2}\left(\# \mathcal{A}_{s, t}\right)^{11 / 4} q^{o(1)} \\
& =L^{16} N^{2}\left(\# \mathcal{A}_{\pi(s, t)}\right)^{3 / 4} q^{o(1)} .
\end{aligned}
$$

Using Equations (6.2) and (6.3) and the arguments as above, we get

$$
\begin{align*}
\|\mathcal{A}\|_{\mathcal{U}^{4}} & =\sum_{s, t} E\left(\mathcal{A}_{\pi(s, t)}\right) \\
& \leqslant T\|\mathcal{A}\|_{\mathcal{U}^{3}}+L^{16} N^{2} q^{o(1)} \sum_{(s, t): \# \mathcal{A}_{\pi(s, t)}>T} \#\left(\mathcal{A}_{\pi(s, t)}\right)^{3 / 4} \\
& \leqslant T\|\mathcal{A}\|_{\mathcal{U}^{3}}+L^{16} N^{2} E(\mathcal{A}) T^{-1 / 4} q^{o(1)}  \tag{6.13}\\
& \leqslant L^{64 / 5} N^{8 / 5} E^{4 / 5}(\mathcal{A})\|\mathcal{A}\|_{\mathcal{U}^{3}}^{1 / 5} q^{o(1)}
\end{align*}
$$

since again we have chosen $T$ to optimise the above bound.
On the other hand, applying Lemma 6.1 and then Lemma 6.2, we derive

$$
\begin{equation*}
\|\mathcal{A}\|_{\mathcal{U}^{4}} \geqslant \frac{\|\mathcal{A}\|_{\mathcal{U}^{3}}^{7 / 2}}{\|\mathcal{A}\|_{\mathcal{U}^{2}}^{3}}=\frac{\|\mathcal{A}\|_{\mathcal{U}^{3}}^{7 / 2}}{E^{3}(\mathcal{A})} \geqslant\|\mathcal{A}\|_{\mathcal{U}^{3}}^{1 / 5} \cdot \frac{E^{51 / 5}(\mathcal{A})}{N^{132 / 5}} \tag{6.14}
\end{equation*}
$$

Comparing Equations (6.13) and (6.14)

$$
E(\mathcal{A}) \leqslant L^{64 / 47} N^{3-1 / 47} q^{o(1)}
$$

which gives the desired result for $k=4$.
6.3.3. Case $k \geqslant 5$. Finally, consider the general case, which we treat with a version of Weyl differencing. Now,

$$
\mathcal{A}_{s}=\mathcal{A}_{\pi\left(s_{1}, \ldots, s_{k-2}\right)}
$$

and let $x \in \mathcal{A}_{\pi\left(s_{1}, \ldots, s_{k-2}\right)}$. Indeed, we start with $\mathcal{A}_{s_{1}}$ and reduce the main term in $x^{k},(x+$ $\left.s_{1}\right)^{k} \in \mathcal{N}$ deriving that $p_{k-1}(x) \in \mathcal{N}-\mathcal{N}$, where $\operatorname{deg} p_{k-1}=k-1$. After that consider $\left(\mathcal{A}_{s_{1}}\right)_{s_{2}}=\mathcal{A}_{\pi\left(s_{1}, s_{2}\right)}$ and reduce degree of the polynomial by one, and so on. We also note that by the Plünnecke inequality (see [30, Corollary 6.29])

$$
\#\left(2^{k-1} \mathcal{N}-2^{k-1} \mathcal{N}\right) \leqslant L^{2^{k}} N
$$

the role of $L_{s}$ or $L_{s, t}$ is now played by

$$
L_{s}=\frac{L^{2^{k}} N}{\# \mathcal{A}_{\pi(s)}}
$$

We now set

$$
T=\left(N^{2} L^{2^{k+1}}\|\mathcal{A}\|_{\mathcal{U}^{k-2}}\|\mathcal{A}\|_{\mathcal{U}^{k-1}}^{-1}\right)^{4 / 5}
$$

Using the same arguments as above, after somewhat tedious calculations to verify all necessary conditions such as

$$
\begin{equation*}
N^{8} L^{2^{k+3}} q^{-4} \leqslant\left(\# \mathcal{A}_{\pi\left(s_{1}, \ldots, s_{k-2}\right)}\right)^{3} \tag{6.15}
\end{equation*}
$$

to obtain

$$
E\left(\mathcal{A}_{\pi\left(s_{1}, \ldots, s_{k-2}\right)}\right) \leqslant L^{2^{k+1}} N^{2}\left(\# \mathcal{A}_{\pi\left(s_{1}, \ldots, s_{k-2}\right)}\right)^{3 / 4} q^{o(1)} .
$$

In particular, to check Equation (6.15) we note that for the above choice of $T$ we have

$$
T \geqslant N^{4 / 5} L^{2^{k+3} / 5}
$$

and then derive

$$
N^{8} L^{2^{k+3}} q^{-4} \leqslant N^{12 / 5} L^{3 \cdot 2^{k+3} / 5} \leqslant T^{3}
$$

which is true because $N \leqslant q^{2 / 3}$ and $L \leqslant N^{1 / 2^{k+3}}$ (which we can assume as otherwise the bound is trivial).

Using the formula (6.2) and Equation (6.3), we obtain

$$
\begin{aligned}
\|\mathcal{A}\|_{\mathcal{U}^{k}} & \leqslant T\|\mathcal{A}\|_{\mathcal{U}^{k-1}}+L^{2^{k+1}} N^{2} q^{o(1)} \sum_{s: \# \mathcal{A}_{\pi(s)}>T} \#\left(\mathcal{A}_{\pi(s)}\right)^{3 / 4} \\
& \leqslant T\|\mathcal{A}\|_{\mathcal{U}^{k-1}}+L^{2^{k+1}} N^{2}\|\mathcal{A}\|_{\mathcal{U}^{k-2}} T^{-1 / 4} q^{o(1)} \\
& \leqslant L^{2^{k+1} \cdot 4 / 5} N^{8 / 5}\|\mathcal{A}\|_{\mathcal{U}^{k-2}}^{4 / 5}\|\mathcal{A}\|_{\mathcal{U}^{k-1}}^{1 / 5} q^{o(1)}
\end{aligned}
$$

and hence by induction and Lemma 6.2

$$
E(\mathcal{A})^{7 \cdot 2^{k-1}-9} \leqslant L^{2^{k+3}} N^{21 \cdot 2^{k-1}-28} q^{o(1)}
$$

In other words,

$$
E(\mathcal{A}) \leqslant L^{2^{k+3} /\left(7 \cdot 2^{k-1}-9\right)} N^{3-1 /\left(7 \cdot 2^{k-1}-9\right)} q^{o(1)},
$$

which completes the proof.

## 7. Proof of Theorem 2.2

Given a function $f: \mathbb{F}_{q} \rightarrow \mathbb{C}$, we define the Fourier transform of $f$ by

$$
\widehat{f}(n)=\frac{1}{q^{1 / 2}} \sum_{\lambda \in \mathbb{F}_{q}} f(\lambda) \mathbf{e}_{q}(\lambda n)
$$

Define

$$
\begin{equation*}
f_{m}(n)=\sum_{\substack{x \in \mathbb{F}_{q} \\ x^{2}=a m n}} \mathbf{e}_{q}(h x) \tag{7.1}
\end{equation*}
$$

so that

$$
V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)=\sum_{m \sim M} \alpha_{m} \sum_{n \in \mathbb{Z}} \varphi(n) f_{m}(n) .
$$

Recall that $\varphi$ satisfies Equation (2.2).
Applying Poisson summation to the sum over $n$ gives

$$
\begin{equation*}
V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)=\frac{N}{q^{1 / 2}} \sum_{m \sim M} \alpha_{m} \sum_{n \in \mathbb{Z}} \widehat{\varphi}\left(-\frac{n}{q}\right) \widehat{f}_{m}(n), \tag{7.2}
\end{equation*}
$$

where

$$
\widehat{f}_{m}(n)=\frac{1}{q^{1 / 2}} \sum_{\lambda \in \mathbb{F}_{q}} f_{m}(\lambda) \mathbf{e}_{q}(\lambda n)
$$

Using Equation (7.1) and interchanging summation

$$
\begin{aligned}
\widehat{f}_{m}(n) & =\frac{1}{q^{1 / 2}} \sum_{x \in \mathbb{F}_{q}} \sum_{\substack{\lambda \in \mathbb{F}_{q} \\
x^{2}=a m \lambda}} \mathbf{e}_{q}(h x) \mathbf{e}_{q}(\lambda n) \\
& =\frac{1}{q^{1 / 2}} \sum_{x \in \mathbb{F}_{q}} \mathbf{e}_{q}\left(\overline{a m} n x^{2}+h x\right)
\end{aligned}
$$

where $\overline{a m}$ denotes multiplicative inverse modulo $q$. Summation over $x$ is a quadratic Gauss sum which has evaluation (see [5, Theorem 1.52])

$$
\widehat{f}_{m}(n)=\varepsilon_{q} \chi(a m n) \mathbf{e}_{q}\left(-a m \overline{4 n} h^{2}\right)
$$

for some $\left|\varepsilon_{q}\right|=1$, where $\chi$ is the quadratic character mod $q$. Therefore, there exists some integer $c$ with $\operatorname{gcd}(c, q)=1$ depending on $a$ and $h$ such that

$$
\widehat{f}_{m}(n)=\varepsilon_{q} \chi(a m n) \mathbf{e}_{q}(c m \bar{n}) .
$$

Substituting this into Equation (7.2) and applying the triangle inequality, we obtain

$$
\left|V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)\right| \ll \frac{1}{q^{1 / 2}} \sum_{m \sim M}\left|\sum_{n \in \mathbb{Z}} \hat{\varphi}\left(-\frac{n}{q}\right) \chi(n) \mathbf{e}_{q}(c m \bar{n})\right| .
$$

Our next step is to apply linear shifts in a similar fashion to Friedlander and Iwaniec's generalisation of the Burgess bound for character sums [15]. Define

$$
\begin{equation*}
U=\frac{q}{M N}, \tag{7.3}
\end{equation*}
$$

so by assumption on $M, N$ we have $U \gg 1$. For fixed $m \sim M$ apply shifts $n \rightarrow n+u m$ to the inner summation over $n$. Averaging this over $1 \leqslant u \leqslant U$ gives

$$
\begin{aligned}
& V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N) \\
& \qquad<\frac{1}{q^{1 / 2} U} \sum_{m \sim M} \sum_{n \in \mathbb{Z}} \\
& \left|\sum_{1 \leqslant u \leqslant U} \widehat{\varphi}\left(-\frac{n+m u}{q}\right) \chi(n+m u) \mathbf{e}_{q}(c m(\overline{n+m u}))\right| .
\end{aligned}
$$

Let $\varepsilon>0$ be small. Note by Equation (2.2) and partial integration, for any $m \sim M$, $1 \leqslant u \leqslant U$ and constant $C>0$ we have

$$
\widehat{\varphi}\left(-\frac{n+m u}{q}\right) \ll \frac{1}{n^{C}}, \quad \text { provided } \quad n \geqslant \frac{q^{1+\varepsilon}}{N} .
$$

Therefore,

$$
\begin{aligned}
& V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N) \\
& \qquad<\frac{1}{q^{1 / 2} U} \sum_{m \sim M} \sum_{|n| \leqslant q^{1+\varepsilon} / N} \\
& \left|\sum_{1 \leqslant u \leqslant U} \hat{\varphi}\left(-\frac{n+m u}{q}\right) \chi(n+m u) \mathbf{e}_{q}(c m(\overline{n+m u}))\right|
\end{aligned}
$$

Applying partial summation to $u$ and using

$$
\frac{\partial \widehat{\varphi}\left(-\frac{n+m u}{q}\right)}{\partial u} \ll \frac{N}{|u|}
$$

we obtain

$$
\begin{aligned}
V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N) \ll \frac{N^{1+o(1)}}{q^{1 / 2} U} & \sum_{m \sim M} \\
& \sum_{|n| \leqslant q^{1+\varepsilon} / N}\left|\sum_{1 \leqslant u \leqslant U_{0}} \chi(n \bar{m}+u) \mathbf{e}_{q}(\overline{(n \bar{m}+u)})\right|,
\end{aligned}
$$

for some $U_{0} \leqslant U$. Let $I(\lambda)$ count the number of solutions to

$$
\lambda \equiv n m^{-1} \bmod q, \quad|n| \leqslant \frac{q^{1+o(1)}}{N}, \quad m \sim M
$$

so that

$$
\begin{align*}
& V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)  \tag{7.4}\\
& \quad \leqslant \frac{N^{1+o(1)}}{q^{1 / 2} U} \sum_{\lambda \in \mathbb{F}_{q}} I(\lambda)\left|\sum_{1 \leqslant u \leqslant U_{0}} \chi(\lambda+u) \mathbf{e}_{q}(\overline{(\lambda+u)})\right| .
\end{align*}
$$

Note

$$
\begin{equation*}
\sum_{\lambda \in \mathbb{F}_{q}} I(\lambda) \ll \frac{q^{1+\varepsilon} M}{N} \tag{7.5}
\end{equation*}
$$

and

$$
\left.\left.\begin{array}{r}
\sum_{\lambda \in \mathbb{F}_{q}} I(\lambda)^{2}=\#\left\{\left(m_{1}, m_{2}, n_{1}, n_{2}\right)\right.
\end{array}\right) \in \mathbb{Z}^{4}: n_{1} m_{2} \equiv n_{2} m_{2} \bmod q, ~ 子\left|n_{1}\right|,\left|n_{2}\right| \leqslant \frac{q^{1+\varepsilon}}{N}, m_{1}, m_{2} \sim M\right\} .
$$

It is known (see, for example, [2]) that

$$
\sum_{\lambda \in \mathbb{F}_{q}} I(\lambda)^{2} \leqslant q^{2 \varepsilon+o(1)}\left(\frac{1}{q}\left(\frac{q M}{N}\right)^{2}+\frac{q M}{N}+M^{2}\right)
$$

and by assumptions on $M, N$ the above simplifies to

$$
\begin{equation*}
\sum_{\lambda \in \mathbb{F}_{q}} I(\lambda)^{2} \ll \frac{q^{1+2 \varepsilon} M}{N} \tag{7.6}
\end{equation*}
$$

Applying the Hölder inequality to summation in Equation (7.4) gives

$$
\begin{aligned}
& V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)^{2 r} \ll \frac{N^{2 r+o(1)}}{q^{r} U^{2 r}}\left(\sum_{\lambda \in \mathbb{F}_{q}} I(\lambda)\right)^{2 r-2}\left(\sum_{\lambda \in \mathbb{F}_{q}} I(\lambda)^{2}\right) \\
& \times \sum_{\lambda \in \mathbb{F}_{q}}\left|\sum_{1 \leqslant u \leqslant U_{0}} \chi(\lambda+u) \mathbf{e}_{q}(\overline{(\lambda+u)})\right|^{2 r} .
\end{aligned}
$$

Using Equations (7.5) and (7.6)

$$
\begin{aligned}
& V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)^{2 r} \\
& \quad \leqslant q^{r-1+4 r \varepsilon+o(1)} N M^{2 r-1} \frac{1}{U^{2 r}} \sum_{\lambda \in \mathbb{F}_{q}}\left|\sum_{1 \leqslant u \leqslant U_{0}} \chi(\lambda+u) \mathbf{e}_{q}(\overline{c(\lambda+u)})\right|^{2 r .}
\end{aligned}
$$

Expanding the $2 r$-th power, interchanging summation, isolating the diagonal contribution and using the Weil bound (see [24, pg. 45, Theorem 2G]) gives

$$
\sum_{\lambda \in \mathbb{F}_{q}}\left|\sum_{1 \leqslant u \leqslant U_{0}} \chi(\lambda+u) \mathbf{e}_{q}(\overline{c(\lambda+u)})\right|^{2 r} \ll q^{1 / 2} U^{2 r}+q U^{r} .
$$

Using the above and recalling Equation (7.3), we get

$$
\begin{aligned}
V_{a, q}(\boldsymbol{\alpha}, \varphi ; h, M, N)^{2 r} & \ll q^{r-1+4 r \varepsilon+o(1)} N M^{2 r-1}\left(q^{1 / 2}+\frac{q}{U^{r}}\right) \\
& \ll q^{r-1 / 2+4 r \varepsilon+o(1)} N M^{2 r-1}\left(1+\frac{(M N)^{r}}{q^{r-1 / 2}}\right),
\end{aligned}
$$

from which the result follows after taking $\varepsilon$ sufficiently small.

## 8. Proof of Theorem 2.3

### 8.1. Preliminaries

Our argument follows the proof of [13, Theorem 1.10], the only difference being our use of Corollary 2.1 and Theorem 2.2. We refer the reader to [13, Section 7] for more complete details.

Let $\widetilde{S}_{q}(h, P)$ denote the sum

$$
\widetilde{S}_{q}(h, P)=\sum_{k=1}^{P} \Lambda(k) \sum_{\substack{x \in \mathbb{F}_{q} \\ x^{2}=k}} \mathbf{e}_{q}(h x) .
$$

By partial summation, it is sufficient to show

$$
\widetilde{S}_{q}(h, P) \ll q^{o(1)}\left(P^{15 / 16}+q^{1 / 8} P^{3 / 4}+q^{1 / 16} P^{69 / 80}+q^{13 / 88} P^{3 / 4}\right) .
$$

Let $J \geqslant 1$ be an integer. Using the Heath-Brown identity and a smooth partition of unity as in [13, Section 1.7], there exist some

$$
\mathbf{V}=\left(M_{1}, \ldots, M_{J}, N_{1}, \ldots, N_{J}\right) \in[1 / 2,2 P]^{2 J}
$$

$2 J$-tuple of parameters satisfying

$$
N_{1} \geqslant \ldots \geqslant N_{J}, \quad M_{1}, \ldots, M_{J} \leqslant P^{1 / J}, \quad P \ll Q \ll P
$$

(implied constants are allowed to depend on $J$ ),

$$
\begin{equation*}
Q=\prod_{i=1}^{J} M_{i} \prod_{j=1}^{J} N_{j} \tag{8.1}
\end{equation*}
$$

and

- the arithmetic functions $m_{i} \mapsto \gamma_{i}\left(m_{i}\right)$ are bounded and supported in $\left[M_{i} / 2,2 M_{i}\right]$;
- the smooth functions $x_{i} \mapsto V_{i}(x)$ have support in $[1 / 2,2]$ and satisfy

$$
V_{i}^{(j)}(x) \ll q^{j \varepsilon}
$$

for all integers $j \geqslant 0$, where the implied constant may depend on $j$ and $\varepsilon$ such that defining

$$
\begin{aligned}
\Sigma(\mathbf{V})=\sum_{m_{1}, \ldots, m_{J}=1}^{\infty} \gamma_{1}\left(m_{1}\right) \cdots \gamma_{J}\left(m_{J}\right) \sum_{n_{1}, \ldots, n_{J}=1}^{\infty} \\
V_{1}\left(\frac{n_{1}}{N_{1}}\right) \cdots V_{J}\left(\frac{n_{J}}{N_{J}}\right) \sum_{\substack{x \in \mathbb{F}_{q} \\
x^{2}=m_{1} \cdots m_{J} n_{1} \cdots n_{J}}} \mathbf{e}_{q}(h x),
\end{aligned}
$$

we have

$$
\widetilde{S}_{q}(h, P) \ll P^{o(1)} \Sigma(\mathbf{V})
$$

We proceed on a case-by-case basis depending on the size of $N_{1}$. We first note a general estimate for the multilinear sums. Let $\mathcal{I}, \mathcal{J} \subseteq\{1, \ldots, J\}$, and write

$$
M=\prod_{i \in \mathcal{I}} M_{i} \prod_{j \in \mathcal{J}} N_{j}, \quad N=Q / M
$$

Grouping variables in $\Sigma(\mathbf{V})$ according to $\mathcal{I}, \mathcal{J}$, there exists $\alpha, \beta$ satisfying

$$
\|\alpha\|_{\infty},\|\beta\|_{\infty}=Q^{o(1)}
$$

such that

$$
\Sigma(\mathbf{V})=\sum_{\substack{m \leqslant 2^{J} M \\ n \leqslant 2^{J} N}} \alpha(m) \beta(n) \sum_{\substack{x \in \mathbb{F}_{q} \\ x^{2}=m n}} \mathbf{e}_{q}(h x) .
$$

By Corollary 2.1,

$$
\begin{align*}
& \Sigma(\mathbf{V}) \\
& \quad \leqslant q^{1 / 8+o(1)} P^{3 / 4}\left(\frac{P^{3 / 16}}{q^{1 / 16} M^{3 / 16}}+1\right)\left(\frac{M^{3 / 16}}{q^{1 / 16}}+1\right)  \tag{8.2}\\
& \quad \leqslant q^{o(1)}\left(P^{15 / 16}+\frac{q^{1 / 16} P^{15 / 16}}{M^{3 / 16}}+q^{1 / 16} P^{3 / 4} M^{3 / 16}+q^{1 / 8} P^{3 / 4}\right) .
\end{align*}
$$

We proceed on a case by case basis depending on the size of $N_{1}$. Let $P^{1 / 2} \geqslant H \geqslant P^{\varepsilon}$ be some parameters and take

$$
J=\lceil\log P / \log H\rceil .
$$

### 8.2. Small $N_{1}$

Suppose first $N_{1} \leqslant H$, then arguing as in [13, Equation (7.13)] we can choose two arbitrary sets $\mathcal{I}, \mathcal{J} \subseteq\{1, \ldots, J\}$ such that for

$$
M=\prod_{i \in \mathcal{I}} M_{i} \prod_{j \in \mathcal{J}} N_{j} \quad \text { and } \quad N=Q / M
$$

where $Q$ is given by Equation (8.1) and we have

$$
P^{1 / 2} \ll M \ll H^{1 / 2} P^{1 / 2}
$$

Hence, by Equation (8.2)

$$
\begin{equation*}
\Sigma(\mathbf{V}) \leqslant q^{o(1)}\left(P^{15 / 16}+q^{1 / 16} P^{27 / 32} H^{3 / 32}+q^{1 / 8} P^{3 / 4}\right) \tag{8.3}
\end{equation*}
$$

### 8.3. Medium $N_{1}$

Let $L$ be a parameter satisfying $H \leqslant L$, and suppose next that

$$
H \leqslant N_{1} \leqslant L
$$

We may also suppose

$$
H \leqslant N_{2} \leqslant N_{1} \leqslant L
$$

as otherwise we may argue as before to obtain the bound (8.3). In this case, we define $M, N$ as

$$
N=\prod_{i=1}^{J} M_{i} \prod_{j=3}^{J} N_{j} \quad \text { and } \quad M=N_{1} N_{2}
$$

so that

$$
H^{2} \leqslant M \leqslant L^{2}
$$

By Equation (8.2)

$$
\begin{align*}
\Sigma(\mathbf{V}) \leqslant q^{o(1)}\left(P^{15 / 16}+\right. & \frac{q^{1 / 16} P^{15 / 16}}{H^{3 / 8}}  \tag{8.4}\\
& \left.+q^{1 / 16} P^{3 / 4} L^{3 / 8}+q^{1 / 8} P^{3 / 4}\right)
\end{align*}
$$

### 8.4. Large $N_{1}$

Let $R$ be a parameter to be chosen later and satisfying $R \geqslant c P^{1 / 2}$ for some sufficiently large constant $c>0$. Suppose next that

$$
L^{2} \leqslant N_{1} \leqslant R
$$

Taking $M=N_{1}$ as above, we derive from Equation (8.2)

$$
\begin{align*}
\Sigma(\mathbf{V}) \leqslant q^{o(1)}\left(P^{15 / 16}+\right. & \frac{q^{1 / 16} P^{15 / 16}}{L^{3 / 8}}  \tag{8.5}\\
& \left.+q^{1 / 16} P^{3 / 4} R^{3 / 16}+q^{1 / 8} P^{3 / 4}\right)
\end{align*}
$$

### 8.5. Very large $N_{1}$

Finally, consider when $N_{1} \geqslant R$. We now intend to apply Theorem 2.2 with $P / N_{1} \ll M \ll$ $P / N_{1}$ and $N=N_{1}$, where we notice that the condition $R \geqslant c P^{1 / 2}$ ensures that $M<N$, provided that $c$ is large enough. Choosing $r=2$, we obtain

$$
\begin{aligned}
\Sigma(\mathbf{V}) & \leqslant q^{3 / 8+o(1)}\left(P / N_{1}\right)^{3 / 4} N_{1}^{1 / 4}\left(1+\frac{P^{1 / 2}}{q^{3 / 8}}\right) \\
& =q^{3 / 8+o(1)} P^{3 / 4} N_{1}^{-1 / 2}\left(1+\frac{P^{1 / 2}}{q^{3 / 8}}\right)
\end{aligned}
$$

Using the assumption $P \leqslant q^{3 / 4}$, we obtain

$$
\begin{equation*}
\Sigma(\mathbf{V}) \leqslant q^{3 / 8+o(1)} \frac{P^{3 / 4}}{R^{1 / 2}} \tag{8.6}
\end{equation*}
$$

### 8.6. Optimisation

Combining all previous bounds (8.3), (8.4), (8.5) and (8.6) results in

$$
\begin{aligned}
& \widetilde{S}_{q}(h, P) \leqslant q^{o(1)}\left(P^{15 / 16}+q^{1 / 8} P^{3 / 4}\right) \\
& +q^{o(1)}\left(q^{1 / 16} P^{27 / 32} H^{3 / 32}+\frac{q^{1 / 16} P^{15 / 16}}{H^{3 / 8}}\right) \\
& +q^{o(1)}\left(q^{1 / 16} P^{3 / 4} L^{3 / 8}+\frac{q^{1 / 16} P^{15 / 16}}{L^{3 / 8}}\right) \\
& \quad+q^{o(1)}\left(q^{1 / 16} P^{3 / 4} R^{3 / 16}+q^{3 / 8+o(1)} \frac{P^{3 / 4}}{R^{1 / 2}}\right) .
\end{aligned}
$$

Taking parameters

$$
H=P^{1 / 5}, \quad L=P^{1 / 4}, \quad R=q^{5 / 11}
$$

gives

$$
\widetilde{S}_{q}(h, P) \leqslant q^{o(1)}\left(P^{15 / 16}+q^{1 / 8} P^{3 / 4}+q^{1 / 16} P^{69 / 80}+q^{13 / 88} P^{3 / 4}\right),
$$

which completes the proof.

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