

# THE COLLEGE

## *Minutes of the Ninth Annual Meeting, 1980*

The Ninth Annual Meeting was held in London from 8 to 10 July, 1980 under the Presidency of Professor D. A. Pond.

### SCIENTIFIC MEETINGS

The Scientific Meetings were held at the Royal Society of Medicine and the following papers were presented:

#### **Tuesday, 8 July: Morning Session A**

##### *The Statutory Registration of Psychotherapists?*

The Report of the Professions Joint Working Party—Mr Paul Seighart

The Psychotherapists' View—Dr Irving Kreeger

An Alternative View—Dr Antonia Whitehead

The DHSS View—Dr Pamela Mason

The session was followed by a discussion which was opened by Professor Michael Shepherd. [A report of this session and the full text of Professor Shepherd's opening paper were published in the November *Bulletin*.]

#### **Morning Session B**

##### *Miscellaneous Papers*

Suicide in Doctors and Wives of Doctors—Dr Isaac Sakinofsky

Secure Units and the General Hospital—Dr M. W. P. Carney

Evoked Brainstem Potentials in Speech-Impaired Children—Dr Roy J. McClelland

##### *Research Papers by Trainees*

Epileptic Psychosis—Diagnostic and Electroencephalographic Considerations—Dr M. M. Perez

Cognitive Changes in Minor Head Injury—Dr E. A. Montgomery

Psychological Effects of Cytotoxic Chemotherapy in Early Breast Cancer—Dr J. Hughes

Psychological Effects of Chemotherapy for Breast Cancer—Dr A. V. M. Hughson

Psychiatric Aspects of Myasthenia Gravis and Alternate Day Steroid Therapy—Dr C. Cordess

#### **Afternoon Session A**

##### *Mental Health and the Environment*

Mental Health of an Industrial City—Dr Hugh L. Freeman

Noise and Psychiatric Disorder—Dr Alex Tarnopolsky

Survey of Admissions to Banstead Hospital from Heathrow Airport—Drs M. Weller and P. J. Jauhar

Drinking in Different Occupational Settings—Dr M. A. Plant

Mental Health in the New Town—Professor P. M. Higgins

#### **Afternoon Session B**

##### *Research Papers by Trainees*

A Psychiatric Study of Multiple Sclerosis—Dr J. Kogeorgos

Psychiatric Illness in the Puerperium—Dr C. Dean

The Outcome of Puerperal Psychiatric Illness—Dr Lalitha de Silva

The Relationship Between Histrionicity and Somatic Complaints—Dr P. J. McKenna

Weight Problems of Parental Bonding—Dr T. R. Trevelyan

Seven More Elderly Patients with Alcohol Problems—Dr J. P. Wattis

Biological Studies of ECT—Dr J. E. Christie

Psychiatric Referrals from Court: The Therapeutic Challenge which they Present—Dr J. A. Baird

A Comparative Study of Patients Receiving Long-Term Inpatient Care for Manic-Depressive Psychosis with those Receiving Similar Care for Schizophrenia—Dr L. Calvert

Sexual Dysfunction in Male Diabetics—Dr C. G. Fairburn

An Interdisciplinary Seminar in a Psychiatric Unit—Dr T. Pastor

#### **Thursday, 10 July: Morning Session A**

##### *Teaching Clinical Skills in Psychiatry*

Teaching Counselling Skills to Undergraduates and Postgraduates—Dr. T. A. Betts

Making a Psychodynamic Formulation—Dr M. Aveline

Teaching Psychotherapeutic Skills to Postgraduates—Dr F. Margison

Teaching Psychiatric Interviewing Skills to Medical Students—Dr G. P. Maguire

Videotapes as a Teaching Aid with Medical Students—Dr J. Bird

#### **Morning Session B**

##### *The Genetic Contribution to Psychosis*

A 'Blind' Family Study of Schizophrenia and Affective Disorders—Dr Ming T. Tsuang

Season of Birth in Schizophrenia—Dr E. H. Hare

Genetic Linkage and Schizophrenia—Dr P. McGuffin

Mortality and Risk of Psychosis in Twins—Dr A. Reveley

Pedigree Analysis and Chromosomal Abnormalities in Alzheimer's Disease—Dr L. Whalley

#### **Afternoon Session A**

##### *Affective Disorders*

Why do Women get Depressed?—Dr P. Bebbington

A Biochemical and Genetic Theory of Manic-Depressive Psychosis—Dr G. Naylor

The Northwick Park ECT Trial—Dr E. Johnstone  
ECT and Memory Impairment—Dr C. F. Freeman

#### Afternoon Session B

##### *Issues in Forensic Psychiatry*

McNaughton Madness—Dr C. Boyd

Psychiatric Disorder and the Special Hospital—Dr C. Hunter

These case presentations were discussed by Drs M. L. Evans, Murray Cox and P. Mullen.

#### Other Sessions

The *Dependence/Addiction Group* met on Thursday, 10 July, and Dr K. Rix read a paper entitled 'Alcoholism in the Fishing Industry'.

At the meeting of the *Biological Psychiatry Group*, also held on Thursday, 10 July, nine papers were read:

An Open Study of d-propranolol in Acute Schizophrenia—  
Dr S. Hirsch

Prevalence of Subclinical Anorexia Nervosa—Dr A. Whitehouse

Des-tyr-y-endorphin in the Treatment of Schizophrenia—  
Dr S. Manchanda

Are Patients Shocked by ECT?—Dr W. Reeve  
Changes in Diurnal Endocrine Rhythms in Drug-Free  
Chronic Schizophrenics—Dr I. N. Ferrier

Antitherapeutic Effects of Anticholinergic Drugs in the  
Treatment of Acute Schizophrenia—Dr T. Crow

After Benzodiazepines What?—Dr D. McIntyre

A Trial of Physostigmine and Salicylates in Alzheimer's  
Disease—Dr W. I. Mikhail

Propranolol in Arousal in Schizophrenia—Dr J. H. Gruzelier

### BUSINESS MEETING

The Business Meeting was held on Wednesday, 9 July 1980.

#### Minutes

The Minutes of the previous meeting held in Exeter from 9 to 12 July 1979, having been published in the *Bulletin* (December 1979), were approved and signed as a correct record.

#### Obituary

The Registrar announced with regret the death of the following members:

SIDNEY DAVIES, Medical Superintendent, St David's Hospital, Carmarthen

J. E. MCA. GLANCY, Consultant Psychiatrist, Goodmayes Hospital; formerly Senior Principal Medical Officer, DHSS

JOSEPH MEILAK, Mount Carmel Hospital, Malta

HOWARD CHARLES WHITE, Consultant Psychiatrist, Queen Elizabeth Hospital, Birmingham

### Annual Report of Council and Registrar's Supplementary Report

The Annual Report of Council had been circulated with the papers for the meeting, and PROFESSOR TIMBURY presented the following report of additional matters which had occurred since it had gone to press:

'A full description of the work of the College in the past year is contained in the Eighth Annual Report, which has been distributed to all members.

'The Court of Electors met on 9 June. In the recent Membership examination 111 candidates were successful from an entry of 222. The Laughlin Prize for the candidate achieving the highest marks has been awarded to Dr D. P. H. Jones.

'The Executive and Finance Committee met on 13 June and Council met on 17 June. Council had referred to the Court of Electors a dossier of criticisms of the practice of Professor A. V. Snezhnevsky, a Corresponding Fellow, and the Court of Electors had invited Professor Snezhnevsky to appear before them to answer these criticisms. On receipt of the dossier Professor Snezhnevsky resigned from his association with the College.

'A memorandum on Psychiatric Rehabilitation in the Eighties has now been approved by Council and will be published shortly. A discussion document on Community Psychiatric Nursing has also been approved and will appear in the *Bulletin*. [See August 1980, pp 114-8.]

'Professor A. C. P. Sims has been elected Chairman of the Research Committee. He will succeed Professor John Gunn to whom the College is indebted for his work during his period of office.

'After careful consideration it has been decided that our Nursing Committee will cease to be a sub-committee of the Education Committee and will become a special committee of Council. The committee will contain representatives of the nursing profession and will be empowered to discuss all aspects of psychiatric nursing.

'Council has endorsed a statement of College opinion about the desirable criteria for the approval of medical practitioners under Section 28 of the Mental Health Act. These criteria will be published in the *Bulletin*. [See September 1980, p 141.]

'A report of a working party of the Public Policy Committee on the employment of former psychiatric patients has also been approved and will be published soon. [See October 1980, pp 156-9.] The Committee is currently considering the Report of the Working Group on Organization and Management Problems of Mental Illness Hospitals and the Consultation Paper "The Future Pattern of Hospital Provision in England". The College has also endorsed the statement published by the BMA (*British Medical Journal*, 19 April 1980, p 1094) about the provision by doctors of information to the police.

'At its next meeting Council will debate again the request of the Section for the Psychiatry of Old Age that the College support the creation of a separate sub-specialty of geriatric psychiatry.

'Council was informed by the Treasurer that a substantial number of members were in arrears with their subscription payments. The amount of money involved is in the order of £76,000. Council reaffirmed that any Member whose subscription is in arrears for more than 12 months will forfeit all privileges of membership. Any Inceptor, Affiliate or Corresponding Associate whose subscription is in arrears for more than 12 months will be removed from the register of members.

'On a happier note, it gives me pleasure to reaffirm our appreciation of the loyal and devoted work of the College staff, already expressed in the Annual Report. There have been a number of staff changes recently, and we welcome the new members. The College is also extremely grateful to the officers of the Programmes and Meetings Committee for their arrangements for the scientific sessions, and to the Royal Society of Medicine for again allowing us to hire their accommodation. We are also indebted to Smith, Kline and French for their help towards defraying the cost of the meeting.

'The alterations currently in progress at No 17 Belgrave Square make it possible that the next annual meeting to be held in London will be housed in our own premises.'

#### Annual Report of the Treasurer, 1979-80

##### Accounts for the year ended 31 December 1979

Dr C. M. B. PARE, Treasurer, introduced the Annual Accounts, paying particular tribute to his predecessor, Dr Wilfrid Warren, who had looked after the Association's and the College's affairs so well and at a time when the Stock Market was falling managed not only to maintain, but to increase the College's funds.

##### Accounts

The accounts for the year to 31 December 1979 are presented on pages 198 to 202, covering the College's fifth year at 17 Belgrave Square, London, and show a further improvement in the financial state of the College with a surplus of £142,897 (£99,156).

The College is fortunate in having the advice of a team of experts under the chairmanship of the Viscount Sandon, who include Mr G. N. Mobbs, Chairman, Slough Estates Limited, Mr M. B. Sayers, Norton, Rose, Botterell & Roche, Solicitors, and Mr P. J. Talbot, of Ernst & Whinney, the College Auditors, together with other professional advisers, such as Mr Keith Smith of Sternberg, Thomas Clarke & Company, Stockbrokers. Matters discussed have included the College investment portfolio, the major building programme and other important financial issues. Their advice is reflected in the increase in investments by the

purchase of short-term stocks to help off-set the effect of inflation; these now have a market value of £356,120. (£184,947), and the decision to upgrade and develop the basement early in 1980 at a cost of £125,000 for building work with an estimated further £30,000 to be spent on equipment.

The General Income of the College, which does not include publications, was £280,797 (£206,467), that from subscriptions rising to £198,244 (£159,464). Staff costs rose again to £153,102 (£114,184), but other running expenses showed little change from 1978, attributable to the care taken by all staff to keep them down. (See Note 1 Establishment and Administration Expenses, page 201.) The annual grant from the Department of Health and Social Security towards the cost of General Professional Training was £10,334 (£9,843).

The surplus from the *British Journal of Psychiatry* and sponsored publications (page 200) increased to £115,699 (£91,578). The cost of the Journal distributed to members of the College is written off. These results again emphasize that the Journal is an important element in the financial structure of the College.

The Examinations Account (Note 3 page 201) again showed a deficit which increased to (£4,104) (£3,221).

##### Appeal Fund

Progress on the Appeal has now slowed down as anticipated, with donations of £32,200 (£31,794) in 1979. Very few large donations were received, but the contributions of members increased to £10,000 (£6,041). In the light of the building development the Appeal Committee is considering what financial help will be needed in the future to further the College's educational and research functions.

##### Auditors

Messrs. Ernst and Whinney were reappointed as the College's Auditors for 1980-81. (Proposed by Professor G. C. Timbury, seconded by Dr T. H. Bewley and carried *nem con.*)

##### Subscription Rates

DR PARE introduced proposals for new subscription rates and registration fees from 1 January 1981, pointing out that the increases for overseas members were lower than for those resident in the United Kingdom and Republic of Ireland. Several overseas members present wondered whether it might not be possible to have much lower subscription rates for members in those parts of the world where there were great difficulties in transferring currency, perhaps by foregoing the *British Journal of Psychiatry*. Dr Pare promised to see what could be done to help members who were in difficulty and to report to Council.

The following new subscription rates, to become effective from 1 January 1981 were approved.

	Registration Fee	Annual Subscription
FELLOWS	£75	£75
OVERSEAS FELLOWS	£75	£70
MEMBERS by Examination (and Foundation Members) Under Bye-law III, 2(ii)	£30 £50	£50
OVERSEAS MEMBERS by Examination (and Foundation Members) Under Bye-law III, 2(ii)	£30 £50	£45
AFFILIATES		£30
OVERSEAS AFFILIATES		£25
INCEPTORS	£10	£15*
CORRESPONDING ASSOCIATES (Former Associate Members RMPA)		£20
OVERSEAS CORRESPONDING ASSOCIATES		£15
OVER 40 YEARS MEMBERSHIP (as members of RMPA/College) FELLOWS/MEMBERS/ AFFILIATES/ASSOCIATES		Nil
RETIRED: FELLOWS/MEMBERS/ AFFILIATES/ASSOCIATES		
Retired before 1st January 1976		£ 4
Retired after 1st January 1976		£15

#### HALF-YEAR

If taken up after 1st July Registration fee and half annual subscription.

\*Inceptors pay £10 Registration fee only on enrolment; they pay a £15 annual subscription in subsequent years.

(Proposed by Dr J. M. Loughran, seconded by Sir Martin Roth and carried *nem con.*)

#### Election of Honorary Fellows

The following were unanimously elected to the Honorary Fellowship:

Dr John Bowlby, Honorary Consultant in Psychiatry to the Tavistock Clinic.

Professor Pierre Pichot, Professor and Head of the Department of Psychiatry, Paris Medical School

Dr Derek Richter, Late Director, MRC Research Laboratory, Carshalton.

Dr Gavin Shaw, President, Royal College of Physicians and Surgeons of Glasgow.

Professor Oliver L. Zangwill, Professor of Experimental Psychology, University of Cambridge.

#### Presentation of Prizes

The *Gaskell Medal and Prize* was presented to Dr Digby

Tantam, Maudsley Hospital.

The *Research Prize and Bronze Medal* were awarded to Dr Jonathan Chick, Royal Edinburgh Hospital (1979) and Drs Ranjith Chandrasena, St Bartholomew's Hospital, and Elaine Murphy, Goodmayes Hospital (1980).

The *Laughlin Prizes* were awarded to Drs Helen R. Bond and Robert P. Hobson (jointly) Autumn 1979, and Dr David P. H. Jones, Spring 1980.

#### Overseas Delegates

The following overseas delegates were presented to the President: DR J. NEHLIL, Société Médico-Psychologique; PROFESSOR MYRE SIM, Canadian Psychiatric Association; DR TOVE AARKROG, President, Danish Psychiatric Association; PROFESSOR OMAR SHAHEEN, Egyptian Psychiatric Society; DR H. S. SUBRAHMANYAM, Honorary General Secretary, Indian Psychiatric Society; DR M. R. R. JAHINEJAD, Former President, Iranian Psychiatric Association; DR M. DE GROOT, Royal Australian and New Zealand College of Psychiatrists; DR THIRUNAVILARASU GANESWARAN, Sri Lanka Psychiatric Association.

Many other members and guests from various parts of the world were also welcomed to the Meeting.

#### Introduction of Honorary Fellows

The new Honorary Fellows, with the exception of Professor Pichot, were presented to the President. Each Honorary Fellow was introduced by a citation as follows:

Dr John Bowlby: Sir Denis Hill

Professor Pierre Pichot: Dr C. M. B. Pare

Dr Derek Richter: Dr P. Sainsbury

Dr Gavin Shaw: Professor G. C. Timbury

Professor Oliver L. Zangwill: Sir Martin Roth

A short account of this ceremony appeared in the November *Bulletin* pp 175-6.

#### Distinguished Guest Lecture

The Distinguished Guest Lecture, entitled 'Ethics: going behind the rule book', was given by Professor Gordon Dunstan of King's College, London.

#### ANNUAL DINNER

The Annual Dinner was held at the Royal College of Obstetricians and Gynaecologists on Wednesday, 9 July 1980. The principal guest was the RT HON PATRICK JENKIN, MP, Secretary of State for the Social Services. Other guests included Dr John Horder, President of the Royal College of General Practitioners; Dr George Komrower, President of the British Paediatric Association; Professor Connolly, President of the British Psychological Society and Miss Eirlys Rees, CBE, President of the Royal College of Nursing; and Mr T. E. Nodder and Dr Elizabeth Shore of the DHSS. An account of the speeches, including the full text of that by Mr Jenkin, appeared in the November *Bulletin*.



**STATEMENT OF SOURCE AND APPLICATION OF FUNDS—YEAR ENDED 31 DECEMBER, 1979**

	1979	1978	
	£	£	
<b>SOURCE OF FUNDS</b>			
Generated from operations:			
Surplus for the year on—			
General Fund	142,897	99,156	
Appeal Fund	32,063	81,716	
Laughlin Fund	30	35	
Dr. Peter Scott Fund	483	3,045	
Adjustment for items not involving the movement of funds:			
Depreciation	21,694	19,088	
Provision for repairs	10,000	—	
<b>Total generated from operations</b>	<b>207,167</b>	<b>203,040</b>	
<b>APPLICATION OF FUNDS</b>			
Purchase of fixed assets (net):			
Leasehold property improvements	1,615	702	
Office equipment, furniture and fittings	9,487	(262)	
Purchase, less sales of investments	196,226	4,275	
	<b>£207,328</b>	<b>£4,715</b>	
<b>(REDUCTION)/INCREASE IN WORKING CAPITAL</b>			
	<b>£(161)</b>	<b>£198,325</b>	
<b>Arising from movement in:</b>			
Debtors	35,374	10,050	
Creditors	7	(6,465)	
Net liquid funds	(35,542)	194,740	
	<b>£(161)</b>	<b>£198,325</b>	

**APPEAL FUND REVENUE ACCOUNT—  
YEAR ENDED 31 DECEMBER 1979**

	1979	1978	
	£	£	
<b>INCOME</b>			
Donations	32,200	81,794	
<b>EXPENDITURE</b>			
Appeal expenses	137	78	
<b>EXCESS OF APPEAL INCOME OVER EXPENDITURE FOR YEAR, TO APPEAL FUND (BELOW)</b>	<b>£32,063</b>	<b>£81,716</b>	

**APPEAL FUND—YEAR ENDED 31 DECEMBER, 1979**

	1979	1978	
	£	£	
BALANCE AT 1 JANUARY, 1979	570,448	488,732	
TRANSFER FROM APPEAL FUND REVENUE ACCOUNT	32,063	81,716	
BALANCE AT 31 DECEMBER, 1979	<b>£602,511</b>	<b>£570,448</b>	

**BRITISH JOURNAL OF PSYCHIATRY AND SPONSORED PUBLICATIONS  
INCOME AND EXPENDITURE ACCOUNT—YEAR ENDED 31 DECEMBER 1979**

	1979	1978		1979	1978
	£	£		£	£
<b>INCOME</b>					
Subscriptions for Journal received in year (Note 2)					
Special publications	195,697	181,478	Printing expenses:		
Back numbers and reprints	3,066	4,463	Journal—Text	44,159	36,941
	4,706	2,505	—Advertising	35,714	25,245
Advertisements	203,469	188,446	Bulletin	9,681	9,228
Release of copyrights, net	79,363	53,328	Special publications	—	2,024
	101	660		89,554	73,438
	282,933	242,434		22,705	23,014
Profit on sale of miscellaneous books	3,971	1,413	Postage, wrapping and despatch		
Value added tax recovered	—	522	Publisher's commission		
Loss on sale of reading lists	(25)	—	Administration charge		
	286,879	244,369	Staff costs	1,557	3,650
			Meetings	858	551
			Sundry expenses	1,069	2,136
				171,180	152,791
				£115,699	£91,578
			<b>SURPLUS CARRIED TO GENERAL REVENUE ACCOUNT</b>		

**NOTES ON THE ACCOUNTS—YEAR ENDED 31 DECEMBER, 1979**

**1. ESTABLISHMENT AND ADMINISTRATION EXPENSES**

	1979	1978
	£	£
Staff costs .. .. .	153,102	114,184
Rent, rates and insurance .. .. .	8,478	8,483
Repairs and maintenance .. .. .	2,760	15,304
Provision for repairs .. .. .	10,000	—
Cleaning .. .. .	4,231	3,488
Postage .. .. .	13,446	13,112
Telephone .. .. .	5,339	4,874
Printing, photocopying and stationery .. .. .	26,998	27,591
Lighting and heating .. .. .	3,189	2,592
Audit and accountancy .. .. .	6,000	5,482
Professional charges, including supervision of ballots .. .. .	2,112	7,627
Subscriptions and donations to other bodies .. .. .	1,962	888
Presidential expenses .. .. .	1,208	288
Sundry expenses .. .. .	17	36
Amortisation of leasehold property .. .. .	14,735	12,944
Depreciation of office equipment, furniture and fittings and computer .. .. .	6,478	5,719
Bank charges .. .. .	1,357	755
Computer programming and software .. .. .	19,108	—
	<u>£280,520</u>	<u>£223,367</u>

**2. BRITISH JOURNAL OF PSYCHIATRY**

No credit is taken in the *British Journal of Psychiatry* Income and Expenditure Account for copies of the *Journal* supplied to members free of charge.

**3. EXAMINATIONS**

The deficit is made up as follows:

	1979	1978
	£	£
Fees .. .. .	43,353	33,860
Expenses, including proportion of establishment and administration expenses .. .. .	47,457	37,081
	<u>£(4,104)</u>	<u>£(3,221)</u>

**4. BANK OVERDRAFT**

Overdraft facilities up to a limit of £150,000 (1978—£200,000) are available, secured by a charge on the leasehold premises of the College.

**5. INVESTMENTS**

Investments, which are all quoted, are stated at cost. The market value of

**6. FIXED ASSETS**

	At 1.1.79	Net Additions	At 31.12.79
	£	£	£
Cost			
Leasehold land and buildings .. .. .	794,074	1,615	795,689
Office equipment, furniture and fittings and computer .. .. .	51,760	9,487	61,247
	<u>845,834</u>	<u>11,102</u>	<u>856,936</u>
Depreciation			
Leasehold land and buildings .. .. .	59,478	14,735	74,213
Office equipment, furniture and fittings and computer .. .. .	20,784	6,959	27,743
	<u>80,262</u>	<u>21,694</u>	<u>101,956</u>
Net book value .. .. .	<u>£765,572</u>		<u>£754,980</u>

Land and buildings are held on a lease expiring in 2034; the cost is being amortised over the period of the lease.

Depreciation of office equipment, furniture and fittings is provided as follows:

Computer	15% p.a. on cost
Other equipment	10% p.a. on cost

**7. PROVISION FOR REPAIRS**

Provision is being made at the rate of £10,000 per annum towards the cost of recurring repairs and redecoration to the property at 17 Belgrave Square. £10,000 has been provided this year and a further £40,000 has been appropriated in respect of previous years.

**8. FUNDS FOR SPECIFIC PURPOSES**

Movements during the year were as follows:

	Laughtlin Fund	Dr. Peter Scott Fund
	1979	1978
	£	£
Opening balances .. .. .	1,957	1,922
Donations .. .. .	—	35
Investment income .. .. .	130	—
	<u>2,087</u>	<u>1,957</u>
Expenditure .. .. .	100	—
	<u>£1,987</u>	<u>£1,957</u>
Closing balances .. .. .	<u>5,240</u>	<u>4,758</u>
	<u>£5,240</u>	<u>£4,758</u>

**9. BASEMENT CONVERSION**

There is a commitment for work to be carried out in 1980 at a cost of



