

## Observations on the pattern on biohydrogenation of esterified and unesterified linoleic acid in the rumen

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1. Studies have been made of the effects of different concentrations of either free or esterified linoleic acid on the biohydrogenation of linoleic acid by rumen micro-organisms *in vitro*. A comparison has been made with the changes which occurred in the fatty acid compositions of rumen free fatty acids and plasma triglycerides of sheep given intraruminal infusions of linoleic acid or maize oil.

2. In the *in vitro* experiments, with increasing concentrations of 18:2 added as the free fatty acid, a decreasing proportion of this 18:2 was hydrogenated to 18:0 and *trans*-11-octadecenoic acid accumulated. The accumulation of large amounts of *trans*-11-octadecenoic acid was accompanied in all instances by the accumulation of a conjugated diene identified as *cis*-9, *trans*-11-octadecadienoic acid. There appeared to be a product-precursor relationship between the conjugated diene and the *trans*-11 monoene.

3. When linoleic acid was presented *in vitro* as the triglyceride, the extent to which hydrogenation occurred was, in all instances, greater than when equivalent amounts of 18:2 were presented as the free acid. Only small amounts of the *cis*-9, *trans*-11 diene were detected, and there was no apparent product-precursor relationship between this conjugated diene and the C<sub>18</sub> monoenoic acids. The C<sub>18</sub> monoenoic acids that accumulated consisted of both *cis* and *trans* isomers; the *cis* isomers consisted largely of *cis*-9- and *cis*-11-octadecenoic acids, which together comprised about 30% of the C<sub>18</sub> monoenoic acids present.

4. The infusion of free linoleic acid into the rumen of sheep resulted in an increase in the proportion of total 18:1 and a decrease in the proportions of 16:0 and 18:0 in the total rumen free fatty acids. This increase which occurred in the concentration of 18:1 consisted predominantly of the *trans*-11 isomer. A concomitant increase in the concentration of the C<sub>18</sub> *trans*-11 acid was observed to occur in the fatty acids of the plasma triglycerides. Infusion of maize oil into the rumen of sheep resulted in little change in the fatty acid compositions of either the free fatty acids in the rumen or the triglycerides of the plasma.

5. The findings *in vitro* and *in vivo* are discussed with reference to each other and with reference to the possibility that biohydrogenation of 18:2 derived from the triglyceride proceeds by a different pathway from that of 18:2 presented as the free acid.

The ability of the micro-organisms present in the rumen to hydrogenate C<sub>18</sub> unsaturated fatty acids is now well documented and has been the subject of several recent reviews (Garton, 1965; Dawson & Kemp, 1969; Viviani, 1970). However, work from our laboratory has shown that the efficiency with which rumen organisms are able to hydrogenate unsaturated fatty acids depends on whether these acids are presented as substrates in the free or esterified form (Noble, Steele & Moore, 1969). Thus when trilinolein was infused into the rumen of a sheep, there was a transient increase in the concentration of linoleic acid in the rumen contents and this was followed by an increase in the concentration of stearic acid. However, when an equivalent amount of free linoleic acid was infused into the rumen, the transient increase in the concentration of linoleic acid was followed by an accumulation of octadecenoic acid in the rumen contents with little or no production of stearic acid. In experiments in which equivalent amounts of free or esterified linoleic acid

have been incubated with rumen liquor *in vitro* (Moore, Noble, Steele & Czerkawski, 1969), the differences in the pattern of hydrogenation observed were similar to those observed *in vivo* (Noble *et al.* 1969).

It has been shown by Ward, Scott & Dawson (1964) that an important intermediate in the hydrogenation of the C<sub>18</sub> polyunsaturated fatty acids in the rumen is the C<sub>18:1</sub> *trans*-11 isomer. This isomer is characteristically found in the tissues of ruminant animals (Dawson & Kemp, 1969). Normally the amounts found are small. However, it has been shown that, when dairy cows are given a diet containing a high proportion of C<sub>18</sub> polyunsaturated fatty acids which are readily accessible to the rumen micro-organisms, the concentration of this *trans*-11 monoene may undergo a significant increase in both the tissues and milk fat (Steele, Noble & Moore, 1971; Macleod, Wood & Yao, 1972).

In the investigation now reported, a study has been made of the effects of different concentrations of either free or esterified substrate on the biohydrogenation of linoleic acid by rumen micro-organisms *in vitro*, and analyses have been made of the isomers produced as intermediates in the biohydrogenation process. The results of this investigation have been compared with the changes in the fatty acid composition of the rumen free fatty acids and plasma triglycerides of sheep receiving intraruminal infusions of similar substrates.

#### EXPERIMENTAL

##### *Animals and diet*

Three adult wether sheep of the Suffolk breed each fitted with a permanent rumen fistula and weighing about 65 kg were housed in individual metabolism cages. The sheep were given 0.5 kg sugar-beet pulp + 0.5 kg hay/d in two equal portions, one at 09.00 hours and the other at 16.00 hours. Water was given *ad lib.* The sheep were given the diet for 28 d before samples of rumen contents were taken and for the remainder of the experiment.

##### *Procedures*

*Experiments in vitro.* In all experiments the artificial rumen system of Czerkawski & Breckenridge (1969) was used. The gas phase consisted of 5% CO<sub>2</sub> in N<sub>2</sub> and was continuously recycled through the rumen contents. Strained rumen contents were obtained from the three fistulated sheep on day 29; representative samples from each animal were pooled for each incubation. Each incubation vessel contained 200 ml of buffer solution (McDougall, 1948) and 100 ml of water containing 1.5 g sucrose and 200 mg (NH<sub>4</sub>)<sub>2</sub>CO<sub>3</sub>. After the apparatus had been gassed for 30 min with 5% CO<sub>2</sub> in N<sub>2</sub>, 200 ml of the strained rumen contents were added to each vessel. Each vessel was incubated for 30 min before addition of the appropriate lipid. All incubations were done at 39° and samples of the reaction mixture were taken from each vessel at various times (see Table 2) after the addition of substrate. The initial pH of each incubation vessel was 7.2.

All lipids used as substrates were obtained from Sigma (London) Chemical Co.,

Kingston-upon-Thames, UK, and were added to the appropriate incubation vessels as emulsions in 20 ml of a 1% (v/v) aqueous solution of Tween 80 (polyoxyethylene sorbitan mono-oleate; Honeywill & Stein Ltd, London). In Expt 1, three concentrations of linoleic acid (99% pure) were used: 0.32, 0.65 and 0.97 mg/ml strained rumen contents (64, 130 and 194 mg/vessel respectively). In Expt 2, three concentrations of trilinolein (99% pure) were used: 0.46, 0.90 and 1.33 mg/ml strained rumen contents (98, 180 and 266 mg/vessel respectively); these concentrations correspond to 0.44, 0.86 and 1.27 mg linoleic acid/ml rumen contents respectively. In each experiment, control vessels contained 20 ml of a 1% (v/v) aqueous solution of Tween 80.

*Experiments in vivo.* After the morning feed on the 39th day, an emulsion of 40 g of 'linoleic acid' (15.2% 16:0, 0.3% 16:1, 2.2% 18:0, 10.9% 18:1 and 71.1% 18:2; Prices, Bromborough Ltd, Bebington, Cheshire) in Tween 80 was infused at constant rate into the rumen of each sheep between 10.00 and 11.00 hours. The emulsion was prepared and infused by the method of Moore, Noble & Steele (1968). With the apparatus described by Czerkawski (1966), samples of rumen contents were taken from the sheep immediately before infusion and 24 h after the infusion. Blood samples (30 ml) were taken from the jugular vein of each sheep by means of Vacutainer tubes (Becton Dickinson, New Jersey, USA) before the infusion and 24 h after the infusion had begun. Ten days later (i.e. on the 49th day) an emulsion of 40 g maize oil (containing 9.9% 16:0, 2.1% 18:0, 22.9% 18:1, 0.7% 18:3 and 64.4% 18:2) in Tween 80 was infused into the rumen of each sheep, and blood and rumen samples were taken immediately before the infusion and 24 h after the infusion had begun.

#### *Analytical procedures*

The lipids were extracted from the samples of plasma by the method of Nelson & Freeman (1959) and from the samples of rumen contents and incubation mixtures by the method of Moore & Williams (1963). The extracted lipids were separated by thin-layer chromatography on glass plates coated with Kieselgel G (E. Merck AG, Darmstadt, Germany); the solvent system was hexane-diethyl ether-formic acid (80:20:1, by volume). The fatty acid compositions of the various lipid fractions were determined by gas-liquid chromatographic procedures described in detail by Moore & Williams (1966) and, when applicable, their concentrations were determined by the addition to each fraction of a known amount of *n*-heptadecanoic acid as an internal standard (Christie, Noble & Moore, 1970). By these procedures, recoveries of standard amounts of lipids were between 95 and 105%.

The octadecenoic acids from the unesterified fatty acid fractions of the rumen contents and from the triglyceride fraction of the plasma were further separated into total *cis* and total *trans* isomers by thin-layer chromatography on silica gel impregnated with AgNO<sub>3</sub> (Morris, 1966). The proportions of the positional isomers in each of the fractions were determined with a gas-liquid chromatograph fitted with a single flame-ionization detector and a support-coated, open capillary column (0.5 × 15250 mm) containing a stationary phase of diethylene glycol succinate (Perkin-Elmer Ltd, Beaconsfield, England). The retention volumes of the isomers

Table 1. *Expt 1. In vitro hydrogenation of linoleic acid incubated with rumen contents of sheep*

(Values are corrected for control values (no added linoleic acid) and are expressed as mg C<sub>18</sub> fatty acid/l rumen contents)

Initial concentration of 18:2 (mg/ml rumen contents)	C <sub>18</sub> acid	Incubation time (h)								
		0	0.2	0.5	1.0	2.0	3.0	5.0	7.0	
0.32	18:0	0	9.1	25.1	66.2	162.5	195.6	230.8	254.7	
	18:1 <i>trans</i> -11	0	53.2	233.0	248.1	153.1	122.1	86.5	73.6	
	18:2 <i>cis</i> -9, <i>trans</i> -11	0	140.0	12.7	8.2	8.0	6.2	5.1	5.2	
	18:2 <i>cis</i> -9, <i>cis</i> -12	323.1	121.2	52.3	0	0	0	0	0	
0.65	18:0	0	55.8	62.9	66.0	85.1	127.9	276.1	302.3	
	18:1 <i>trans</i> -11	0	42.3	148.4	332.1	535.7	502.7	408.0	333.8	
	18:2 <i>cis</i> -9, <i>trans</i> -11	0	127.9	322.9	236.8	16.0	6.1	0	0	
	18:2 <i>cis</i> -9, <i>cis</i> -12	645.7	420.2	111.3	10.1	8.1	8.4	11.2	9.1	
0.97	18:0	0	53.9	66.0	78.1	86.8	103.2	114.2	120.0	
	18:1 <i>trans</i> -11	0	29.1	109.3	232.4	471.7	619.3	749.1	790.8	
	18:2 <i>cis</i> -9, <i>trans</i> -11	0	174.1	566.2	616.0	380.2	230.9	88.2	38.0	
	18:2 <i>cis</i> -9, <i>cis</i> -12	968.5	710.9	226.9	41.1	28.9	15.0	16.2	19.3	

were identified by the use of authentic acids obtained from the Hormel Institute (Austin, Minnesota, USA). The positional distribution of the double bonds was further checked by oxidation of the methyl ester fractions (Chang & Sweeley, 1962) and resultant mono- and dicarboxylic acids were analysed by the gas-liquid chromatographic method of Moore & Williams (1966). Whenever possible, reactions were carried out under N<sub>2</sub> and 2,6-di-*t*-butyl-*p*-cresol was added to the thin-layer chromatographic sprays to minimize oxidation. Solvents were distilled before use.

## RESULTS

### *Experiments in vitro*

*Expt 1.* The fatty acid compositions of the unesterified fatty acid fraction of the incubation mixture following the incubation of 0.32, 0.65 and 0.97 mg of linoleic acid/ml strained rumen contents are shown in Table 1. The values are corrected for the control vessel to which no linoleic acid was added and are expressed as mg C<sub>18</sub> fatty acid/l rumen contents. The concentration (mg/ml rumen contents) and the fatty acid composition of the unesterified fatty acid fraction of the reaction mixture in the control vessel remained constant throughout the incubation period. The concentrations of the major fatty acids in the control vessel were (mg/ml strained rumen contents): 16:0, 0.02; 18:0, 0.08; 18:1, 0.01; others (C<sub>15</sub> and C<sub>17</sub>), 0.01. The proportions in which these fatty acids were present were: 16:0, 17%; 18:0, 65%; 18:1, 9%; others (C<sub>15</sub> and C<sub>17</sub>), 9%. This is similar to the fatty acid composition of the lipids found in strained rumen contents under normal conditions (Viviani, 1970). With the addition of 18:2, there was a marked and rapid accumulation of the C<sub>18</sub> monoenoic acid and a decrease in the relative concentration of stearic acid.

With the incubation of 0.32 mg 18:2/ml rumen contents, the C<sub>18</sub> monoenoic acid

Table 2. *Expt 1. In vitro hydrolysis of trilinolein incubated with rumen contents of sheep*

(Values are corrected for control values (no added trilinolein) and are expressed as percentages of trilinolein added to the incubation vessels)

Initial concentration of trilinolein (mg/ml rumen contents)	Lipid component estimated.	Incubation time (h)							
		0	0.2	0.5	1.0	2.0	3.0	5.0	7.0
0.46	Triglyceride	100	85.6	76.0	59.7	39.6	26.1	11.2	0
	Partial glycerides*	0	10.1	7.2	5.8	5.6	2.7	1.7	0.9
	Unesterified fatty acids	0	4.3	16.8	34.5	54.8	71.2	87.1	99.1
0.90	Triglyceride	100	93.1	82.7	64.0	44.4	25.9	6.7	0
	Partial glycerides*	0	4.1	8.5	13.9	6.3	6.0	3.1	1.6
	Unesterified fatty acids	0	2.8	8.8	22.1	49.3	68.1	90.2	98.4
1.33	Triglyceride	100	93.6	88.2	78.6	59.8	46.1	24.0	9.9
	Partial glycerides*	0	3.0	6.0	6.7	9.9	7.8	2.6	1.5
	Unesterified fatty acids	0	3.4	6.8	14.7	30.3	46.1	73.4	88.6

\* Mono- and diglycerides.

concentration reached a maximum only 1 h after the start of incubation. At the completion of incubation 76% of the added 18:2 had been converted into 18:0, and 22% still remained as the C<sub>18</sub> monoenoic acid. With the incubation of 0.65 mg 18:2/ml rumen contents, a maximum concentration of C<sub>18</sub> monoenoic acid was reached 2 h after incubation had begun. At the completion of incubation, 46% of the added 18:2 had been converted into 18:0, and 52% remained as the monoenoic acid. When 0.97 mg 18:2/ml rumen contents was incubated a maximum concentration of the C<sub>18</sub> monoenoic acid occurred after 5 h. At the completion of incubation, only about 12% of the added 18:2 had been converted into 18:0; 82% of the added 18:2 remained as the C<sub>18</sub> monoenoic acid. The C<sub>18</sub> monoenoic acid fraction that accumulated was identified in all instances as being composed entirely of the *trans*-11 isomer.

The accumulation of large amounts of *trans*-11-octadecenoic acid was preceded in all instances by the accumulation of a conjugated diene which was identified as the *cis*-9, *trans*-11-octadecadienoic acid. There appeared to be a product-precursor relationship between the conjugated diene and the *trans*-11 monoene. The accumulation of this conjugated diene increased with the increasing initial concentration of 18:2 and could be associated with the decrease in the rate of appearance of 18:1.

*Expt 2.* The products of hydrolysis when 0.46, 0.90 and 1.33 mg trilinolein/ml rumen liquor were incubated are shown in Table 2. At all three initial substrate concentrations the hydrolysis of trilinolein was fairly rapid, with some accumulation of mono- and diglycerides.

The fatty acid compositions of the unesterified fatty acid fractions produced as a result of incubating 0.46, 0.90 and 1.33 mg trilinolein/ml rumen liquor are shown in Table 3. The values are again corrected for the control vessel to which no trilinolein was added and are expressed as mg fatty acid/l rumen contents. The fatty acid composition of the triglyceride fraction remained constant throughout incubation,

Table 3. Amounts of C<sub>18</sub> fatty acids derived from linoleic acid released by *in vitro* hydrolysis of trilinolein with rumen contents of sheep

(Values are corrected for control values (no added trilinolein) and are expressed as mg fatty acid/l rumen contents)

Initial substrate concentration (mg trilinolein/ml rumen contents)	C <sub>18</sub> acid isomer	Incubation time (h)					
		0.5	1.0	2.0	3.0	5.0	7.0
0.46	18:0	28.1	41.2	72.0	136.0	247.9	339.1
	total 18:1	38.3	68.9	113.1	113.8	80.0	46.0
	18:1 <i>trans</i> *	nd	nd	nd	76.1	nd	36.9
	18:1 <i>cis</i> *	nd	nd	nd	36.8	nd	10.0
	18:2 <i>cis</i> -9, <i>trans</i> -11	1.0	3.1	3.9	2.9	3.1	3.1
	18:2 <i>cis</i> -9, <i>cis</i> -12	2.1	23.8	32.1	33.7	18.7	0
0.90	18:0	17.1	26.1	37.2	63.1	204.1	446.0
	total 18:1	17.1	99.3	266.8	427.0	469.0	305.8
	18:1 <i>trans</i> -11	14.2	70.3	195.1	244.1	291.9	167.2
	18:1 <i>trans</i> *	0	0	tr	29.9	42.1	59.0
	total 18:1 <i>cis</i>	2.9	29.0	81.7	154.0	134.0	80.7
	18:1 <i>cis</i> -9	nd	nd	23.1	41.2	53.1	11.3
	18:1 <i>cis</i> -11	nd	nd	31.7	55.8	54.9	33.1
	18:1 <i>cis</i> *	nd	nd	26.9	57.0	26.0	36.9
	18:2 <i>cis</i> -9, <i>trans</i> -11	4.1	5.1	7.1	6.0	4.1	5.2
	18:2 <i>cis</i> -9, <i>cis</i> -12	33.0	47.8	75.9	53.1	49.3	35.4
	1.33	18:0	4.0	10.2	11.0	14.0	17.1
total 18:1		28.3	118.7	287.1	479.0	802.0	1026.0
18:1 <i>trans</i> -11		nd	82.3	220.0	326.1	515.4	884.0
18:1 <i>trans</i> *		nd	0	0	0	0.6	15.2
total 18:1 <i>cis</i>		nd	37.4	67.4	152.9	286.0	175.8
18:1 <i>cis</i> -9		nd	14.6	29.6	34.8	77.1	50.0
18:1 <i>cis</i> -11		nd	2.0	14.1	41.2	99.9	55.1
18:1 <i>cis</i> *		nd	0	23.2	78.0	111.0	70.9
18:2 <i>cis</i> -9, <i>trans</i> -11		8.1	5.2	4.9	7.1	6.2	3.0
18:2 <i>cis</i> -9, <i>cis</i> -12		43.3	41.0	62.1	56.9	60.0	12.9

nd, not determined; tr, trace amount present.

\* Insufficient material to allow determination of double bond position.

indicating that no hydrogenation occurred without prior hydrolysis of the triglyceride. With increasing concentrations of added trilinolein, the hydrogenation of linoleic acid was both slower and less complete. At none of the concentrations of trilinolein used did more than 5% of the 18:2 added remain unhydrogenated at the end of incubation. When 0.44 mg of 18:2/ml strained rumen contents was added in the form of trilinolein, 77% of the 18:2 was converted into 18:0, 10.5% remaining as 18:1. When 0.86 mg of 18:2/ml rumen contents was used, 51.9% was converted into 18:0, 35.6% remaining as 18:1. At the highest concentration of trilinolein (1.27 mg 18:2/ml rumen contents), only 2.0% of the 18:2 was hydrogenated to 18:0 and 80.8% remained as 18:1 at the end of incubation.

The *cis*-9, *trans*-11 conjugated diene produced when 18:2 was added as trilinolein to strained rumen contents was only present in small amounts (cf. Table 1); in most instances it accounted for less than 3% of the total 18:2 added to the incubation mixture. There was no apparent product-precursor relationship between the *cis*-9, *trans*-11 conjugated diene and the total concentration of the C<sub>18</sub> monoenoic acids.

Table 4. Percentage compositions of the main fatty acids of rumen free fatty acids and plasma triglycerides of sheep before and 24 h after intraruminal infusion of 'linoleic acid'

Fatty acid*	Rumen free fatty acids		Plasma triglycerides	
	Before infusion	After infusion	Before infusion	After infusion
16:0	16.7	9.2	25.7	17.3
18:0	74.2	41.7	39.3	26.3
Total 18:1	8.6	44.1	27.1	52.0
18:1 <i>cis</i> -9	2.6	7.5	20.0	21.8
18:1 <i>trans</i> -11	6.0	36.6	4.5	26.8
18:2	0.5	5.0	4.1	3.7
18:3	†	†	3.8	0.7

\* These acids accounted for 90–95 % of the total fatty acids present.

† Negligible amounts present.

The C<sub>18</sub> monoenoic acids that accumulated with the incubation of larger amounts of 18:2 as trilinolein were found to consist of both *cis* and *trans* isomers. With 0.86 mg 18:2/ml rumen contents the *trans*-11 isomer made up 70–80 % of the total C<sub>18</sub> monoene at first, decreasing to 55–60 % of the total C<sub>18</sub> monoenes by the end of the incubation. With 1.27 mg 18:2/ml rumen contents the *trans*-11 isomer comprised a minimum of 64 % of the total C<sub>18</sub> monoene and reached a maximum of 85 % of the total C<sub>18</sub> monoene by the end of the incubation period. With the higher concentrations of trilinolein there was at the end of the incubation period, in addition to the *trans*-11 isomer another, unidentified, *trans* isomer. The *cis* isomers consisted largely of *cis*-9, and *cis*-11 monoenes, although during incubation an unidentified *cis* isomer could be detected which in some instances accounted for between one-third and one-half of the total *cis* isomers present.

#### Experiments in vivo

The percentage composition of the rumen free fatty acid fractions before and after infusion of free 'linoleic acid', together with the fatty acid composition of the triglycerides circulating in the plasma, are shown in Table 4. As a result of the infusion of the free 'linoleic acid' the proportion of total 18:1 in the rumen free fatty acid fraction by the 24th hour after infusion was markedly increased and the proportions of 16:0 and 18:0 considerably decreased; the amount of unchanged 18:2 accounted for some 4 % of the total fatty acids present. Although the main C<sub>18</sub> monoenoic fatty acid present in the rumen free fatty acid fraction before infusion was the *trans*-11 monoene, the *cis*-18:1 isomers constituted about 30 % of the total 18:1 present; the main *cis*-monoene present could be identified as the *cis*-9 isomer. After infusion, the increase in the proportion of 18:1 in the rumen free fatty acids consisted predominantly of the *trans*-11 isomer. The main changes in the fatty acid composition of the plasma triglycerides following the infusion of free 'linoleic acid' into the rumen were similar to the changes in the free fatty acid fraction of the rumen. Thus, by the 24th hour after infusion the proportion of 18:1 in the plasma triglycerides had increased considerably and the proportions of 16:0 and 18:0 had considerably decreased. Furthermore, C<sub>18</sub> *cis*-9 monoene:C<sub>18</sub> *trans*-11

monoene ratio in the triglyceride fraction of the plasma was about 4.5 before infusion, and by the 24th hour after infusion the ratio had decreased to less than 0.8.

Little change was observed in the total fatty acid composition of the free fatty acids in the rumen 24 h after the infusion of maize oil into the rumen of the sheep. Thus, by the 24th hour after the infusion, 16:0 and 18:0 still accounted for about 85% of the total fatty acids present in the free fatty acid fraction. In the plasma triglycerides the proportion of 18:0 had increased by the 24th hour after infusion and this was accompanied by a decrease in the proportions of 16:0 and 18:1. There was little change in *cis:trans* isomers of the total C<sub>18</sub> monoenes in either the rumen free fatty acids or the plasma triglycerides following the infusion of maize oil into the rumen.

#### DISCUSSION

These experiments indicate that, irrespective of the concentration of linoleic acid used, there are obvious and distinct differences in the extent of biohydrogenation and in the nature of the intermediates produced during the hydrogenation of linoleic acid when supplied in the free or esterified form. Therefore, when the rumen contents were incubated *in vitro* with trilinolein, the biohydrogenation was always greater than when approximately equivalent amounts of linoleic acid were presented as the free acid. When the formation of 18:0 from trilinolein is compared with that from linoleic acid, at the lowest concentration of 18:2, 65% of 18:2 added in the form of the free acid was hydrogenated to 18:0, compared with about 77% when added as the triglyceride; similarly at the next highest concentration of 18:2 added only 15% of 18:2 added as the free acid was converted into 18:0, compared with about 52% when added as the triglyceride.

Whereas the C<sub>18</sub> monoenoic acid fraction that accumulated during the *in vitro* incubations of free linoleic acid consisted entirely of the *trans*-11 isomer (Table 1), the C<sub>18</sub> monoenoic acid that accumulated during the incubation of the higher concentrations of trilinolein consisted of both *cis* and *trans* isomers (Table 3); insufficient amounts of the monoenoic acids were present at the lowest concentration of trilinolein to permit complete analysis. With trilinolein as substrate, the *trans*-monoene consisted largely of the *trans*-11 isomer but the *cis*-monoene was composed of three main components; generally, the *cis*-monoenes accounted for about 25% of the total monoenes present, which is similar to the proportion of the C<sub>18</sub> *cis*-monoenoic fatty acids found in the rumen contents of grazing ruminants (Ward *et al.* 1964). The changes in the proportions of the main C<sub>18</sub> monoenoic isomers during the *in vitro* incubations were similar to those found in *in vivo* intraruminal infusions of the sheep with free or esterified 'linoleic acid'. Following the *in vivo* infusion of free 'linoleic acid' into the rumen of sheep, the increase in *trans*:-*cis*-C<sub>18</sub> monoenes produced in the rumen was accompanied by a five- to sixfold increase in *trans*:-*cis*-C<sub>18</sub> monoenes in the plasma triglycerides. When the same amount of linoleic acid in the form of maize oil was infused into the rumen of sheep, no change could be detected in the proportions of *cis*- and *trans*-C<sub>18</sub> monoenoic isomers in the rumen or plasma triglycerides. As the plasma triglycerides are now known to be the sole precursors



of the C<sub>18</sub> fatty acids secreted in the milk fat (Annison, Linzell, Fazakerley & Nichols, 1967), the composition of the C<sub>18</sub> monoenoic fatty acids of the milk fat would be affected as a consequence.

It is now generally accepted that 18:1 *trans*-11 is an important intermediate in the pathway of biohydrogenation of linoleic acid to 18:0 (Dawson & Kemp, 1969; Viviani, 1970). It is probable that the biohydrogenation of linoleic acid to 18:0 involves two microbial groups: those that hydrogenate linoleic acid to 18:1 and those that hydrogenate 18:1 to 18:0 (Polan, McNeill & Tove, 1964). Polan *et al.* (1964) have provided evidence to suggest that high concentrations of linoleic acid completely inhibit the conversion of 18:1 into 18:0. Our results are consistent with this hypothesis, but suggest that factors other than the added 18:2 may be involved in this process; the inhibition of the conversion of 18:1 into 18:0 persists for some time after the concentration of the 18:2 substrate has been reduced to a negligible amount. When trilinolein was incubated with rumen liquor the rate of hydrolysis of triglyceride may have been insufficient to saturate the hydrogenating system with free 18:2, but this may have taken place when free linoleic acid was the substrate. Alternatively it is possible that rumen micro-organisms are adapted to metabolize and tolerate esterified fatty acids to a greater extent than free fatty acids; unesterified fatty acids make up only a small proportion of dietary lipids when compared with those in the esterified form (Lough, 1969). It has already been shown that biohydrogenation of glycerol-bound unsaturated fatty acids must be preceded by hydrolysis of the ester linkage. Under normal conditions it appears that, although high rates of lipolysis are known to occur in the rumen (Hawke & Silcock, 1970), these rates do not result in a rate of liberation of free fatty acids sufficient to affect the extent of biohydrogenation.

There was a consistently high proportion of the 18:1 *cis*-9 isomer in the C<sub>18</sub> monoenoic acid fraction during the biohydrogenation of trilinolein-derived linoleic acid but none with free linoleic acid; therefore the mechanism of biohydrogenation of trilinolein-derived linoleic acid may differ from that for free linoleic acid. Although more evidence has been obtained from experiments involving linoleic acid rather than trilinolein, the central importance of the *trans*-11 isomer in the biohydrogenation of C<sub>18</sub> polyunsaturated fatty acids is now generally accepted (Dawson & Kemp, 1969; Viviani, 1970). The biohydrogenation of both linoleic acid and oleic acid was shown by Wilde & Dawson (1966) to require co-factors present in the cell-free supernatant fraction of rumen fluid, and it was suggested that the absence of these co-factors may be responsible for the accumulation of acids involved in less important, subsidiary pathways by blocking the main pathway of biohydrogenation. This is unlikely in our experiments; all measured properties of the *in vitro* fermentation (pH, volumes and proportions of gases produced and volatile fatty acid production) were apparently the same in the trilinolein, linoleic acid and control vessels. However, the possibility of alterations in the rumen microbial populations resulting from the presence of linoleic acid either in the free or esterified form cannot be excluded, as it is known that polyunsaturated fatty acids are not without effect on certain aspects of fermentation in the rumen (Czerkawski, 1967; Demeyer & Henderickx, 1967).

The observation that high amounts (up to 50% of the total 18:2 added) of *cis*-9, *trans*-11 conjugated diene accumulated when the main end-product of the hydrogenation of free linoleic acid was 18:1 rather than 18:0, is further evidence that the hydrogenation of free linoleic acid may follow a pathway different from that of trilinolein-derived linoleic acid. The relationship between the conjugated diene and the *trans*-11 monoene was similar to that of a product and its precursor. There was no accumulation of this diene when hydrogenation of trilinolein-derived linoleic acid was inhibited; and its concentration in the rumen contents did not exceed the normal concentration.

The effectiveness of rumen biohydrogenation when fats or fatty acids are added to diets which contain adequate amounts of fat has been questioned (Steele *et al.* 1971; Macleod *et al.* 1972). Although the rate of release of free fatty acids by hydrolysis of esterified substrates by the rumen micro-organisms *in vitro* may be fairly rapid, in normal conditions *in vivo* it is relatively slow. In conditions where a readily available source of esterified fatty acids (e.g. soya-bean or safflower oil) is present, the initial rate of release of the fatty acids would be considerably greater and may affect rumen metabolism. Results from these *in vitro* incubations may explain the differences in biohydrogenation observed when the diets of ruminants are supplemented with polyunsaturated fatty acids in either the free or the esterified form and the subsequent effect of these supplemented diets upon plasma triglyceride composition (Steele *et al.* 1971).

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