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Features of the Development Somatogenic Affective and Cognitive Disorders On Patients with Cardiovascular Diseases

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The purpose of our research: to study features of the development somatogenic affective and cognitive disorders on patients with cardiovascular diseases.

For conducting of the research there were involved 120 patients and there were formed 2 groups of supervision (60 patients with CI and 60 patients with CS).

The patients were examined with: clinical, psycho-diagnostic (the MMSE, memory test, Gamylton scale of depression, Spylberger scale of anxiety, quality of life WHO-100), statistical methods.

The results that we got showed: at patients with CI in acute period the painful syndrome was the main one, leads to severe psycho-emotional disturbances. At the background of preservation of cognitive function phobic, anxiety and depressive symptoms were prevailed, the severity of which depends on the severity of pain. Subsequently, the primary psycho-emotional component disappeared, anxiety-depressive disorders, hypo-and anozognostical type of perception of self condition were formed.

At CS patients disorders of level of consciousness were primary with cognitive and asthenic disturbances with subsequent formation of psycho-emotional disorders, anxiety and depressive disorders with hypohondrical elements on the basis of persistent cognitive impairments.

The multimodal principle based system of psychotherapeutical correction of nonpsychotic psychic disorders was developed. For CI patients, system includes personaly - oriented, rational, and autogenic-training therapy for CS patients - hypnosuggestive, cognitive - behavioral therapy, cognitive and autogenic-training therapy. The proposed system showed a significant improvement in 80 % of CI patients and 77 % of CS patients, a partial improvement – 10 % of CI patients and 13 % of CS patients.