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# Behavioural and Cognitive Psychotherapy

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Articles must be typed double-spaced throughout allowing wide margins all round. Where unpublished material e.g. behaviour rating scales, therapy manuals etc, is referred to in an article, copies should be submitted as an additional document to facilitate review.

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# Behavioural and Cognitive Psychotherapy

## Contents

### EMPIRICALLY GROUNDED CLINICAL INTERVENTIONS

- Improvements in Interpersonal Functioning Following Interpersonal Psychotherapy (IPT) with Adolescents and their Association with Change in Depression** 257  
Spence, S. H., O'Shea, G. & Donovan, C. L.

### MAIN ARTICLES

- Treating Sleep Problems in Patients with Schizophrenia** 273  
Waite, F., Myers E., Harvey, A. G., Espie, C. A., Startup, H., Sheaves B. & Freeman, D.

- The Feasibility and Acceptability to Service Users of CIRCuiTS, a Computerized Cognitive Remediation Therapy Programme for Schizophrenia** 288  
Reeder, C., Pile, V., Crawford, P., Cella, M., Rose, D., Wykes, T., Watson, A., Huddy, V. & Callard, F.

- Tackling Social Cognition in Schizophrenia: A Randomized Feasibility Trial** 306  
Taylor, R., Cella, M., Cspike, E., Heriot-Maitland, C., Gibbs, C. & Wykes, T.

- Context is Everything: An Investigation of Responsibility Beliefs and Interpretations and the Relationship with Obsessive-Compulsive Symptomatology across the Perinatal Period** 318  
Barrett, R., Wroe, A. L. & Challacombe, F. L.

- Outcome of Intensive Cognitive Behaviour Therapy in a Residential Setting for People with Severe Obsessive Compulsive Disorder: A Large Open Case Series** 331  
Veale, D., Naismith, I., Miles, S., Childs, G., Ball, J., Muccio, F. & Darnley, S.

- A Preliminary Investigation into Worry about Mental Health: Development of the Mental Health Anxiety Inventory** 347  
Commons, D., Greenwood, K. M. & Anderson, R. A.

- An experimental Investigation of the Impact of Personality Disorder Diagnosis on Clinicians: Can We See Past the Borderline?** 361  
Lam, D. C.K., Poplavskaya, E. V., Salkovskis, P. M., Hogg, L. I. & Panting, H.

### BRIEF CLINICAL REPORT

- "Am I Becoming a Serial Killer?" A Case Study of Cognitive Behavioral Therapy for Mental Illness Anxiety** 374  
Gelinias, B. L. & Hadjistavropoulos, H.

- BOOK REVIEWS** 380

- REVIEWERS IN 2015** 383