patients, smoking 64% patients, hyperlipidemia 51% patients and diabetes mellitus 8% of patients. Among these patients, 30% of them had ipsilateral stenosis and 9% had ipsilateral occlusion or subocclusion of extracranial carotid arteries. The possible cardiac embolic pathogenic mechanism among our patients (including atrial fibrillation, which is most common, mitral stenosis, myocardial infarct, mitral insufficiency, open foramen ovale and combined mitral valve defects) is found in 9% of TIAs.

**Conclusions:** Although by definition TIA's cause no residual disability, they indicate an imminent high risk of a more serious cerebrovascular and cardiovascular event. Therefore, patients risk factors should be identified and appropriate action should be taken to reduce the patient's overall vascular risk.

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## Is asymptomatic carotid artery stenosis really asymptomatic?

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Introduction/Objectives: Asymptomatic carotid artery stenosis (ACAS) contributes stenosis of one or both internal carotid arteries, without cerebral ischemia related to it (transient ischemic attack, cerebral infarction, amaurosis fugax). Several studies showed that ACAS is not really asymptomatic and it is frequently associated with cognitive decline.

This study was aimed to analyze association between vascular risk factors, especially insulin resistance, and cognitive decline in 100 patients with ACAS and 50 age-, sex- and educational level healthy matched control subjects.

**Participants, Materials/Methods:** Insulin resistance was tested by homeostasis assessment model (HOMA IR), plasma insulin levels by radioimmunoassay, levels of total-, LDL-, HDL- cholesterol, triglycerides and plasminogen activator inhibitor-1 were measured. Carotid plaques characteristics and intima-media thickness (IMT) were determined by ultrasound system (ALOKA Alpha 10, Japan). We used detailed neuropsychological testing to examine attention and concentration, memory, executive and visual constructional functions, motor performance, language and speech. Study was prospective and all patients were followed-up for 2 years.

**Results:** In comparison with controls, ACAS patients had significantly lower results on all neuropsychological tests at the beginning (F [1.71] = 6.37; P < 0.001), and after 2 years of follow-up, with further cognitive decline from the baseline (F [1.71] = 71.12; P < 0.001).Insulin resistance was significantly associated with memory, language and visuospatial disturbances (CC = -0. 3891; P < 0.001) and carotid plaques characteristics with attention, executive and motor functions (CC = -0.4662: P < 0.001).

**Conclusions:** ACAS is not asymptomatic, because it is associated with specific profile of cognitive impairment. Specific risk factors predict cognitive decline in certain neuropsychological domains, and this could have important therapeutical implications.

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# Unusual neck artery branching as a cause of transient ischemic attacks

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Neurology, General Hospital Pula, A. Negri 6, 52100, Pula, Croatia E-mail: dumarkov@inet.hr The case of a 50-year-old patient who was received in the neurology department because of repetitive transient alter, left hemifacial, palsies and right hemyplegic attacks is present. Risk factors for a cerebrovascular disease were arterial hypertension and smoking. Transient attacks occurred two times before last hospital treatment. In that period (2006-2008) an EMG, CT and MR of the brain and spinal cervical cord and even a cervical myelography has been done with normal results, except cervical degenerative spondylotic changes. Routine color Doppler analysis of the carotid arteries was also normal according the patients age. A vertebral artery examined by Color Doppler showed that right one is lean and short. After the last similar attack at September 2008th, again the complete hospital examination occurred, this time with an MSCT angiography of the aortal arch, carotid and vertebral arteries. An unusual, atypical, common starting point of the brachio-cephalic aortic branch and left common carotid artery, together with a thin and lean, right vertebral artery has been found. Last one could be followed up to CII-CIII cervical segment. According to the above findings, authors opinion is that this atypical neck and brain vascularisation was the origin of clinical disturbances. Color Doppler findings of vertebral artery defects must be sometimes verified with, a proper radiological investigation

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### Early treatment of cerebrovascular insult with atorvastatin application

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Introduction/Objectives: Given the above-mentioned pathophysiological processes that occur during the stroke, and the extreme importance of atherosclerosis behind most strokes, we felt that the early i.e. urgent treatment of stroke provided room for treatment of the very process of atherosclerosis i.e. taking advantage of additional effects of hipolypemic agent Atorvastatin (Atorvox), aimed at improvement of the total survival rate, better outcome and reduction of neurological damage in patients who suffered stroke.

**Participants, Materials/Methods:** During 2-month observation of the work of the emergency service of "JU Dom Zdravlja Fojnica" medical center and its family medicine department, a group of eleven patients (seven males and four females) was covered, year of birth ranging from 1925–1950. All patients carried certain risk from development of cerebrovascular insult (Diabetes, smoking, hyperlipidemia, atrial fibrillation), and were admitted at the emergency service in 20 to 70 minutes.

Upon admittance, urgent laboratory tests (complete blood picture, blood sugar level, transaminases, CK) and ECG were made. Antiedematous therapy was applied, norotrophic, O2 through a mask, antihypertensives (Urapidil), Atorvastatin (Atorvox) 80 mg PER OS, and the patients were urgently sent to the neurological department of the Cantonal Hospital in Travnik, where they arrived in 55 minutes average.

**Results:** All 11 patients were hospitalized for 24 days in average. During hospitalization, they underwent CT, laboratory tests, and received supportive therapy without any active thrombolytic treatment (rt-PA). None of the patients had increased values of